

NEIGHBORHOOD GUIDE TO FOOD & ASSISTANCE



2019-2020

~~HUNGER~~
**FREE
AMERICA**

Including information on SNAP/Food Stamps, Meals for Kids, Senior Meals, Soup Kitchens, Food Pantries, Farmers' Markets, and more...

ABOUT

**THIS GUIDE WAS PRODUCED BY
HUNGER FREE NYC TO CONNECT THOSE IN
NEED WITH FREE COMMUNITY RESOURCES.
WE HOPE IT PROVES USEFUL TO YOU.**

**INFORMATION IN THIS GUIDE IS ALSO
AVAILABLE ON THE "GOTFOOD?" APP**

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through a grant administered by the New York City Human Resources
Administration and the Walmart Foundation.*

This Guide is also available as a free PDF on our web site,
www.hungerfreenyc.org/guides.

To order additional copies of this guide,
send us an email at guides@hungerfreenyc.org
or visit orders.hungerfreeamerica.org

**HUNGER
FREE
AMERICA**

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2020 CENSUS

If you've not already done so, it is vitally important to complete the 2020 Census. The information you provide is completely confidential, protected by law, and cannot be shared with any other government agencies, including law enforcement or immigration officials. Your information will be used for statistical purposes only.

The census determines how federal funding will be spent in your community on things like **schools, childcare, healthcare, transportation** and many other programs and services vital to you and your family. It also determines the number of members of Congress who will represent New Yorkers.

The census should only take about 10 minutes to complete.
There are three easy ways to do so:

1. Online at www.my2020census.gov
2. Call 844.330.2020
3. Complete and return the paper form you received by mail

Questions? contact: Filomena Acevedo
facevedo@hungerfreenyc.org | 646.553.5901

Census info line: 800.923.8282

COVID-19 PANDEMIC & FOOD ASSISTANCE

During the COVID-19 pandemic, many food pantries and soup kitchens have either closed or adjusted their hours and protocols.

Please call in advance before visiting any location to receive information on any changes to service.

You can also visit our online map of food assistance sites, which is being updated with the latest information:

findfood.hungerfreeamerica.org

Always remember to use appropriate safety measures and social distancing to protect yourself and those around you.

For the current COVID-19 guidelines for New York City, visit:
www.coronavirus.health.ny.gov





SNAP/ FOOD STAMPS

SNAP benefits (formerly known as food stamps) can help put healthy food on the table by providing monthly assistance to purchase food at authorized grocery stores and farmers' markets. Benefits are provided monthly through a plastic benefit card, similar to a debit or credit card.

TERMS

EBT

Stands for Electronic Benefit Transfer. It's the system the government uses to disburse benefits.

SNAP

Stands for Supplemental Nutrition Assistance Program. "SNAP benefits" is the same thing as "food stamps."

WHAT SHOULD I KNOW?

➔ **Employment** does not interfere with getting SNAP. Even if you are working, but earning low wages, you may be eligible.

➔ **Average SNAP benefits** are over \$100 per person per month, and \$250 or more for families. That means that SNAP benefits for the average family receiving them totals more than \$3,000 worth of food support each year.

➔ **Farmers' markets** often accept SNAP benefits, so you can purchase fresh produce and food-producing seeds and plants using your benefits. For a complete list of farmers' markets that accept them, see page 18.

AM I ELIGIBLE?

Eligibility is based on household size, income, expenses and other factors. Households have to meet income tests to receive benefits, but **households that have members who have earned income, who are disabled or elderly (60 or older), or have out-of-pocket expenses for childcare or dependent care, can have higher incomes and still be eligible.**



NUMBER OF PEOPLE
IN HOUSEHOLD



Monthly income limit

MONTHLY INCOME LIMIT
(PRE-TAXES) ¹



MAX. MONTHLY
SNAP BENEFITS ²

1

\$1,354

\$194

2

\$1,832

\$355

3

\$2,311

\$509

4

\$2,790

\$646

Each additional
household member

+\$479
(approximately)

+\$146
(approximately)

¹In effect
10/1/19 - 9/30/20.

²In effect
10/1/19 - 9/30/20.

If you meet the above income qualifications, it doesn't matter how much money you may or may not have in countable resources. In other words, you can save money for education, a home purchase, or retirement and still receive SNAP benefits.

IMMIGRANT ELIGIBILITY

Legal immigrants can often receive SNAP benefits if they:

- have lived in the country for 5 years or more; or
- are children (under age 18).

➔ Ineligible immigrant parents can still receive benefits for their children even if a parent does not qualify.

➔ Certain non-citizens, such as those admitted for humanitarian reasons, may also be able to receive benefits.

➔ For questions about how receiving SNAP or other benefits may affect immigration status, please call the NYS New Americans hotline at 800.566.7636

HOW TO APPLY

1

Apply at Select Community Organizations

Call either of the below numbers to see if you may be eligible for benefits. If so, you'll be offered an appointment at an agency in your community, where you'll receive help in submitting your application electronically.

Hunger Free NYC

646-355-1475 & 646-350-1104

2

ACCESSNYC

Apply online at:

www.nyc.gov/accessnyc

Apply at a SNAP office near you:

1 Richmond SNAP Center

201 Bay St. 2nd Floor, 10301

718 390 6994

Mon-Fri 8:30am-6pm

You can also call 718 557 1399 to find a SNAP office near you and for information about qualifications, guidelines, and applications.



FOOD FOR KIDS

WOMEN, INFANTS & CHILDREN

WIC is the Women, Infants & Children Program.

QUICK FACTS

- ➔ WIC is for low-income pregnant women, breast-feeding women, and women with children up to the age of five.
- ➔ You can work and still get WIC.
- ➔ You can continue to get cash assistance or SNAP benefits/food stamps while receiving WIC.
- ➔ You can get WIC even if you are undocumented or not a citizen.

HOW TO APPLY

To find the WIC office nearest you call 800 522 5006, call 866 3-HUNGRY or visit these local WIC offices.

2 Northwell Health Physician Partners WIC Program - Bay Street

57 Bay Street., 2nd Floor, 10301

718 226 5235

Mon 8:30am-4:30pm, **Tue** 8:30am-6pm, **Wed-Fri** 8:30am-4:30pm

3 Richmond University Medical Center

444 St Marks Place, 3rd Floor, 10301

718 818 2373

Mon, Wed, Thu 8:30am - 5pm; **Tue** 8:30am-6:30pm; **Fri** 8:30am-4:30pm;
Sat 8:30am-3:30pm

4 Richmond University Medical Center- Mid-Island WIC

1775 Richmond Ave., 10314

718 818 2372

Wed 9:30am-1:30pm

5 Staten Island University WIC Program - North Site

242 Mason Ave, 10305

718 226 6270

Mon 8am-5pm, **Alternate Mon** 8am-6pm, **Tue-Thu** 8am-5pm, **3rd Sat** 9am-3pm

6 Staten Island University Hospital South WIC Program

375 Sequine Ave, 10309

718 226 2461

Wed 8:30am-3:30pm

SCHOOL & SUMMER MEALS

SFSP is the Summer Food Service Program, also known as Summer Meals.

QUICK FACTS

- ➔ During school, free breakfasts are available to all children regardless of income, with no paperwork required.
- ➔ Many public school students are also eligible for free or reduced price lunch. An application may be required.
- ➔ Eligibility for school meals is not impacted by immigration status.
- ➔ In June, July and August, lunch and breakfast are served for free to all children under 19 at many public schools, houses of worship, recreation centers, and community centers - no application or registration required.

Visit www.schoolfoodnyc.org for more information about school breakfast, school lunch, and summer meals. For nearby summer meals sites, text FOOD to 877-877, call 311, or call the National Hunger Hotline at 866 3-HUNGRY.



SENIOR MEALS

MEALS AT SENIOR CENTERS

Senior centers often serve meals for older people. Some centers offer free meals, others ask for a small contribution (from fifty cents up to a few dollars). This contribution may be voluntary or required. Senior centers and other sites with food for seniors are marked with • in the Soup Kitchens and Food Pantries section.

FIND YOUR LOCAL SENIOR CENTER

Call 311 and be prepared to provide your ZIP code to the operator.

MEALS-ON-WHEELS PROGRAM

If you are homebound and over the age of 60, you can receive home-delivered meals up to 7 days a week. Household income does not affect eligibility.

HOW TO APPLY

To request meals-on-wheels service, call your local case management agency.

To find the appropriate agency, contact the Citymeals-on-Wheels' Program Department at 212 687 1234 or the National Hunger Hotline at 866 3-HUNGRY.



SOUP KITCHENS



FOOD PANTRIES

Agencies listed as soup kitchens provide prepared meals during their listed serving times, while agencies listed as food pantries provide bags of food to be prepared at home.

While we try to keep this list as accurate and up-to-date as possible, we recommend calling the agency before going to confirm their schedule. Some agencies require a referral, ID, or proof of address. To confirm, contact the agency directly or call the National Hunger Hotline at 866 3HUNGRY. Agencies marked with ● are senior centers and/or provide food specifically for seniors.

MARINER'S HARBOR, PORT RICHMOND

10303, 10302, 10310

7 City Harvest Mariner's Harbor Mobile Market

Basketball court at 22 Rockbury St., 10303

646 412 0600

Mobile Market Pantry: 1st Wed and 3rd Sat 9:30am-11:30am.

Open only to residents of the Mariner's Harbor Houses, Todt Hill or West Brighton Houses, Arlington Terrace Apartments, Zip codes 10302, 10303, 10310 and 10314 only. All food is fresh fruits and vegetables. Families must register to participate - bring proof of address and a photo ID. For further information on registration please call 646 412 0743. For information on available produce and dates of distribution, please call the Mobile Market Hotline at 866 444 0244.

8 Project Hospitality Mobile Pantry - Mariner's Harbor Houses

20 Roxbury St., 10303

718 815 0800

Food Pantry: Fri 9:15am-9:45am. Come on time, pantry is mobile.

9 Project Hospitality Mobile Pantry - St. Michael's Church

207 Harbor Rd., 10303

718 815 0800

Food Pantry: 4th Sun 1pm-1:30pm.

Come on time, pantry is mobile.

10 Catholic Charities Mobile Food Pantry - Anderson Ave

120 Anderson Ave, 10302

718 447 6330 x2892

Mobile Food Pantry: Tue 12:30pm-2pm

11 Faith United Methodist Church

221 Heberton Ave, 10302

718 273 9666

Food Pantry: Held once per month. Call 718-753-3157 for more information.

12 Project Hospitality - El Centro De Hospitalidad

1546 Castleton Ave, 10302

347 825 2086

Food Pantry: Thu 4pm-5:30pm, **Sat** 8am-10:00am.

Please bring your own bags.

● **13 Community Health Action of Staten Island**

2134 Richmond Terrace, 10302

718 808 1840

Food Pantry: Tue 10am-2pm (seniors), **Wed** 12pm-4pm, **Fri** 2pm-6pm, **Sat** 10am-2pm,

ID required, please bring shopping bags.

14 Rescue Ministries/Ministerio Rescate

2083 Richmond Terrace, 10302

917 822 0269

Soup Kitchen: Tue 11:30am-1pm;

Food Pantry: Tue 8:30am-1pm. Closed major holidays.

15 The Salvation Army: Port Richmond

1295 Forest Ave, 10302

718 442 2145 x203

Soup Kitchen: Tue, Wed, Thu 11:30am-1pm;**Food Pantry: Mon-Thu** 10am-2pm.

Photo ID and proof of address required. Appointment necessary - pick up is once/month. Serves zip codes 10301-10303, 10310, 10311, 10313, 10314.

16 Project Hospitality Mobile Pantry - Shiloh AME Zion Church

779 Henderson Ave., 10310

718 447 0261

Food Pantry: 1st Sun 1pm-1:30pm. Come on time, pantry is mobile.
**ST. GEORGE, STAPLETON, TOMPKINSVILLE, CLIFTON, PARK HILL,
EMERSON HILL**

10301, 10304

17 New Brighton Church of God in Christ

386 Jersey St., 10301

347 626 4526

Food Pantry: Thu 9am - 12pm.

ID preferred. One bag of food per family.

18 Project Hospitality Mobile Pantry - Carpenter House

385 Jersey St., 10301

718 815 0800

Food Pantry: Mon 12:30pm-1pm.

Come on time, pantry is mobile.

19 Saints Peter and Paul and Assumption

53 St. Mark's Place, 10301

718 727 2672

Food Pantry: Wed 1pm-2pm.**Mobile Food Pantry: 1st and 2nd Tue** 10:30am-11am

20 Our Lady of Good Counsel Church

42 Austin Place, 10304

718 447 1503

Food Pantry: Sat 10am-11am.

Photo ID and proof of address for household members required first time.

21 Trinity Lutheran Church

309 St. Paul's Ave., entrance at 175 Beach St., 10304

718 447 0526

Soup Kitchen: Sat 12pm-1pm,

Food Pantry: Sat 11am-1pm.

22 Project Hospitality

514 Bay St., 10304

718 815 0800

Soup Kitchen: Tue, Thu 12pm-1pm;

Food Pantry: Tue, Thu 9am-11am.

Photo ID and proof of address required, bring your own bags.

23 United Church of Praise Healthy Heart

32 Sands St., 10304

718 314 8779

Food Pantry: Sun, Fri 1pm-3pm.

ID and proof of address for family members required.

24 Salvation Army Stapleton

15 Broad St., 10304

718 448 8480

Soup Kitchen: Mon, Fri 11:30am-1pm,

Food Pantry: Tue-Thu 12pm-1:30pm by appointment (appt. not needed first visit). ID with proof of address required. Closed all major federal holidays.

25 Catholic Charities/Rusty Staub Mobile Food Pantry at Immaculate Conception Church

128 Targee St., 10304

718 447 6330 x2892

Food Pantry: Tue 9am-10am

26 Stapleton Union AME Church

49 Tompkins Ave, 10304

718 273 2857

Soup Kitchen: Mon 3pm-4pm, **Wed** 12pm-1pm;**Food Pantry: Tue, Fri** 10am-1pm.

ID required for all household members for pantry. Kids afterschool program Tue, Wed 3pm-5pm with pantry bag to take home after.

Clothing distribution Thu 7am.

27 City Harvest Stapleton Houses Mobile Market

Tennis Courts behind 75 Hill St. in the Stapleton Houses, 10304

866 444 0244

Mobile Pantry: 1st Tue, 3rd Sat 9:30am-11:30am.

Open only to participants in programs at the Stapleton Houses Sr Ctr, those w/ a student at IS 49, residents in Berry, Cassidy Coles, New Lane, Richmond Terrace, South Beach, or Stapleton Houses, or residents of 10301, 10304, 10305, 10310. All food is fresh fruits and vegetables. Families must register to participate - bring proof of address and a photo ID. For further information on registration please call 646 412 0743. For information on available produce and dates of distribution, call the MobileMarket Hotline at 866 444 0244.

28 Project Hospitality Mobile Pantry - Vanderbilt Ave. Moravian Church

285 Vanderbilt Ave., 10304

718 815 0800

Food Pantry: Thu 12:30pm-1pm. Come on time, pantry is mobile.**29 Project Hospitality Mobile Pantry - African Refuge Center**

185 Park Hill Ave., 10304

718 815 0800

Food Pantry: Wed 12:45pm-1:15pm. Come on time, pantry is mobile.**30 Christian Pentecostal Church**

910 Richmond Rd. (entrance in rear), 10304

718 273 5850

Food Pantry: Tue 6pm-8pm, **Wed** 6pm-7:30pm.

Photo ID required for registration. Serves residents of Staten Island. Clothing also available.

ARROCHAR, DONGAN HILLS, NEW DORP BEACH

10305, 10306

- **31 Arrochar Friendship Club**
44 Bionia Ave, 10305
718 720 6110
Soup Kitchen: Breakfast Mon-Fri 8:30am- 9:30am Lunch Mon-Fri 12pm-1pm. Seniors Only.

- 32 Project Hospitality Mobile Pantry - South Beach Houses**
155 Norway Ave, 10305
718 815 0800
Food Pantry: Fri 1:45pm-2:45pm. Come on time, pantry is mobile.

- 33 Project Hospitality Mobile Pantry - Dongan Hills Head Start**
44 Dongan Hills Ave., 10306
718 815 0800
Food Pantry: Tue 10am-11am. Come on time, pantry is mobile.

- 34 Project Hospitality Mobile Pantry - SI University Hospital North**
475 Seaview Ave, 10305
718 815 0800
Food Pantry: Tue 11:30am-12:15pm. Come on time, pantry is mobile.

- 35 Project Hospitality Mobile Pantry - Midland and Nugent Ave**
511 Midland Ave, 10306
718 815 0800
Food Pantry: Fri 1pm-1:30pm. Come on time, pantry is mobile.

- 36 Project Hospitality Mobile Pantry - Cedar Grove and Topping St**
Cedar Grove Ave. and Topping St, 10306
718 815 0800
Food Pantry: Fri 11:30am-12pm. Come on time, pantry is mobile.

MID-ISLAND

10314

- 37 All Saints Church Episcopal Ministry**
2329 Victory Blvd. (entrance in rear), 10314
718 698 1338
Food Pantry: Mon-Wed, Fri 10am-12pm

38 JCC Kosher Food Pantry

1466 Manor Rd., 10314

718 475 5242

Food Pantry: Mon-Thu 10:30am-6:30pm; **Fri** 10am - 12pm.

All pantry pick-up by appointment only, ID required.

SOUTH SHORE

10309, 10307

39 Project Hospitality Mobile Pantry - SI University Hospital South

390 Seguin Ave, 10309

718 815 0800

Food Pantry: Tue 12:30pm-1pm. Come on time, pantry is mobile.**40 St. Edward Food Pantry/Franciscan Handmaids of Mary**

6581 Hylan Blvd., 10309

718 984 1625

Food Pantry: Wed, Sat 10am-12:45pm.

Clients are served every two weeks. Photo ID and proof of address required first time.

41 Project Hospitality Mobile Pantry - Bethel Methodist Church

7033 Amboy Rd, 10307

718 815 0800

Food Pantry: Tue 2:15pm-3pm. Come on time, pantry is mobile.**42 Project Hospitality Mobile Pantry - Yetman and Academy Ave**

Yetman and Academy Ave, 10307

718 815 0800

Food Pantry: Fri 10am-11am. Come on time, pantry is mobile.**43 St. Paul's Methodist Church South Shore Food Pantry**

7558 Amboy Rd., 10307

718 227 2485

Food Pantry: Thu, Fri 9am-1pm.Must call first for an appointment. Can come every other week.
Require a valid Photo ID.



FROM THE FARM

New Yorkers can access foods straight from the farm in two ways: farmers' markets and community supported agriculture programs or CSAs.

FARMERS' MARKETS

All farmers' markets listed accept EBT/SNAP (food stamps).

44 St. George Greenmarket

Hyatt St. & St. Mark's Place, 10301

Sat 8am-2pm (winter hours 9am-1pm), year round.

45 Staten Island Mall Greenmarket

Marsh Ave. and Ring Rd., 10314

Sat 8am-3pm, opens 5/18, tentatively year round

CSA PROGRAMS

CSA members purchase "shares" in an entire season of high quality, fresh produce grown by local farmers. Members usually pay for their shares in advance, but some CSAs adjust payment to income, accept SNAP benefits, and allow some members to pay week to week. Members typically pick up boxes of produce from a set location every week though some CSAs have half-shares available for pick up every other week.

Note that sign up is generally March to May, with the first pickup in June or July and the last one in late October or early November. As a rule, late sign up is not permitted. Some CSAs also have limited winter shares.

Corbin Hill

Multiple pickup locations. Allows signups Tuesday/Wednesday before first pickup. Permits weekly payment and payment via SNAP. Weekly in summer, every other week in winter. Reduced price shares available. Visit Corbin Hill's website, call, or email to find a CSA program near you and sign up.

Contact: info@corbinhillfarm.com, 646 254 2250

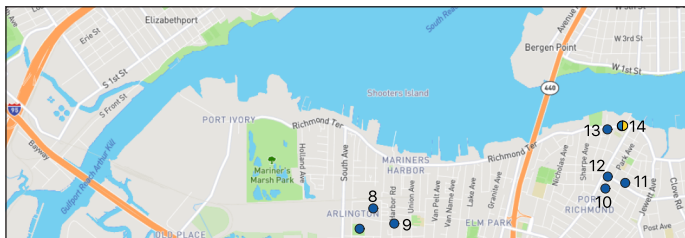
Web: www.corbinhillfoodproject.org/new-farm-share/

Just Food

Multiple pickup locations. Sign up deadlines and SNAP acceptance vary. Winter shares available from some CSAs. Visit Just Food's website, call, or email to find a CSA program near you. Contact the CSA directly to sign up.

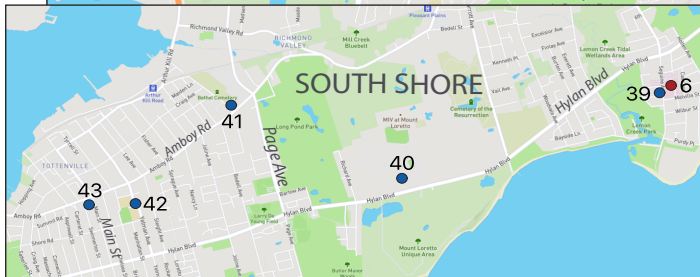
Contact: info@justfood.org, 212 645 9880

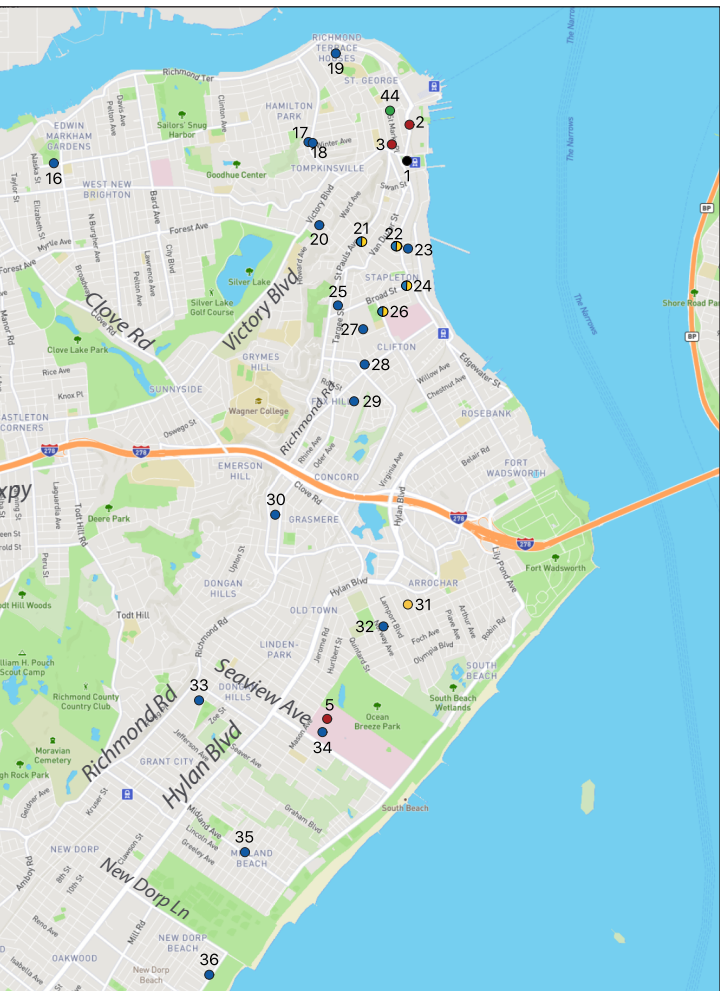
Web: www.justfood.org/csalloc



KEY

- SNAP/Food Stamp Office
- WIC Office
- Soup Kitchen
- Food Pantry
- Farmers' Market







HOME DELIVERED MEALS

GOD'S LOVE WE DELIVER

God's Love We Deliver cooks and home-delivers nutritious meals for people with serious illnesses and their families.

Eligibility is based on a valid medical note that reflects diagnosis and difficulty with activities. Application form from website (www.glwd.org/getmeals) can be faxed or emailed, or call agency directly for an interview. New clients must apply for services before assessment for home delivery of meals. Dial 212-294-8102 or email clientservices@glwd.org to learn more.

*Information on Meals-On-Wheels can be found in the Senior Meals section



JOB TRAINING & RESOURCES

Certain individuals may be required to be employed, seeking employment and / or enrolled in a training program in order to receive SNAP benefits.

EMPLOYMENT & TRAINING

Visit the following sites to find out more about training and education programs across the city:

www1.nyc.gov/html/sbs/wf1/html/develop/develop.shtml

www1.nyc.gov/site/hra/help/types-training-education.page

Feel free to use this space for your own notes.

NOTES

OTHER ASSISTANCE

Additional organizations in your neighborhood that can assist you with matters other than food support.

MEDICAL CARE

Staten Island University Hospital North

475 Seaview Ave., 10305
718 226 9000

Staten Island University Hospital South

375 Seguire Ave., 10309
718 226 2000

Stapleton Family Health Center

111 Canal St., 10304
718 390 0712

Marine Harbor Family Health Center

2040 Forest Ave., 10303
718 761 2060

Richmond University Medical Center

355 Bard Ave., 10310
718 818 1234

Community Health Center of Richmond

235 Port Richmond Ave., 10302
718 876 1732

HEALTH INSURANCE

Affinity Health System

Information regarding health insurance, including enrollment in Medicaid, Medicare and other plans.

General Info 866 694 9809

LEGAL ASSISTANCE

The City Bar Justice Hotline

212 626 7383

Mon–Thu 9am–5pm, **Fri** 9am–1pm

Free, basic legal advice on a range of civil issues. Will not provide an attorney or assist with in-court representation.

www.lawhelpny.org

Provides specific and detailed assistance regarding a wide range of legal topics, including agencies that might be able to help you find an attorney to represent you in court.

EMERGENCY NUMBERS

National and NYC Hunger Hotline 866 3-HUNGRY (866 348 6479)

Police, Fire or Ambulance: 911

Emergency Shelter: 311

Homeless Hotline: 800 994 6494, 212 533 5151

Immigration Hotline: 212 419 3737, 800 566 7636

Center for Disease Control: 800 232 4636

Poison Control: 800 222 1222

AIDS Hotline: 800 541 AIDS, 800 233 7432 (Spanish)

Alcoholics Anonymous: 212 647 1680

Narcotics Anonymous: 212 929 6262

Gamblers Anonymous Hotline: 855 222 5542

Domestic Violence Hotline: 800 621 4673

Battered Women Hotline: 718 499 2151

Rape & Sexual Assault Hotline: 212 423 2140, 212 227 3000

Child Abuse Hotline: 800 342 3720

Runaway Hotline: 800 786 2929 (800 RUN AWAY)

Crime Victim Hotline: 212 577 7777, 800 689 4357

Suicide Hotline: 800 273 8255























National Crisis Line: 800 999 9999

Credits: Icons adapted from The Noun Project collection. Map data © OpenStreetMap contributors.

[illegible]

WHAT AM I ELIGIBLE FOR?

Use the chart below to see what programs may be available for you and your family.

PEOPLE WITH CHILDREN				
PEOPLE WITHOUT CHILDREN				
SENIOR CITIZENS				
HOMELESS INDIVIDUALS				
LEGAL IMMIGRANTS				
UNDOCUMENTED IMMIGRANTS				



SNAP/Food Stamp Benefits



Groceries at Food Pantries



WIC Packages
School Breakfast & Lunch
Free Summer Meals
for Children



Meals at Soup Kitchens



Meals at Senior Centers
Home-delivered Meals



Have any suggestions on how to make this Guide better? Email guides@hungerfreenyc.org.