

Chicken Fried Rice

Nutrition Facts

Serving Size 8oz (227g)

Calories	299	
Total Fat	18g	23%
Saturated Fat	5g	25%
Trans Fat	0g	
Cholesterol	120mg	40%
Sodium	666mg	29%
Total Carbohydrate	12g	4%
Dietary Fiber	1g	4%
Total Sugars	2g	
Includes Added Sugars	0g	0%
Protein	22g	
Vitamin D	1mcg	5%
Calcium	35mg	3%
Iron	2mg	11%
Potassium	250mg	5%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Cooked Basmati Rice, Chicken Thigh, Eggs, Carrots, Green Bell Pepper, Green Onions, Soy Sauce, Avocado Oil, Vinegar, Sesame Oil, Garlic Powder, Salt, Black Pepper, Ginger Powder, Green Beans