

Basmati Rice

Nutrition Facts

1 Serving Per Container  
Serving Size 8oz (238g)

Amount Per Serving  
Calories 340

% Daily Value *	
Total Fat 5g	7%
Saturated Fat 0.5g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1450mg	63%
Total Carbohydrates 66g	24%
Dietary Fiber 1g	5%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 3.7mg	20%
Potassium 140mg	4%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Basmati Rice, Avocado Oil, Salt, Parsley, Cumin seed