

The Week Ahead

Saturday, July 1 – Friday, July 7, 2023

Week 26

Quarter 3

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July 1, 2023

Saturday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 1, 2023

Quarter 3 Week 26 Day 182

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10 days left in sprint

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July 1, 2023

Saturday

Journal

July 2, 2023

Sunday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 2, 2023

Quarter 3 Week 26 Day 183

Sunday

10 days left in sprint

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July 2, 2023

Sunday

Journal

July 3, 2023

Monday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

July 3, 2023

Quarter 3 Week 27 Day 184

Monday

9 days left in sprint

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July 3, 2023

Monday

Journal

July 4, 2023

Tuesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 4, 2023

Quarter 3 Week 27 Day 185

Tuesday

8 days left in sprint

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July 4, 2023

Tuesday

Journal

July 5, 2023

Wednesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 5, 2023

Quarter 3 Week 27 Day 186

Wednesday

7 days left in sprint

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July 5, 2023

Wednesday

Journal

July 6, 2023

Thursday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 6, 2023

Quarter 3 Week 27 Day 187

Thursday

6 days left in sprint

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July 6, 2023

Thursday

Journal

July 7, 2023

Friday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 7, 2023

Quarter 3 Week 27 Day 188

Friday

5 days left in sprint

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July 7, 2023

Friday

Journal

The Week Ahead

Saturday, July 8 – Friday, July 14, 2023

Week 27

Quarter 3

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July 8, 2023

Saturday

Daily Metrics

Shutdown Complete ☐

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Notes:

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July 8, 2023

Quarter 3 Week 27 Day 189

Saturday

5 days left in sprint

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July 8, 2023

Saturday

Journal

July 9, 2023

Sunday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

July 9, 2023

Quarter 3 Week 27 Day 190

Sunday

5 days left in sprint

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July 9, 2023

Sunday

Journal

July 10, 2023

Monday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

July 10, 2023

Quarter 3 Week 28 Day 191

Monday

4 days left in sprint

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Journal

July 11, 2023

Tuesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 11, 2023

Quarter 3 Week 28 Day 192

Tuesday

3 days left in sprint

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July 11, 2023

Tuesday

Journal

July 12, 2023

Wednesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 12, 2023

Quarter 3 Week 28 Day 193

Wednesday

2 days left in sprint

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July 12, 2023

Wednesday

Journal

July 13, 2023

Thursday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 13, 2023

Quarter 3 Week 28 Day 194

Thursday

1 day left in sprint

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July 13, 2023

Thursday

Journal

July 14, 2023

Friday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

July 14, 2023

Quarter 3 Week 28 Day 195

Friday

last day of sprint

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July 14, 2023

Friday

Journal

The Week Ahead

Saturday, July 15 – Friday, July 21, 2023

Week 28

Quarter 3

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July 15, 2023

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Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 15, 2023

Quarter 3 Week 28 Day 196

Saturday

last day of sprint

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July 15, 2023

Saturday

Journal

July 16, 2023

Sunday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

July 16, 2023

Quarter 3 Week 28 Day 197

Sunday

11 days left in sprint

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July 16, 2023

Sunday

Journal

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

July 17, 2023

Monday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

July 17, 2023

Quarter 3 Week 29 Day 198

Monday

10 days left in sprint

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July 17, 2023

Monday

Journal

July 18, 2023

Tuesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

July 18, 2023

Quarter 3 Week 29 Day 199

Tuesday

9 days left in sprint

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July 18, 2023

Tuesday

Journal

July 19, 2023

Wednesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 19, 2023

Quarter 3 Week 29 Day 200

Wednesday

8 days left in sprint

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July 19, 2023

Wednesday

Journal

July 20, 2023

Thursday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 20, 2023

Quarter 3 Week 29 Day 201

Thursday

7 days left in sprint

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July 20, 2023

Thursday

Journal

July 21, 2023

Friday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 21, 2023

Quarter 3 Week 29 Day 202

Friday

6 days left in sprint

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July 21, 2023

Friday

Journal

The Week Ahead

Saturday, July 22 – Friday, July 28, 2023

Week 29

Quarter 3

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July 22, 2023

Saturday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 22, 2023

Quarter 3 Week 29 Day 203

Saturday

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July 22, 2023

Saturday

Journal

July 23, 2023

Sunday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 23, 2023

Quarter 3 Week 29 Day 204

Sunday

6 days left in sprint

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July 23, 2023

Sunday

Journal

July 24, 2023

Monday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

July 24, 2023

Quarter 3 Week 30 Day 205

Monday

5 days left in sprint

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July 24, 2023

Monday

Journal

July 25, 2023

Tuesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 25, 2023

Quarter 3 Week 30 Day 206

Tuesday

4 days left in sprint

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July 25, 2023

Tuesday

Journal

July 26, 2023

Wednesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 26, 2023

Quarter 3 Week 30 Day 207

Wednesday

3 days left in sprint

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July 26, 2023

Wednesday

Journal

July 27, 2023

Thursday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 27, 2023

Quarter 3 Week 30 Day 208

Thursday

2 days left in sprint

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July 27, 2023

Thursday

Journal

July 28, 2023

Friday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 28, 2023

Quarter 3 Week 30 Day 209

Friday

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July 28, 2023

Friday

Journal

The Week Ahead

Saturday, July 29 – Friday, August 4, 2023

Week 30

Quarter 3

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July 29, 2023

Saturday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 29, 2023

Quarter 3 Week 30 Day 210

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July 29, 2023

Saturday

Journal

July 30, 2023

Sunday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 30, 2023

Quarter 3 Week 30 Day 211

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July 30, 2023

Sunday

Journal

July 31, 2023

Monday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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July 31, 2023

Quarter 3 Week 31 Day 212

Monday

last day of sprint

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July 31, 2023

Monday

Journal

August 1, 2023

Tuesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 1, 2023

Quarter 3 Week 31 Day 213

Tuesday

10 days left in sprint

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August 1, 2023

Tuesday

Journal

August 2, 2023

Wednesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 2, 2023

Quarter 3 Week 31 Day 214

Wednesday

9 days left in sprint

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August 2, 2023

Wednesday

Journal

August 3, 2023

Thursday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 3, 2023

Quarter 3 Week 31 Day 215

Thursday

8 days left in sprint

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August 3, 2023

Thursday

Journal

August 4, 2023

Friday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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August 4, 2023

Quarter 3 Week 31 Day 216

Friday

7 days left in sprint

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August 4, 2023

Friday

Journal

The Week Ahead

Saturday, August 5 – Friday, August 11, 2023

Week 31

Quarter 3

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August 5, 2023

Saturday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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August 5, 2023

Quarter 3 Week 31 Day 217

Saturday

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August 5, 2023

Saturday

Journal

August 6, 2023

Sunday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 6, 2023

Quarter 3 Week 31 Day 218

Sunday

7 days left in sprint

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August 6, 2023

Sunday

Journal

August 7, 2023

Monday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 7, 2023

Quarter 3 Week 32 Day 219

Monday

6 days left in sprint

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August 7, 2023

Monday

Journal

August 8, 2023

Tuesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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August 8, 2023

Quarter 3 Week 32 Day 220

Tuesday

5 days left in sprint

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August 8, 2023

Tuesday

Journal

August 9, 2023

Wednesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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August 9, 2023

Quarter 3 Week 32 Day 221

Wednesday

4 days left in sprint

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August 9, 2023

Wednesday

Journal

August 10, 2023

Thursday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 10, 2023

Quarter 3 Week 32 Day 222

Thursday

3 days left in sprint

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August 10, 2023

Thursday

Journal

August 11, 2023

Friday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 11, 2023

Quarter 3 Week 32 Day 223

Friday

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August 11, 2023

Friday

Journal

The Week Ahead

Saturday, August 12 – Friday, August 18, 2023

Week 32

Quarter 3

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August 12, 2023

Saturday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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August 12, 2023

Quarter 3 Week 32 Day 224

Saturday

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August 12, 2023

Saturday

Journal

August 13, 2023

Sunday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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August 13, 2023

Quarter 3 Week 32 Day 225

Sunday

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August 13, 2023

Sunday

Journal

August 14, 2023

Monday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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August 14, 2023

Quarter 3 Week 33 Day 226

Monday

1 day left in sprint

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August 14, 2023

Monday

Journal

August 15, 2023

Tuesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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August 15, 2023

Quarter 3 Week 33 Day 227

Tuesday

last day of sprint

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August 15, 2023

Tuesday

Journal

August 16, 2023

Wednesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 16, 2023

Quarter 3 Week 33 Day 228

Wednesday

11 days left in sprint

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August 16, 2023

Wednesday

Journal

August 17, 2023

Thursday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 17, 2023

Quarter 3 Week 33 Day 229

Thursday

10 days left in sprint

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August 17, 2023

Thursday

Journal

August 18, 2023

Friday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

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August 18, 2023

Quarter 3 Week 33 Day 230

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9 days left in sprint

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August 18, 2023

Friday

Journal

The Week Ahead

Saturday, August 19 – Friday, August 25, 2023

Week 33

Quarter 3

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August 19, 2023

Saturday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 19, 2023

Quarter 3 Week 33 Day 231

Saturday

9 days left in sprint

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August 19, 2023

Saturday

Journal

August 20, 2023

Sunday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 20, 2023

Quarter 3 Week 33 Day 232

Sunday

9 days left in sprint

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August 20, 2023

Sunday

Journal

August 21, 2023

Monday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 21, 2023

Quarter 3 Week 34 Day 233

Monday

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August 21, 2023

Monday

Journal

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

August 22, 2023

Tuesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 22, 2023

Quarter 3 Week 34 Day 234

Tuesday

7 days left in sprint

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August 22, 2023

Tuesday

Journal

August 23, 2023

Wednesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 23, 2023

Quarter 3 Week 34 Day 235

Wednesday

6 days left in sprint

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August 23, 2023

Wednesday

Journal

August 24, 2023

Thursday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 24, 2023

Quarter 3 Week 34 Day 236

Thursday

5 days left in sprint

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August 24, 2023

Thursday

Journal

August 25, 2023

Friday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 25, 2023

Quarter 3 Week 34 Day 237

Friday

4 days left in sprint

+

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

+

+

August 25, 2023

Friday

Journal

The Week Ahead

Saturday, August 26 – Friday, September 1, 2023

Week 34

Quarter 3

+

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August 26, 2023

Saturday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 26, 2023

Quarter 3 Week 34 Day 238

Saturday

4 days left in sprint

+

8

9

10

11

12

+

13

14

15

16

17

18

+

August 26, 2023

Saturday

Journal

August 27, 2023

Sunday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 27, 2023

Quarter 3 Week 34 Day 239

Sunday

4 days left in sprint

+

8

9

10

11

12

+

13

14

15

16

17

18

+

August 27, 2023

Sunday

Journal

August 28, 2023

Monday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 28, 2023

Quarter 3 Week 35 Day 240

Monday

3 days left in sprint

+

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

+

+

August 28, 2023

Monday

Journal

August 29, 2023

Tuesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 29, 2023

Quarter 3 Week 35 Day 241

Tuesday

2 days left in sprint

+

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

+

+

August 29, 2023

Tuesday

Journal

August 30, 2023

Wednesday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 30, 2023

Quarter 3 Week 35 Day 242

Wednesday

1 day left in sprint

+

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

+

+

August 30, 2023

Wednesday

Journal

August 31, 2023

Thursday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

August 31, 2023

Quarter 3 Week 35 Day 243

Thursday

last day of sprint

+

8

9

10

11

12

+

13

14

15

16

17

18

+

August 31, 2023

Thursday

Journal

September 1, 2023

Friday

Daily Metrics

Shutdown Complete ☐

Tasks:

Notes:

[illegible]

September 1, 2023

Friday

Quarter 3 Week 35 Day 244

10 days left in sprint

+

8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			

+

+

September 1, 2023

Friday

Journal