THE INTRODUCTION TO

LOOPS

DEFINITION

A generalized solution for repeating code with control over how many times the block of code runs

Example without loops:

```
var num = 5;

function addFive(){
  num += 5;
}

addFive();
addFive();
addFive();
addFive();
addFive();
addFive();
```

If we wanted to run this function 5 times, this is a very tedious way of doing it...

WHILE-LOOP

- A way to repeat code until a condition is met (evaluates to false)
- The condition is the same as in an if statement. It will always evaluate to a boolean
- If the condition is never met, the while loop will repeat until the computer crashes

```
var counter = 0;
while(counter < 10) {
  console.log(counter);
  counter++
}</pre>
```

FOR-LOOPS

- A for-loop is used to iterate a specific amount of times, or when it's condition is met
- Similar to a while-loop, however we use it when our condition is predictable
- i.e. we know how many times to iterate.

FOR-LOOPS SYNTAX

- 1. for keyword
- 2. Initialization (where we declare a variable)
- 3. Condition (where our variable meets a condition)
- Update (After each iteration, how we manipulate our variable

```
for([initialisation]; [condition]; [update]) {
  console.log(i);
}
```

FOR-LOOPS SYNTAX

- Here we have declared a variable i and assigned it to zero
- ▶ The condition is that i must be less than 10
- In the update section, every time the loop runs, it will increment i

```
for(var i = 0; i < 10; i++) {
  console.log(i);
}</pre>
```

FOR-LOOPS SYNTAX

- Here we have declared a variable i and assigned it to zero
- ▶ The condition is that i must be less than 10
- In the update section, every time the loop runs, it will increment i

```
for(var i = 0; i < 10; i++) {
  console.log(i);
}</pre>
```

HOW TO "BREAK" the loop

- If you put the *return* key word inside the for-loop, it will stop iterating (inside a function of course)
- break key word will stop the for-loop from iterating, however it will not stop the function
- continue key word will not run any lines of code below, however the loop will continue to iterate
- break and continue are usually used inside conditional statements