

Mexican Rice

Nutrition Facts

1 Serving Per Container
Serving Size 8oz (142g)

Amount Per Serving
Calories 240

% Daily Value *	
Total Fat 5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 250mg	11%
Total Carbohydrates 43g	16%
Dietary Fiber <1g	3%
Total Sugars <1g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 10mg	0%
Iron 0.2mg	2%
Potassium 70mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Basmati Rice, uncooked, Kidney Beans, Carrots, Corn, Green Peppers, Sweet Yellow Peppers, Red Peppers, Tomato Sauce, Canola Oil, Onions, Chipotle Sauce, Chickpeas, Salt, Coriander seed, Cumin seed