

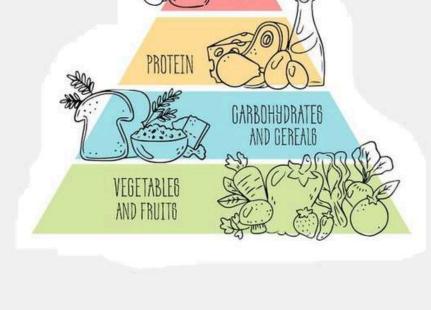


As humans, we need to eat
every day, but eating is
much more than just
consuming food. It's
important to understand the
nutrients we're consuming
and to know which foods are
healthy. More importantly,
we always strive to eat
something extremely
delicious.

Cooking is a complex system that involves various components, interactions, and variables.

learning about food nutrients





delicious food



8 servings per container Serving size 2/3 cup (55g)

Amount per serving Calories

230 Total Fat 8g Saturated Fat 1g 5% Trans Fat 0g

0% Cholesterol Omg Sodium 160mg 7% ▼otal Carbohydrate 37g



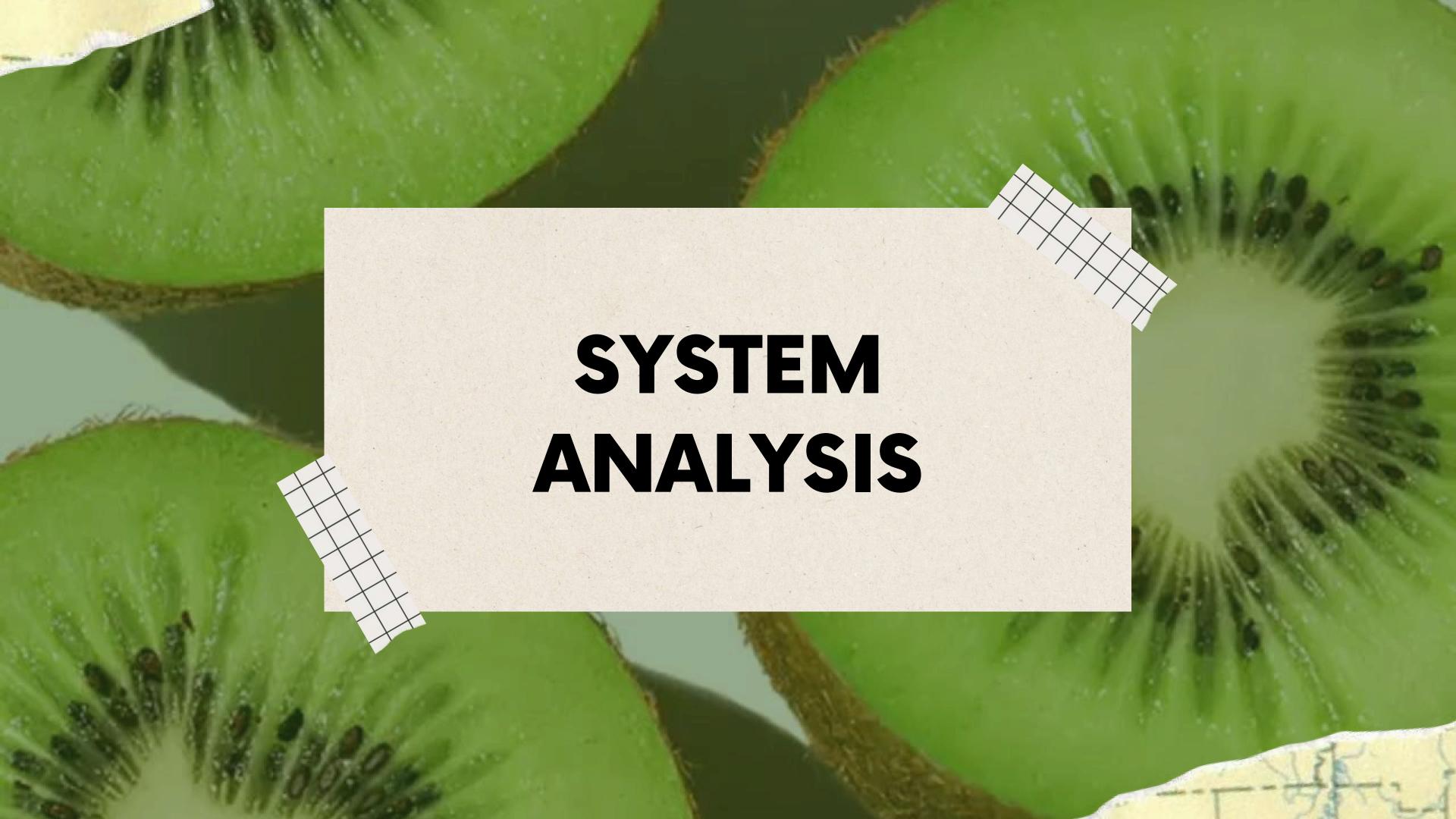




analysis of the cooking system









Components of the Cooking System

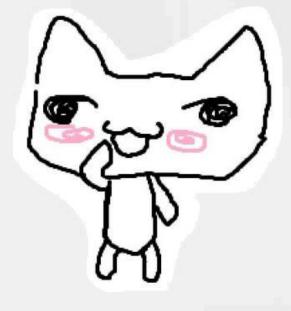


Nutrit 3 servings per conserving size			ac etzels (
Calories	Per serving		330	
		% DV*		% DV
Total Fat	0.5g	1%	1.5g	39
Saturated Fat	0g	0%	0g	09
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	09
Sodium	400mg	17%	1200mg	529
Total Carb.	23g	8%	69g	249
Dietary Fiber	29	7%	6g	219
Total Sugars	<1g		3g	
Incl. Added Sugars	0g	0%	0g	09
Protein	3g		9g	
Vitamin D	0mcg	0%	Omcg	0%
Calcium	10mg	0%	30mg	2%
Iron	1.2mg	6%	3.6mg	189
Potassium	90mg	0%	270mg	5%





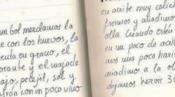


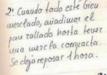




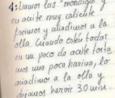
and Interactions

















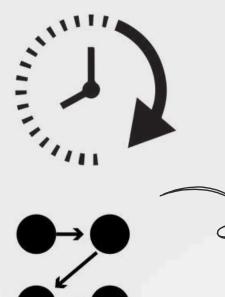






System Complexity and Dynamics

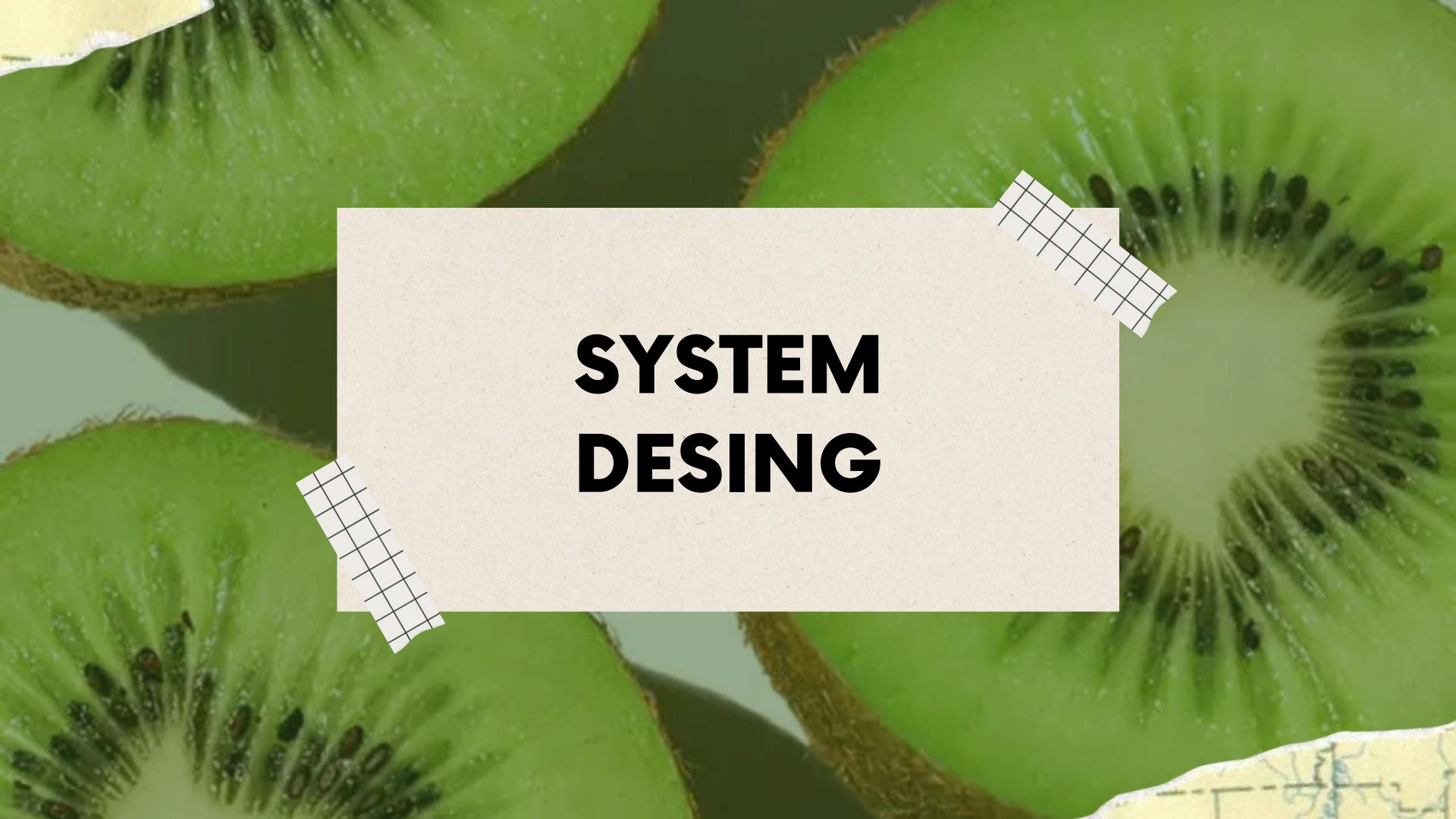










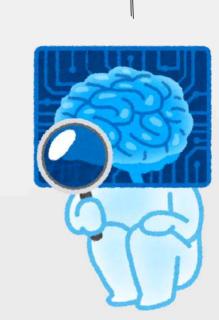




Functional Requirements







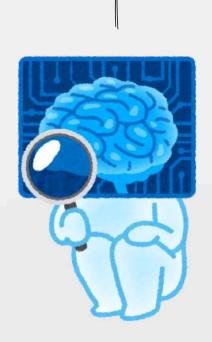




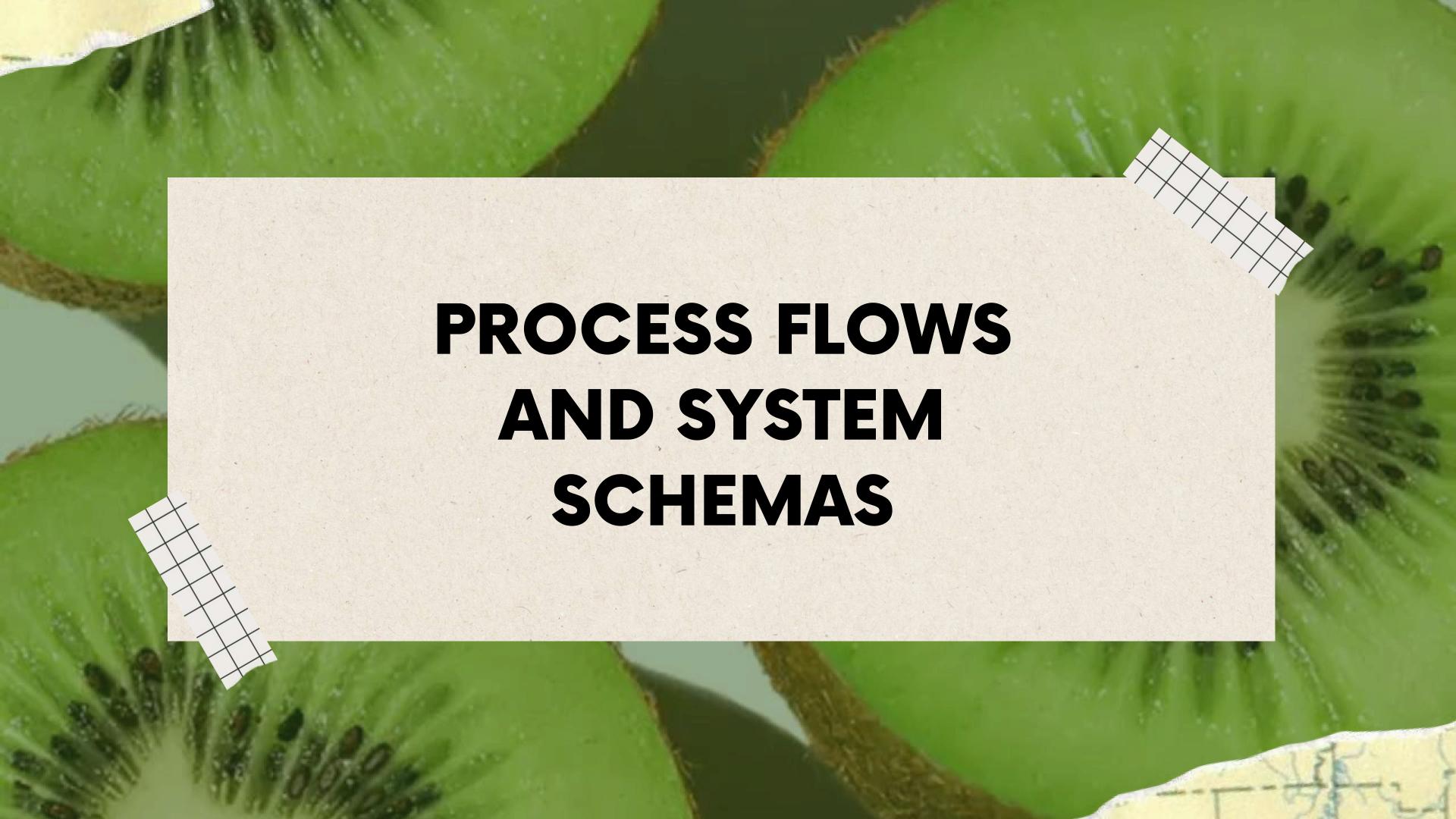
Non-Functional Requirements



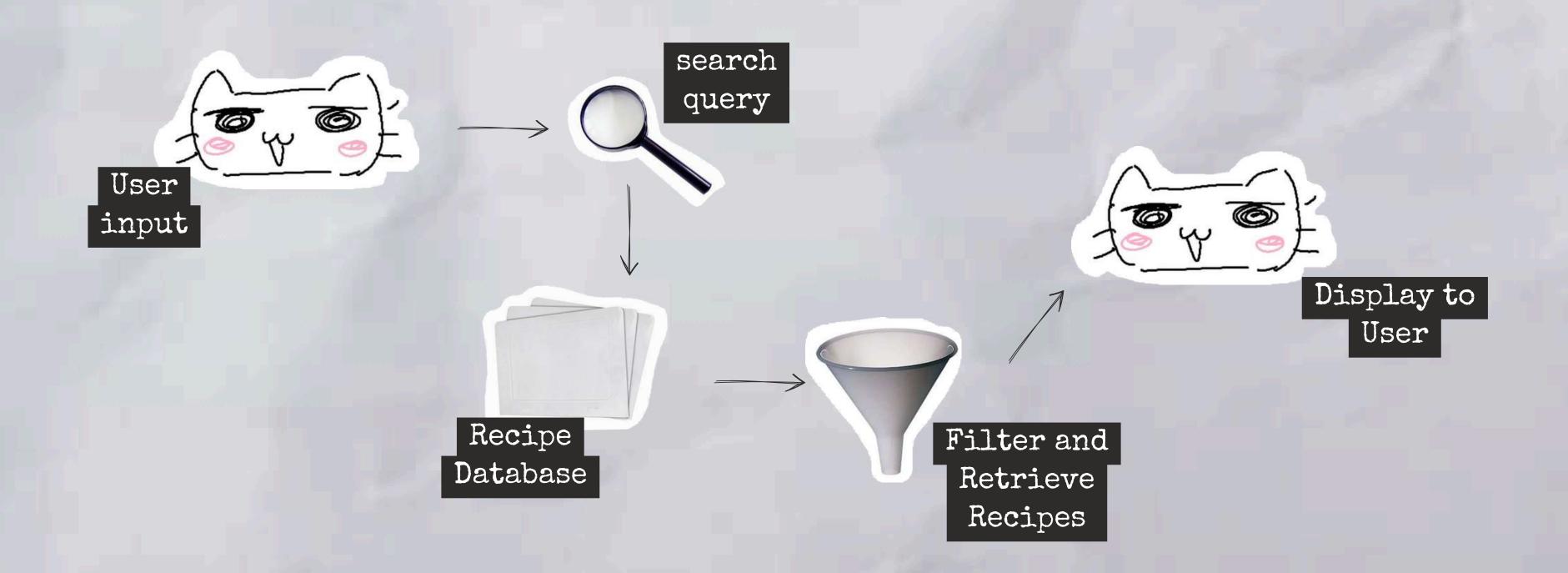




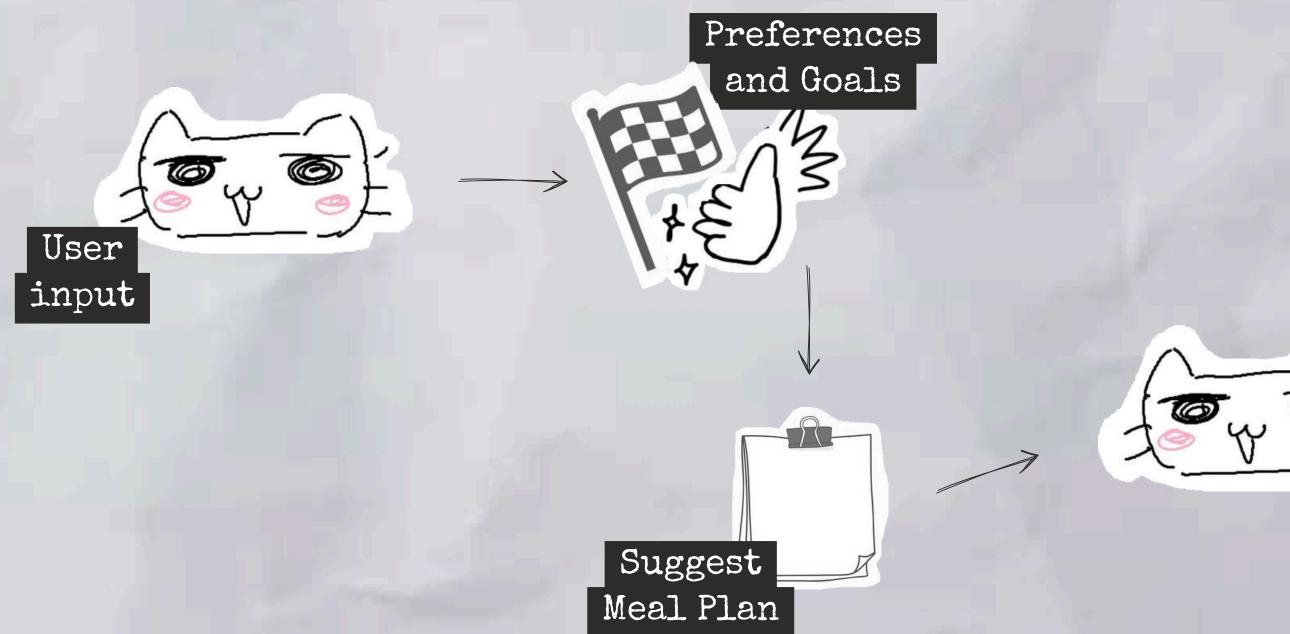




Recipe Retrieval and Display



Meal Planning







COOKING VIRTUAL ASSISTANT

Credits

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