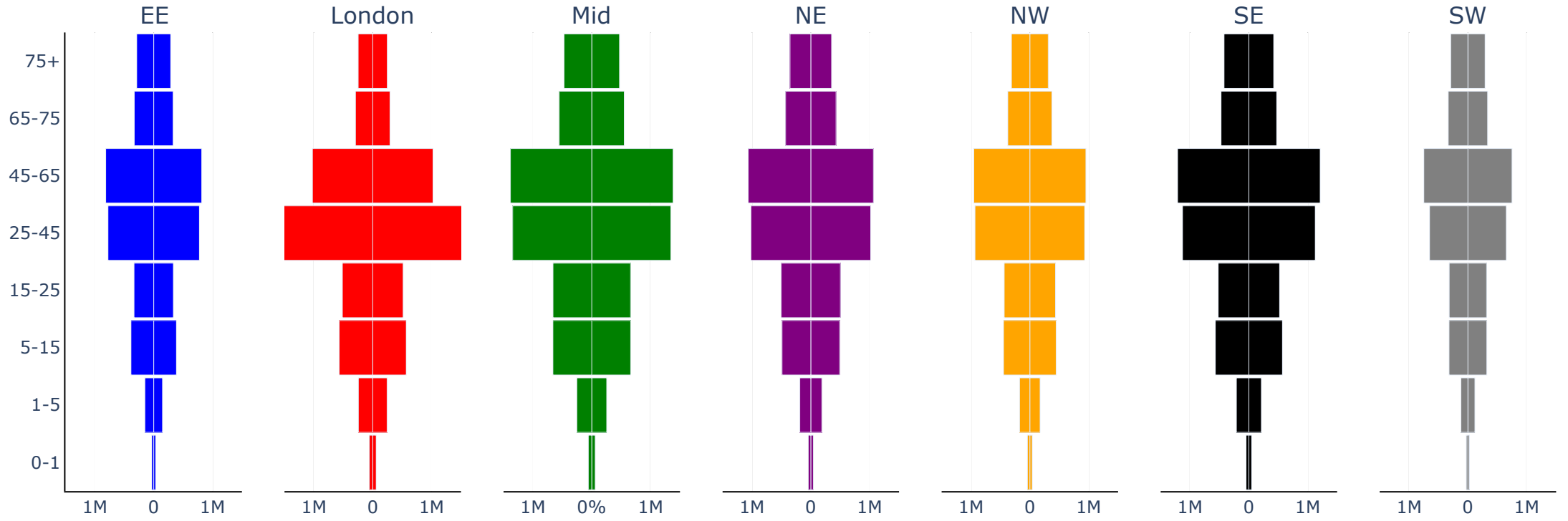Population levels in regions of England