

Live 5210



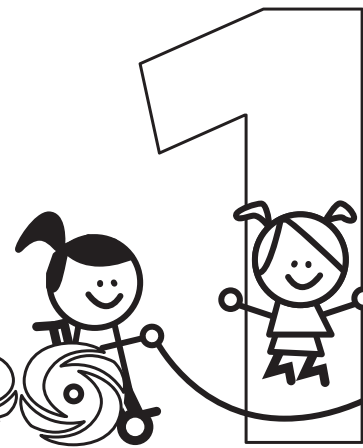
Enjoy-

FIVE or more vegetables
& fruits every day



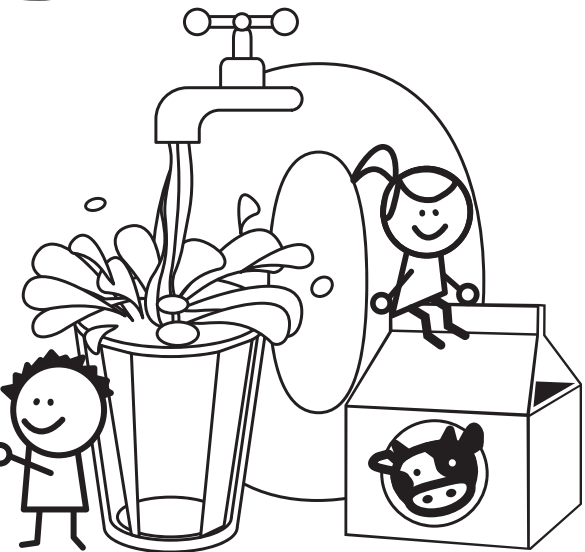
Power down-

no more than **TWO** hours
of screen time a day



Play actively-

at least **ONE** hour each day



Choose healthy-

ZERO sugary drinks