

BRONX

NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE



~~HUNGER~~
FREE
AMERICA

Including information on SNAP/Food Stamps, Meals for Kids, Senior Meals, Soup Kitchens, Food Pantries, Farmers' Markets, and more...

2019-2020

ABOUT

**THIS GUIDE WAS PRODUCED BY
HUNGER FREE NYC TO CONNECT THOSE IN
NEED WITH FREE COMMUNITY RESOURCES.
WE HOPE IT PROVES USEFUL TO YOU.**

**INFORMATION IN THIS GUIDE IS ALSO
AVAILABLE ON THE "GOTFOOD?" APP**

This Guide was made possible by funding from the New York City Council through a grant administered by the New York City Human Resources Administration and the Walmart Foundation.

This Guide is also available as a free PDF on our web site,
www.hungerfreenyc.org/guides.

To order additional copies of this guide,
send us an email at guides@hungerfreenyc.org
or visit orders.hungerfreeamerica.org



50 Broad Street, Suite 1103
New York, NY 10004
(212) 825-0028
www.hungerfreenyc.org

CONTENTS

	Food Stamps/SNAP	6
	Food for Kids	10
	Senior Meals	15
	Soup Kitchens & Food Pantries	16
	From the Farm	30
	Home Delivered Meals	33
	Employment & Training	33
	Map of Locations	34
	Other Assistance	40
	Emergency Numbers	41



2020 CENSUS

If you've not already done so, it is vitally important to complete the 2020 Census. The information you provide is completely confidential, protected by law, and cannot be shared with any other government agencies, including law enforcement or immigration officials. Your information will be used for statistical purposes only.

The census determines how federal funding will be spent in your community on things like **schools, childcare, healthcare, transportation** and many other programs and services vital to you and your family. It also determines the number of members of Congress who will represent New Yorkers.

The census should only take about 10 minutes to complete.
There are three easy ways to do so:

1. Online at www.my2020census.gov
2. Call 844.330.2020
3. Complete and return the paper form you received by mail

Questions? contact: Filomena Acevedo
facevedo@hungerfreenyc.org | 646.553.5901

Census info line: 800.923.8282

COVID-19 PANDEMIC & FOOD ASSISTANCE

During the COVID-19 pandemic, many food pantries and soup kitchens have either closed or adjusted their hours and protocols.

Please call in advance before visiting any location to receive information on any changes to service.

You can also visit our online map of food assistance sites, which is being updated with the latest information:

findfood.hungerfreeamerica.org

Always remember to use appropriate safety measures and social distancing to protect yourself and those around you.

For the current COVID-19 guidelines for New York City, visit:
www.coronavirus.health.ny.gov





SNAP/ FOOD STAMPS

SNAP benefits (formerly known as food stamps) can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP

Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?

→ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.

→ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.

→ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 28.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but **households that have members who have earned income, who are disabled or elderly (60 or older), or have out-of-pocket expenses for childcare or dependent care, can have higher incomes and still be eligible.**

		
NUMBER OF PEOPLE IN HOUSEHOLD	MONTHLY INCOME LIMIT (PRE-TAXES) ¹	MAX. MONTHLY SNAP BENEFITS ²
1	\$1,354	\$194
2	\$1,832	\$355
3	\$2,311	\$509
4	\$2,790	\$646
Each additional household member	+\$479 (approximately)	+\$146 (approximately)

¹In effect
10/1/19 - 9/30/20.

²In effect
10/1/19 - 9/30/20.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

→ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

→ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

→ For questions about how receiving SNAP or other benefits may affect immigration status, please call the NYS New Americans hotline at 800.566.7636

HOW TO APPLY

1

Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC

646-836-9177 & 646-350-1104

2

ACCESSNYC

Apply online at:

www.nyc.gov/accessnyc

3

Visit Your Local HRA Office

Apply at a SNAP office near you:

1 Crotona SNAP Center

1910 Monterey Ave., 5th Floor, 10457

929 252 7436

Mon-Fri 8:30am–5pm

2 Concourse SNAP Center

1375 Jerome Ave., 2nd Floor, 10452

929 252 8998

Mon-Fri 8:30am–6pm

3 Hunts Point SNAP Center

845 Barretto St., Level B, 10474

929 252 4445

Mon-Fri 8:30am–5pm (Work Requirements only 8:30am to 9am)

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

WIC is the Women, Infants & Children Program.

QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children up to the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.
- ➔ WIC is not considered a public charge. Receiving WIC will not affect your immigration status.

HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

4 Lincoln Medical & Mental Health Center

234 E. 149 St., 10451

718 579 5397

Mon 8:30am-7pm, **Tue-Fri** 8:30am-5:45pm, **Sat** 8:30am-4:30pm

5 Montefiore Medical Center- 161 St WIC

432 E. 161 St., 10451

718 585 4695

Mon, Wed-Fri 8am-4pm; **Tue** 9am-5pm all by appt. only

6 Lincoln Hospital - Morrisania Neighborhood Family Health Center WIC Program

1225 Gerard Ave., 10452

718 960 2805

Mon-Thu 8am-8pm; **Fri** 8am-5pm, **every other Sat** 8:30am-4pm, all by appt. only

- 7 Bronx Lebanon Hospital Center**
21 East Mount Eden Ave, 10452
718 583 4278
Mon, Tue, Thu 8am-3pm; **Wed** 8am-6pm, later hours only if working/in school; **Fri** 8am-12pm; **2nd Sat** 9am-2pm by appointment only.
- 8 Lincoln Hospital - Morrisania Longwood WIC Program**
1125 Grand Concourse (entrance on McClellan Ave.), 10452
718 588 1887/1501
Mon, Tue, Thu 9am-5pm; **Wed, Fri** 8:30am-4:30pm, **every other Sat** 8:30am-4:30pm all by appt. only
- 9 Morris Heights Health Center - Walton**
25 E. 183rd St., 10453
718 839 8903
Mon, Wed 8:30am-7:30pm; **Tue** 8am-5pm; **Thu** 8:30am-5pm; **Fri** 9:30am-5pm; **1st, 2nd, 4th Sat** 9:30am-2pm
- 10 Morris Heights Health Center**
85 W. Burnside Ave, 10453
718 716 4400
Mon 8:30am-8pm, **Tue** 8am-5pm, **Wed** 8:30am-7:30pm, **Thu** 8:30am-7pm, **Fri** 8:30am-5pm, **Sat** 9:30am-2pm
- 11 St. Barnabas Hospital**
2021 Grand Concourse, 1st Floor, 10453
718 901 9510
Mon-Thu 8:30am-6pm, **Fri** 8:30am-5pm, **Sat** 9am-12pm
- 12 Morris Heights Health Center - St. Ann's**
625 E. 137th St., 10454
718 425 3888
Mon-Wed 8:30am-5pm; **Thu** 10:30am-7pm; **Fri** 10am-5pm; **Sat once/month** 9:30am-2pm
- 13 Lincoln Hospital - Segundo Ruiz Belvis Center**
545 E. 142 St., 10454
718 579 1707
Mon 7:30am-7pm, **Tue-Fri** 7:30am-5pm

- 14 Public Health Solutions East Tremont WIC Center**
519 East Tremont Avenue, 10457
718 294 6887
Mon 11am-6:30pm, **Tue-Sat** 8:30am-4pm
- 15 St. Barnabas Hospital Ambulatory Care Building**
4487 3rd Ave., 10457
718 960 6257
Mon-Thu 8:30am-4:30pm, **Fri** 8:30am-5pm
- 16 St. Barnabas Hospital - 188th St.**
260 E. 188 St., 10458
718 220 2020
Mon-Thu 8:30am-6pm, **Fri** 8:30am-5pm, **Sat** 9am-12pm
- 17 Montefiore Medical Center - Fordham Plaza WIC**
1 Fordham Plaza, 5th floor, 10458
718 405 4066
Mon-Wed, Fri 8am-4pm, **Thu** 9am-5pm all by appt. only
- 18 Urban Health Plan - Bronx WIC**
1070 Southern Blvd., 10459
718 589 4776
Mon 9am-5 pm, **Tue** 8:30am-5pm, **Wed** 8:30am-6pm, **Thu** 7:30am-5pm,
Fri 9am-3pm, **Sat** 8:30am-1pm
- 19 Morrisania - South Bronx WIC Program**
856 Longwood Ave, 10459
718 991 2148
Mon, Tue, Thu 9am-5pm; **Wed, Fri** 8:30am-4:30pm; **1st and 3rd Sat**
8:30am-4pm
- 20 Urban Health Plan WIC**
953 Southern Blvd, 3rd FL, 10459
718 589 4776 x3291/3161
Mon 9am-5pm, **Tue** 8:30am-5pm, **Wed** 8:30am-6pm, **Thu** 7:30am-5pm,
Fri 9am-3pm, **Sat** by appointment only

21 Montefiore Medical Center - Westchester Square WIC

22 Westchester Square, 10461

718 829 4401

Mon, Tue, Thu, Fri 8am-4pm; **Wed** 9am-5pm all by appt. only

22 Jacobi Medical Center WIC

1400 Pelham Parkway South, Building #1, 4 North West, Suite A, 10461

718 918 4000

Mon-Thu 8:30am-4pm, **Fri** 8:30am-3pm

23 Morris Heights Health Center - Parkchester

2019 Westchester Avenue, 10462

718 931 2030

Mon-Wed 8:30am-5pm; **Thu** 10:30am-7pm; **Fri** 10am-5pm; **Sat once/month** 9:30am-2pm

24 Montefiore New Rochelle - White Plains WIC

3401 White Plains Road, 10467

718 547 6345

Mon 9am-6pm; **Tue, Thu** 9am-6:30pm; **Wed** 9am-4:30pm; **Fri, Sat** 9am-12:30pm

25 North Central Bronx Hospital WIC

3424 Kossuth Ave., 10467

718 519 3488

Mon-Thu 8:30am-4pm, **Fri** 8:30am-3pm

26 Montefiore New Rochelle - 233 St WIC

1600 E. 233rd St., 10466

718 231 5800

Mon 9am-6pm; **Tue, Thu** 9am-6:30pm; **Wed** 9am-4:30pm; **Fri, Sat** 9am-12:30pm

27 Morris Heights Health Center - Vanguard

825 E. 233rd St., 10466

347 418 3399

Mon-Wed 8:30am-5pm; **Thu** 10:30am-7pm; **Fri** 10am-5pm; **Sat once/month** 9:30am-2pm

SCHOOL & SUMMER MEALS

SFSP is the Summer Food Service Program, also known as Summer Meals.

QUICK FACTS

- ➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- ➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.
- ➔ Eligibility for school meals is not impacted by immigration status.
- ➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit www.schoolfoodnyc.org for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



SENIOR MEALS

SENIOR MEALS

MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



SOUP KITCHENS



FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

SOUTH BRONX (Lower)

10454, 10455, 10451

28 BOOM!Health Harm Reduction Center

226 East 144th St., 3rd Fl., 10451

718 292 7718 x228

Soup Kitchen: Thu 12:15pm-1pm

29 Grand Central Food Program - Lincoln Hospital

Morris Ave. & 148th St., 10451

212 776 2000

Mobile Soup Kitchen: Mon-Sun 8pm; Come on time - distribution is mobile.

30 City Harvest Melrose Mobile Market

286 East 156th St. at the Classic Center, 10451
646 412 0600

Mobile Market Pantry: 2nd Sat, 4th Wed 9:30am-11:30pm.

Residents of Melrose, Morrisania Air Rights, Andrew Jackson Houses and Members of Boricua Community Health Center or Bronx Defenders only. All food is fresh fruits and vegetables. Families must register to participate - bring proof of address and a photo ID. For further information on registration please call 646 412 0743. For information on available produce and dates of distribution, please call the Mobile Market Hotline at 866 444 0244.

31 The Campaign Against Hunger at Andrew Jackson Housing Dev.

785 Courtlandt Ave, 10451

718 773 3551

Food Pantry: Thu 12pm-2pm

32 Salvation Army Bronx Citadel

425 E. 159th St., 10451

718 665 8472

Soup Kitchen: Mon, Wed, Fri 1pm-2pm;

Food Pantry: Tue 10am-1pm; ID and proof of address required to register for pantry, by appointment only. Must live in 10451, 10452, 10454-10456, 10459, 10465, 10472-10474.

33 Missionary Church of Christ

937 Teller Avenue, 10451

718 588 4545

Food Pantry: Every 2nd and 4th Sat 10am-12pm

34 St. Jerome H.A.N.D.S. Community Center

330 E. 138th St., 10454

718 402 7866

Food Pantry: Wed 4pm - 6pm. Registration and ID required, must live in 10454.

35 St. Luke's Food Pantry

623 E. 138th St., 10454

718 665 6677

Food Pantry: Fri 10am-12pm. ID required.

36 St. Ann's Church of Morrisania

295 St. Ann's Ave, 10454

718 585 5632

Soup Kitchen: Sun 11:30am-2pm;

Food Pantry: Wed, Fri 10:30am-2pm. Medicaid card or ID required for pantry.

37 Abraham House

340 Willis Ave., 10454

718 292 9321 x22

Food Pantry: Sat 6:30am-7:30am. ID required.

38 Way Out Church Ministries

518 East 148th Street, 10455

718 665 8069

Food Pantry: Usually Tue 8am-12pm, but is subject to change and can be Wed, Thu or Fri; vegetables available every day 10am-2pm

39 City Harvest St. Mary's Mobile Market

Parking lot adjacent to 595 Trinity Avenue, 10455

646 412 0600

Mobile Market Pantry: 2nd Sat and 4th Tue, 9:30am-11:30am.

Residents of the St. Mary's, E.R. Moore, Bronxchester and Adams Houses, members of Urban Health Plan, and the entire 10455 zip code. All food is fresh fruits and vegetables. Families must register to participate - bring proof of address and a photo ID. For further information on registration please call 646 412 0743. For information on available produce and dates of distribution, please call the Mobile Market Hotline at 866 444 0244.

40 The Relief Bus - Bronx Brook Ave.

Brook Ave. between 147th and 148th, 10455

800 736 2773

Mobile Soup Kitchen: Sat 10am - 2pm.

41 United Bronx Parents Food Pantry

603 Prospect Ave, 10455

347 996 1879

Food Pantry: Wed, Fri 10am-12pm; Wed for last names A-M, Fri for last names N-Z. ID required. Bring cart/bags.

42 United Bronx Parents Soup Kitchen

1006 East 151st St., 10455

718 991 7100

Soup Kitchen: Mon-Fri 10am-4pm;

Food Pantry: Wed, Fri 10am-12pm. First come, first served.

43 LAMP Cafe Street Ministry - Tinton Ave

685 Tinton Ave, 10455

718 409 5062

Soup Kitchen: Fri 12pm-1pm

44 St. Margaret's Episcopal Church

940 E. 156th St., 10455

718 589 4430

Soup Kitchen: Sun 9am-10am, Wed 6pm-7pm

45 Catholic Charities Bronx Center

402 E 152 St., 10455

718 292 9090

Food Pantry: Wed 5pm-7pm (for working families); Thu, Fri 10am-12pm. ID and proof of address required.

SOUTH BRONX (Upper)

10452, 10453, 10457, 10456, 10459, 10474, 10460

46 Grand Central Food Program - 164th St. & Ogden

NE corner of 164th St. & Ogden Ave., 10452

212 776 2000

Mobile Soup Kitchen: Mon-Sun 8:25pm; Come on time.

47 The Momentum Project at Church of God of Prophecy

85 East 165th St at Gerard & Walton Aves, 10452

212 691 8100

Soup Kitchen: Wed 11:30am-1pm, 3:30pm-5:30pm. Dinner clients must complete intake at 2:30pm.

48 Mid-Bronx Food Pantry

1125 Grand Concourse, 10452

718 410 6735

Food Pantry: 3rd Fri 9:30am-12pm. ID required for all household members.

49 Bread Basket at Woodycrest United Methodist Church

89 West 166th St., 10452

718 538 7500

Soup Kitchen: Wed 12pm-2pm

50 WHEDCo - Women's Housing and Econ. Dev. Corp.

50 East 168th Street, 10452

718 839 1100

Food Pantry: Wed 9:30am-10:30am. Tickets distributed starting at 7:30am to first 30 people. ID and proof of address required. Emergency bags provided as needed Mon-Fri 9am-5pm.

51 Grand Central Food Program - 170th & Jerome

170th St. & Jerome, 10452

212 776 2000

Mobile Soup Kitchen: Mon-Sun 8:30pm; Come on time - distribution is mobile.

52 Community Food Pantry at Highbridge

1363 Ogden Ave., 10452

718 960 2262

Food Pantry: Tue 10am-12pm, **Thu** 1-3pm; **1st Sat** 10am-12pm. ID with photo and current addresss required.

● 53 Heights Pantry/ Bronxworks, Inc.

200 W. Tremont Ave., 3rd Fl, 10453

718 299 0300

Food Pantry: 1st, 3rd Fri 8am-9am.

1st Fri is for first 80 in the community, 3rd Fri for first 80 people 60+ (seniors only). Tickets are passed out around 7:30am. Pantry bags are distributed at 9:00am. Everyone with a ticket is guaranteed a pantry bag.

54 St. Edmunds Youth Programs, Inc.

1905 Morris Avenue, 10453

718 466 9370

Food Pantry: Thu 12pm-2pm. Tickets distributed Thu 8am. Occasional "open window" Mon distribution, call to check.

55 Davidson Community Center

2038 Davidson Ave., 10453

718 731 6360

Food Pantry: Wed 10am-12pm

56 Bronx Works Morris Innovative Senior Center

80 East 181st St., 10453

718 933 5300

Food Pantry: 2nd Fri 1:30pm-2:30pm (seniors only); last Fri 1:30pm-2:30pm (open to community). Tickets for pantry are distributed at 7:30am, everyone with a ticket is guaranteed a bag.

57 New Covenant Community Development Corporation

1175 Boston Road, 10456

718 328 6072 x119

Food Pantry: Tue 4pm-6pm, Thu 10am-1pm. ID required for registration.

58 Vineyard Food Pantry

1140 Teller Avenue, 10456

718 865 4011

Food Pantry: Sat 10am-12pm, Photo ID required

59 Inspirational Food Pantry

1211 Brook Ave., 10456

347 272 0596

Food Pantry: Sat 11am-1pm. Photo ID required.

60 Joshua and Caleb Ministries Inc

1688 Webster Avenue, 10457

718 328 5900

Food Pantry: Sat 11am-12pm

61 Abrigo Del Altísimo

2009 Monterey Ave., 10457

718 669 4826

Food Pantry: Tue 2pm-4pm

62 Worldwide Movement Father Son & Holy Spirit

625 E 180th, 10457

347 272 9533

Food Pantry: Sat 9am-12pm

63 The HopeLine

884 E. 163rd St., 10459

718 402 1212

Food Pantry: Wed, Thu by appointment only; Must be Bronx resident and provide photo ID and proof of address. Diaper bank: Tuesday, by appointment only

64 Loyal Baptist Church

881 East 167th Street, 10459

718 328 3512

Soup Kitchen: Thu 11am - 3pm

65 New York Common Pantry - Bronx

1290 Hoe Ave, Ground Fl, 10459

917 982 2700

Food Pantry: Registration Tue-Sat 10am - 4pm (after registration you will get a pantry card for regular pantry which will be on Thu, Fri or Sat you will be allowed to come every 2 weeks). Will be provided an emergency pantry on the first-time visit as long as you have your ID. Case Management - Tue & Wed 10am-2pm, Thu, & Fri 12pm-2pm. Onsite Assistance with; SNAP, Unemployment, SCRIE & DRIE, Also, we will help you obtain WIC, SSI/SSD, Medicaid, and other assistance. Bilingual Case Manager on site.

66 Grand Central Food Program - Randall & Bryant

SW corner of Randall Ave. & Bryant Ave., 10474

212 776 2000

Mobile Soup Kitchen: Mon-Sun 7:30pm; Come on time - distribution is mobile.

67 LAMP Cafe Street Ministry - Corpus Christi

1230 Lafayette Ave, 10474

718 409 5062

Soup Kitchen: Wed 2:30pm-3:30pm.

68 Grand Central Food Program - Lafayette & Manida

NW corner of Lafayette Ave. & Manida St., 10474
212 776 2000

Mobile Soup Kitchen: Mon-Sun 7:40pm; Come on time - distribution is mobile.

69 Bright Temple AME Church

812 Faile St., 10474
718 542 7777

Food Pantry: Fri 10am-12pm

70 St. Anthony Catholic Church

1496 Commonwealth Ave., 10460
718 931 4040

Soup Kitchen: Sat 11am-2pm (hot meal). Only has soup kitchen, no food pantry.

71 Grace Episcopal Church

1909 Vyse Ave., 10460
718 542 1946

Soup Kitchen: Tue, Sat 12pm-1:30pm.

Food Pantry: Thu 9am-1pm. ID required for pantry.

72 LAMPCafe Street Ministry - Saint Thomas

1900 Crotona Pkwy, 10460
718 409 5062

Soup Kitchen: Tue and Sat 12pm-1pm

EAST BRONX

10472, 10473, 10461, 10462

73 Soundview Presbyterian Church

760 Soundview Ave., 10473
718 842 2287

Food Pantry: Every other Wed 7am-9am

74 Fellowship Covenant Church

720 Castle Hill Ave., 10473
718 829 2116

Food Pantry: Wed 10am-11:30am. ID required, can come once/month. Call on Tue for pick up Wed.

- 75 Saint Joan of Arc Church - Youth Ministries for Peace and Justice**
1372 Stratford Avenue, 10472
718 842 2233
- Soup Kitchen: Sat** 10am-1pm or until food runs out. Closed July and August.
- 76 The Love Kitchen of St. Peter's Church - Westchester Square**
2500 Westchester Ave, 10461
718 931 9270
- Soup Kitchen: Thu** 12pm-1:30pm;
Food Pantry: 1st, 3rd Tue 10am-12pm; Bring cart for pantry.
- 77 Every Day is a Miracle**
2626 East Tremont Ave, 10461
347 618 1162
- Food Pantry: Fri** 11am-1pm. ID required.
- 78 St. Paul's Evangelical Lutheran Church**
1891 McGraw Avenue, 10462
718 822 4535
- Food Pantry: Fri** 8am-10am.
Photo ID, proof of address required on first visit, and birth certificates for all children preferred.
- 79 Jewish Community Council of Pelham Parkway**
2157 Holland Avenue, 10462
718 792 4744
- Food Pantry: Major food distribution Thus** 9am-1pm; office open for emergency needs 9am-5pm Mon-Fri. ID preferred.
- ## NORTHWEST BRONX
- 10458, 10468
- 80 Christ Apostolic Church WOSEM Citadel of God Almighty**
442 East 183rd Street, 10458
718 364 4320
- Food Pantry: Wed** 6:30pm-8:30pm

81 Louise's Pantry at Park Avenue Thorpe

406 East 184th Street, 10458
646 713 2732

Food Pantry: Wed 8:30am-9:30am.

Served on alternating last name basis; A-L or M-Z. Call in advance to see which last names will be served. Provides clothing, toiletries, housing counseling, youth programming and job readiness workshops.

82 New St. John Baptist Church

2409 Lorillard Place, 10458
917 400 4830

Food Pantry: Fri 8am - 10am. ID required.

83 Grand Central Food Program - Fordham & Webster

Fordham Rd. & Webster Ave., 10458
212 776 2000

Mobile Soup Kitchen: Mon-Sun 9:10pm; Come on time - distribution is mobile.

84 Grand Central Food Program - Fordham & University

Fordham Rd. and University Ave., 10468
212 776 2000

Mobile Soup Kitchen: Mon-Sun 8:45pm; Come on time - distribution is mobile.

85 Part of the Solution (POTS)

2759 Webster Avenue, 2nd Fl, 10458
718 220 4892

Soup Kitchen/Dining Room: Mon-Sun 12:30pm-3:30pm;

Food Pantry: Mon-Sat 9am-12pm, or **Sat** 3:30pm-5:30pm to "shop" (free) in the Food Pantry.

Food Pantry services are available on a monthly basis to households in the following zip codes: 10453, 10457, 10458, 10460, 10463, 10467, and 10468. If you missed your appointment, come any other day during the times listed above. Showers Mon-Fri 8:30am-10:45am; Haircuts Tue, Thu 8am; Mail Mon-Fri 12:30pm-4pm; Clothing: Mon, Wed, Fri. Legal Clinic Intake: Mon, Thu, Fri 9am-11:30am; Case management Mon, Tue, Thu, Fri, Sat 9am - 3pm.

- 86 Our Lady of Refuge**
290 E. 196th St., 10458
718 367 4690
Food Pantry: Wed 9am-10:30am. ID required. Can come once/month.
- 87 Every Day is a Miracle - Morris Ave**
2427 Morris Ave, 10468
347 618 1162
Food Pantry: Fri 9am-11am
- 88 Creston Avenue Baptist Church**
114 E. 188th St., 10468
718 367 1754
Soup Kitchen: Sat 12pm-2pm
Food Pantry: Mon, Wed, Fri 12pm-2pm. Photo ID and proof of address (or letter from an agency if homeless) required for food pantry, can come once/month.
- 89 Love Gospel Assembly - The Love Kitchen**
2315 Grand Concourse, 10468
Soup Kitchen: Tue 12pm-2pm
- 90 Heavenly Vision Christian Center**
2868 Jerome Ave., 10468
718 220 8124
Food Pantry: Tue 9am-11am, ID required.
- NORTHEAST BRONX**
10467, 10469, 10466, 10475
- 91 Shiloh Temple Pentacostal Church**
719 E. 223rd St., 10466
718 405 1280
Soup Kitchen: Thu 9am-1pm;
Food Pantry: Tue 8am-12pm
- 92 Momentum Project at Trinity Baptist Church**
808 East 224th St, 10466
718 231 3639
Soup Kitchen and Food Pantry: Fri 12pm-3pm. Please bring ID.

- 93 Faith Apostolic Gospel Temple**
3956 Bronxwood Ave., 10466
718 882 6717
Food Pantry: Sat 10-12pm
- 94 Bronx Bethany Community Organization**
971 E. 227th St., 10466
646 556 9833
Food Pantry: Wed 9am-11am, Thu 3pm-6pm. Photo ID with address required.
- 95 East 233rd Street Senior Center**
732 E. 233rd St., 10466
718 653 2326
Soup Kitchen: Tue 4-6pm; Wed, Thu 9:30am-10:30am and 12pm-1:15pm.
Blood pressure monitoring Thu 9am-12pm; food supplement packages distributed when available.
- 96 Church of St. Frances of Rome**
760 Whitehall Place, 10466
718 324 5361
Food Pantry: Bi-monthly Fri 9am-12pm
- 97 Christ Disciples International Ministries**
3031-31 Webster Ave., 10467
646 294 7726
Food Pantry: Wed, Sat 10:30am-1pm. Bring ID and proof of household size, client-choice pantry
- 98 Project BRAVO**
3058 Bainbridge Avenue, 10467
718 655 3648 x23
Food Pantry: Mon and Fri 12pm-2pm, Wed 10am-12pm. Open to all Bronx residents. Must have ID & Proof of Address
- 99 City of Faith Church of God Food Pantry**
3453 White Plains Rd., 10467
718 798 3052
Food Pantry: Tue 1pm-2:30pm. ID required first time.

100 Helping Hands of Immaculate Conception Church

754 East Gun Hill Rd., 10467

718 653 2200

Soup Kitchen: Mon-Fri 1pm-2pm;

Food Pantry: Every 3rd Sat 10am-12am.

ID and proof of address required. Serves residents of 10467 and 10469.

101 Astor Family Services

750 Tilden St., 10467

718 231 3400

Food Pantry: Thu 2pm-2:30pm.

Call Wed for appt, service zip code 10466, 10467, 10469; Calls are taken on Wednesday from 2 to 3pm for appointment to the community and referrals.

102 Church of Pentecost

621 East 216th St., 10467

718 515 5366

Food Pantry: Thu 4pm-6pm

103 Black Forum of CO-OP City Emergency Food Pantry

920 Baychester Ave, Bronx, NY 10475

718 320 8035

Food Pantry: Tue, Thu, Fri 10am-12pm; **Thu** 5:30pm- 7:00pm (until 9/12/19). Serves residents of 10475. Photo ID with address required. Will offer non 10475 residents a one-time only food supply and a referral to a food pantry nearest to them. Please bring 2 clean grocery bags & shopping cart to carry heavy items.

104 Co-op City SDA Church

1010 Baychester Ave., 10475

646 851 8591

Food Pantry: Wed 5:30pm-7pm



FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

FARMERS' MARKETS

All farmers' markets listed accept EBT/SNAP (food stamps).

105 Bronx Borough Hall Greenmarket

Grand Concourse bet. 161st St. & 162nd St., 10451

Tue 8am-4pm, Jun 4-Nov 26.

106 Harvest Home St. Mary's Park Market

St. Mary's Park at 149th between St. Ann's Ave and Jackson Ave, 10455

Thu 8am-4pm, June 7-Nov 15

107 Lincoln Hospital Greenmarket

149th St. between Park Ave. & Morris Ave., 10456

Tue 8am-3pm (7/2 -11/26), **Fri** 8am-3pm (6/28 - 11/22), Closed 11/6 (Election).

108 Learn It Grow It Eat It Youthmarket

at McKinley Square (169th Street and Boston Road), 10456

Wed 10am-3pm, July 10-Nov 27

109 Harvest Home Mt. Eden Farmers' Market

Clairemont Park, Mt. Eden and Morris Ave., 10457

Tue and Thu 8am-4pm, Jun 5-Nov 20

110 St. Barnabas Hospital Farmacy + Farm Stand

4422 Third Ave, 10457

Wed 10:30am-4:30pm; 7/3 - 11/13

111 Fordham Plaza Greenmarket

Forham Plaza, Park Ave. btw 189th St. and E Fordham Rd., 10458

Fri 8am-4pm 6/14 - 11/22

112 Poe Park Greenmarket

E. 192 St. & Grand Concourse, 10458

Tue 8am-3pm, Jun 25-Nov 26

113 Harvest Home Hunts Point Market

Monsignor Del Valle Park between 163 St. and Hunts Point Ave., 10459

Wed 8am-4pm, Jun 6-Nov 21

114 Harvest Home Jacobi Hospital Market

1400 Pelham Parkway, 10461

Tue and Fri 8am-4pm, Jun 5-Nov 20

115 Harvest Home North Central Bronx Market

Moshulu Parkway & Jerome Ave., 10467

Wed 8am-4pm, June 6-Nov 20

116 Norwood Youthmarket

E Gun Hill Rd & Dekalb Ave (SE corner), 10467

Thu 10am-5pm, July 11-Nov 21

117 Parkchester Greenmarket

Westchester Ave. & White Plains Rd., 10472

Fri 8am-4pm, Jun 14-Nov 22

118 Harvest Home Co-op City Market

Asch Loop & Aldrich St., 10475

Wed 8am-4pm, June 8-Nov 21

CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250

Web: www.corbinhillfoodproject.org/new-farm-share/

Just Food

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

Contact: info@justfood.org, 212 645 9880

Web: www.justfood.org/csaloc



HOME DELIVERED MEALS

DELIVERED MEALS

GOD'S LOVE WE DELIVER

God's Love We Deliver cooks and home-delivers nutritious meals for people with serious illnesses and their families.

Eligibility is based on a valid medical note that reflects diagnosis and difficulty with activities. Application form from website (www.gldw.org/getmeals) can be faxed or emailed, or call agency directly for an interview. New clients must apply for services before assessment for home delivery of meals. Dial 212-294-8102 or email clientservices@gldw.org to learn more.

*Information on Meals-On-Wheels can be found in the Senior Meals section



JOB TRAINING & RESOURCES

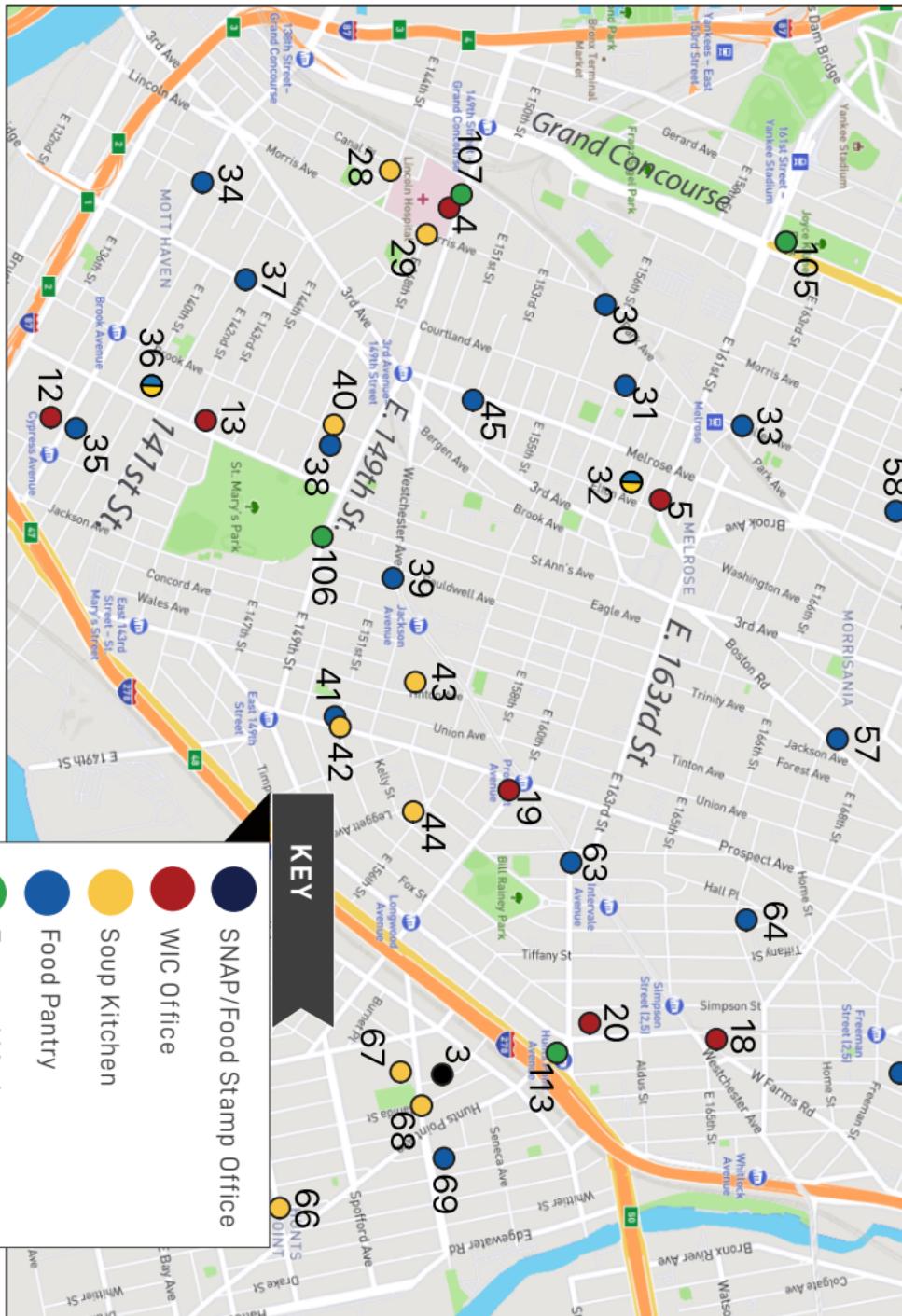
Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

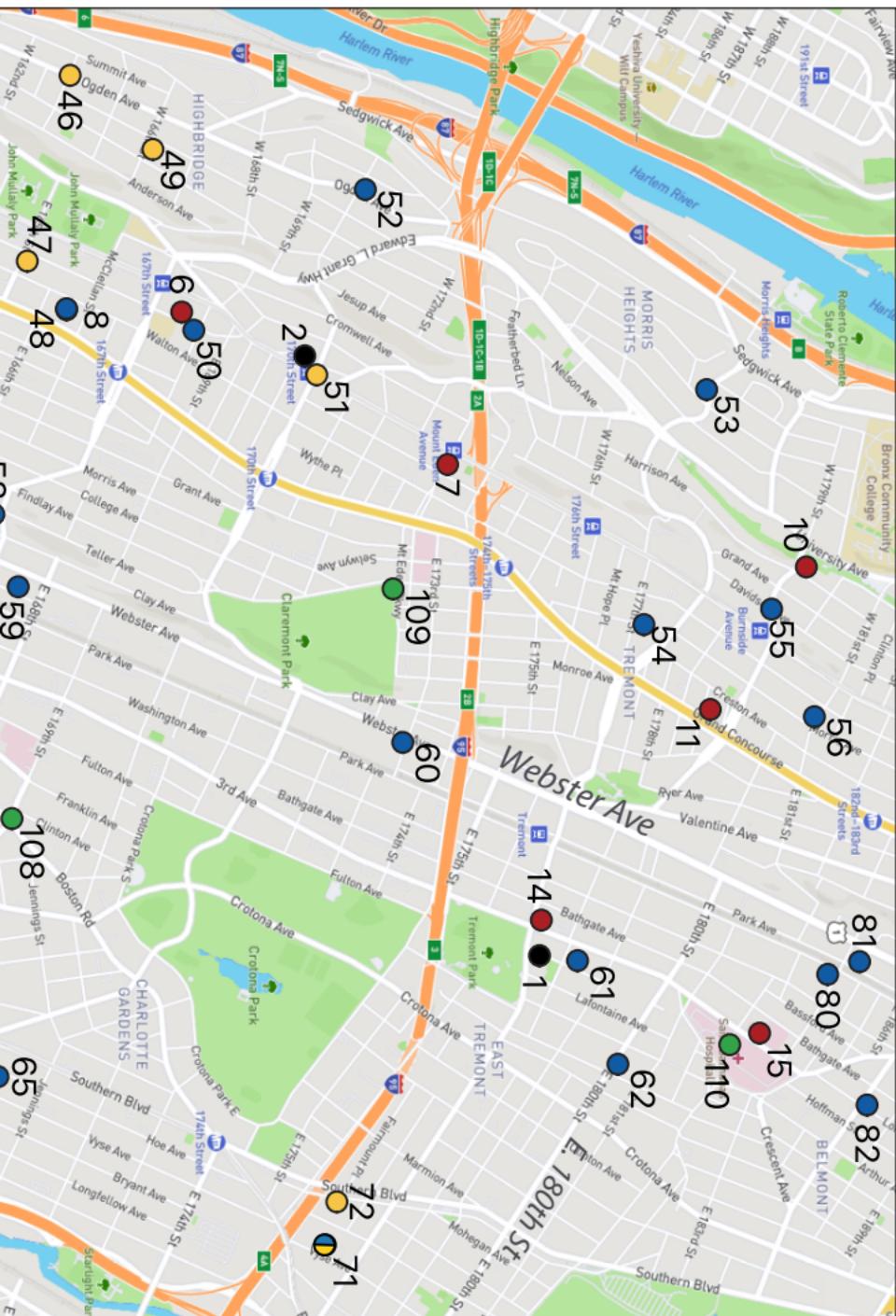
Visit the following sites to find out more about training and education programs across the city:

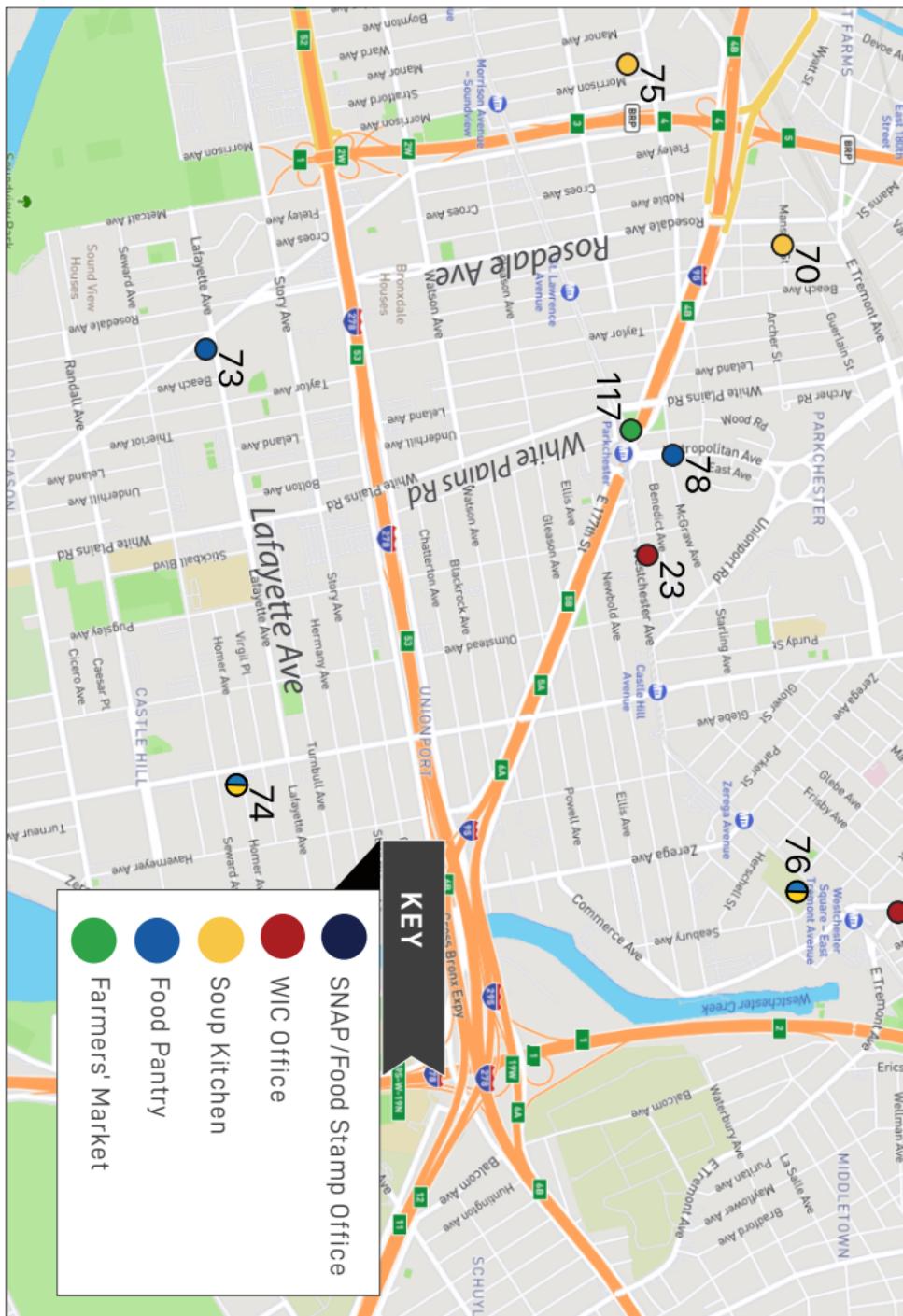
www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml

www1.nyc.gov/site/hra/help/types-training-education.page

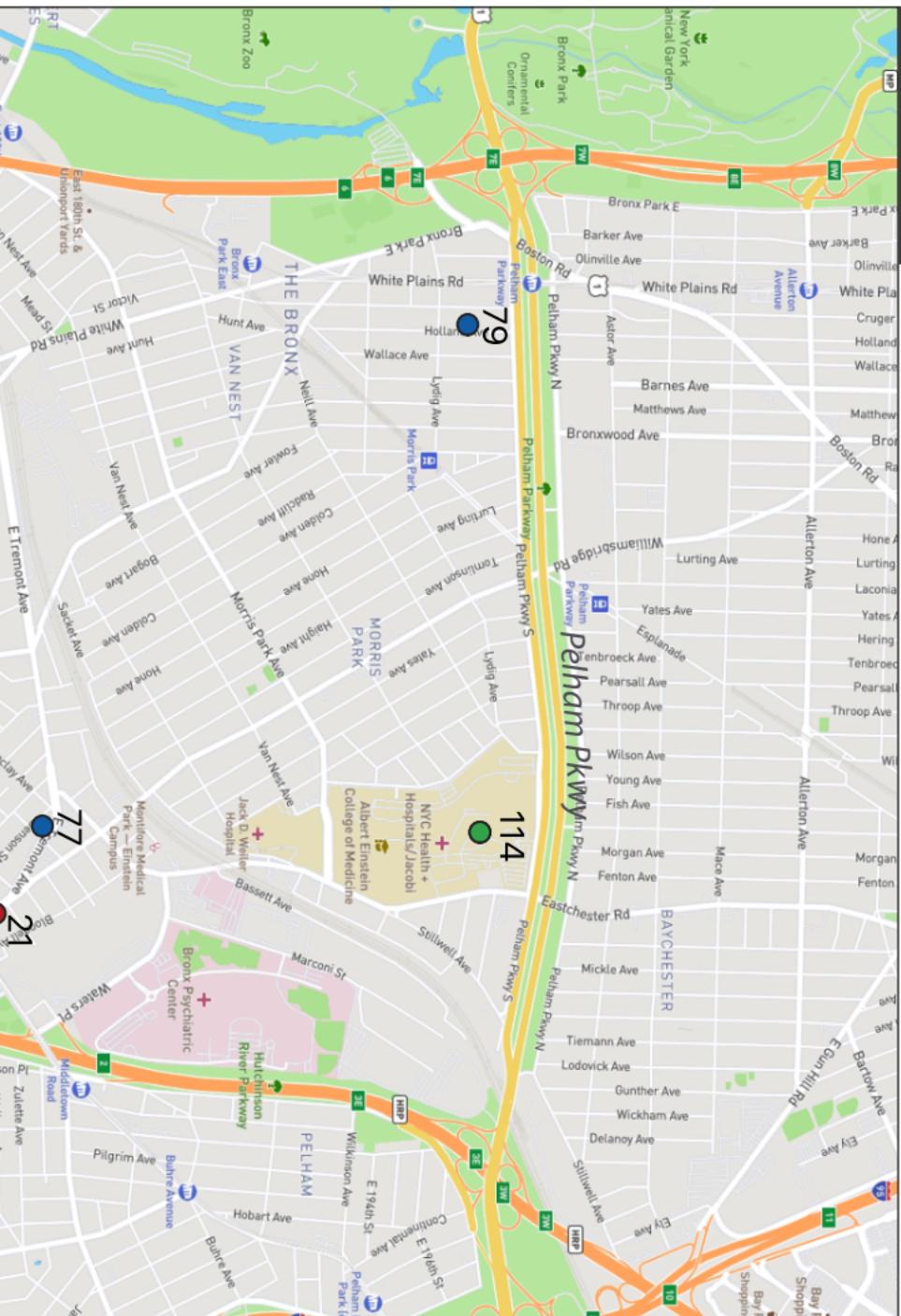


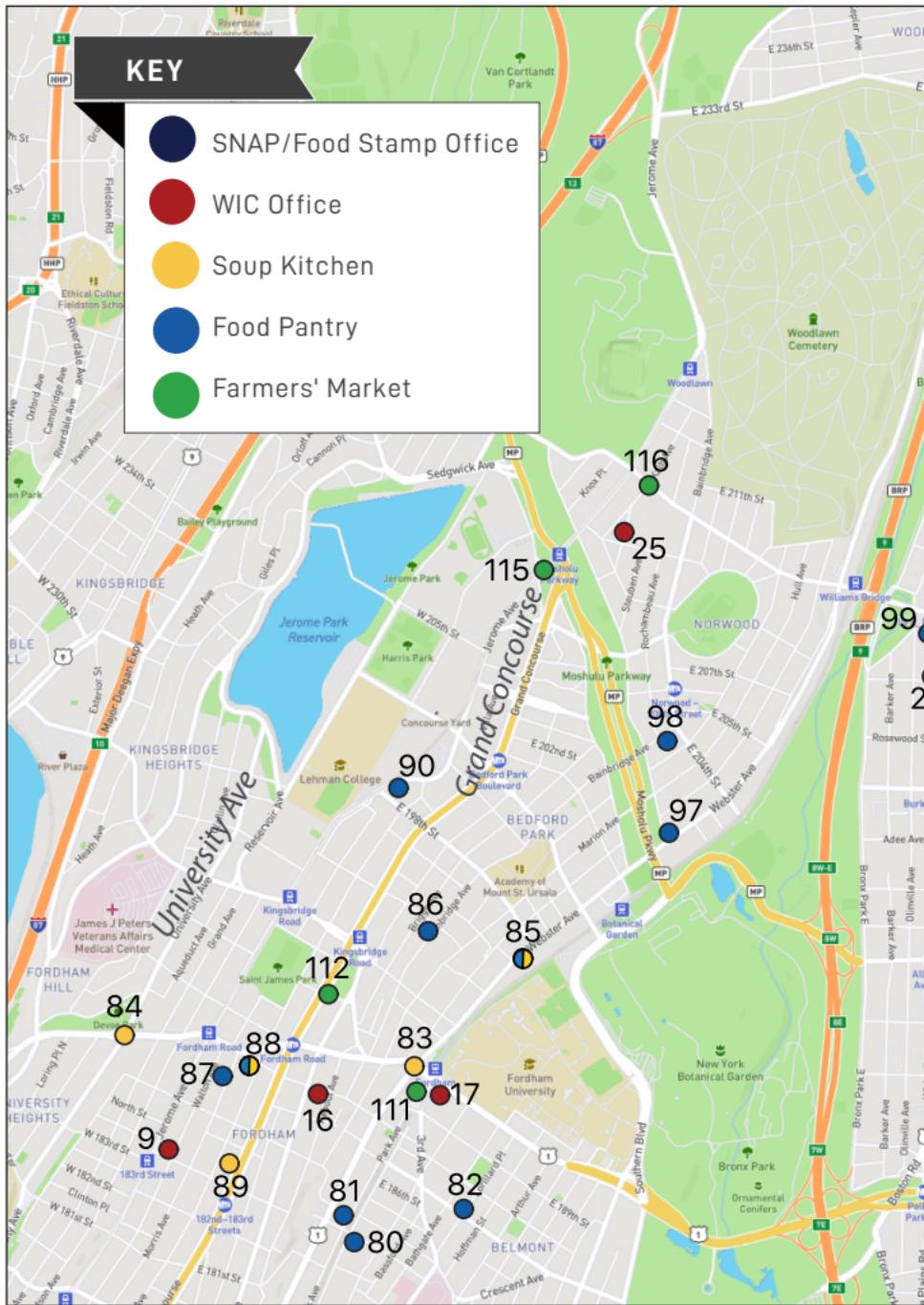
Neighborhood Guide to Food and Assistance - The Bronx Edition

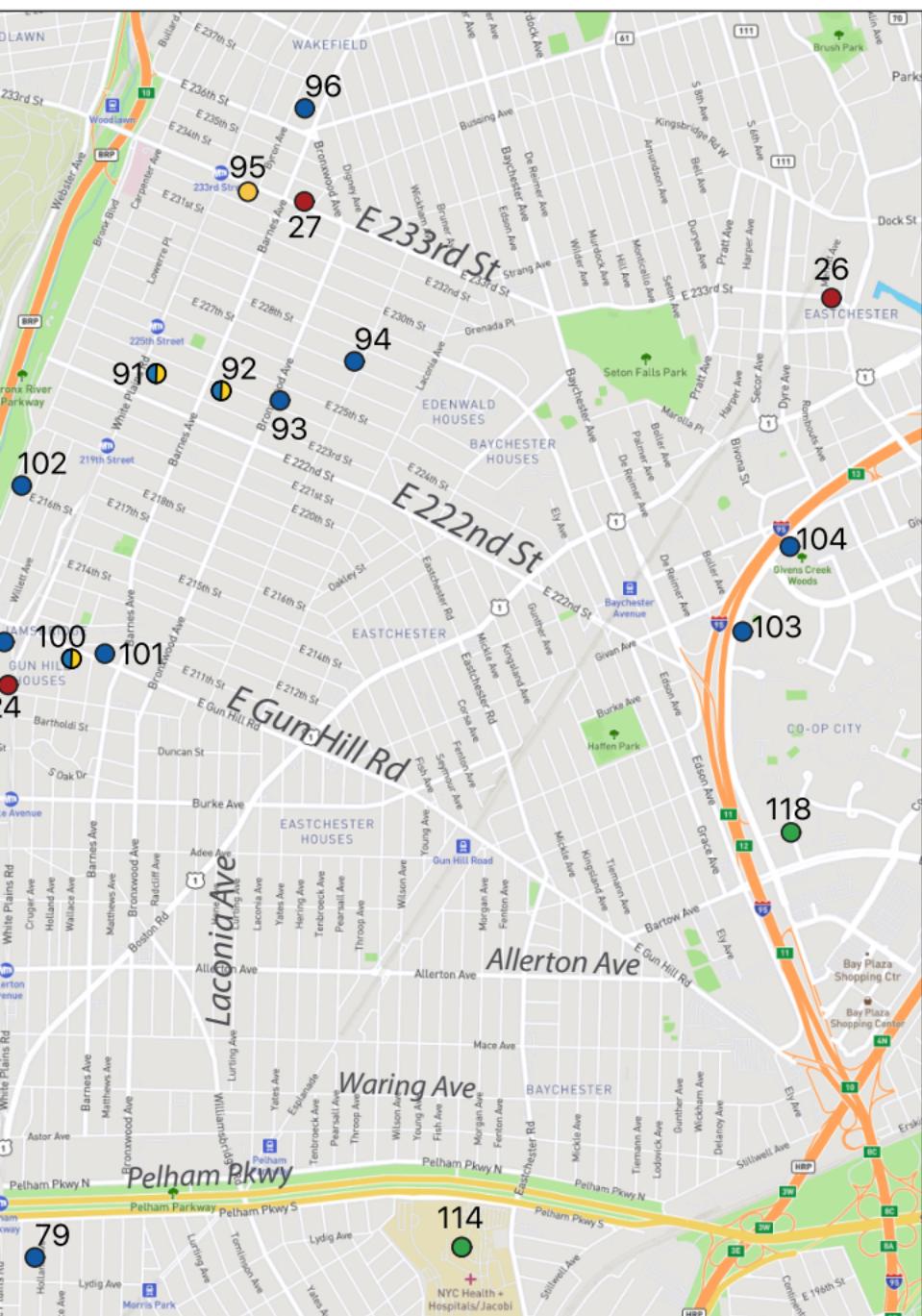




Neighborhood Guide to Food and Assistance - The Bronx Edition







OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

MEDICAL CARE

Lincoln Medical & Mental Health Center

234 E. 149 St., 10451

718 579 5000

North Central Bronx Hospital

3424 Kossuth Ave., 10467

718 519 5000

Jacobi Medical Center

1400 Pelham Parkway South, 10461

718 918 5000

Segundo Ruiz Belvis Neighborhood Care Center

545 E. 142 St., 10469

718 579 4000

Morrisania Diagnostic and Treatment Center

1225 Gerard Ave., 10452

718 960 2777

Tremont Health Center

1826 Arthur Ave., 10457

718 918 8750

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

General Info 866 694 9809

2831 3 Ave., 10455

301 E. Fordham Rd., 10458

1250 Water Pl. (Metro Center Tower 1, entrance off Marconi St), 10461

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon–Thu 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpny.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

EMERGENCY NUMBERS

National and NYC Hunger Hotline 866 3-HUNGRY (866 348 6479)

Police, Fire or Ambulance: 911

Emergency Shelter: 311

Homeless Hotline: 800 994 6494, 212 533 5151

Immigration Hotline: 212 419 3737, 800 566 7636

Center for Disease Control: 800 232 4636

Poison Control: 800 222 1222

AIDS Hotline: 800 541 AIDS, 800 233 7432 (Spanish)

Alcoholics Anonymous: 212 647 1680

Narcotics Anonymous: 212 929 6262

Gamblers Anonymous Hotline: 855 222 5542

Domestic Violence Hotline: 800 621 4673

Battered Women Hotline: 718 499 2151

Rape & Sexual Assault Hotline: 212 423 2140, 212 227 3000

Child Abuse Hotline: 800 342 3720

Runaway Hotline: 800 786 2929 (800 RUN AWAY)

Crime Victim Hotline: 212 577 7777, 800 689 4357

Suicide Hotline: 800 273 8255

National Crisis Line: 800 999 9999

Credits: Icons adapted from The Noun Project collection. Map data © OpenStreetMap contributors.

WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN



PEOPLE WITHOUT CHILDREN



SENIOR CITIZENS



HOMELESS INDIVIDUALS



LEGAL IMMIGRANTS



UNDOCUMENTED IMMIGRANTS



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages
School Breakfast & Lunch
Free Summer Meals
for Children



Meals at Soup Kitchens



Meals at Senior Centers
Home-delivered Meals