

Goat Paya

Nutrition Facts

12 Servings Per Container
Serving Size 8oz (227g)

Amount Per Serving
Calories 160

% Daily Value *	
Total Fat 11g	14%
Saturated Fat 4.5g	22%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 30mg	1%
Total Carbohydrates 2g	1%
Dietary Fiber 0g	1%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 14g	
Vitamin D 0mcg	0%
Calcium 20mg	2%
Iron 2.2mg	10%
Potassium 170mg	4%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Goat Trotters, Water, Onions, All-Purpose Flour, Avocado Oil, Garlic, Ginger root, Coriander leaves, Jalapeno, Coriander seed, Red hot Chili Peppers, Cumin seed, Salt, Chili powder, Garam Masala, Turmeric
Contains: Wheat