

Malido

Nutrition Facts

1 Serving Per Container

Serving Size **8oz (211g)**

Amount Per Serving

Calories **900**

% Daily Value *

Total Fat 74g **94%**

Saturated Fat 36g **179%**

Trans Fat 0g

Cholesterol 345mg 115%

Sodium 510mg **22%**

Total Carbohydrates 44g **16%**

Dietary Fiber 5g	17%
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Total Sugars 8g

Includes 0g Added Sugars **0%**

Protein 18g

Vitamin D 1.3mcg 6%

Calcium 220mg	15%
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Iron 3.9mg 20%

Potassium 460mg	10%
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* The % Daily Value (DV) tells you how much a nutrient in a

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Eggs, Ghee, Cream, All-Purpose Flour, Pistachio Nuts, Milk, Semolina, Almonds, Acacia gum; gum arabic (E414)

Contains: Eggs, Milk, Wheat, Pistachio, Almond