

Agenda

- ~~Plan another meeting with carolee (contact carolee)~~
- ~~Summarize the informations from meeting~~
- ~~Do more research based on the new informations from the meeting with carolee~~
- ~~Find some technologies that utilizes one's core strength~~
- ~~Update github~~

Hyeongju Choi

- Gas spring to slow down her sitting from standing.
<https://www.youtube.com/watch?v=4WNrAm6RGUo>
- This video shows how gas spring can slows down her sitting down from standing
Instead of falling or plopping
https://www.youtube.com/watch?v=UHgy_bziA3Y
- The pressure is adjustable so we can slow down as slow as she wants
https://www.youtube.com/watch?v=_6dvFjHR4mA

Notes

- Sharon emailed Carolee, awaiting response
- Freedom Chair Contact Jeff from Iowa, 3 power chairs, phone call with Jeff?
- Reflection on Meeting
 - Lack of strength in thighs and arms
 - Carolee and Tom make use of their budget: transfer board, plastic cup
 - "Working toward immobility": design for **no muscle strength**
 - Adapt the freedom chair and her existing technologies
 - Carolee seems to struggle more with the **process of standing to sitting**
- Team consensus on process of standing to sitting
- Brain Storm
 1. Gas Spring John
 2. Harness Sharon
 3. Spring Jasmine
 4. Balloon Yoonbo
 5. Resistive Band Riti
- Core Strength
 - Lifting knees to chest
 - Twist
 - Lifting butt check
- **Hang out: Cards, potluck tentative date 11/2**

Actions Items

- Ask Dr. Steele about what to ask Jeff
- Call Jeff/come up with questions to ask Jeff
 - Where are the gaps in accessible technology?
 - Any advancements to Freedom Chair?
 - Is there anything out there that requires no arm strength?
 - Typical client? Progression of their disability?
- Everyone research their mechanism