

CSCE 190

Assignment Name: Goal-setting Website

Group Name: The Sexy Six

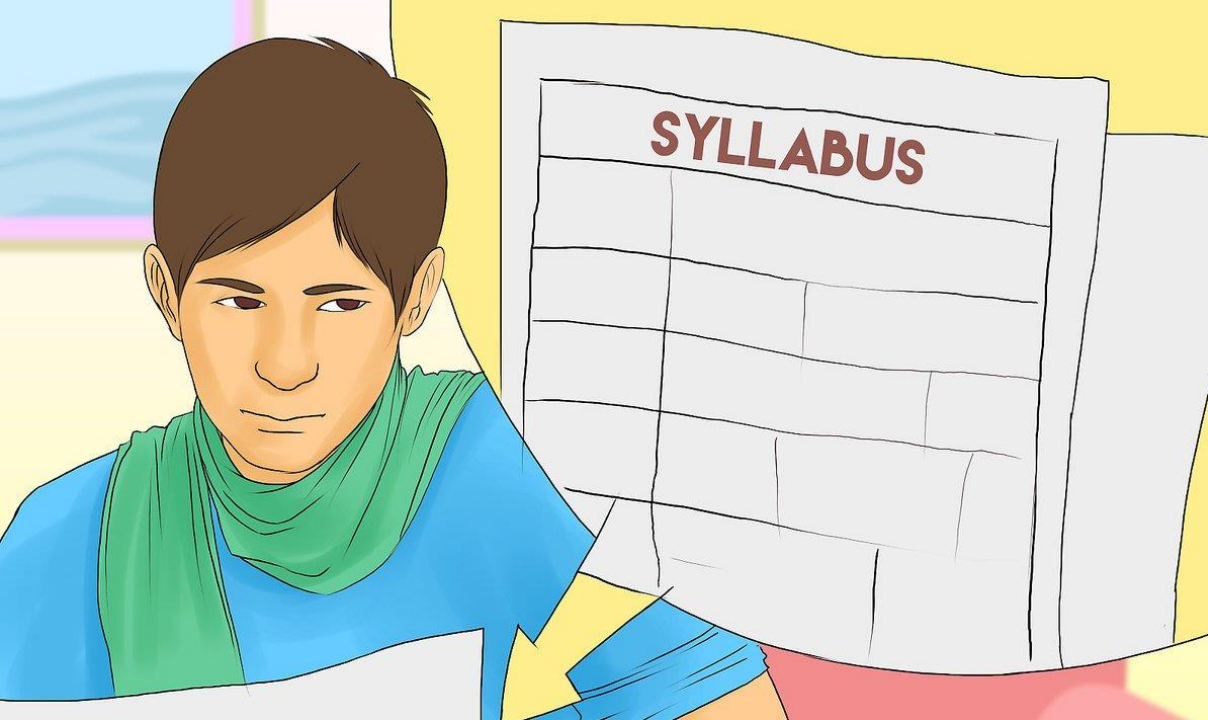
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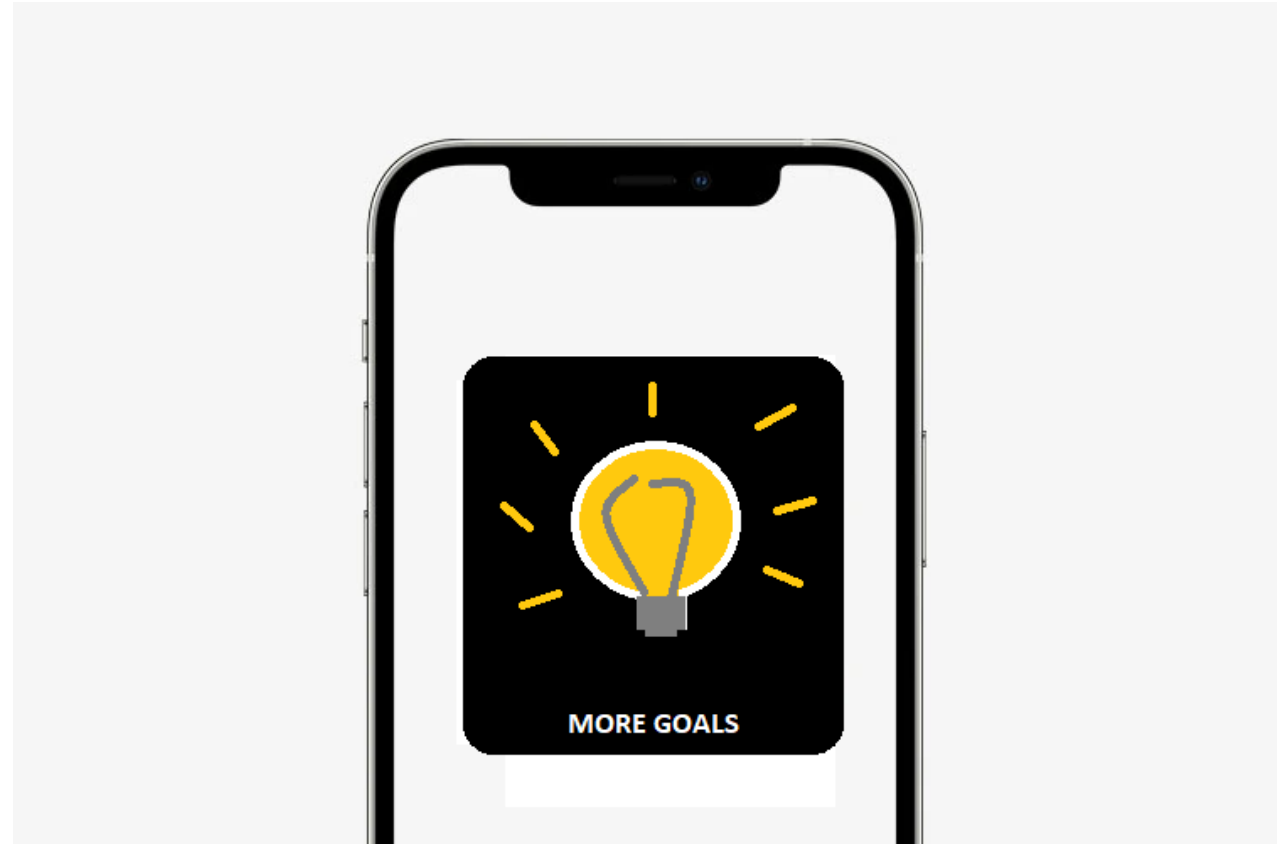
Story Board – Will Seigler : By Tim Price

- This is will. He is a current high school junior striving to enroll in an Ivy-league university. He just started an AP Calculus class and just received his syllabus.



- There are way too many dates for Will to remember and he needs a constructive way to organize his life, not only for calculus but for his other after school activities such as marching band practice.
- "There has got to be an easier way to organize my dates with corresponding long-term goals" said Will.

- He decided to look on the app store to look for an app that could help and stumbled on an app **More Goals**



Using More Goals Will can input all his exam dates, quiz dates, project due dates, band practices, etc. into the apps built in calendar. Now he doesn't have to remember hundreds of dates and events and can trust that the app will remember for him.

Later that year... Will forgot to study for his exam over derivatives, but Will remembered to put his exam date on More Goals with a 2-week reminder. Because of this Will got a head start and managed to secure a 99 on his exam. Will then marked his goal complete...



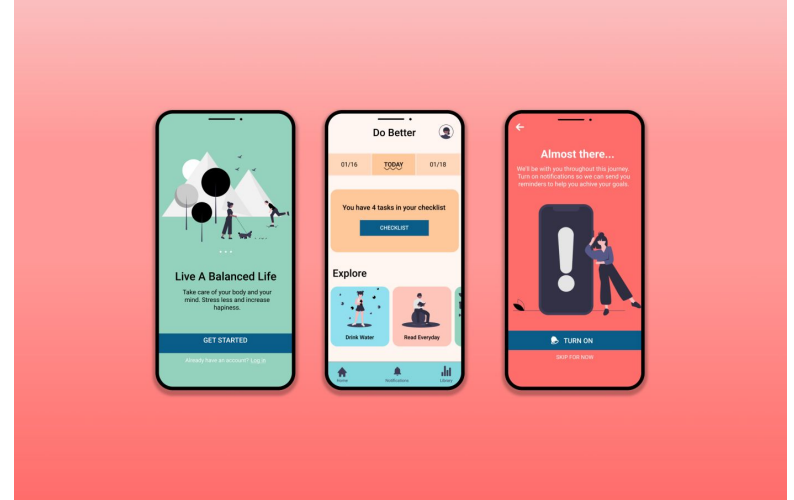
Stephen Le (Brandon Nguyen)



Stephen is a full-time store manager and interested in gym. With a condensed working schedule, he finds that it is really hard for him to hit the gym on a consistent basis and to reach his goal of getting jacked. He also procrastinates on what he plans on in his life.

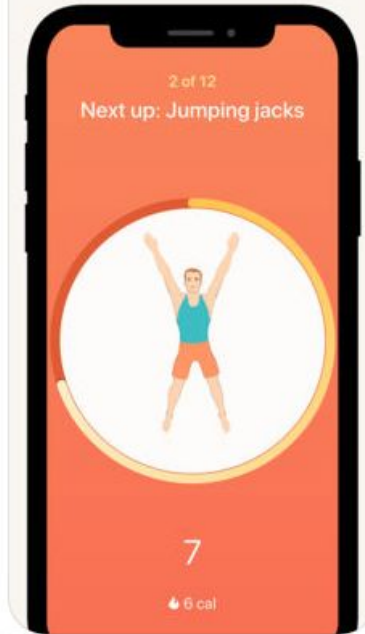


He decides to find something that could remind and motivate him to stick to the goals that he already set. Fortunately, a friend invites him to a fitness club where everyone share useful tips and stories about the aspects of well-being.

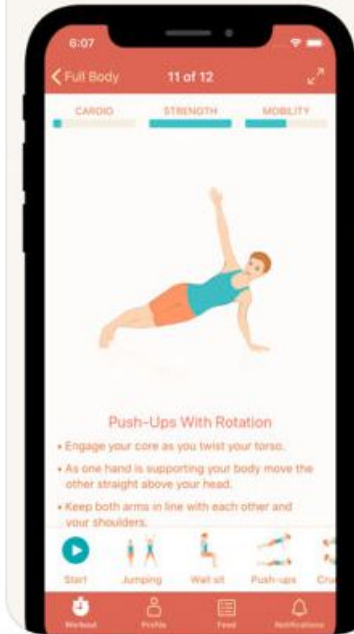


He finally finds an goal-setting app right after he joins that fitness club. With an app, he is now able to set his goals and keep track of the progression.

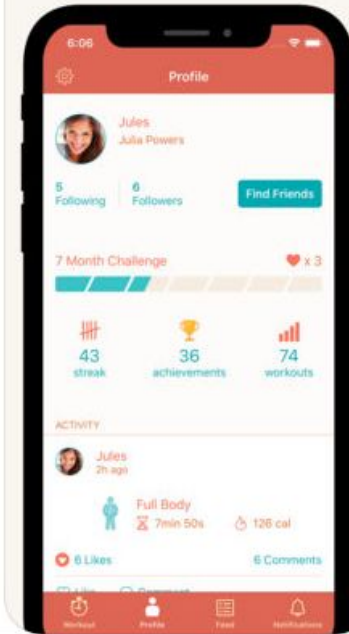
Challenge Yourself
7 minutes for 7 months



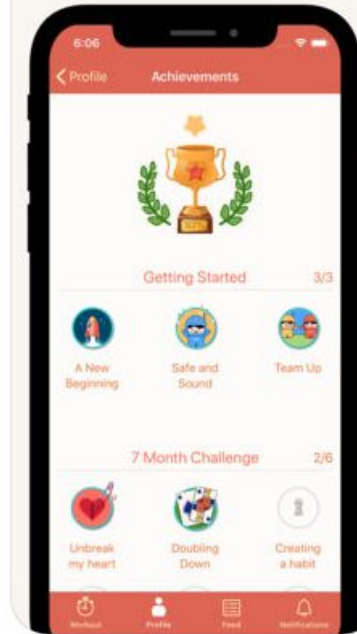
Fast & Effective
with interactive 3D guides



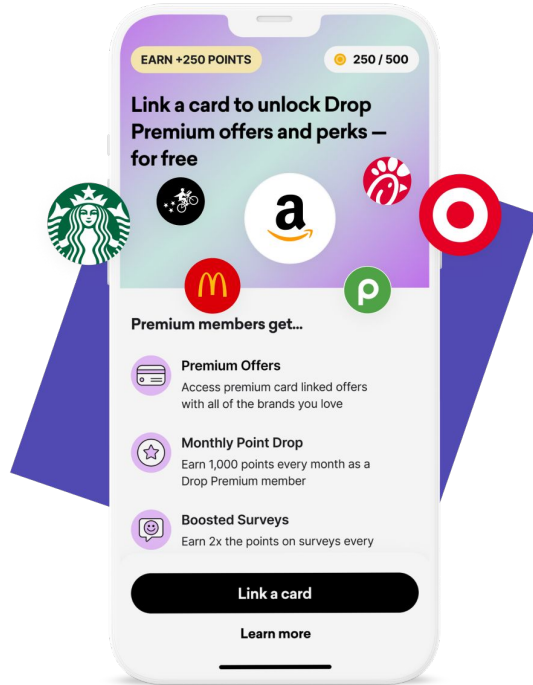
Stay Motivated
and track your progress



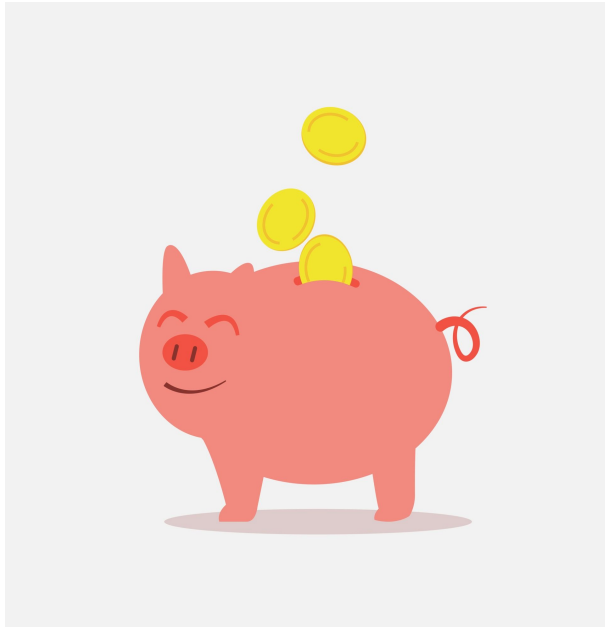
Earn Rewards
from novice to athlete



For every time he reaches a specific progress of the goal, he earns points off of that. He feels motivational by that because he can get the reward from what he is doing towards his goals.



Thanks to the app, Stephen is very caught up on things now, especially on his workout routine. He earns so many points and can redeem those points into a 20% off coupon from Target.



Stephen uses the coupon to buy the resistance bands and jump rope for his workout from Target. He is very glad he could save some money through the app.



Jacob was a boy who knew he wanted to make changes in his life, yet he had no clue how to keep track of what he did.



He had simple goals, such as getting good grades in his chemistry class or going to the gym, but he had no way of tracking them at that time.



He knew he needed something mobile so that he'd have easy access to it, so he started browsing the app store.



After a few minutes, he stumbled across an app called MoreGoals. As he downloaded and opened the app, he got used to the interface nearly immediately.



He was able to make a list of his goals and add them to his calendar. He was also able to see some other users' progress on goals similar to his.



Through viewing others' goals and tips posted on the app, he was able to track and reach his goals much more efficiently.

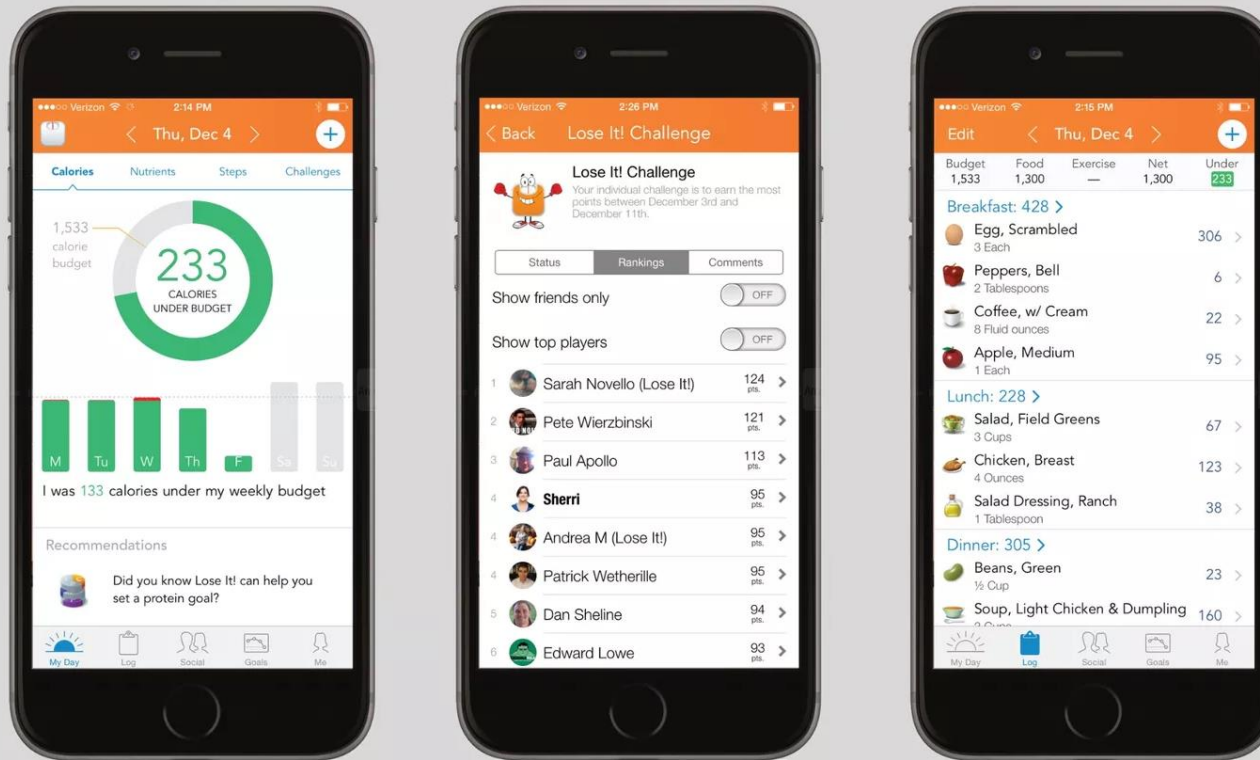
Miles(Xianjue Mu)

Miles works so hard everyday, he didn't even have time to cook food, so he start eats fast food everyday and that lead 50 pounds of his weight increase.



Miles decided to find an app that can help him to make goals to lose weights and help him to keep track the process. Therefore, he chose to use our goal setting app.

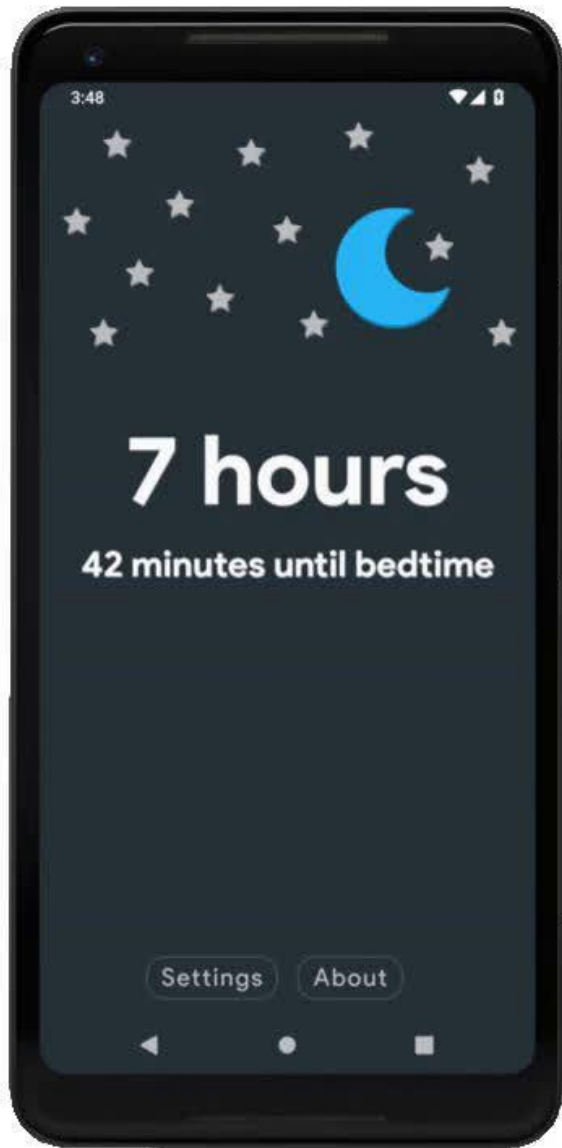




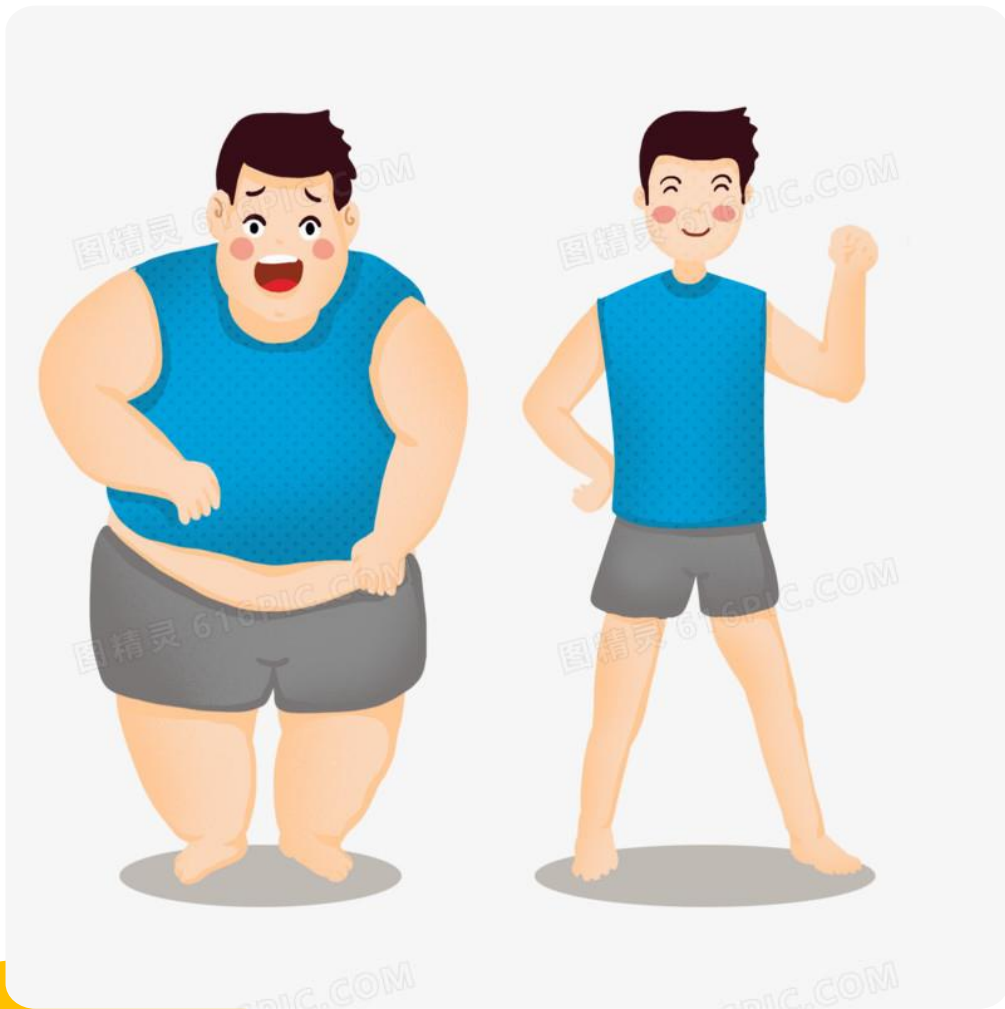
The app we created gives miles a healthy recipe every day. Different people have different goals for losing weight. Therefore the recipe we provide differs for each person, and everyone can choose what fits them most. The recipe miles selected are 200 calories less than his usual diet.



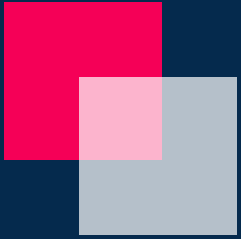
Our app provide professional exercise lessons too. Follow the instruction will make lose weight much easier. Miles lost ten pounds in one month!



Enough sleep time is a big part of losing weight. Miles often works so hard that he forgets bedtime. This app reminds Miles to sleep everyday at the time he sets.



After a long period of effort, miles successfully lost 60 pounds, his body became much healthy, and he had more energy to work.



Jon Snow (Hunter Hughes)



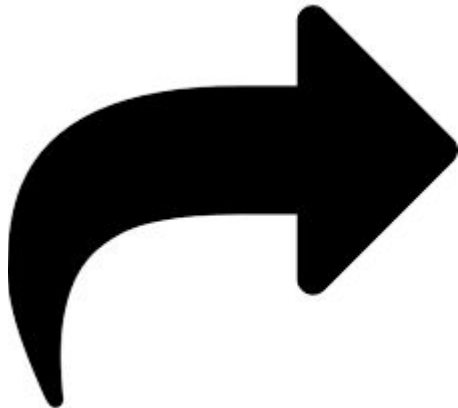
Jon is fresh out of school and just now getting into the real world. As Jon begins his journey through life he realizes that he cannot get anything done. He starts to work on a goal he has, but then walks away half way through. He wants to finish the things he's started but he just keeps moving on to the next idea rather than finishing his goal from before.



Jon realizes that he has many goals and many and he is constantly getting more. Jon does not want to forget his goals for his life so he decides to start looking for a way to keep his goals organized.



Jon begins asking his friends for advice on how to deal with his issues of ever growing goals. Jon's friend recommends that he uses the app "More Goals." The friend then sends Jon a link to the app where Jon begins to download and explore the app.



Jon's friend sends a link with the app's 'share' feature, sending the link on Instagram. The link redirects Jon to the app store where he downloads the app. Once Jon familiarizes himself with the app's easy-to-use interface, he begins setting his goals with the app.



Jon immediately begins to notice the difference in his work completion. Jon is happy that he is now completing the goals that he has in a timely fashion. With the app reminders Jon never forgets or gets too far ahead of himself with new goals.



Jon soon completes most of his short term goals and begins to add more goals to the app. He feels great and more motivated than ever, as the app tracks his progress and allows Jon to view his past achievements. Jon also feels great with the app's point system. Everytime he completes one of his goals Jon earns points that allows him to add on to his profile within the app.