



Cardiometabolic Monitoring in Mental Illness

American Psychiatric Association American Diabetes Association Recommendations for Cardiometabolic Monitoring

American Diabetes Association; American Psychiatric Association; American Association of Clinical Endocrinologists; North American Association for the Study of Obesity. Diabetes Care. 2004;27(2):596-601. Keepers GA, et al. Am J Psychiatry. 2020;177(9):868-872.

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	Baseline	4 weeks	8 weeks	12 weeks	Quarterly	Annually
Personal family history	●					●
Weight (BMI)	●	●	●	●	●	
Waist circumference	●					●
Blood pressure	●			●		●
Fasting plasma glucose	●			●		●
Fasting lipid profile	●			●		●

*More infrequent assessments may be warranted based on clinical status

	Baseline	4 weeks	8 weeks	12 weeks	Quarterly	Annually
Personal family history	●					●
Weight (BMI)	●	●	●	●	●	
Waist circumference	●					●
Blood pressure	●			●		●
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