

1	15	29	43	57	71
2	16	30	44	58	72
3	17	31	45	59	73
4	18	32	46	60	74
5	19	33	47	61	75
6	20	34	48	62	76
7	21	35	49	63	77
8	22	36	50	64	78
9	23	37	51	65	79
10	24	38	52	66	80
11	25	39	53	67	81
12	26	40	54	68	82
13	27	41	55	69	83
14	28	42	56	70	84



What They Want To Tell The World :

Voices from around the globe speaking their truth

regardless of your situation your pain is valid and your experience is valid don't give up advocating for yourself because only you know what you're dealing with and your personal threshold i don't wanna see any of my ladies feeling bad for something they cannot control (as someone that is guilty of this) because you matter and your experience of life shouldn't be filled with chronic pain