Chicken Sweet Corn Soup

Nutrition Facts

1 Serving Per Container Serving Size: 1 Bowl (300ml)

Amount Per Serving

Nutrient	Amount Per Serving	% Daily Value*
Calories	180	
Total Fat	6g	8%
Saturated Fat	1.5 g	8%
Trans Fat	0g	
Cholesterol	35mg	12%
Sodium	950mg	41%
Total Carbohydrates	24g	9%
Dietary Fiber	1.5g	5%
Total Sugars	4g	
Added Sugars	0g	0%
Protein	12g	24%
Vitamin D		0%
Vitamin C		2%
Calcium	25mg	2%
Iron	1.2mg	7%

Ingredients: Corn Kernels, Maida (Flour), White Distilled Vinegar, Cream Style Corn, Whole Chicken, Black Pepper Ground, Ginger Fresh, Peeled Garlic, Celery, Water, Jalapeno, White Pepper Powder, Garlic Powder, Eggs, Salt.

^{*}The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.