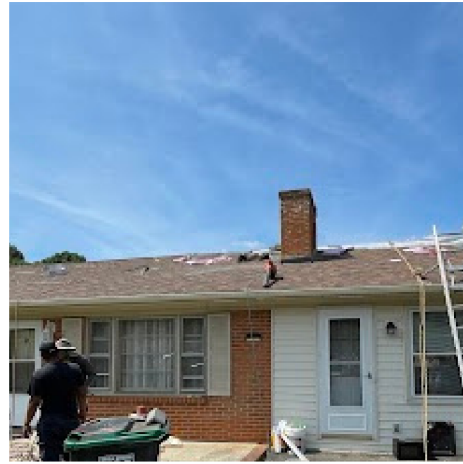


Fall Protection: First Up, Last Down

First Up, Last Down



- Only one worker is allowed to go up to mount the first Fall Protection roof anchor. The worker must mount the first anchor immediately upon getting on the roof, connect themselves to the anchor, then immediately set the rest of the anchors, and then attach additional ropes to allow the other employees to get on the roof.
- When finishing a job, only one worker may remain on the roof to take out the last anchor and finish the last section. The worker must then immediately get off the roof.
- All other tasks should be completed PRIOR to removing the last anchor (or two) so workers can be connected. These other tasks include (but are not limited to) installing flashing, cleaning off leftover material from the roof, blowing off the roof, installing step flashing, caulking, etc.

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Fall Protection: First Up, Last Down

First Up, Last Down Process

- 1** One worker goes onto the roof with his Fall Protection rope and at least one 2-person roof anchor.
- 2** The worker removes cap shingles/ridge vent to expose the roof structure and installs the roof anchor according to manufacturer instructions.
- 3** The worker immediately connects himself to the newly installed roof anchor.
- 4** The worker then installs other roof anchors for other workers OR connects another rope to the same 2-person roof anchor so another worker can get onto the roof to work or help install other roof anchors.
- 5** The workers replace/work on the roof while always being connected to Fall Protection ropes.
- 6** All other tasks should be completed PRIOR to removing the last anchor (or two) so workers can be connected. These other tasks include (but are not limited to) installing flashing, cleaning off leftover material from the roof, blowing off the roof, installing step flashing, caulking, etc.
- 7** As the 1-2 workers finish the ridge cap/vent, all other workers get off the roof. The worker(s) finishing the cap/vent will remain connected to an installed roof anchor until the last piece of vent or the last few pieces of ridge cap are left to install. Once to the end (and everything else is completed), the last worker will remove the roof anchor, finish the ridge cap/vent, and then immediately get off the roof.