Classification of primary progressive aphasia and its variants



M.L. Gorno-Tempini, MD, PhD A.E. Hillis, MD S. Weintraub, PhD A. Kertesz, MD M. Mendez, MD S.F. Cappa, MD J.M. Ogar, MS J.D. Rohrer, MD S. Black, MD B.F. Boeve, MD F. Manes, MD N.F. Dronkers, PhD R. Vandenberghe, MD, PhD K. Rascovsky, PhD K. Patterson, PhD B.L. Miller, MD D.S. Knopman

Address correspondence and reprint requests to Dr. Maria Luisa Gorno-Tempini, Memory and Aging Center, Department of Neurology, UCSF, 350 Parnassus Avenue, Suire 905, San Francisco, CA 94143-1207 marilu@memory.ucsf.edu

J.R. Hodges, MD* M.M. Mesulam, MD*

M. Grossman, MD*

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ABSTRACT

This article provides a classification of primary progressive aphasia (PPA) and its 3 main variants to improve the uniformity of case reporting and the reliability of research results. Criteria for the 3 variants of PPA—nonfluent/agrammatic, semantic, and logopenic—were developed by an international group of PPA investigators who convened on 3 occasions to operationalize earlier published clinical descriptions for PPA subtypes. Patients are first diagnosed with PPA and are then divided into clinical variants based on specific speech and language features characteristic of each subtype. Classification can then be further specified as "imaging-supported" if the expected pattern of atrophy is found and "with definite pathology" if pathologic or genetic data are available. The working recommendations are presented in lists of features, and suggested assessment tasks are also provided. These recommendations have been widely agreed upon by a large group of experts and should be used to ensure consistency of PPA classification in future studies. Future collaborations will collect prospective data to identify relationships between each of these syndromes and specific biomarkers for a more detailed understanding of clinicopathologic correlations. *Neurology*® 2011;76:1006-1014

GLOSSARY

AD = Alzheimer disease; FTLD = frontotemporal lobar degeneration; PPA = primary progressive aphasia.

A progressive disorder of language associated with atrophy of the frontal and temporal regions of the left hemisphere was first described in the 1890s by Pick¹ and Serieux.² In the modern literature, Mesulam³ described a series of cases with "slowly progressive aphasia," subsequently renamed primary progressive aphasia (PPA).⁴ Warrington⁵ described a progressive disorder of semantic memory in 1975. This condition was also described by Snowden et al.⁶ as semantic dementia. In the early 1990s, Hodges and colleagues⁵ provided a comprehensive characterization of semantic dementia. Subsequently, Grossman et al.⁶ described a different form of progressive language disorder, termed progressive nonfluent aphasia. A consensus meeting attempted to develop criteria for these conditions in relation to frontotemporal lobar degeneration.⁶ For about 2 decades, cases of PPA were generally categorized as semantic dementia or progressive nonfluent aphasia, or in some studies as "fluent" vs "nonfluent." However, there

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From the Memory and Aging Centre (M.L.G.-T., J.M.O., K.R., B.L.M.), Department of Neurology, University of California at San Francisco, San Francisco; Center for Mind/Brain Sciences (M.L.G.-T.), University of Trento, Trento, Italy; Department of Neurology (A.E.H.), Johns Hopkins University, Baltimore, MD; Department of Neurology (S.W., M.M.M.), Northwestern University, Chicago, IL; Cognitive Neurology (A.K.), University of Western Ontario, London, Canada; Department of Neurology (M.M.), University of California at Los Angeles, Los Angeles; Universita Vita-Salute San Raffaele (S.F.C.), Milan, Italy; Dementia Research Centre (J.D.R.), Institute of Neurology, University College London, London, UK; Department of Medicine (Neurology) (S.B.), Sunnybrook Health Sciences Centre, University of Toronto, Toronto, Canada; Department of Neurology (B.F.B., D.S.K.), Mayo Clinic, Rochester, MN; Institute of Cognitive Neurology (F.M.), Buenos Aires, Argentina; VA Northern California Health Care System and University of California, Davis (N.F.D.); Department of Neurology (R.V.), University of Leuven, Leuven, Belgium; Department of Clinical Neurosciences (K.P.), University of Cambridge, Cambridge, UK; Neuroscience Research Australia and University of New South Wales (J.R.H.), Australia; and Department of Neurology (M.G.), University of Pennsylvania, Philadelphia.

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^{*}These authors contributed equally to this work.

were a number of PPA cases that did not seem to fit a binary classification, 10 and a third clinical variant was empirically described and termed logopenic progressive aphasia by Gorno-Tempini et al.¹¹ Despite these advances, the typical features of these main PPA clinical presentations have not been clearly defined and agreed upon. Adopting a common clinical classification scheme is the first step for effective scientific exchange across centers studying the cognitive, neuroanatomic, and molecular basis of PPA. The collection of data on the presence or absence of specific clinical features, along with neuroimaging, autopsy, and genetic data, will allow determination of the best approach for predicting pathology. Widely accepted clinical criteria, likely supplemented by other biomarkers, will become essential in the coming years as a new generation of disease-modifying treatment options emerges.

The aim of this article is to provide a common framework for the classification of PPA and its main clinical variants, in order to facilitate uniformity in clinical diagnosis and multicenter studies.

DEVELOPMENT OF THE PROPOSED CLASSI-FICATION OF PPA AND ITS VARIANTS A group of experienced clinicians met 3 times between 2006 and 2009 with the aim of identifying a potential common classification system for PPA subtypes. The group reviewed video presentations of 12 PPA cases from different sites. A list of 17 salient speech and language features was provided and each clinician rated whether specific language features were present or not. Videos included a component of spontaneous speech and various portions of formal language evaluations. The analysis of the responses revealed a high level of agreement. There were 15 clinical features in which experts agreed over 80% of the time. Thirteen of these features were included in an operationalized classification scheme listing the main features of the 3 most commonly recognized clinical presentations of PPA. Group members examined the criteria within their own research programs and discussed them during a third meeting and via e-mail discussions.

Investigators agreed that the proposed classification is intended to be most applicable at the relatively early stages of the disease and identifies only the 3 most commonly reported clinical presentations of PPA. A minority of patients may present with single, isolated language symptoms (such as anomia or dyslexia) or some will show mixed features. Although these patients will remain as "PPA unclassifiable," their clinical syndrome may become clearer as disease progresses.

Relationship between behaviorally defined PPA variants and biomarkers. Considerable advances have been made in characterizing neuroimaging and biological features of PPA and it was collectively decided to incorporate these findings into the classification system.

Brain atrophy in PPA was initially thought to encompass widespread perisylvian regions within the left hemisphere.³ Later studies reported associations between different PPA clinical presentations and particular patterns of neuroanatomic damage: left posterior frontal and insular regions in nonfluent forms, ^{8,11-13} anterior temporal region in semantic dementia, ^{7,14} and left temporo-parietal regions in the logopenic variant.¹¹ These data showed that site of maximal anatomic damage within the language network determines the different clinical presentations in PPA, similar to aphasia caused by stroke, and prompted the introduction of neuroimaging findings in the proposed classification.

PPA is a clinical syndrome with heterogeneous neuropathologic causes. Current data show that most patients with PPA have been found to have taupositive, ubiquitin/TDP43-positive frontotemporal lobar degeneration (FTLD) pathology, 13,15,16 or Alzheimer disease (AD) pathology.^{17,18} Clinicopathologic studies have most often linked nonfluent progressive aphasia to tau-positive pathology, 13,19,20 semantic dementia to ubiquitin-positive, TDP43positive pathology,15,20-23 and the logopenic form to AD pathology²⁰ and to in vivo biomarkers suggestive of AD, such as PET-PIB positivity and decreased A β 42 and increased tau in the CSF.^{20,24} However, clinical-pathologic correlations in PPA reflect groupwide probabilities and there is no direct correspondence between each clinical and anatomic subtype and pathology, suggesting only relative vulnerability of certain neural networks for different pathologies.²⁵ In fact, each pathologic FTLD subtype and even AD pathology changes have been associated to each of the clinical presentations, although with different frequencies. Furthermore, PPA clinical-pathologic studies coming from different laboratories can be difficult to interpret in a unitary fashion because of underspecification and variability of the clinical criteria adopted across centers. Consistent clinical descriptions, supplemented by neuroimaging and other biomarkers, and larger patient groups are necessary to determine reliable frequency of associations between clinical and anatomic data and pathology.

The last decade has provided significant advances in the field of PPA genetics. PPA can be inherited in an autosomal dominant manner; the majority of these patients have mutations in the progranulin (*GRN*) gene.²⁶⁻²⁸ The PPA phenotype associated with a *GRN* mutation has not been studied in detail. Initial reports indicated prominent anomia without development of motor speech impairment and relatively early single-word comprehension impairment.^{26,27,29-31} Other genes related to FTLD, such as the microtubule-associated protein tau (*MAPT*) gene, may be associated with PPA as well.^{26,28} It is not yet clear how the classification reported here will apply to genetic cases but genetic information is included as definite etiologic evidence, equivalent to pathology.

Terminology. The terms used to label the 3 variants were a matter of extensive discussion during the group meetings. The terminology proposed here represents a compromise between the existing literature and current understanding of the phenomenology. The terms were selected to parallel the behavioral variant FTD terminology since PPA has long been considered one of the possible clinical presentations of the frontotemporal spectrum disorders. It is advisable to include alternative terms in the key words of new articles, to facilitate the use of literature search engines. Furthermore, this classification scheme can be referred to even when applying older terminology.

WORKING RESEARCH CRITERIA Diagnostic process and the PPA classification. Establishing a classification or "clinical diagnosis" involves a 2-step process. Patients should first meet basic PPA criteria, based on Mesulam's^{32,33} initial and current guidelines (table 1). A PPA clinical diagnosis requires a prominent, isolated language deficit during the initial

Table 1 Inclusion and exclusion criteria for the diagnosis of PPA: Based on criteria by Mesulam³²

Inclusion: criteria 1-3 must be answered positively

- 1. Most prominent clinical feature is difficulty with language
- 2. These deficits are the principal cause of impaired daily living activities
- Aphasia should be the most prominent deficit at symptom onset and for the initial phases of the disease

Exclusion: criteria 1-4 must be answered negatively for a PPA diagnosis

- Pattern of deficits is better accounted for by other nondegenerative nervous system or medical disorders
- 2. Cognitive disturbance is better accounted for by a psychiatric diagnosis
- 3. Prominent initial episodic memory, visual memory, and visuoperceptual impairments
- 4. Prominent, initial behavioral disturbance

Abbreviation: PPA = primary progressive aphasia.

phase of the disease. There is an insidious onset and gradual progressive impairment of language production, object naming, syntax, or word comprehension that is apparent during conversation or through speech and language assessments. Activities of daily living are maintained except those related to language (e.g., using the telephone). Aphasia should be the most prominent deficit at symptom onset, for the initial phases of the disease and at time of examination.³⁴ Other cognitive functions may be affected later on, but language remains the most impaired domain throughout the course of the illness.^{33,35}

Exclusionary criteria include prominent episodic and nonverbal memory loss and visuospatial impairment during the initial stages of the illness. Specific causes of aphasia, such as stroke or tumor, are absent, as ascertained by neuroimaging. Behavioral disturbances can be early features in PPA (especially in the nonfluent and semantic variants), but they should not be the main complaint or the main cause of functional impairment. Similarly, a clear parkinsonian syndrome (rigidity, tremor) should not be present at time of diagnosis although mild limb apraxia and difficulty with fine finger movements can be noted. Cases with severe, isolated spastic dysphonia or repetitive language behaviors such as palilalia or echolalia should be excluded from the PPA syndrome because their deficit is nonlinguistic in nature.

Classification into PPA variants. Once a PPA diagnosis is established, the relative presence or absence of salient speech and language features should be considered to classify PPA variants. The main language domains considered are speech production features (grammar, motor speech, sound errors, and wordfinding pauses), repetition, single-word and syntax comprehension, confrontation naming, semantic knowledge, and reading/spelling. Clinical criteria for each variant are detailed in tables 2-4. Brief clinical evaluation of all these domains is necessary to correctly classify patients into PPA subtypes. A 20minute bedside language examination could be sufficient, although detailed evaluation by a speech and language pathologist is likely to be more reliable. Suggested tasks for assessing speech and language functions are presented in table 5. Specific tests and cutoffs would be useful and have been proposed by Mesulam et al.34 They are not suggested here because different clinical and research sites are likely to apply different measures.

The classification of PPA into one of the variants may occur at one of 3 levels: clinical, imaging-supported, or definite pathologic diagnosis. Clinical diagnosis occurs when a case presents with speech and language features that are characteristic of a specific variant. At least one of the core features should

Table 2 Diagnostic features for the nonfluent/ agrammatic variant PPA

I. Clinical diagnosis of nonfluent/agrammatic variant PPA

At least one of the following core features must be present:

- 1. Agrammatism in language production
- 2. Effortful, halting speech with inconsistent speech sound errors and distortions (apraxia of speech)

At least 2 of 3 of the following other features must be present:

- Impaired comprehension of syntactically complex sentences
- 2. Spared single-word comprehension
- 3. Spared object knowledge
- II. Imaging-supported nonfluent/agrammatic variant diagnosis

Both of the following criteria must be present:

- Clinical diagnosis of nonfluent/agrammatic variant PPA
- 2. Imaging must show one or more of the following results:
 - a. Predominant left posterior fronto-insular atrophy on MRI or
 - b. Predominant left posterior fronto-insular hypoperfusion or hypometabolism on SPECT or PFT
- III. Nonfluent/agrammatic variant PPA with definite pathology

Clinical diagnosis (criterion 1 below) and either criterion 2 or 3 must be present:

- 1. Clinical diagnosis of nonfluent/agrammatic variant PPA
- Histopathologic evidence of a specific neurodegenerative pathology (e.g., FTLD-tau, FTLD-TDP, AD, other)
- 3. Presence of a known pathogenic mutation

Abbreviations: AD = Alzheimer disease; FTLD = frontotemporal lobar degeneration; PPA = primary progressive aphasia.

be present for the nonfluent/agrammatic variant, while both must be present for semantic and logopenic variants. At least 2 (for the nonfluent variant) or 3 (for the semantic and logopenic variants) other features should be present in order to make a clinical diagnosis of a specific syndrome.

For an imaging-supported diagnosis, the next level of classification, a case should meet clinical criteria but should also show the distribution of neuro-imaging changes (structural or functional imaging) previously associated with each variant. Since there is a direct correspondence between language symptoms and site of anatomic damage, a consistent pattern of imaging change supports the clinical classification.

The third level, a definite pathology diagnosis, refers to cases that present with typical clinical characteristics (with or without neuroimaging evidence) of each variant and pathologic or genetic mutations associated with definite or FTLD spectrum, AD, or other specific etiology. The presence of definite pa-

Table 3 Diagnostic criteria for the semantic variant PPA

I. Clinical diagnosis of semantic variant PPA

Both of the following core features must be present:

- 1. Impaired confrontation naming
- 2. Impaired single-word comprehension

At least 3 of the following other diagnostic features must be present:

- Impaired object knowledge, particularly for lowfrequency or low-familiarity items
- 2. Surface dyslexia or dysgraphia
- 3. Spared repetition
- 4. Spared speech production (grammar and motor speech)
- II. Imaging-supported semantic variant PPA diagnosis

Both of the following criteria must be present:

- 1. Clinical diagnosis of semantic variant PPA
- Imaging must show one or more of the following results:
 - a. Predominant anterior temporal lobe atrophy
 - b. Predominant anterior temporal hypoperfusion or hypometabolism on SPECT or PET
- III. Semantic variant PPA with definite pathology

Clinical diagnosis (criterion 1 below) and either criterion 2 or 3 must be present:

- 1. Clinical diagnosis of semantic variant PPA
- Histopathologic evidence of a specific neurodegenerative pathology (e.g., FTLD-tau, FTLD-TDP, AD, other)
- 3. Presence of a known pathogenic mutation

Abbreviations: AD = Alzheimer disease; FTLD = frontotemporal lobar degeneration; <math>PPA = primary progressive aphasia.

thology does not imply that the clinical syndrome is better defined clinically, but only that it has been associated with a known biological feature.

In the future, biological markers, such as PET-PIB and CSF, might also be considered here.

Nonfluent/agrammatic variant PPA (also known as progressive nonfluent aphasia and as PPA-agrammatic). The criteria for the nonfluent/agrammatic variant (for convenience hereafter called nonfluent) are summarized in table 2. Agrammatism in language production and effortful speech are the core criteria, and at least one should be present. Agrammatism typically consists of short, simple phrases and omissions of grammatical morphemes (e.g., function words, inflections). Effortful speech refers to slow, labored speech production. An articulation planning deficit, i.e., apraxia of speech, is often the most common disturbance, and can be the initial sign of the disease.11,13 Patients with the nonfluent variant typically make inconsistent speech sound errors, consisting of distortions, deletions, substitutions, insertions, or transpositions of speech sounds, of which they are often aware. Prosody is disrupted, and rate of speech

Table 4 Diagnostic criteria for logopenic variant PPA

I. Clinical diagnosis of logopenic variant PPA

Both of the following core features must be present:

- Impaired single-word retrieval in spontaneous speech and naming
- 2. Impaired repetition of sentences and phrases

At least 3 of the following other features must be present:

- 1. Speech (phonologic) errors in spontaneous speech and naming
- 2. Spared single-word comprehension and object knowledge
- 3. Spared motor speech
- 4. Absence of frank agrammatism
- II. Imaging-supported logopenic variant diagnosis

Both criteria must be present:

- 1. Clinical diagnosis of logopenic variant PPA
- 2. Imaging must show at least one of the following results:
 - a. Predominant left posterior perisylvian or parietal atrophy on MRI
 - b. Predominant left posterior perisylvian or parietal hypoperfusion or hypometabolism on SPECT or PET
- III. Logopenic variant PPA with definite pathology

Clinical diagnosis (criterion 1 below) and either criterion 2 or 3 must be present:

- 1. Clinical diagnosis of logopenic variant PPA
- Histopathologic evidence of a specific neurodegenerative pathology (e.g. AD, FTLD-tau, FTLD-TDP, other)
- 3. Presence of a known pathogenic mutation

 $\label{eq:Abbreviations: AD = Alzheimer disease; FTLD = frontotemporal lobar degeneration; PPA = primary progressive aphasia. \\$

is markedly reduced. 11,36 Effortful speech and production errors can be the first symptoms of this variant, even before clear apraxia of speech or agrammatic errors occur. In these cases, a written language production test (such as a written description of a picture) or syntax comprehension tasks can often reveal early, mild grammatical errors.

At least 2 of the other 3 features of the nonfluent variant should be present. Deficits in syntax comprehension are evidenced by impairment of sentence comprehension, initially only for the most difficult syntactic constructions, such as negative passives and object relative clauses (e.g., "The car that the truck hit was green"). 8,9,11,37,38 While sentence comprehension can also be impaired in logopenic variants, in the nonfluent presentation, the impairment is clearly influenced by the grammatical complexity of the sentence. Single-word comprehension and object knowledge are usually relatively spared in nonfluent patients and this feature is helpful in early differential diagnosis. It is now known that many patients with the nonfluent variant will eventually progress to a

syndrome encompassing generalized motor problems compatible with a diagnosis of corticobasal syndrome or progressive supranuclear palsy. 13,19,23 A clinical diagnosis of nonfluent variant PPA, therefore, should be limited to patients who do not present with a clear motor syndrome that impacts daily activities, such as generalized rigidity or tremor. However, as stated above, the presence of mild apraxia or slowing of fine finger movements does not exclude a PPA diagnosis.

Imaging abnormalities in the left posterior frontoinsular region, i.e., inferior frontal gyrus, insula, premotor, and supplementary motor areas, are necessary to make a diagnosis of imaging-supported nonfluent variant.^{8,11-13}

Cases will be defined as nonfluent with definite pathology when patients present with the above reported clinical features, imaging-supported or not, and a known histopathologic diagnosis. Based on the literature, nonfluent patients with agrammatism or motor speech disturbance will most often show FTLD-tau or, less often, FTLD-TDP type of pathologic changes.

Semantic variant PPA (also known as semantic dementia, or as PPA-semantic). The semantic variant is probably the most consistently defined PPA clinical syndrome. The criteria are summarized in table 3. In the current guidelines, anomia and single-word comprehension deficits are the core features, both essential for diagnosis. Although naming problems are present in other variants of PPA and in other neurodegenerative conditions causing aphasia, in the semantic variant the disturbance is severe, particularly when compared to relative sparing of other language domains. Single-word comprehension is severely impaired, especially for low-frequency items (e.g., "zebra" vs the more familiar/frequent "cat"). Inability to comprehend low-familiarity words can be the only symptom accompanying anomia at the earliest stages. Poor comprehension of single words is usually the earliest and most obvious manifestation of a widespread semantic memory deficit that causes impairments in object and person recognition, even when presented to other modalities of input such as visual (pictorial representations and real objects), tactile, olfactory, and gustatory. 6,7,39-41 Semantic deficits in other modalities of input are therefore included among the other diagnostic features of the semantic variant. Semantic deficits are usually present for most categories (i.e., tools, animals, people), although rarer cases have been described with greater, or even selective, deficits for people and animals. 42,43 Others describe worse performance with concrete object concepts than abstract concepts.^{5,44} These cases are

Table 5 Tasks that may be used to assess speech and language functions in PPA			
Speech/language function	Task	Behavioral measures	Variant in which impaired
Speech production			
Grammar	Picture description task; story retelling (e.g., picture aided); constrained-syntax sentence production task	Grammatical structure; mean length of utterance; speech rate; accuracy of content; melody; prosody; specific error types in word selection; articulation	Nonfluent/agrammatic variant
Motor speech	Motor speech evaluation, including multiple repetitions of multisyllabic words; diadochokinesis of speech articulators; spontaneous speech	Effortfulness; hesitations; presence of apraxia of speech or dysarthria; specific types of speech sound errors; factors that affect articulation (e.g., word length in syllables)	Nonfluent/agrammatic variant
Confrontation naming	Single-word retrieval in response to pictures, sounds, foods, and odors	Error rate; delay in naming; factors that affect naming accuracy (e.g., familiar vs unfamiliar items, nouns vs verbs, semantic category); error types (e.g., semantic errors, phonemic errors)	Severe deficit in semantic variant with semantic errors; moderate impairment in logopenic variant with phonemic errors
Repetition	Oral repetition of words, pseudowords, phrases, and sentences	Factors that affect repetition accuracy (e.g., predictability of the phrase, sentence length, grammatical complexity); error types	Logopenic variant with phonological errors
Sentence comprehension	Matching orally presented sentences to pictures; answering yes/no questions; following directions	Factors that affect comprehension (e.g., grammatical complexity; reversibility of the sentence, e.g., The boy was kicked by the girl vs The ball was kicked by the girl)	Nonfluent/agrammatic variant, effect of grammatical complexity logopenic variant, length and frequency effect
Single-word comprehension	Word-to-picture matching; Word-to- definition matching; Synonym matching	Factors that affect comprehension (e.g., familiarity; frequency; grammatical word class)	Semantic variant
Object/people knowledge	Picture-picture matching; odd-one-out; semantic associations; gesture-object matching; sound-picture matching	Factors that affect object knowledge (e.g., familiarity, semantic category)	Semantic variant
Reading/spelling	Lists including regular and irregular word lists, from various word classes, matched for other factors; pseudowords matched to words in length	Factors that affect reading/spelling accuracy (e.g., regularity, frequency, word class); error types (e.g., regularization, phonologically plausible errors; articulatory distortions)	Semantic variant with "regularization" errors; logopenic variant phonologic errors
	longar		

Abbreviation: PPA = primary progressive aphasia.

usually associated with greater right temporal atrophy and early behavioral changes, such as loss of empathy and compulsions.⁴⁵

Surface dyslexia and dysgraphia are features of the semantic variant and refer to an impairment in reading and writing words with "irregular" or atypical relationship between spelling and pronunciation. ⁴⁶ Patients typically "regularize" such words, so that "sew" is read as /su/.

Sparing of repetition and motor speech, even when semantic deficits are prominent, are the other 2 features. Although language production is usually grammatically accurate, it can at times contain some "paragrammatic" errors, such as substituting less appropriate closed class words or inflections, for instance, "I know what they're doing but I can't think the words what they're doing."⁴⁷

Anatomically, the semantic variant has been associated with atrophy in the ventral and lateral portions of the anterior temporal lobes bilaterally, although damage is usually greater on the left. 11,14,34,48,49

Cases will be defined as semantic variant PPA with definite pathology when patients present with the above mentioned clinical features, imaging-supported or not, and a known histopathologic diagnosis. Based on the literature, in the case of semantic

variant PPA, FTLD-TDP type pathologic changes will be the most common finding. 15,20-23

Logopenic variant PPA (also known as logopenic progressive aphasia or as logopenic PPA). The logopenic variant is the most recently described variant of PPA.11,50 The criteria are summarized in table 4. Word retrieval (in spontaneous speech and confrontation naming) and sentence repetition deficits are the core features of the logopenic variant. Spontaneous speech is characterized by slow rate, with frequent pauses due to significant word-finding problems, but there is no frank agrammatism. Speech production deficits are therefore distinct from those of patients with the nonfluent variant, who also speak in a slow and halting manner, but with output that is dysprosodic, and marked by motor speech errors or agrammatism.^{8,50,51} The confrontation naming impairment is usually less severe in the logopenic than in the semantic variant, and errors are usually phonologic in nature.11 A useful differentiating feature between these 2 variants is also the relative sparing of single-word comprehension in logopenic patients. Consistent with the hypothesis that a phonologic short-term memory deficit is a key cognitive mechanism underlying most language deficits in the logopenic variant,⁵⁰ sentence and phrase repetition is characteristically impaired, while reproduction of short, single words can be spared. This same mechanism can cause impairment in sentence comprehension, which is influenced more by length and probability of a sentence than by its grammatical complexity.

Other diagnostic features include phonologic paraphasias in spontaneous speech and naming. The sound substitutions that result in phonologic paraphasias in logopenic patients are usually well articulated, without distortions. Lack of frank agrammatic errors and preservation of articulation and prosody help distinguish the logopenic from the nonfluent variants.⁵²

Imaging abnormalities in the left temporoparietal junction area, i.e., posterior temporal, supramarginal, and angular gyri, are necessary to make a diagnosis of imaging-supported logopenic variant.¹¹

Cases will be defined as having logopenic PPA with definite pathology when they present with the clinical features, imaging-supported or not, and a known histopathologic picture. Recent evidence shows that AD might be the most common underlying pathology.^{20,24}

DISCUSSION We have delineated a classification system that can be adopted in the diagnosis of PPA and its main variants for clinical and research purposes. Uniformity in diagnosis across centers is essential for ensuring reliable results in future studies that will seek to define the underlying biology of disease in specific PPA.

Currently, data indicate that there are only groupwise probabilities and no absolute correspondence between PPA clinical phenotypes and pathologic or genetic findings. This is not surprising since clinical presentation depends on site of anatomic damage and the selectivity of specific neurodegenerative diseases for certain neural networks is only relative. However, heterogeneity in the clinical criteria adopted for clinical diagnosis across centers can also contribute to produce inconsistent results between studies. The classification scheme proposed here attempts to correct this latter problem by proposing a classification scheme that has been accepted by most researchers in the field. Ultimately, improved clinicopathologic correlations will be obtained by incorporating in the diagnostic process biomarkers (e.g., molecular PET imaging or CSF markers) that will allow underlying tau, TDP-43, or AD pathology to be diagnosed in life. For this purpose, we encourage investigators to collect biofluid, neuropathologic and genetic data, along with a checklist of all clinical and neuroimaging features that were observed in the patient for future large-scale collaborative investigations.

There are a number of outstanding challenges in the field of PPA research. Determining the primary cognitive deficit in the nonfluent variant is a matter of much debate. Agrammatism and motor speech errors may be quite subtle initially and difficult to detect with clinical measures. Also, some patients may present with predominant apraxia of speech, which has led many to question whether the introduction of a separate syndrome of progressive apraxia of speech may be more appropriate for these cases, 13 although such cases most often do appear to eventually develop an aphasia as the disease progresses. Developing reliable and objective measures that capture patients early in the disease process is very important. Toward this end, more longitudinal studies of PPA are required, particularly for the logopenic variant, which is the least consistently defined presentation. In addition, the features of genetic forms of PPA need to be studied in more detail, to identify whether the phenotypes fit into one of the 3 variants or present as a separate or mixed PPA phenotype.

Despite these outstanding challenges, the proposed classification is an attempt to provide a common approach to PPA patient classification across centers. Future studies aimed at identifying associations between subtypes and specific imaging, genetic, or neuropathologic findings will be more interpretable if these guidelines are utilized across centers.

DISCLOSURE

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