```
// CODE BLOCK 2

const filteredResearches = [];
for (const recipe of gRecipes) {
  if (
    recipe.name.toUpperCase().includes("coco") ||
    recipe.description.toUpperCase().includes("coco")
  ) {
    filteredResearches.push(recipe);
  }
}


for (const recipe of gRecipes) {
  for (const ingredient of recipe.ingredients) {
    if (ingredient.ingredient.includes("coco")) {
      filteredResearches.push(recipe);
    }
  }
}
```