

Hot and sour soup

Nutrition Facts

About 1 Serving Per Container
Serving Size 227g



Amount Per Serving
Calories 80



% Daily Value *

Total Fat 3.5g 4%

Saturated Fat 1g 4%

Trans Fat 0g

Cholesterol 20mg 7%

Sodium 710mg 31%

Total Carbohydrates 11g 4%

Dietary Fiber 1g 4%

Total Sugars 5g

Includes <1g Added Sugars 2%

Protein 5g

Vitamin D 0.1mcg 0%

Calcium 20mg 2%

Iron 0.5mg 2%

Potassium 240mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Water, Cabbage, Ground Chicken, Ketchup, Corn, Carrots, Cornstarch, Tomato Sauce, Chipotle Sauce, Corn, Soy Sauce, Salt, Brown Sugar, Celery, Balsamic Vinegar, Ginger root
Contains: Soy, Celery