**Problem Solving Skill**

When we work anything, we often face difficulties , barriers makes we don’t achieve the best goal. It’s the problem. And everyday, we have many problems such as: studying, working and family. So, we need to have the problem solving skill. It is one of the important skills. It can help us to be more mature in our life.

For example, when you were a child, most of your problems were often solved by your parents. However, they can’t help you every time. When you grow up, you have the trouble in your relationship with your partner, you must to solve them by yourself. If you don’t solve the problem, you will feel bad mood and you can’t concentrate to do anything. Beside, when you face many problems, you will feel stress and pressure.

To overcome that problem, you can refer 6 steps:

Step 1: Identify the problem

When you face the trouble, firstly, you need to be calm down. Then you should understand what your problem is and define it urgent or normal, easy or big.

Step 2: Find the solution

To solve the problem, you should find the solution as much as possible.

Step 3: Choose the best solution

When you have a lot of solution, you should choose the best solution matching your problem. It will be solved effectively.

Step 4: Apply the solution

You should implement the solution immediately after you have it. The longer the problem exits, the more complicated.

Step 5: Check the result

When you solved the problem, you must check and evaluate the result. If you get success, you should learn the experience to apply later. If you fail, you should consider clearly your problem and find the best solution to solve it.

So, how do practice the problem solving skill?

If you want to have the problem solving skill, you need to practice everyday. When you face any problem, you should change your thought. Instead of you say “ I can’t do it”, you should think to find the solution to solve your trouble. Keep calm down every situations and choose the right soluiton. You remember that: usually practice until it becomes your habit.