

# **Artificial Intelligence and Stem Cell Therapy for Epilepsy: Advancing Seizure Suppression, Brain Repair, and Neural Network Integration**

## **I. Executive Summary**

This report explores the transformative potential of integrating artificial intelligence (AI) with stem cell therapies to revolutionize epilepsy care. It highlights how AI is significantly enhancing diagnostic precision, optimizing the intricate processes of stem cell delivery, and deepening the understanding of how these cells connect and interact with the brain's existing neural networks. The synergistic application of these advanced technologies holds immense promise for achieving effective seizure suppression, facilitating the repair of damaged brain regions, and ultimately moving towards more personalized and restorative treatment paradigms for epilepsy. While significant challenges remain in clinical translation, the convergence of AI and regenerative medicine is charting a new course for neurological disease management.

## **II. Introduction to Epilepsy and the Promise of Regenerative Medicine**

### **A. The Burden of Epilepsy and Limitations of Current Therapies**

Epilepsy represents a profound global health challenge, impacting approximately 50 million individuals worldwide.<sup>1</sup> This chronic neurological disorder is characterized by recurrent, unprovoked seizures, which are transient symptoms resulting from excessive neuronal activity.<sup>1</sup> The origins of epilepsy are diverse, stemming from various brain insults such as trauma, stroke, tumors, inflammation, and infections, as well as underlying genomic variations.<sup>3</sup> Beyond the debilitating seizures, patients frequently contend with increased comorbidities, including cerebrovascular, neurocognitive, and psychiatric conditions. These associated challenges contribute to significant socioeconomic difficulties, cognitive decline, and an elevated risk of mortality.<sup>1</sup>

Despite considerable advancements in anti-seizure medications (ASMs) over the past two decades, a substantial proportion of patients, particularly those diagnosed with drug-resistant epilepsy (DRE), do not achieve adequate seizure control.<sup>1</sup> DRE affects approximately 30% of epilepsy patients, leading to ongoing brain damage and a higher incidence of adverse outcomes.<sup>1</sup> The current therapeutic approach often involves a prolonged, trial-and-error process for medication selection, which is inherently inefficient and can subject patients to years of uncontrolled seizures,

substantial comorbidity, and reduced productivity.<sup>5</sup>

When pharmacological treatments fail, surgical interventions such as temporal lobectomy or laser ablation may be considered. While these procedures can be effective for some patients, they are inherently destructive and irreversible. They also carry significant risks of cognitive side effects, including memory impairment, motor deficits, and speech difficulties.<sup>7</sup> Neuromodulation techniques, such as deep brain stimulation (DBS), offer a less invasive alternative by using electrical or magnetic stimulation to disrupt abnormal neural activity. However, DBS rarely achieves complete seizure freedom, with studies reporting a median seizure reduction of up to 70% after five years.<sup>2</sup> The persistent limitations of these conventional treatments underscore a critical unmet need for more effective and less destructive therapeutic strategies.

## **B. The Emergence of Regenerative Medicine as a Neurorestorative Approach**

The shortcomings of traditional epilepsy treatments have catalyzed a fundamental reorientation in research, driving a transformative shift towards neurorestorative strategies. This evolving approach aims to address the underlying pathology of epilepsy rather than merely suppressing its symptoms.<sup>8</sup> This represents a broader change in the management of neurological diseases, moving beyond simply controlling symptoms to actively repairing and regenerating damaged neural tissue, with the ultimate goal of offering a potential cure. The recognition that epilepsy often involves a structural or network disorder necessitates biological interventions that go beyond electrical dampening. This long-term vision for epilepsy care seeks to fundamentally alter the disease course.

Within this evolving landscape, stem cell therapy (SCT) has emerged as a particularly promising novel therapeutic avenue for neurological conditions, including epilepsy.<sup>10</sup> SCT offers the potential to repair or regenerate damaged brain tissue, restore lost neuronal populations, and directly reverse or significantly reduce seizure activity.<sup>3</sup> Unlike the destructive nature of conventional surgical options, SCT presents a non-destructive, cell-based therapeutic approach. This method could provide a restorative option for focal epilepsy, potentially mitigating the cognitive side effects often associated with resective surgeries.<sup>7</sup>

A core understanding guiding the development of stem cell therapies for epilepsy, particularly in conditions like mesial temporal lobe epilepsy (MTLE), is the recognition of a direct causal relationship: the disease is often characterized by an imbalance between excitatory and inhibitory neurons.<sup>3</sup> Specifically, in MTLE, there is a documented loss of inhibitory neurons, known as interneurons, which are responsible for producing the inhibitory neurotransmitter GABA.<sup>3</sup> This loss of inhibition is

considered a critical factor in the development and perpetuation of epileptic seizures. Consequently, the therapeutic strategy is precisely dictated by this identified pathological mechanism: by repairing or regenerating these lost interneurons, the aim is to restore the excitatory-inhibitory balance within the brain, thereby suppressing or dramatically reducing seizure activity.<sup>7</sup> This direct biological correction forms the foundational principle behind the development of specific stem cell therapies.

### **III. Artificial Intelligence in Epilepsy Research and Diagnosis**

Artificial Intelligence (AI) and Machine Learning (ML) are rapidly transforming the landscape of epilepsy care, enabling data analysis and integration at an unprecedented granularity and scale.<sup>14</sup> This positions AI as an indispensable tool for improving diagnostic accuracy, predicting seizures, and identifying novel biomarkers. The capabilities of AI are allowing for a significant shift from purely human-centric interpretation to AI-augmented decision-making in epilepsy care, promising earlier and more precise interventions.

#### **A. AI-Enhanced Seizure Detection and Prediction**

AI technologies, particularly recurrent neural networks (RNNs), have significantly advanced the interpretation of electrophysiological signals, marking substantial progress in epilepsy monitoring and the prediction of seizure onset.<sup>16</sup> AI models possess the capability to accurately identify electrographic biomarkers of epilepsy, such as spikes, high-frequency oscillations (HFOs), and distinct seizure patterns.<sup>14</sup> Interictal epileptiform discharges (IEDs), which are observable on EEG during the periods between seizures, are crucial for diagnosis, and AI techniques have demonstrably enhanced their analysis.<sup>17</sup> Deep neural networks, trained on extensive datasets of scalp EEG records, have even shown the ability to outperform human experts in detecting IEDs.<sup>4</sup> Furthermore, AI models trained on continuous EEG streams have achieved remarkable accuracy in predicting epileptic seizures, with the capacity to identify preictal patterns up to 30 minutes before onset.<sup>20</sup> Advanced methodologies like 1D Convolutional Neural Networks (CNNs) combined with Gated Recurrent Units (GRUs) and data augmentation techniques have led to significant improvements in epilepsy detection accuracy, sensitivity, and robustness when analyzing EEG signals.<sup>21</sup>

Beyond electrophysiological data, AI is being actively explored for forecasting and detecting seizures using non-invasive physiological data gathered from wearable sensors. This includes measurements such as blood volume pulse (BVP), electrodermal activity (EDA), heart rate (HR), accelerometry (ACC), and temperature (TEMP).<sup>15</sup> Personalized deep learning algorithms, specifically CNN-Bidirectional Long Short-Term Memory (CNN-BiLSTM) networks, when trained on patient-specific

physiological data, have demonstrated substantial improvements in seizure prediction accuracy, achieving rates as high as 97% for individual patients.<sup>22</sup> Additionally, AI-based automated and semi-automated analysis of audio and video recordings of individuals with epilepsy allows for significant data reduction and reliable detection and classification of major motor seizures.<sup>14</sup>

## **B. AI for Neuroimaging Analysis and Lesion Detection**

AI's cutting-edge algorithms, encompassing deep learning (DL) and convolutional neural networks (CNNs), are revolutionizing neuroscience by enabling the precise analysis of complex neural datasets derived from neuroimaging.<sup>16</sup> These advanced tools are employed to detect structural abnormalities linked to various neurological disorders, often offering diagnostic capabilities that can surpass conventional techniques.<sup>16</sup> In the context of epilepsy, AI-driven imaging techniques provide deeper insights into brain characteristics, contributing to improved diagnostic accuracy and the development of personalized treatment strategies.<sup>23</sup>

AI-powered algorithms are capable of analyzing medical imaging data to identify subtle or hidden epileptogenic lesions that may be imperceptible to human experts or remain undetected on routine MRI scans.<sup>1</sup> For instance, specialists at Mayo Clinic utilize machine learning approaches to mine imaging data for enhanced lesion detection, including the assessment of hippocampal segmentation on high-field 7T MRI. This advanced imaging modality offers double the spatial resolution and greater contrast, providing more detailed insights.<sup>25</sup> Machine learning applied to multimodal MRI has also expanded the detection of subtle morphometric changes in "MRI-negative" patients, a group for whom surgical outcomes are typically less favorable.<sup>1</sup>

Furthermore, AI can develop novel, data-driven disease taxonomies for epilepsy based on structural MRI datasets. This allows for the identification of epilepsy subtypes that correspond to distinct patterns of spatiotemporal progression of brain atrophy.<sup>26</sup> Positron Emission Tomography (PET), such as 18F-FDG-PET, which measures cerebral glucose metabolism, is used in conjunction with MRI for presurgical evaluation, and AI can further enhance its interpretation.<sup>24</sup> Diffusion Tensor Imaging (DTI) is another modality used to study the underlying white matter structural integrity in temporal lobe epilepsy (TLE). AI and ML techniques, such as Random Forest analysis, can be applied to DTI data to identify structural predictors of TLE laterality and progressive changes over the disease course.<sup>24</sup>

## **C. AI in Phenotyping and Biomarker Identification**

AI facilitates data analysis and integration at an unprecedented granularity and scale for epilepsy phenotyping, enabling the identification of correlations between neural activity and interictal and ictal behavior in animal models.<sup>14</sup> AI models can accurately identify electrographic biomarkers, including spikes, high-frequency oscillations (HFOs), and seizure patterns, which are crucial for both diagnosis and understanding epileptogenicity.<sup>14</sup> The strength of AI lies in its ability to uncover hidden patterns, model complex relationships, and make accurate predictions from complex, high-dimensional datasets.<sup>16</sup> In medical AI, models can automatically discover and learn from intricate "hidden (latent) spaces" by encoding multiple observed features into fewer representation variables that are optimized for predicting outcomes.<sup>4</sup> This capability is vital for identifying novel biomarkers that might not be apparent through traditional statistical methods. The integration of AI analysis across electroencephalographic, clinical, and behavioral data is expected to significantly contribute to optimizing therapy for patients with epilepsy.<sup>14</sup>

The consistent demonstration that AI can process vast, complex, and high-dimensional datasets—including EEG, neuroimaging, physiological, and video data—and identify subtle patterns<sup>1</sup> that human experts might overlook<sup>1</sup> positions it as an indispensable tool for enhancing diagnostic accuracy, predicting seizures, and discovering new biomarkers. This signifies a fundamental shift from solely human interpretation to AI-augmented decision-making in epilepsy care, promising earlier and more precise interventions. This is not merely automation but an augmentation of human cognitive abilities, allowing clinicians to access critical, often unseen, information for more informed and timely clinical decisions. This progression suggests a future where AI becomes a standard, powerful co-pilot in neurological diagnostics.

A recurring theme is the integration of diverse data types—including EEG, neuroimaging, genetic, physiological, and behavioral data—for personalized prediction and treatment optimization.<sup>4</sup> This underscores AI's role as the key enabler for truly individualized epilepsy management. This approach moves beyond a "one-size-fits-all" paradigm<sup>6</sup> to tailored interventions based on an individual's unique neurobiological profile, which is particularly critical for optimizing advanced therapies like stem cell transplantation. AI's proficiency in handling "complex graph structured data"<sup>4</sup> and extracting insights from "unstructured data from sources like electronic health records and clinical reports"<sup>4</sup> is crucial for this integration, allowing it to "unravel the hidden structure and reveal the complex links between clinical variables".<sup>4</sup> This indicates that AI is not just a diagnostic tool but a foundational technology for a new era of individualized treatment pathways.

However, while AI thrives on large datasets for training, persistent issues of "dataset

availability and heterogeneity" <sup>15</sup> present a significant barrier. This heterogeneity limits the "quality, interpretability, comparability, and generalizability" of AI models.<sup>15</sup> This highlights a critical tension: AI's power lies in pattern recognition, but if the data used for training is not standardized or representative of diverse patient populations, the models may not perform reliably in real-world clinical settings.<sup>22</sup> For example, a general deep learning model has shown varied performances on data from unseen patients, while personalization of these models has significantly improved prediction accuracies.<sup>22</sup> This challenge necessitates substantial multicenter collaboration and standardized data collection protocols to overcome, as emphasized by the need for "greater multicenter collaboration to amass high-quality data and ensure the open accessibility of developed codes and tools".<sup>18</sup> This reveals a crucial bottleneck in AI's widespread clinical adoption: the need for harmonized, large-scale, and diverse datasets to build robust and generalizable models.

**Table 1: AI Models and Their Applications in Epilepsy Diagnosis and Prediction**

AI Model Type	Specific Application	Data Types Analyzed	Key Performance Metrics (where available)
Recurrent Neural Networks (RNNs)	Seizure Prediction, Electrophysiological Signal Interpretation	Electroencephalogram (EEG)	Enhanced interpretation, strides in predicting seizure onset <sup>16</sup>
Deep Neural Networks (DNNs)	Interictal Epileptiform Discharge (IED) Detection, Seizure Prediction	Scalp EEG records, Physiological data (BVP, EDA, HR, ACC, TEMP)	Outperformed experts in IED detection <sup>4</sup> ; Prediction accuracy up to 97% with personalization <sup>22</sup>
Convolutional Neural Networks (CNNs)	Neuroimaging Analysis, Lesion Detection, Epilepsy Detection	Neuroimaging (MRI, PET), EEG	Precise analysis, detect structural abnormalities <sup>16</sup> ; 96.06% accuracy for epilepsy detection <sup>21</sup>
CNN-BiLSTM	Seizure Prediction	Physiological data (BVP, EDA, HR, ACC,	91.94% accuracy (general), up to 97%

	(pre-ictal)	TEMP)	accuracy (personalized) <sup>22</sup>
1D CNN-GRU (with Attention Mechanism)	Epilepsy Detection	EEG	Accuracy 96.06%, Sensitivity 95.48%, AUC 0.9637 <sup>21</sup>
Machine Learning (General)	Epilepsy Phenotyping, Biomarker Identification, Lesion Detection, Post-Stroke Epilepsy Risk	Electro-clinical data, Animal model data, EEG, Neuroimaging, Clinical records	Accurately identify behavioral states and electrographic biomarkers <sup>14</sup> ; Improved lesion detection <sup>25</sup> ; AUC 0.99 for PSE prediction <sup>30</sup>
Random Forest, XGBoost, LightGBM	Post-Stroke Epilepsy (PSE) Risk Prediction	Medical records (age, gender, NIHSS scores, WBC, D-dimer)	AUC 0.99 <sup>30</sup>
Extended Graphical Models	Predicting Drug Treatment Responses, Unraveling Complex Clinical Data	Clinical data, Genetic, Physical, Physiological, Medication, Environmental data	Superior in modeling dynamic and complex graph structured data, reveal hidden links <sup>4</sup>
Subtype and Stage Inference	Epilepsy Taxonomy, Disease Progression	Structural MRI	Identifies epilepsy subtypes based on brain atrophy patterns <sup>26</sup>
Explainable AI (XAI)	Seizure Detection and Prediction	EEG	Improves interpretability, trust, and confidence in predictions <sup>31</sup>

## IV. Stem Cell Therapies for Epilepsy: Mechanisms and Clinical Progress

### A. Therapeutic Rationale: Restoring Excitatory-Inhibitory Balance

The foundational hypothesis driving the development of stem cell therapy for epilepsy,



particularly in conditions like mesial temporal lobe epilepsy (MTLE), centers on the restoration of the brain's excitatory-inhibitory (E/I) balance.<sup>3</sup> In MTLE, which is a prevalent form of adult epilepsy, a significant pathological feature is the loss of inhibitory neurons, specifically interneurons, which are crucial for producing the inhibitory neurotransmitter gamma-aminobutyric acid (GABA).<sup>7</sup> This depletion of inhibitory interneurons is considered a critical factor in the initiation and perpetuation of seizures.

The therapeutic objective is to counteract this excessive neuronal excitability by transplanting new, functional inhibitory interneurons. The aim is to re-establish normal patterns of neuronal activity within the affected brain regions, thereby suppressing seizure activity or potentially eliminating seizures altogether.<sup>7</sup> This regenerative approach stands in contrast to conventional antiepileptic drugs, which primarily function by non-specifically enhancing the effects of inhibitory neurotransmitters or inhibiting excitatory ones.<sup>3</sup> The precision of this cell-based intervention, targeting a specific neuronal deficit, is a key distinguishing factor.

## **B. Overview of Key Stem Cell Types in Epilepsy Research**

Several types of stem cells are under investigation for their potential in treating epilepsy:

- **Human Pluripotent Stem Cells (hPSCs):** This category includes both human embryonic stem cells (hESCs) and induced pluripotent stem cells (iPSCs). These cells possess the remarkable capacity to differentiate into various neural subtypes, including the specific GABAergic interneurons that are critical for restoring brain balance in epilepsy. This makes hPSCs a versatile and powerful source for regenerative therapies.<sup>6</sup>
  - **Induced Pluripotent Stem Cells (iPSCs):** A particularly significant advancement is the use of patient-derived iPSCs. These cells carry the patient's unique genetic information and can be differentiated into specific neural subtypes, offering a personalized approach. This capability allows for the creation of "epilepsy in a dish" models, which are invaluable for studying genetic variations, abnormal neural morphology, synaptic transmission, and for conducting high-throughput drug screening under patient-specific conditions.<sup>4</sup> An additional advantage of autologous iPSCs (derived from the patient's own cells) is the potential to eliminate the need for immunosuppression, a common requirement for allogeneic cell transplants.<sup>33</sup>
- **Mesenchymal Stem Cells (MSCs):** These are adult stem cells, frequently derived from adipose (fat) tissue. MSCs are recognized for their anti-inflammatory properties and their potential to promote tissue healing.<sup>8</sup> They are multipotent,



meaning they can differentiate into various cell types depending on the microenvironment in which they are placed. In the context of brain repair, it is hoped that MSCs will differentiate into neural or brain cell types and interact with seizure-affected regions primarily through paracrine signaling, where they release beneficial signals to repair the surrounding tissue.<sup>8</sup>

- **Neural Stem Cells (NSCs):** These are self-renewing cells found in specific areas of the adult human brain. NSCs are capable of generating new neurons and glia throughout life, offering significant potential for neural regeneration and repair following brain injury.<sup>36</sup>

### C. Preclinical Evidence of Seizure Suppression and Brain Repair

Extensive preclinical studies, predominantly conducted in animal models, have provided robust evidence supporting the therapeutic potential of stem cell-based interventions for epilepsy.

One particularly promising investigational therapy is **NRTX-1001**. This therapy consists of highly purified GABAergic inhibitory interneurons derived from human pluripotent stem cells. Preclinical studies have demonstrated that hippocampal transplantation of NRTX-1001 significantly reduces seizure frequency in mouse kainic acid models of focal epilepsy.<sup>12</sup> Further preclinical data have confirmed durable and consistent suppression of focal seizures, a reduction in neuropathology (such as the significant decrease in hippocampal dentate granule cell dispersion, a pathological hallmark of MTLE), and increased survival rates in chronic MTLE models.<sup>13</sup>

Observations from these studies indicate that the grafted human interneurons disperse locally, functionally integrate into the host neural circuitry, and persist in the sclerotic hippocampus. Crucially, they actively generate inhibitory responses that effectively reverse the electrical hyperactivity characteristic of seizures.<sup>9</sup>

More broadly, *in vitro* models utilizing stem cell-derived neurons offer significant advantages for elucidating the fine details and cellular mechanisms underlying neurological disorders. These models are also valuable for screening antiseizure medications under well-controlled conditions.<sup>3</sup> Such models allow researchers to test the effects of putative drugs on single-cellular physiology, neuronal excitability, and transmembrane currents, providing a detailed understanding of their potential therapeutic properties.<sup>11</sup>

The demonstrated success of NRTX-1001, which specifically utilizes highly purified GABAergic interneurons<sup>9</sup>, strongly suggests that the therapeutic efficacy of stem cell therapy in epilepsy is directly linked to the precise neuronal subtype transplanted. This implies that the accuracy in differentiating stem cells into the exact cell type

required to correct the underlying excitatory-inhibitory imbalance is a critical determinant of clinical outcome. This represents a significant advancement over less differentiated or heterogeneous cell populations, which have sometimes led to off-target effects in earlier stem cell trials for other neurological disorders.<sup>7</sup> This chain of evidence points to a direct relationship: the specificity of the transplanted cell type (GABAergic interneurons) is crucial for its efficacy in restoring neural balance and suppressing seizures, highlighting the importance of precise cell differentiation and purity in manufacturing.

#### **D. Current Landscape of Clinical Trials**

The compelling preclinical results have paved the way for the translation of stem cell therapies into human clinical trials for drug-resistant epilepsy.

The **NRTX-1001 clinical program** is a leading example. NRTX-1001 is currently undergoing a Phase 1/2 open-label, first-in-human study (NCT05135091) for individuals with unilateral drug-resistant temporal lobe epilepsy with mesial temporal sclerosis.<sup>12</sup> As of July 2024, the therapy has been well-tolerated in ten patients, with no treatment-related serious adverse events reported.<sup>12</sup> Preliminary data from the low-dose cohort revealed an 82% reduction in disabling seizure frequency over the 4–6-month post-treatment period, with 80% of patients achieving a  $\geq 50\%$  responder rate.<sup>12</sup> Encouragingly, some subjects also showed preliminary cognitive improvements in select measures of memory function.<sup>12</sup> NRTX-1001 is administered as a one-time dose via stereotactic intracerebral injection, designed to durably silence seizure activity by integrating and innervating on-target brain regions.<sup>9</sup> Building on these promising results, Neurona Therapeutics is initiating a Phase 3 EPIC clinical trial for NRTX-1001 in the second half of 2025. This will be a randomized, sham-controlled, double-blind study, marking the first investigational human cell therapy to reach Phase 3 for this indication. This significant milestone is supported by a Regenerative Medicine Advanced Therapy (RMAT) designation from the FDA.<sup>34</sup> Given that the cells are allogeneic (derived from human pluripotent stem cells), immunosuppression is currently required for approximately one year post-procedure to prevent rejection.<sup>12</sup>

**Mayo Clinic** researchers are also at the forefront, leading a transformative shift towards neurorestorative treatment strategies for severe forms of epilepsy.<sup>8</sup> One ongoing clinical trial at Mayo Clinic in Arizona is investigating the use of implanted specialized inhibitory brain cells (interneurons) as a potential reparative treatment for DRE, delivered via a minimally invasive injection.<sup>8</sup> Another clinical trial, conducted at Mayo Clinic in Florida, is exploring a combined approach: the use of implanted adipose-derived mesenchymal stem cells (MSCs) as an adjunct to deep brain

stimulation (DBS) for DRE patients.<sup>8</sup> The underlying premise for this combination is to enhance the efficacy of DBS, with the expectation that the regenerative potential of MSCs can augment treatment success and potentially lead to seizure freedom, particularly for patients whose seizures are challenging to treat with current standalone technologies.<sup>8</sup> This exploration of combined therapies indicates an emerging trend towards synergistic treatment approaches for complex neurological disorders like DRE. For conditions refractory to single interventions, a multi-modal strategy combining regenerative medicine with neuromodulation or other existing therapies may prove more effective, addressing different facets of the disease pathology simultaneously.

## E. Challenges in Clinical Translation

Despite the encouraging progress, several significant challenges must be addressed for the widespread clinical translation of stem cell therapies for epilepsy.

- **Optimization of Delivery and Integration:** Determining the optimal dosing, precise placement, and effective delivery protocols for stem cells remains a critical area of research.<sup>7</sup> Ensuring successful engraftment and functional integration of the transplanted cells into the complex existing neural circuits of the host brain is a highly intricate process.<sup>40</sup>
- **Safety and Efficacy Validation:** Rigorous, large-scale, and long-term clinical trials are indispensable to definitively establish the safety profile and sustained efficacy of these novel cell products.<sup>7</sup>
- **Immunosuppression:** The current necessity for immunosuppression when using allogeneic cell therapies<sup>12</sup> poses a challenge due to potential side effects and patient burden. However, future advancements in autologous approaches, where cells are derived from the patient themselves, could mitigate this requirement.<sup>7</sup>
- **Regulatory Pathways and Trial Design:** A notable tension exists between regulatory agencies and clinicians regarding the design of clinical trials, particularly concerning the ethical challenges associated with sham surgery controls for patients with refractory epilepsy. Innovative trial designs are urgently needed to strike a balance between scientific rigor and the imperative to meet patient needs and ensure their safety.<sup>7</sup> This highlights a significant, systemic hurdle for advanced regenerative therapies. As therapies become more complex, potentially curative, and invasive, the ethical and regulatory frameworks governing their development and approval must evolve proactively to facilitate translation without compromising patient safety or scientific rigor. This directly impacts the pace and accessibility of these innovations.
- **Accessibility and Infrastructure:** As these advanced therapies gain regulatory

approval, ensuring the necessary specialized workforce, sophisticated delivery systems, and robust infrastructure for safe and efficient widespread delivery will be a vital logistical undertaking. These therapies will not be immediately available at every medical center.<sup>7</sup>

**Table 2: Key Stem Cell Therapies for Epilepsy: Preclinical and Clinical Progress**

Therapy Name/Approach	Stem Cell Type	Mechanism of Action	Preclinical Findings	Clinical Trial Phase	Key Clinical Outcomes (where available)	Key Challenges/Considerations
<b>NRTX-1001</b>	Human Pluripotent Stem Cell-derived GABAergic Interneurons	Restore Excitatory-Inhibitory Balance by replacing lost interneurons; Durable silencing of seizure activity	Significant seizure reduction, decreased neuropathology, increased survival in mouse models; Functional integration into host circuitry <sup>9</sup>	Phase 1/2 (ongoing), Phase 3 (planned H2 2025) <sup>12</sup>	Well-tolerated; 82% seizure reduction (low-dose cohort); 80% ≥50% responder rate; Potential cognitive improvements; No treatment-related SAEs <sup>12</sup>	Immunosuppression required (approx. 1 year); Optimal dosing and placement <sup>7</sup>
<b>MSCs + DBS</b> (Mayo Clinic)	Adipose-derived Mesenchymal Stem Cells (MSCs)	Enhance DBS efficacy via anti-inflammatory properties and paracrine signaling; Potential for neural	MSCs have anti-inflammatory properties and multipotent differentiation potential <sup>8</sup>	Clinical Trial (ongoing, adjunct to DBS) <sup>8</sup>	Early improvement in seizure management observed (too early to attribute definitively) <sup>8</sup>	Long-term safety and efficacy; Mechanism of MSC interaction with brain tissue; Optimal combination with DBS <sup>8</sup>

		differentiation/healing				
<b>Patient-specific iPSC-derived brain organoids</b> (PERSIST Project)	Induced Pluripotent Stem Cells (iPSCs)	Identify drugs modulating hyperactive neural activity; Personalized drug efficacy profiles	Able to identify abnormal neuronal behavior; Used for high-throughput drug screening under patient-specific conditions <sup>4</sup>	Preclinical /Translational (Integrated predictive model development) <sup>4</sup>	N/A (focus on <i>in vitro</i> drug selection and predictive modeling)	Lack of sufficient cellular complexity for <i>in vitro</i> seizure-like activity; Establishing relationship between <i>in vitro</i> electrical activity and <i>in vivo</i> EEG <sup>4</sup>

## V. AI's Role in Optimizing Stem Cell Delivery and Neural Integration

The convergence of AI and stem cell therapy is not merely additive; AI plays a pivotal role in optimizing every stage of stem cell therapeutic development, from characterization to precise delivery and monitoring of neural integration. This synergy is critical for translating the promise of regenerative medicine into effective clinical interventions for epilepsy.

### A. AI for Stem Cell Characterization, Viability, and Safety Assessment

AI is proving to be critical for enhancing the quality of stem cell manufacturing and delivery, directly addressing fundamental challenges inherent in stem cell therapy.<sup>40</sup> AI can actively assist in determining the viability, effectiveness, efficacy, and safety of stem cells, which are paramount considerations for any therapeutic application.<sup>40</sup> Advanced neural networks are essential for improving the reliability of stem cell characterization and for predicting therapy outcomes.<sup>40</sup> For instance, deep neural networks possess the capability to track human pluripotent stem cells, revealing their intrinsic behaviors that guide morphogenesis. This provides invaluable insights into their developmental pathways and their potential for precise differentiation into desired cell types.<sup>41</sup> By addressing the need for precise cell characterization and

optimizing cell differentiation processes, AI ensures that only the most suitable and functionally appropriate cells are selected for transplantation, minimizing risks and maximizing therapeutic potential.<sup>40</sup>

## **B. Computational Models and Simulations for Delivery and Distribution**

AI is extensively utilized to streamline simulation and model-building processes within stem cell and regenerative medicine. These computational tools are instrumental in uncovering intricate connections between cellular activities and their microenvironments.<sup>41</sup> Computer simulations provide a foundational platform for advancing the understanding of complex pathologies like epilepsy. They enable researchers to precisely understand which cellular processes are impacted by specific genetic mutations, a crucial step for developing targeted therapeutic pathways.<sup>42</sup>

For example, neuroscientists at Cedars-Sinai have developed ultrarealistic computational models of human epileptic brain circuits using data derived directly from patient brain tissue. These sophisticated models allow researchers to probe the cause and effect of various genetic and other contributing factors, identify specific biological markers (such as ion channel proteins), and propose novel therapeutic possibilities, including advanced viral gene delivery strategies.<sup>43</sup> These computational models can be leveraged to test various scenarios and therapeutic possibilities *in silico*, thereby guiding future biological experiments and optimizing delivery strategies for stem cells before costly and time-consuming *in vivo* studies.<sup>43</sup> Furthermore, generative models, such as Generative Adversarial Networks (GANs), could simulate the growth and behavior of brain organoids. This capability enables "virtual experiments" to predict how genetic mutations or specific drug treatments might affect organoid functionality, significantly accelerating hypothesis testing and reducing the need for extensive, time-intensive laboratory procedures.<sup>20</sup>

## **C. AI-Driven Analysis of Stem Cell Engraftment and Functional Connectivity**

AI's cutting-edge algorithms, including deep learning and neuromorphic computing, are revolutionizing neuroscience by enabling the analysis of complex neural datasets, ranging from neuroimaging and electrophysiology to genomic profiling.<sup>16</sup> This analytical capability is crucial for understanding how transplanted stem cells successfully engraft and integrate into existing neural networks. The ultimate goal of stem cell therapy in epilepsy is for transplanted interneurons to integrate and innervate on-target, thereby durably silencing seizure activity in the epileptic region of the brain.<sup>9</sup> Preclinical studies have already shown that grafted human interneurons disperse locally, functionally integrate, and persist within the sclerotic hippocampus.<sup>13</sup>

AI enables dynamic connectivity mapping and real-time neural decoding, which can be applied to precisely monitor and understand how transplanted cells form new connections and modulate existing neural circuits.<sup>20</sup> Functional connectivity measures, which are increasingly studied to investigate epileptogenic brain networks<sup>44</sup>, can be enhanced by AI to assess the impact of transplanted cells on network topology and synchronizability. This includes the use of techniques like cortico-cortical evoked potentials and resting-state functional MRI (rs-fMRI).<sup>44</sup> AI also helps unravel the mysteries of the human brain by processing complex brain organoid datasets—including gene expression patterns, structural imaging, and dynamic electrophysiological recordings—to uncover hidden patterns related to neural network integration.<sup>20</sup>

Optogenetics, a technology that uses light to control and monitor the activities of individual neurons, can be combined with genetic engineering to investigate synaptic plasticity and develop neuromodulation therapies.<sup>46</sup> AI can analyze the vast datasets generated from optogenetic experiments to precisely map the functional integration and anti-seizure mechanisms of transplanted stem cells. Furthermore, novel "biological computers," such as Cortical Labs' CL1 system, which fuse human brain cells with silicon hardware, offer a new platform to study fluid neural networks. These systems, capable of rapid and flexible learning, could provide unprecedented real-time insights into neural network dynamics and stem cell integration in a controlled environment.<sup>48</sup>

AI's algorithms are revolutionizing neuroscience by enabling the analysis of complex neural datasets, including genomic profiling and electrophysiology.<sup>16</sup> Single-cell RNA sequencing (scRNA-seq) technology is being employed to analyze gene expression changes in specific cell types, such as microglia, in epileptic brains, providing crucial insights into pathogenesis.<sup>49</sup> This powerful technique, when combined with AI, can be applied to understand the precise molecular identity, fate, and interaction of transplanted stem cells within the host brain. Patient-derived induced pluripotent stem cells (iPSCs) can be cultured on microelectrode arrays (MEAs) or nanoelectrode arrays (NEAs) to record electrophysiological (EP) activity and extract relevant biomarkers.<sup>4</sup> Machine learning algorithms are particularly adept at extracting features from this electrophysiological data, enabling the identification of pathological states or perturbations.<sup>35</sup> Deep learning multitask networks can classify cells and predict the impact of electrophysiological perturbations, which is crucial for assessing the functional impact of transplanted cells.<sup>50</sup> AI can also analyze the coordinated interplay of networked neurons in cerebral organoids using multielectrode arrays, providing a more complex model for studying neural network dysfunction and repair.<sup>4</sup>



#### D. AI in Patient Selection and Outcome Prediction for Cell Therapies

AI-driven approaches are being integrated into stem cell research to provide predictive analytics concerning patient outcomes.<sup>40</sup> AI models have already demonstrated success in predicting relapse rates in patients following stem cell transplants for other conditions<sup>40</sup>, showcasing their potential for similar applications in epilepsy. The PERSIST project, a collaborative initiative between the University of Queensland and Monash University, exemplifies this by aiming to create an integrated predictive model for drug selection. This model will leverage *in vitro* data from patient-specific iPSC-derived brain organoids combined with comprehensive clinical and genomics data.<sup>5</sup> This holistic approach can be extended to predict the likelihood of success for specific stem cell therapies in individual patients.

AI can play a vital role in identifying patients at high risk of drug-resistant epilepsy, thereby expediting their access to specialized care and potentially to advanced cell therapies.<sup>6</sup> AI-assisted brain surgery has also emerged as a promising approach, offering improved precision and safety in surgical interventions.<sup>23</sup> This enhanced precision is paramount for the accurate and safe delivery of stem cells to targeted brain regions. Real-time data from implanted devices, continuously monitored with AI-driven seizure and sleep tracking (as observed in Mayo Clinic's DBS trial), enables precise tuning of stimulation settings, maximizing therapeutic benefits while minimizing side effects.<sup>2</sup> This real-time monitoring capability could be crucial for optimizing stem cell therapy outcomes post-transplantation. Furthermore, AI models can predict post-stroke epilepsy risk using clinical data, demonstrating their utility in identifying specific patient cohorts for prophylactic or early interventions.<sup>30</sup>

AI's unique capacity to process complex data from patient-derived stem cell models (e.g., iPSCs, brain organoids)<sup>4</sup> and integrate it with diverse clinical and genomic data<sup>4</sup> establishes a critical link between preclinical insights and real-world patient outcomes. This indicates that AI is the essential computational tool for translating *in vitro* findings, such as drug efficacy on organoids or cellular responses, into accurate *in vivo* predictions for patient-specific responses to cell therapies. This capability is poised to significantly accelerate personalized treatment strategies and drug discovery. The PERSIST project, for instance, aims to use patient-specific iPSC-derived brain organoids to identify drugs that modulate hyperactive neural activity and then integrate this with clinical and genomic data via AI to create predictive models for drug selection.<sup>5</sup> This comprehensive approach allows for a more powerful predictive model than using either data type alone.<sup>4</sup> This demonstrates a direct relationship: *in vitro* models provide detailed cellular-level data, AI integrates this with patient-level clinical and genomic information, and the effect is a significantly

more accurate personalized prediction for treatment efficacy, including for cell therapies.

## VI. Conclusions

The integration of artificial intelligence and stem cell therapy represents a profound and transformative frontier in the treatment of epilepsy. The persistent challenges posed by drug-resistant epilepsy and the limitations of current symptomatic or destructive interventions have underscored the critical need for neurorestorative approaches. Stem cell therapies, particularly those employing highly specific cell types like GABAergic interneurons, offer a biologically precise means to address the underlying excitatory-inhibitory imbalance characteristic of epileptic brains, moving beyond mere symptom management towards genuine disease modification and potential cure.

AI is not just an ancillary tool but a fundamental enabler across the entire translational pipeline. Its unparalleled capacity for processing vast, complex, and multimodal datasets from EEG, neuroimaging, and physiological sensors allows for unprecedented precision in seizure detection, prediction, and the identification of subtle epileptogenic lesions often missed by conventional methods. This "super-human" analytical ability is driving a paradigm shift in diagnostics, leading to earlier and more accurate diagnoses. Furthermore, AI's power to integrate diverse data — from patient-specific *in vitro* models to clinical and genomic profiles — is the linchpin for realizing truly personalized epilepsy management, moving away from a "one-size-fits-all" approach. This integration allows for a deeper understanding of disease mechanisms and the prediction of individual patient responses to therapy.

Beyond diagnostics, AI is crucial for optimizing the practical aspects of stem cell therapy. It enhances the characterization, viability assessment, and safety profiling of stem cell products, ensuring high-quality therapeutic agents. Computational models and simulations, empowered by AI, enable *in silico* testing of delivery strategies and provide mechanistic insights into disease progression, thereby accelerating preclinical development. Critically, AI-driven analysis of functional connectivity, neural circuit integration, and single-cell omics data allows researchers to precisely monitor how transplanted stem cells engraft, integrate, and modulate dysfunctional neural networks in real-time, providing objective measures of therapeutic effect.

While the promise is immense, the path to widespread clinical adoption is not without hurdles. The heterogeneity and availability of high-quality datasets remain a significant challenge for developing robust and generalizable AI models. Moreover, the

ethical and regulatory complexities surrounding advanced cell therapies, particularly concerning clinical trial design and long-term safety, necessitate a proactive evolution of frameworks to ensure responsible and efficient translation. The current requirement for immunosuppression with allogeneic cell products also presents a clinical consideration.

Despite these challenges, the synergistic application of AI and stem cell therapy holds the potential to fundamentally rewrite the care pathway for epilepsy. The emerging trend of combining stem cell therapies with neuromodulation, as demonstrated by ongoing clinical trials, further exemplifies the innovative, multi-modal strategies being pursued to achieve enhanced outcomes for drug-resistant patients. Continued interdisciplinary collaboration, robust data sharing, and innovative regulatory approaches will be essential to fully harness the combined power of AI and regenerative medicine, ultimately delivering transformative and restorative treatments to millions affected by epilepsy worldwide.

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