Roehampton wellbeing app – sprint 2

Personas

Persona - Mariam

Mariam
Student

Profile Background
- Female, 32 years old
- Full time student
- Studying a master's degree in Computing
- Single Mum, Lives at home with her 2 children who are 8 and 6.
- Suffers from mental health, anxiety and depression
- Has a long-term health condition, diabetic and dyslexic?

Goals and Tasks
My goal is to write articles on living with mental health and having a long-term illness whilst studying.

My goal is to target single mothers and inspire them to chase their dreams.

Tasks include:
- A tool to express myself, relieve myself of not having many people I can talk to.
- A place where I can feel safe to talk about how I feel.

Anxieties and Motivations
- Motivated to express themselves via writing blogs for fellow students to read.
- Anxious about whether she will get good responses.

Frustrations and Concerns
- Frustrated at her diabetes and health, she would love to get her blood sugar under control as it is making it hard for her to concentrate in university.
- Frustrated that university lecturers do not understand her conditions and how it affects her studies.
- Concerned that she is the only one that is struggling in this academic term
- Worried that she might fail the course due to her disadvantage with her illness and learning disability.
- Worried that she has 2 kids and needs to also try and be a mum, but her studies and work does not allow her to spend much time with them.
- Worried she may be judged when she shares her story

Needs and Expectations
- Expects to share her story for all to read

Scenario
Mariam has just started university and studying in her first year. She is very anxious as she has taken a big leap from being a single Mother to her children to now attending university full time.

She has poorly managed diabetes which affects her focusing on lectures, she is always drained at home when looking after the children. She is finding the struggle between being a mum and full-time student challenging.

Her fellow classmates do not know much about her so she believes when she starts writing for all to read that they will be surprised. She is hesitant about whether she wants to remain anonymous or have her name out there.

Her classmates think she is a distraction at times as she tends to talk a lot in lecture, but they do not understand that she cannot focus on things. Her university lecturer said she is making excuses and she should be able to academically achieve the same as everyone else, there not understanding of her dyslexia.

She is on a waiting list for counselling with the university and desperate for someone to talk to listen to her story.

• Needs a platform where she can write about her struggle with her wellbeing • Needs validation and would like that other students can comment on her story and share it • Needs a safe space where she will not be judged • Expects to make some new friends with similar backgrounds through using her engaging posts	

Persona - Mike

Mike
Student

Profile Background
- Male, 23 years old
- Full time student
- Works part time at local supermarket
- Studies a bachelor's degree in psychology
- Lives at home with family

Goals and Tasks
My goal is to hear the concerns of my fellow students and help them understand that they are not alone. I also want a place to share my troubles without fear of judgment.

Tasks include:
- A tool to freely communicate with other students.
- A place where I can escape the pressure of studies with those in a similar situation to me.

Anxieties and Motivations
- Motivated to find other people to talk to regarding university
- Anxious about sharing problems and difficulties from his individual life on the internet

Frustrations and Concerns
- Frustrated that he can't seem to get his mind back into studying after the pandemic
- Concerned that he is the only one that is struggling in this academic term
- Worried that if he doesn't do something, he might end up withdrawing from his course

Needs and Expectations
- A place where he can honestly say what's on his mind.
- A platform where he can be heard
- A space where he can't be ridiculed for sharing his personal challenges
- Expects to share his story without his identity being revealed to everyone

Scenario
Mike has returned to studying after taking a break from his course during the pandemic, due to personal circumstances preventing him from learning at home.

On starting his second term back at his university, he quickly discovered his motivation/focus when it comes to studying has dwindled. Mike is starting to fall behind in academic work, leading to him working later into the night to try catch up. However, Mike also works part time and studying late is starting to impact his performance.

Mike feels that he is alone during this and that he is failing as a student. He is unable to share his problems with his family members, as they see his late nights as qualities of a hard-working student.

Persona -Stephen

Stephen
Student

Profile Background
- Male, 19 years old
- Full time student
- Studying a bachelor's degree in Business studies
- Lives with 3 roommates
- Has a strained relationship with his family
- Diagnosed with Clinical Depression

Goals and Tasks

My goal is to write posts describing my daily struggles and how I cope with my depression whilst studying.

My goal is to show others in my situation that they can succeed too.

Tasks include:
- A place where I can express my feelings and struggles
- A safe space away from expectations and pressure

Anxieties and Motivations
- Motivated to highlight their struggle
- Nervous about how their posts may make others feel

Frustrations and Concerns
- Frustrated at his lack of support from his family
- Frustrated that educational institutes have not supported him effectively
- Concerned that other people may feel the same but are afraid to speak out
- Worried about juggling the university workload and having to work many hours to pay bills.
- Worried that people won't understand his struggle when he shares it.

Needs and Expectations
- Expects to share his story for all to read
- A consistent platform where he can post his feelings/struggles
- A way for others to provide feedback or comments on his post
- A safe space away from harsh judgement
- A controlled environment away from people who don't take mental health seriously.

Scenario

Stephen has just started university, after completing his course at college. This is a massive change for him, as he has moved away from his home city to do so.

He does not have a strong support network within his family, he tends to spend most days alone. He is finding it hard to cope with the struggle of creating new meaningful friendships whilst studying.

His classmates think that he is a very withdrawn, anti-social person, but they don't understand that his depression and severe anxiety make it very difficult for him to open up to people. His lecturer has made it clear that only he is responsible for choosing a group to join for an assignment and will not help him with this struggle at all.
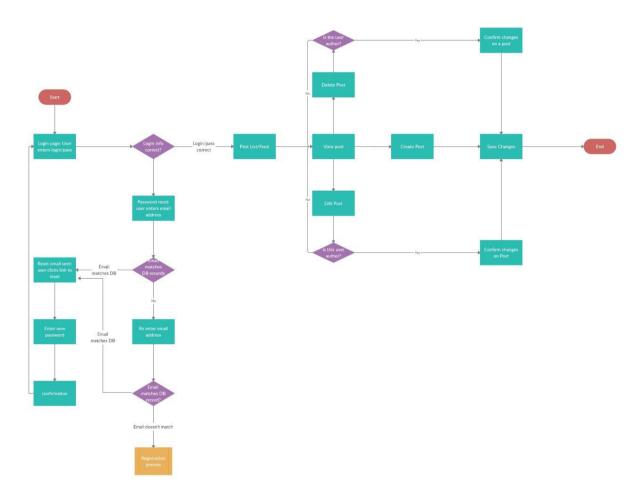
Like many others, he is on the waiting list for counselling at the university but will not be able to be seen for a long while.
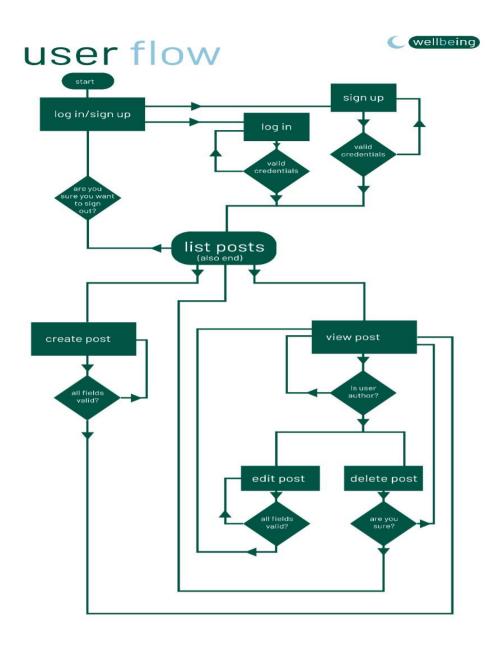
User Flow Diagram

USER FLOW DIAGRAM for Roehampton Wellbeing App

user flow

wellbeing

start

log in/sign up

sign up

log in

valid credentials

valid credentials

are you sure you want to sign out?

list posts
(also end)

create post

view post

all fields valid?

is user author?

edit post

delete post

all fields valid?

are you sure?

User Case Diagram

Roehampton Wellbeing App

Signup

<<include>>

Login

View Post

Create Post

<<include>>

Edit Post

<<include>>

DeletePost

User

Admin

User story mapping

ROEHAMPTON WELLBEING APP

Useful Resources	Mariam,Mike,Ad...		Mike,Mariam,Ad...		Mariam,Mike,Ad...		Mariam,Mike,Ad...		Mariam,Mike,Ad...
GOALS / EPICS >>>	The system should allow users to Signup/Login		The system should allow user to Create a Post		The system should allow users to update posts		The system should allow user to comment on post		THE system should allow for posts to be archived/deleted
USER STEPS >>>	Login	Sign Up	Create/Manage post	Search Post	Edit Post	View Post	Post comments	Post emoji	Delete Post

MVP

USER STORIES	Enter Username	Create Username	Select Create Post		Select my posts	Visit Homepage			
	Enter Password	Create Password	Complete Post form		Select Post to edit/update	View Posts			
	Login Successfully	Register successfully	Save Post		Enter form fields and content for post				
	View Homepage	View Homepage	Publish Post		Confirm you user wants to edit				
					Submit Post				
					View Post				

Release 2

	Sign up / Sign in with Roehampton account			Filter by Date		Search Post	Search Post	Go to My posts area
				Filter by Category		View Post	View Post	Select Post
				View filtered results		Select comment box	Select Emoji	Complete post fields
						Comment on post	Submit	Select Archive Post
						Submit	Post updates with emoji	Notification to Admin
						Post updates with comment		Admin archive post

User Stories

Roe wellbeing app : Sprint 2 🔥 18/10/21 > 03/11/21

Sprint Backlog

As Mike, I want to be able to create my own posts so that others can view/read it.

As Mariam, I want to be able to create my own account so that I can login securely.

As Mike, I want to be able to read others blog posts so that I can hear about other students experiences.

As Mariam, I want to be able to edit my blog post so that I can update it if I make a mistake.

As an user, I want to be able to reset my password so that I can access my account if I forget the login details.

As Mariam, I want to be able to delete the posts I've made, so that I can remove content that I no longer want users to view/read.

As an admin user, I want to be able to delete a users account if they request it so that users can feel free to leave anytime.

As a user, I want to be able to update my profile details so that the information displayed is current.

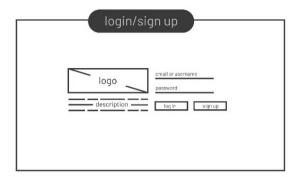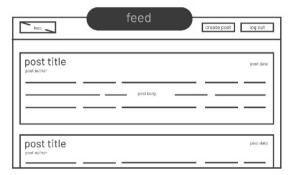As a user, I should be prompted if username entered already exists in the system - error message
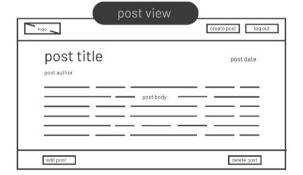
Add a card...

See Trello board - https://trello.com/invite/b/oo81hkth/f5042f5ce2e53ed4cd2908f3fdf89632/roe-wellbeing-app-sprint-2-%F0%9F%94%A5-18-10-21-03-11-21

Wireframes

wireframes

wellbeing

login/sign up

logo

email or username

password

description

log in

sign up

create post

logo

log out

post title

post author

post date

post body

publish

cancel

feed

logo

create post

log out

post title

post author

post date

post body

post title

post author

post date

edit post

logo

create post

log out

post title

post author

post date

post body

save

cancel

post view

logo

create post

log out

post title

post author

post date

post body

edit post

delete post

cancel edit/create

logo

log out

post title

post author

post date

Are you sure you abandon your changes?

yes

no

post body

publish

cancel

delete post

logo

create post

log out

post title

post author

post date

Are you sure you want to delete this post?

yes

no

edit post

delete post