

# ND Fajitas/Tacos/Cheese

## Nutrition Facts

1 Serving Per Container  
Serving Size: 1/4 Cup (28g)

### Amount Per Serving

| Nutrient            | Amount Per Serving | % Daily Value* |
|---------------------|--------------------|----------------|
| Calories            | 110                |                |
| Total Fat           | 9g                 | 12%            |
| Saturated Fat       | 6g                 | 30%            |
| Trans Fat           | 0g                 |                |
| Cholesterol         | 30mg               | 10%            |
| Sodium              | 180mg              | 8%             |
| Total Carbohydrates | 1g                 | 0%             |
| Dietary Fiber       | 0g                 | 0%             |
| Total Sugars        | 0g                 |                |
| Added Sugars        | 0g                 | 0%             |
| Protein             | 7g                 | 14%            |
| Vitamin A           |                    | 6%             |
| Vitamin C           |                    | 0%             |
| Calcium             | 200mg              | 20%            |
| Iron                | 0.2mg              | 1%             |

**Ingredients:** Mexican Style Four Cheese.

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.*