* Microservices are a different (micro-) application each. Each with its own application logic and database.
* Load Balancers are usually used to distribute client requests to a cluster of instances of the same application.

That means: You can also use a load balancer to distribute requests for a microservice that is deployed in a cluster with many instances. But a load balancer can also be used to distribute requests to many instances of a large monolithic application (as opposed to micro).

