



Fall Arrest System Inspection

Body Harness

- ☐ Body harness is fully intact and not modified by user.
- ☐ No missing straps.
- ☐ No unintended holes on the harness.
- ☐ No discoloration of any harness straps on the discolored.
- ☐ No fraying on harness components.
- ☐ No burnt or melted fibers.
- ☐ All clips and attachment points present.
- ☐ All springs in working condition.
- ☐ No cracked/bent clips or buckles.

Lanyards

- ☐ Lanyard is fully intact and not modified by user.
- ☐ No broken or cut fibers.
- ☐ No kinks or knots.
- ☐ No burnt or melted fibers.
- ☐ No discoloration, fraying or holes in fabric.
- ☐ No bent or stretched links (if metal links).
- ☐ Cable lines not snapped or frayed.
- ☐ Retracting feature functions properly.
- ☐ Clips and attachments are not cracked or bent.

Connectors

- ☐ All hooks and carabineers are intact and not modified by user.
- ☐ Locking mechanism is present and in working order.
- ☐ Connectors are not stretched, cracked or modified.
- ☐ Stitching is not torn or ripped.
- ☐ No cracks or excessive wear.