

ARP Spoofing for Sniffing and Man-in-the-middle Attacks

1 Overview

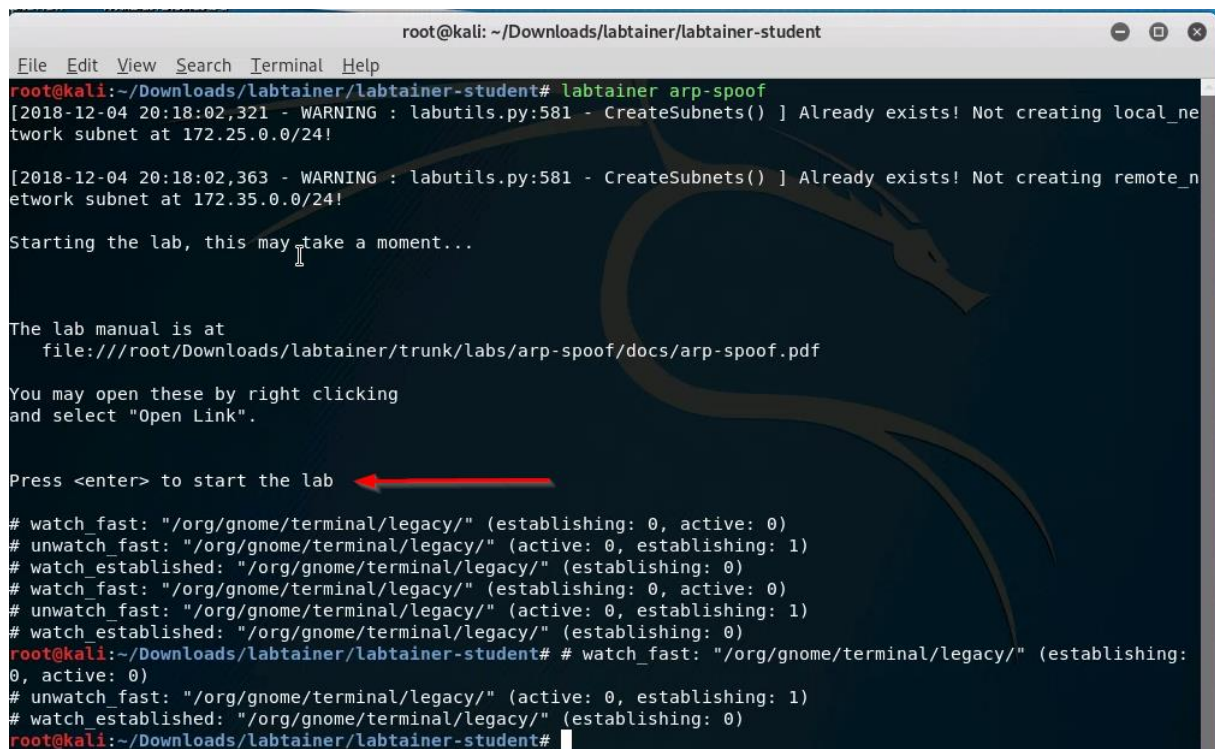
This exercise explores the use of ARP spoofing as a means to sniff local network traffic. Modern Local Area Networks (LANs) use ethernet switches, which prevent passive sniffing of network traffic between other components. This lab assumes you have separately learned about the ARP protocol. ARP spoofing is a technique by which the attacker sends spoofed ARP messages into the LAN, with a goal of causing traffic meant for one IP address to be routed to the attacker's computer instead. The attacker's computer then forwards the traffic to the intended destination. This puts the attacker into the middle of the traffic exchange, hence the name "Man in the Middle" attack.

2 Lab Environmnet

This lab runs in the Labtainer framework, available at <http://my.nps.edu/web/c3o/labtainers>. That site includes links to a pre-built virtual machine that has Labtainers installed, however Labtainers can be run on any Linux host that supports Docker containers.

From your labtainer-student directory start the lab using:

```
labtainer arp-spoof
```



```
root@kali: ~/Downloads/labtainer/labtainer-student
File Edit View Search Terminal Help
root@kali:~/Downloads/labtainer/labtainer-student# labtainer arp-spoof
[2018-12-04 20:18:02,321 - WARNING : labutils.py:581 - CreateSubnets() ] Already exists! Not creating local_n
etwork subnet at 172.25.0.0/24!

[2018-12-04 20:18:02,363 - WARNING : labutils.py:581 - CreateSubnets() ] Already exists! Not creating remote_n
etwork subnet at 172.35.0.0/24!

Starting the lab, this may take a moment...

The lab manual is at
  file:///root/Downloads/labtainer/trunk/labs/arp-spoof/docs/arp-spoof.pdf

You may open these by right clicking
and select "Open Link".

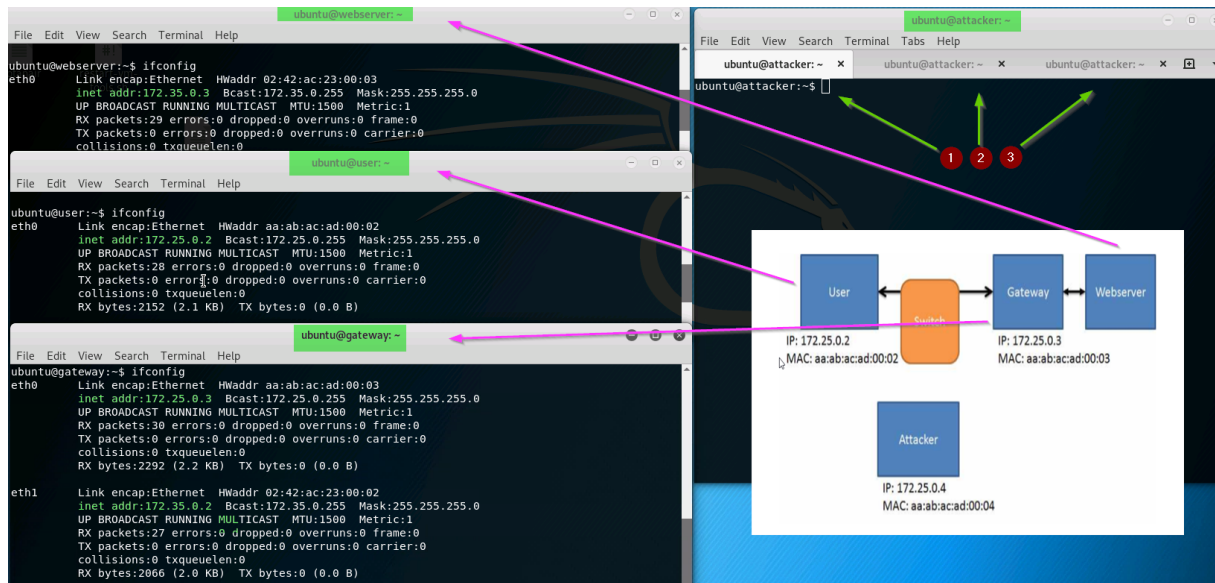
Press <enter> to start the lab

# watch_fast: "/org/gnome/terminal/legacy/" (establishing: 0, active: 0)
# unwatch_fast: "/org/gnome/terminal/legacy/" (active: 0, establishing: 1)
# watch_established: "/org/gnome/terminal/legacy/" (establishing: 0)
# watch_fast: "/org/gnome/terminal/legacy/" (establishing: 0, active: 0)
# unwatch_fast: "/org/gnome/terminal/legacy/" (active: 0, establishing: 1)
# watch_established: "/org/gnome/terminal/legacy/" (establishing: 0)
root@kali:~/Downloads/labtainer/labtainer-student# # watch_fast: "/org/gnome/terminal/legacy/" (establishing:
0, active: 0)
# unwatch_fast: "/org/gnome/terminal/legacy/" (active: 0, establishing: 1)
# watch_established: "/org/gnome/terminal/legacy/" (establishing: 0)
root@kali:~/Downloads/labtainer/labtainer-student#
```

Links to this lab manual and to an empty lab report will be displayed. If you create your lab report on a separate system, be sure to copy it back to the specified location on your Linux system.

3 Network Configuration

This lab includes four networked computers as shown in Figure 1, which illustrates the intended flow of traffic between the user computer and the Webserver via the Gateway.



4 Lab Tasks

In this lab, you will use the arpspoof tool to convince the User computer that traffic destined for Gateway should instead be sent to the Attacker computer – and convince the Gateway that traffic destined for the User should be sent to the Attacker computer, as illustrated in Figure2

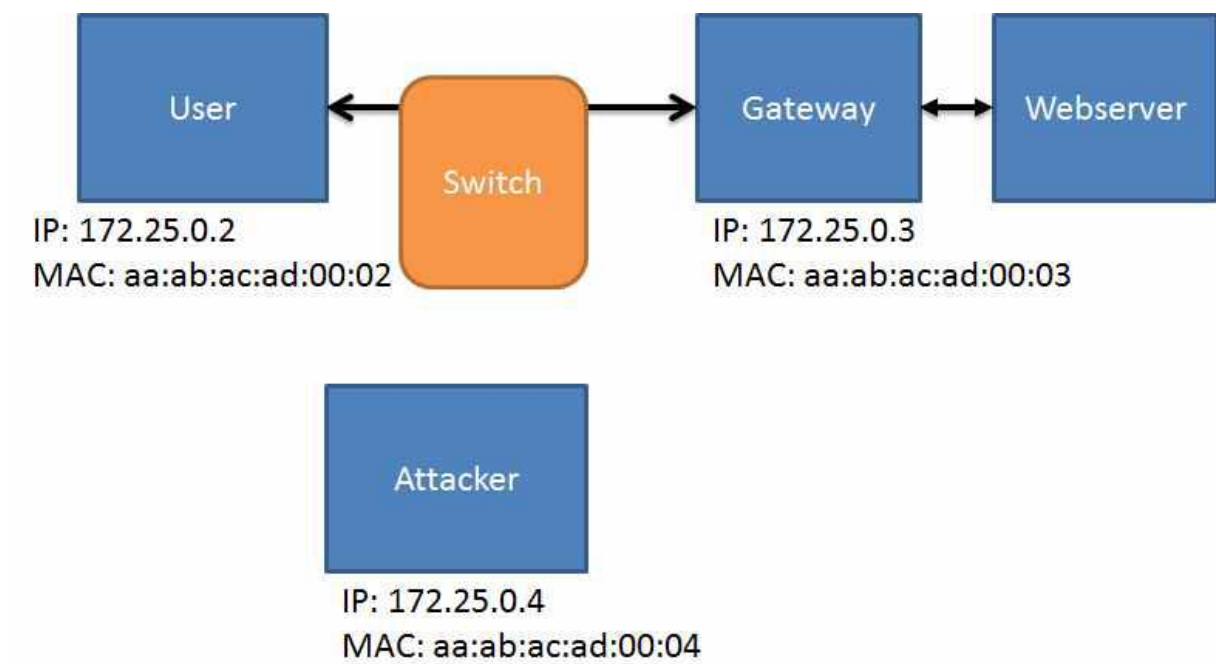


Figure 1: Intended traffic from between User and Webserver

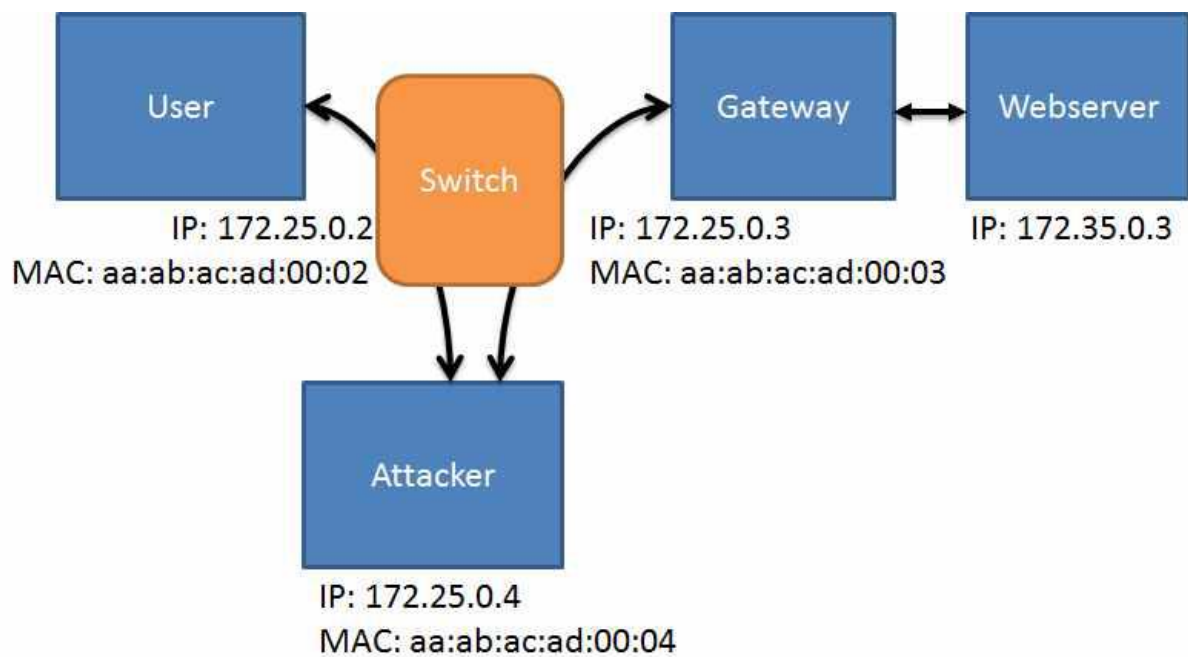


Figure 2: Man-in-the-middle attack via ARP Spoofing

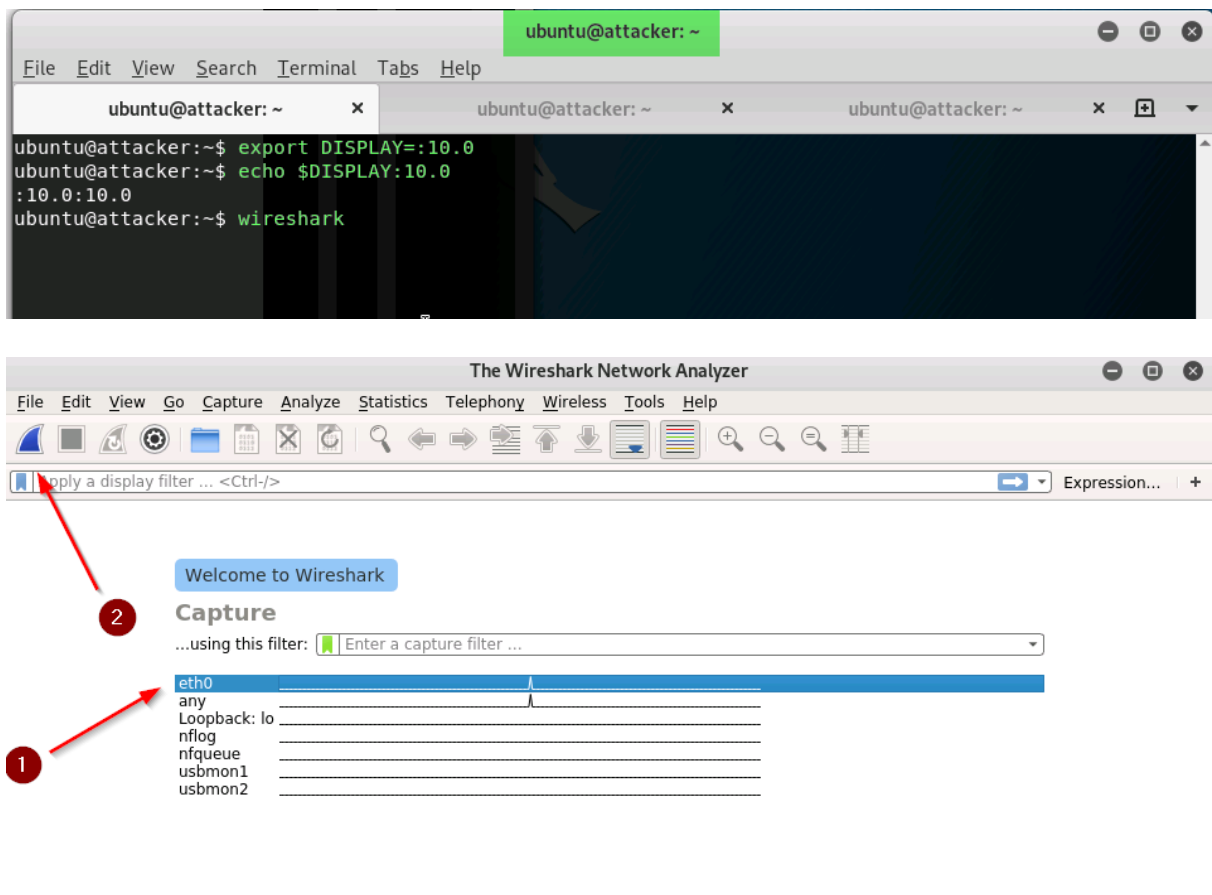
The `arp spoof` tool is installed on the Attacker computer, as is Wireshark. The Attacker computer is configured to forward IP packets that it receives which are destined for elsewhere. You can confirm this with this command, which should reflect a value of '1':

```
sysctl net.ipv4.conf.all.forwarding
```

4.1 Task 1: Sniff the LAN from the Attacker

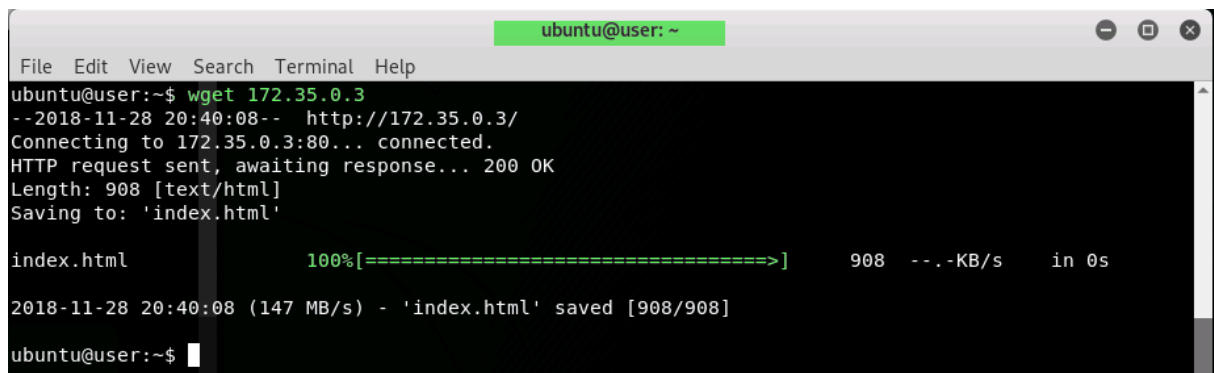
Before you engage in ARP spoofing, first look at network traffic as seen by the Attacker. Start Wireshark on the Attacker computer, selecting the "eth0" interface:

```
wireshark -ki eth0
```



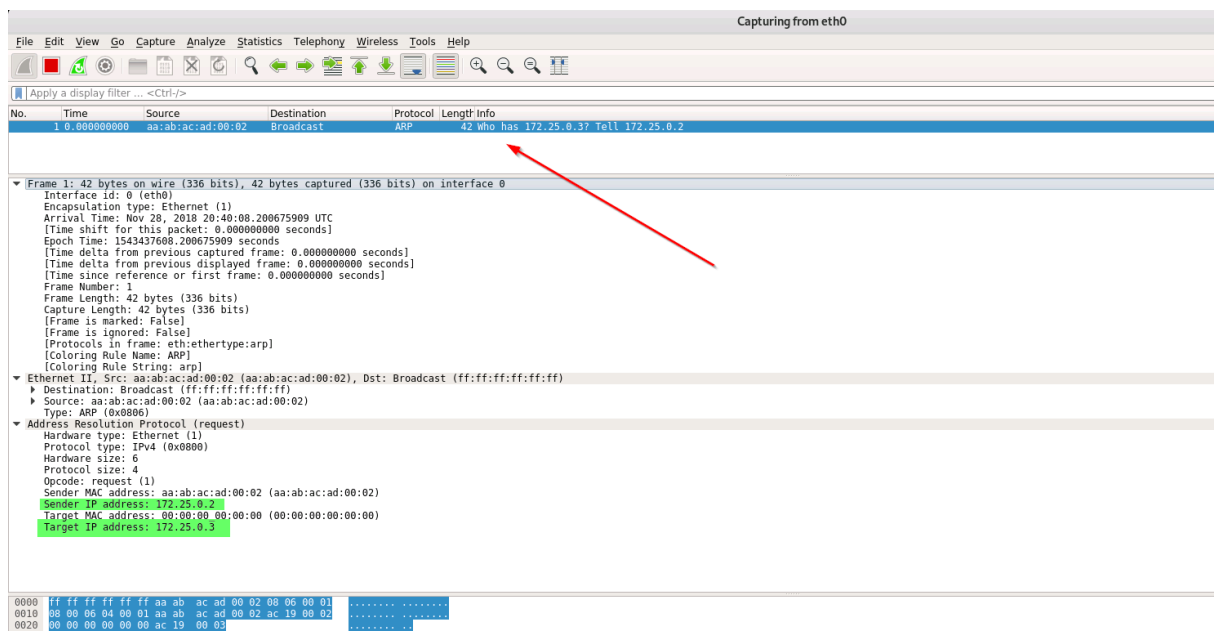
On the User computer, use wget to retrieve a web page from the Webserver:

wget <address of Webserver>



```
ubuntu@user: ~  
File Edit View Search Terminal Help  
ubuntu@user:~$ wget 172.35.0.3  
--2018-11-28 20:40:08-- http://172.35.0.3/  
Connecting to 172.35.0.3:80... connected.  
HTTP request sent, awaiting response... 200 OK  
Length: 908 [text/html]  
Saving to: 'index.html'  
  
index.html      100%[=====]      908  --.-KB/s   in 0s  
  
2018-11-28 20:40:08 (147 MB/s) - 'index.html' saved [908/908]  
  
ubuntu@user:~$
```

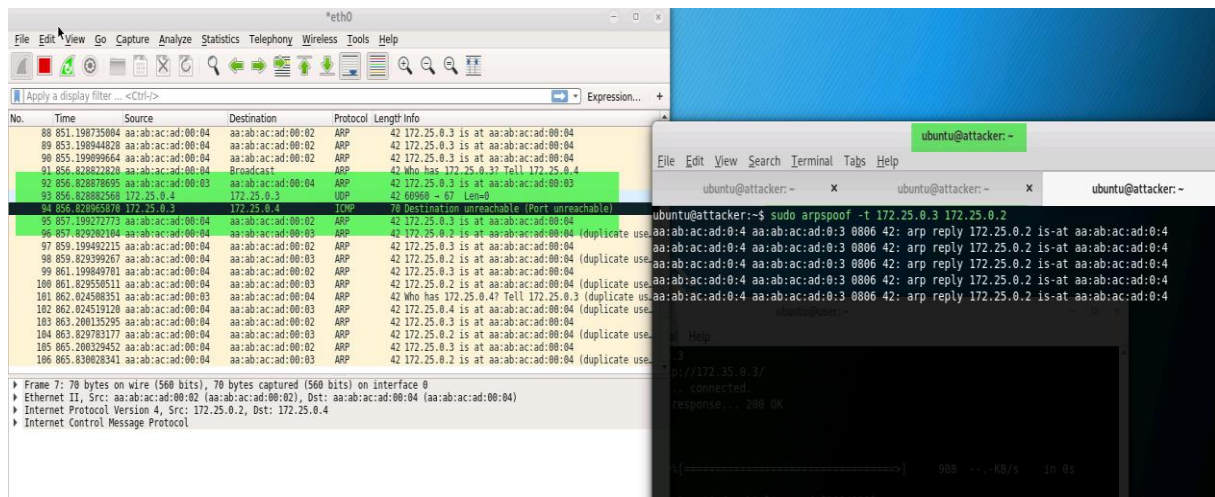
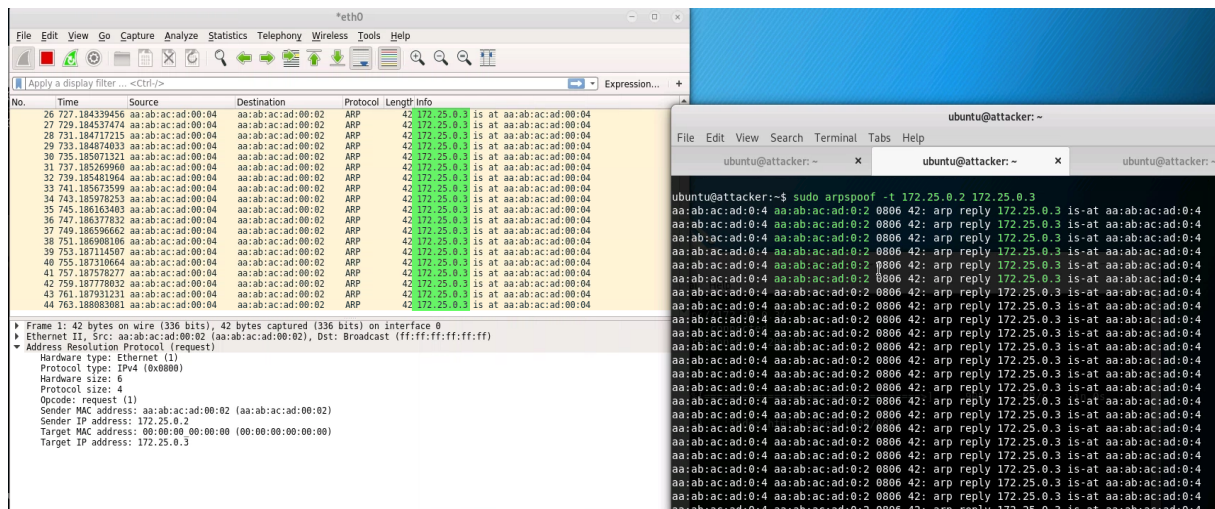
Observe the Wireshark display. Do you see either the web query or the response?



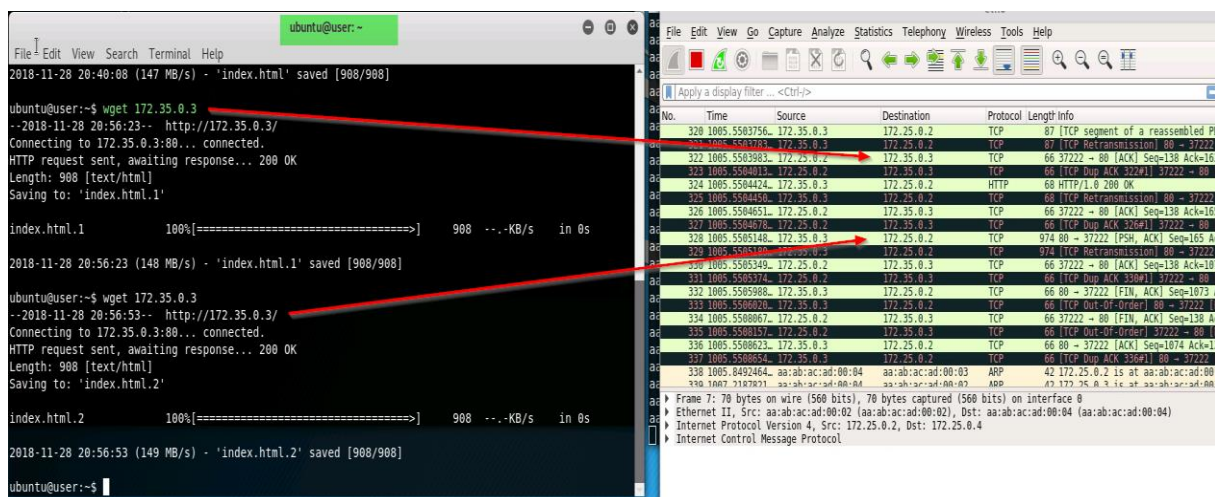
4.2 Task 2: Spoof the ARP cache on the User and Gateway Computers

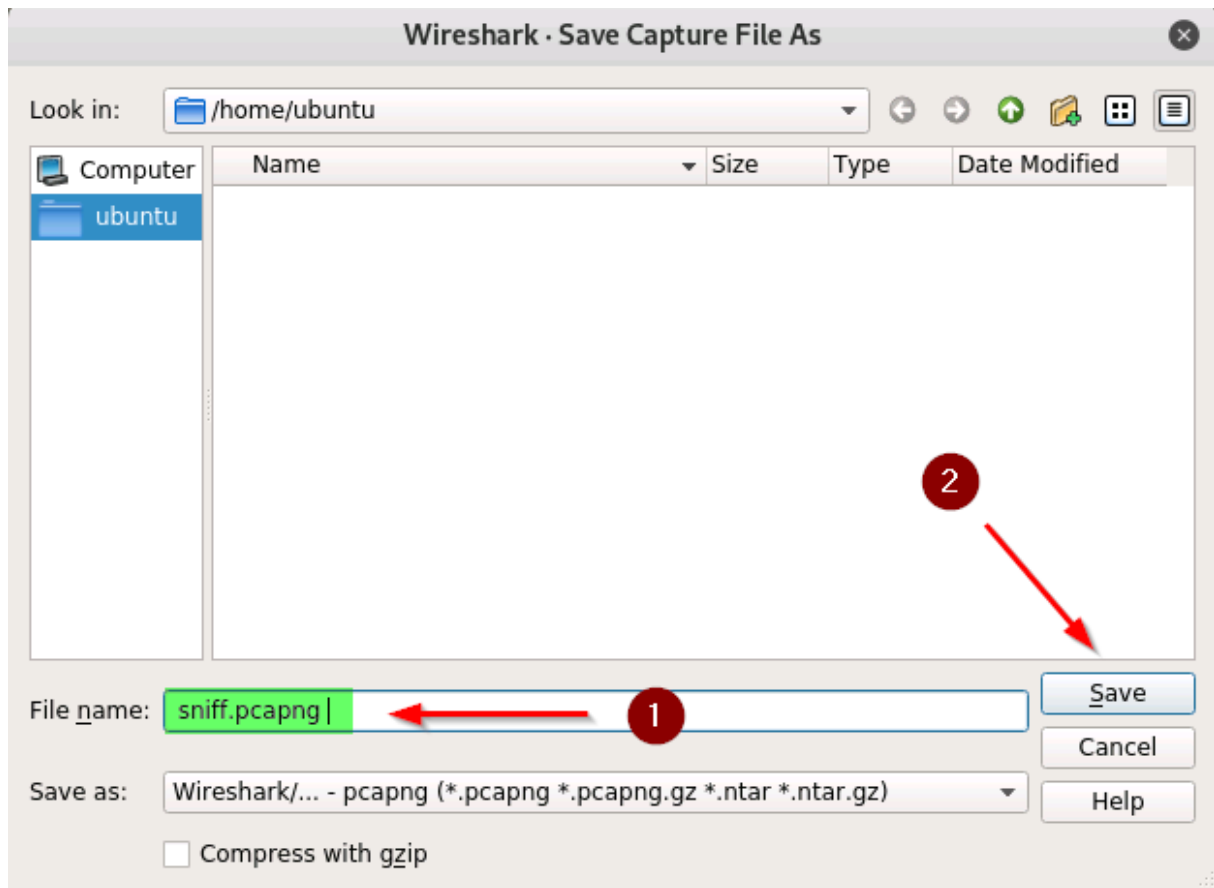
Use the arpspoof tool on the Attacker computer to perform your ARP spoofing. Note you must target both the User and Gateway computers. It is easiest to start the arpspoof program in two different virtual terminals connected to the attacker (you may have wondered why you were given three Attacker terminals).


```
sudo arpspoof -t <User IP> <gateway IP>
sudo arpspoof -t <gateway IP> <User IP>
```



After your ARP spoofing has commenced you should see your spoofed ARP traffic in Wireshark. Now return to the User computer and refetch the web page using wget command. You should see TCP traffic in your Wireshark display. In Wireshark, stop the capture, (red button), and use "File / Save" to save the traffic into a file named sniff.pcapng in your HOME directory, (/home/ubuntu).





5 Submission

After finishing the lab, go to the terminal on your Linux system that was used to start the lab and type:

```
stoplab arp-spoof
```

```
root@kali:~/Downloads/labtainer/labtainer-student# stoplab arp-spoof
Results stored in directory: /root/labtainer_xfer/arp-spoof
root@kali:~/Downloads/labtainer/labtainer-student#
```

```
root@kali:~/Downloads/labtainer/labtainer-student# checkwork arp-spoof
arp-spoof lab is not running, looking for previous results...
Labname arp-spoof

Student          | did_spoof |
=====|=====|
yilmazkarakul at_gma |
What is automatically assessed for this lab:

      did_spoof: Student captured at least 10 packets sent between the client
                  and the web server, presumably using arp spoofing.
root@kali:~/Downloads/labtainer/labtainer-student#
```

When you stop the lab, the system will display a path to the zipped lab results on your Linux system. Provide that file to your instructor, e.g., via the Sakai site.