

Beef Kheema

Nutrition Facts

1 Serving Per Container

Serving Size 8oz (154g)

Amount Per Serving
Calories 560

% Daily Value *	
Total Fat 52g	67%
Saturated Fat 17g	83%
<i>Trans</i> Fat 2.5g	
Cholesterol 100mg	33%
Sodium 85mg	4%
Total Carbohydrates 3g	1%
Dietary Fiber <1g	2%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 19g	
Vitamin D 0.1mcg	0%
Calcium 40mg	4%
Iron 2.4mg	15%
Potassium 340mg	8%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Ground Beef, Avocado Oil, Garlic, Jalapeno, Ginger root, Paprika, Garlic Powder, Red hot Chili Peppers, Black Pepper, Ground ginger