Driving Safety

Steering Wheel: Hand Placement







Hand Position

- Both hands should be placed outside of the steering wheel on opposite sides positioned at 9 & 3 o'clock or 8 & 4 o'clock.
- Your grip should be firm, yet gentle.
- Use your fingers instead of the palms of your hands and keep your thumbs up along the face of the steering wheel.
- Never turn the wheel while gripping it from the inside of its rim.
- Gripping the wheel at 10 & 2 o'clock can increase the likelihood of overcorrecting or being injured if the airbag deploys.
- Shuffle steering should be used to maintain full control at driving speeds and reduce injury if the airbag deploys.



Shuffle Steering

- The push-pull (shuffle) technique is a way of steering a car by pushing and pulling on the steering wheel.
- Here's a step-by-step guide on how to drive using this method:
 - When driving normally, both hands should be placed on either side of the wheel
 - To perform shuffle steering, the driver would push down with the left hand while pulling up with the right hand when turning the wheel to the left.
 - The opposite would be done when turning the wheel to the right, with the right hand pushing down and left hand pulling up.
 - This technique takes some practice but gives the driver more control.
- Video: Shuffle Steering Basics

