after 2010         0         C           2009         0         C           2008         0         C           2007         0         C           2006         0         C           2005         0         C           2004         0         C           2003         0         C           2001         1         1           2000         0         C           2001         1         1           1999         1         1           1999         1         1           1996         2         2           1995         7         9           1994         1         1           1994         1         1           1994         1         3           1991         5         6           1991         3         4	Your birth year	Subtotal %	
2009         0	after 2010		0
2009         0			0
2007         0			0
2007         0			0
2006         0         9         9         9         9         9         9         9         9         7	2007		0
2005       0       0         2004       0       0         2002       0       0         2001       1       1         2000       0       0         1999       1       1.4         1999       1       1.4         1996       2       2.8         1995       7       9.7         1994       13       18.1         1993       7       9.7         1994       13       18.1         1991       5       6.9         1991       5       6.9         1990       3       4.2         1989       3       4.2         1989       3       4.2         1988       3       4.2         1988       3       4.2         1984       3       4.2         1984       3       4.2         1984       3       4.2         1984       3       4.2         1984       3       4.2         1984       3       4.2         1984       3       4.2         1984       3       4.2	2007		0
2004         0         9			
2003         0         C           2001         1         1.4           2000         0         C           1999         1         1.4           1998         0         C           1997         1         1.4           1996         2         2.8           1995         7         9.7           1994         13         18.1           1993         7         9.7           1992         5         6.8           1991         5         6.9           1990         3         4.2           1988         3         4.2           1988         3         4.2           1988         3         4.2           1986         0         0           1985         3         4.2           1984         3         4.2           1983         2         2.8           1984         3         4.2           1983         2         2.8           1984         3         4.2           1983         2         2.8           1984         3         4.2           1989	2004		0
2002         0         0         0         0         1         1.4         2000         0         0         1999         1         1.4         1.999         1         1.4         1.999         1         1.4         1.999         1         1.4         1.999         1         1.4         1.999         1         1.4         1.999         2.2         2.8         1.8         1.8         1.999         1.8         1.8         1.8         1.9         1.9         1.9         2.9         2.8         1.8         1.9         1.9         1.9         2.9         2.8         1.9	2004		
2001       1       1.4         2000       0       0         1999       1       1.4         1998       0       0         1997       1       1.4         1996       2       2.8         1995       7       9.7         1994       13       18.1         1993       7       9.7         1992       5       6.9         1990       3       4.2         1989       3       4.2         1988       3       4.2         1987       1       1.4         1986       0       0         1984       3       4.2         1983       2       2.8         1984       3       4.2         1983       2       2.8         1984       3       4.2         1983       2       2.8         1984       3       4.2         1983       2       2.8         1984       3       4.2         1985       3       4.2         1986       0       0         1979       0       0 <t< td=""><td>2003</td><td></td><td></td></t<>	2003		
2000       0       0       1999       1       1.4       1.999       1       1.4       1.999       1.0       1.0       1.997       1.1       1.4       1.996       2       2.8       2.8       1.999       1.3       1.8.1       1.999       1.3       1.8.1       1.993       7       9.7       9.7       9.7       9.7       9.7       9.9       1.991       5       6.9       1.991       5       6.9       1.992       5       6.9       1.992       5       6.9       1.993       4       2.9       1.993       4       2.9       1.994       1.9       1.9       1.9       9.9       1.9       9.9       9.9       1.9       1.9       6.9       9.9       1.9       9.9       9.9       9.9       3.9       4.2       1.9	2002		
1999       1       1.4         1998       0       0         1996       2       2.8         1995       7       9.7         1994       13       18.1         1993       7       9.7         1992       5       6.9         1990       3       4.2         1989       3       4.2         1988       3       4.2         1988       3       4.2         1985       3       4.2         1984       3       4.2         1982       3       4.2         1981       1       1.4         1980       0       0         1979       0       0         1978       1       1.4         1975       0       0         1974       0       0         1972       1       1.4         1974       0       0         1972       1       1.4         1971       0       0         1969       0       0         1968       2       2.8         1967       0       0         1968 </td <td>2001</td> <td></td> <td></td>	2001		
1998       0       C         1997       1       1       1         1995       7       9.7         1994       13       18.1       19.3       19.7       19.7       19.9 <td< td=""><td></td><td></td><td>0</td></td<>			0
1997       1       1.4         1996       2       2.8         1994       13       18.1         1993       7       9.7         1992       5       6.9         1990       3       4.2         1988       3       4.2         1988       3       4.2         1986       0       0         1985       3       4.2         1984       3       4.2         1983       2       2.8         1984       3       4.2         1983       2       2.8         1984       3       4.2         1983       2       2.8         1984       3       4.2         1983       2       2.8         1984       3       4.2         1983       2       2.8         1984       3       4.2         1985       3       4.2         1986       0       0         1979       0       0         1974       0       0         1974       0       0         1974       0       0	1999		1.4
1996       2       2.8         1995       7       9.7         1994       13       18.1         1992       5       6.9         1990       3       4.2         1989       3       4.2         1987       1       1.4         1986       0       0         1987       1       1.4         1986       0       0         1983       2       2.8         1984       3       4.2         1983       2       2.8         1982       3       4.2         1989       0       0         1979       0       0         1979       0       0         1978       1       1.4         1976       1       1.4         1975       0       0         1974       0       0         1973       0       0         1974       0       0         1972       1       1.4         1971       0       0         1969       0       0         1966       0       0         1967	1998	0	0
1995       7       9.7         1994       13       18.1         1992       5       6.9         1991       5       6.9         1990       3       4.2         1988       3       4.2         1987       1       1.4         1986       0       0         1985       3       4.2         1984       3       4.2         1982       3       4.2         1982       3       4.2         1981       1       1.4         1979       0       0         1978       1       1.4         1976       1       1.4         1975       0       0         1973       0       0         1973       0       0         1973       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1969       0       0         1966       0       0         1965       0       0         1966       0       0         1965	1997		1.4
1995       7       9.7         1994       13       18.1         1992       5       6.9         1991       5       6.9         1989       3       4.2         1988       3       4.2         1987       1       1.4         1986       0       0         1985       3       4.2         1984       3       4.2         1982       3       4.2         1981       1       1.4         1990       0       0         1979       0       0         1978       1       1.4         1976       1       1.4         1975       0       0         1973       0       0         1973       0       0         1973       0       0         1970       2       2.8         1969       0       0         1973       0       0         1973       0       0         1968       2       2.8         1969       0       0         1966       0       0         1965	1996	2	2.8
1994       13       18.1         1993       7       9.7         1992       5       6.9         1990       3       4.2         1988       3       4.2         1987       1       1.4         1986       0       0         1985       3       4.2         1984       3       4.2         1983       2       2.8         1982       3       4.2         1980       0       0         1979       0       0         1978       1       1.4         1976       1       1.4         1975       0       0         1972       1       1.4         1971       0       0         1972       1       1.4         1970       2       2.8         1969       0       0         1965       0       0         1966       0       0         1965       0       0         1964       0       0         1965       0       0         1960       0       0         1961		7	9.7
1993       7       9.7         1992       5       6.9         1990       3       4.2         1989       3       4.2         1988       3       4.2         1987       1       1.4         1986       0       0         1984       3       4.2         1983       2       2.8         1982       3       4.2         1980       0       0         1979       0       0         1978       1       1.4         1976       1       1.4         1975       0       0         1972       1       1.4         1971       0       0         1972       1       1.4         1970       2       2.8         1969       0       0         1965       0       0         1966       0       0         1965       0       0         1964       0       0         1965       0       0         1964       0       0         1965       0       0         1960	1994	13	
1992       5       6.9         1991       5       6.9         1989       3       4.2         1988       3       4.2         1987       1       1.4         1986       0       0         1985       3       4.2         1984       3       4.2         1982       3       4.2         1981       1       1.4         1980       0       0         1979       0       0         1978       1       1.4         1977       1       1.4         1975       0       0         1973       0       0         1972       1       1.4         1970       2       2.8         1969       0       0         1969       0       0         1966       0       0         1965       0       0         1966       0       0         1967       0       0         1968       2       2.8         1967       0       0         1966       0       0         1961	1993		
1991       5       6.9         1999       3       4.2         1988       3       4.2         1987       1       1.4         1986       0       0         1985       3       4.2         1984       3       4.2         1982       3       4.2         1980       0       0         1979       0       0         1978       1       1.4         1976       1       1.4         1975       0       0         1974       0       0         1972       1       1.4         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1966       0       0         1965       0       0         1966       0       0         1965       0       0         1966       0       0         1967       0       0         1968	1992		
1990       3       4.2         1988       3       4.2         1987       1       1.4         1986       0       0         1984       3       4.2         1982       3       4.2         1980       0       0         1979       0       0         1978       1       1.4         1976       1       1.4         1973       0       0         1974       0       0         1972       1       1.4         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1965       0       0         1966       0       0         1967       0       0         1968       2       2.8         1967       0       0         1965       0       0         1966       0       0         1967       0       0         1968       0       0         1969       0       0         1960       0<			
1989       3       4.2         1987       1       1.4         1986       0       0         1985       3       4.2         1984       3       4.2         1983       2       2.8         1982       3       4.2         1981       1       1.4         1980       0       0         1979       0       0         1978       1       1.4         1977       1       1.4         1976       1       1.4         1975       0       0         1973       0       0         1972       1       1.4         1971       0       0         1969       0       0         1966       0       0         1967       0       0         1965       0       0         1965       0       0         1966       0       0         1965       0       0         1966       0       0         1967       0       0         1968       0       0         1969       0<	1000	<u> </u>	
1988       3       4.2         1987       1       1.4         1986       0       0         1981       3       4.2         1982       3       4.2         1980       0       0         1979       0       0         1978       1       1.4         1976       1       1.4         1973       0       0         1974       0       0         1972       1       1.4         1971       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1964       0       0         1965       0       0         1964       0       0         1962       0       0         1960       0       0         before 1960       0       0         total       72	1000		
1987       1       1.4         1986       0       0         1985       3       4.2         1983       2       2.8         1982       3       4.2         1980       0       0         1979       0       0         1978       1       1.4         1977       1       1.4         1975       0       0         1974       0       0         1973       0       0         1971       0       0         1971       0       0         1970       2       2         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1964       0       0         1962       0       0         1960       0       0         before 1960       0       0         total       72		3	
1986       0       C         1985       3       4.2         1983       2       2.8         1982       3       4.2         1981       1       1.4         1980       0       0         1979       0       0         1978       1       1.4         1977       1       1.4         1975       0       0         1974       0       0         1973       0       0         1972       1       1.4         1971       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1965       0       0         1964       0       0         1963       0       0         1964       0       0         1965       0       0         1960       0       0         before 1960       0       0         total       72			
1985       3       4.2         1984       3       4.2         1983       2       2.8         1981       1       1.4         1980       0       0         1979       0       0         1978       1       1.4         1976       1       1.4         1975       0       0         1974       0       0         1972       1       1.4         1971       0       0         1970       2       2.8         1969       0       0         1967       0       0         1966       0       0         1965       0       0         1962       0       0         1963       0       0         1964       0       0         1965       0       0         1960       0       0         before 1960       0       0         total       72			
1984       3       4.2         1983       2       2.8         1981       1       1.4         1980       0       0         1979       0       0         1978       1       1.4         1977       1       1.4         1976       1       1.4         1975       0       0         1974       0       0         1973       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1964       0       0         1963       0       0         1964       0       0         1963       0       0         1964       0       0         1960       0       0         0before 1960       0       0         total       72			
1983       2       2.8         1982       3       4.2         1980       0       0         1979       0       0         1978       1       1.4         1977       1       1.4         1976       1       1.4         1975       0       0         1974       0       0         1972       1       1.4         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1963       0       0         1964       0       0         1963       0       0         1960       0       0         1961       0       0         1960       0       0         1961       0       0         1960       0       0         1961       0       0         1960       0       0         1961       0       0         1962       0		3	4.2
1982       3       4,2         1981       1       1,4         1980       0       0         1979       0       0         1978       1       1,4         1977       1       1,4         1976       1       1,4         1975       0       0         1974       0       0         1972       1       1,4         1971       0       0         1970       2       2,8         1969       0       0         1968       2       2,8         1967       0       0         1965       0       0         1965       0       0         1964       0       0         1963       0       0         1964       0       0         1965       0       0         1960       0       0         0       0       0         0       0       0         1960       0       0         0       0       0         0       0       0         0       0       0	1984	3	
1981       1       1.4         1980       0       0         1979       0       0         1978       1       1.4         1977       1       1.4         1976       1       1.4         1975       0       0         1974       0       0         1973       0       0         1972       1       1.4         1971       0       0         1969       0       0         1968       2       2.8         1967       0       0         1965       0       0         1964       0       0         1963       0       0         1964       0       0         1965       0       0         1960       0       0         1961       0       0         1960       0       0         1960       0       0         1960       0       0         1960       0       0         1960       0       0         1960       0       0         1960       0	1983		2.8
1980       0       0         1979       0       0         1978       1       1.4         1977       1       1.4         1976       1       1.4         1975       0       0         1974       0       0         1973       0       0         1972       1       1.4         1971       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1965       0       0         1964       0       0         1963       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72			4.2
1980       0       0         1979       0       0         1978       1       1.4         1977       1       1.4         1976       1       1.4         1975       0       0         1974       0       0         1973       0       0         1972       1       1.4         1971       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1965       0       0         1964       0       0         1963       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72	1981	1	1.4
1979       0       C         1978       1       1.4         1977       1       1.4         1976       1       1.4         1975       0       C         1974       0       C         1973       0       C         1972       1       1.4         1970       2       2.8         1969       0       C         1968       2       2.8         1967       0       C         1966       0       C         1965       0       C         1963       0       C         1962       0       C         1961       0       C         1960       0       C         before 1960       0       C         total       72	1980	0	0
1978       1       1.4         1976       1       1.4         1975       0       0         1974       0       0         1973       0       0         1972       1       1.4         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72	1979	0	0
1977       1       1.4         1976       1       1.4         1975       0       0         1974       0       0         1973       0       0         1972       1       1.4         1971       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72	1978		
1976       1       1.4         1975       0       0         1974       0       0         1973       0       0         1972       1       1.4         1971       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1964       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72			
1975       0       0         1974       0       0         1973       0       0         1972       1       1.4         1971       0       0         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72	1976		1.4
1974       0       0         1973       0       0         1972       1       1.4         1971       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1964       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72			
1973       0       0         1972       1       1.4         1971       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1964       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72			
1972       1       1.4         1971       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1964       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72	1072		
1971       0       0         1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1964       0       0         1963       0       0         1962       0       0         1960       0       0         before 1960       0       0         total       72	1072		
1970       2       2.8         1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1964       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72			
1969       0       0         1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1964       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72	1971		
1968       2       2.8         1967       0       0         1966       0       0         1965       0       0         1964       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72	1970		
1967       0       0         1966       0       0         1965       0       0         1964       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72			0
1966       0       0         1965       0       0         1964       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72	1968		
1965       0       0         1964       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72	1967		0
1964       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72    What is your gender?	1966		0
1964       0       0         1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72    What is your gender?	1965	0	0
1963       0       0         1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72    What is your gender?		0	0
1962       0       0         1961       0       0         1960       0       0         before 1960       0       0         total       72    What is your gender?			0
1961       0       0         1960       0       0         before 1960       0       0         total       72    What is your gender?	1962		0
1960       0       0         before 1960       0       0         total       72    What is your gender?			0
before 1960 0 0 total 72  What is your gender?	1960		0
total 72 What is your gender?			0
What is your gender?			U
	total	12	
	What is your gondor?		
Option Subtotal %		Cb+a+a   0/	
	Ομισπ	Suptotal %	

male	34	47.2
Female	38	52.8
total	72	
So far, your highest degree (including reading) is?		
Option	Subtotal %	
Junior high school and below	2	2.8
High school/secondary school/technical school	4	5.6
Diploma	9	12.5
Bachelor	37	51.4
Graduate and above	20	27.8
total	72	
What is your current occupation?		
Option	Subtotal %	
		47.0
Student	34	47.2
Government / agency cadre / civil servant	2	2.8
Corporate managers (including grassroots and middle and senior mana		2.8
Ordinary staff (office/office staff)	15	20.8
Professionals (such as doctors/lawyers/stylists/journalists/teachers, etc.)	6	8.3
Ordinary workers (such as factory workers/physical workers, etc.)	2	2.8
Business service workers (such as sales staff / store staff / waiters, etc.)	1	1.4
Self-employed/contractor	4	5.6
	3	
Freelancer		4.2
Agriculture, forestry, animal husbandry and fishermen	0	0
retirement	0	0
No occupation	2	2.8
other	1	1.4
total	72	
Do you have the habit of doing a schedule on weekdays?		
•	Subtotal %	
Option		10.4
Always	14	19.4
occasionally	48	66.7
Never	10	13.9
total	72	
Have you ever experienced an overall disruption of your plan due to ex	ternal factors?	
Option	Subtotal %	
often	16	25.8
occasionally	43	69.4
Never	3	4.8
total	62	
Are you upset because the plan is disrupted?		
Option	Subtotal %	
often	22	35.5
occasionally	37	59.7
Never	3	4.8
total	62	7.0
total	UZ	
Herrida variable are week 1 0		
How do you plan on weekdays?	0.1.	
Option	Subtotal %	
notebook	28	45.2

calendar	26	41.9		
Software	8	12.9		
total	62			
What is the main reason why you don't plan?				
Option	Subtotal	%		
Never cared about this aspect	5	50		
Lazy/sexual	3	30		
The plan can't keep up with the change, the plan is always affected by v	2	20		
Make a plan waste time	0	0		
Life is too monotonous and does not require planning	3	30		
other	0	0		
total	10			
Do you think that planning is a good habit and will start planning one day in the future?				
Option	Subtotal	%		
yes	7	70		
no	3	30		
total	10			
Are you looking for a better scheduler software?				
Option	Subtotal	%		
yes	41	56.9		
no	31	43.1		
total	72			