

Vegetable fried rice

Nutrition Facts

About 1 Serving Per Container  
Serving Size 227g

Amount Per Serving  
Calories 240

% Daily Value *	
Total Fat 6g	8%
Saturated Fat 1g	4%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 1360mg	59%
Total Carbohydrates 44g	16%
Dietary Fiber 6g	20%
Total Sugars 5g	
Includes 0g Added Sugars	0%
Protein 6g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 5.2mg	30%
Potassium 250mg	6%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Basmati Rice, Red Bell Pepper, Peas and Carrots, Onions, Cabbage, Carrots, White pepper, Avocado Oil, Soy Sauce, Green Onions, Salt, Black Pepper

Contains: Soy