

Red Mutton Tarkari

Nutrition Facts

About 1 Serving Per Container  
Serving Size 8oz (227g)

Amount Per Serving  
Calories 380

% Daily Value *	
Total Fat 31g	40%
Saturated Fat 10g	52%
Trans Fat 0g	
Cholesterol 370mg	124%
Sodium 650mg	28%
Total Carbohydrates 7g	2%
Dietary Fiber 1g	5%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 50g	
Vitamin D 0mcg	0%
Calcium 50mg	4%
Iron 1.8mg	10%
Potassium 370mg	8%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Mutton, Red Tomatoes, Onions, Water, Avocado Oil, Yogurt, Garlic, Ginger root, Jalapeno, Coriander leaves, Salt, Unsalted Butter, Fried Onions, Coriander leaf, Kashmiri Chili, Cumin seed, Cinnamon, Chili powder, Black Pepper, Cloves, Turmeric

Contains: Milk