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# Quadruped Robots for Mobile Manipulation and Legged Locomotion: A Survey

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## Abstract

Quadruped robots, characterized by their four-legged design, are at the forefront of advancements in mobile manipulation and legged locomotion, driven by whole-body control systems and reinforcement learning techniques. This survey paper examines the transformative role of quadruped robots across various domains, highlighting their capabilities in navigating and manipulating complex environments. The integration of technologies like whole-body control and reinforcement learning enhances these robots' adaptability and operational efficiency, enabling seamless execution of complex maneuvers. Recent innovations in locomotion planning, control systems, and sensor integration have significantly improved their performance in diverse and challenging terrains. Applications in search and rescue, industrial inspection, agriculture, and space exploration underscore their utility and versatility. Despite challenges in energy efficiency, computational constraints, and sensory feedback, ongoing research aims to enhance robustness and adaptability. Future directions focus on optimizing control strategies, improving perception systems, and developing versatile co-design approaches to address these challenges. As quadruped robots continue to evolve, their potential to address complex real-world challenges across industrial, public, and extraterrestrial domains remains promising, paving the way for future innovations in this dynamic field.

## 1 Introduction

### 1.1 Significance of Quadruped Robots

Quadruped robots represent a transformative advancement in robotics, excelling in navigation and manipulation within complex environments. The Stoch quadrupedal robot illustrates the development of reliable, cost-effective walking platforms essential for research progress [1]. Their superior ability to traverse challenging terrains makes them invaluable across various applications, from industrial settings to exploration missions [2]. Unique locomotion patterns confer significant advantages over other robotic forms, enabling effective handling of diverse terrains and user commands [3].

In mobile manipulation, quadruped robots are crucial for seamlessly integrating locomotion and manipulation. However, existing modular control methods that separate these functions often struggle in dynamic environments [4]. The potential for quadruped robots to autonomously perform hybrid motions is vital for long-horizon tasks, such as material handling and household chores [5].

The deployment of commercial-off-the-shelf (COTS) legged robot platforms within heterogeneous robot teams underscores the significance of quadruped robots, particularly in navigating challenging terrains [6]. Their adaptability to various terrains and capability to execute complex tasks enhance their utility in mobile manipulation and legged locomotion [3].

Furthermore, the integration of manipulators and tails in quadruped robots enhances stability and agility, particularly during rapid maneuvers or in response to external disturbances [7]. This integration is essential for overcoming current limitations in complex loco-manipulation tasks [8].

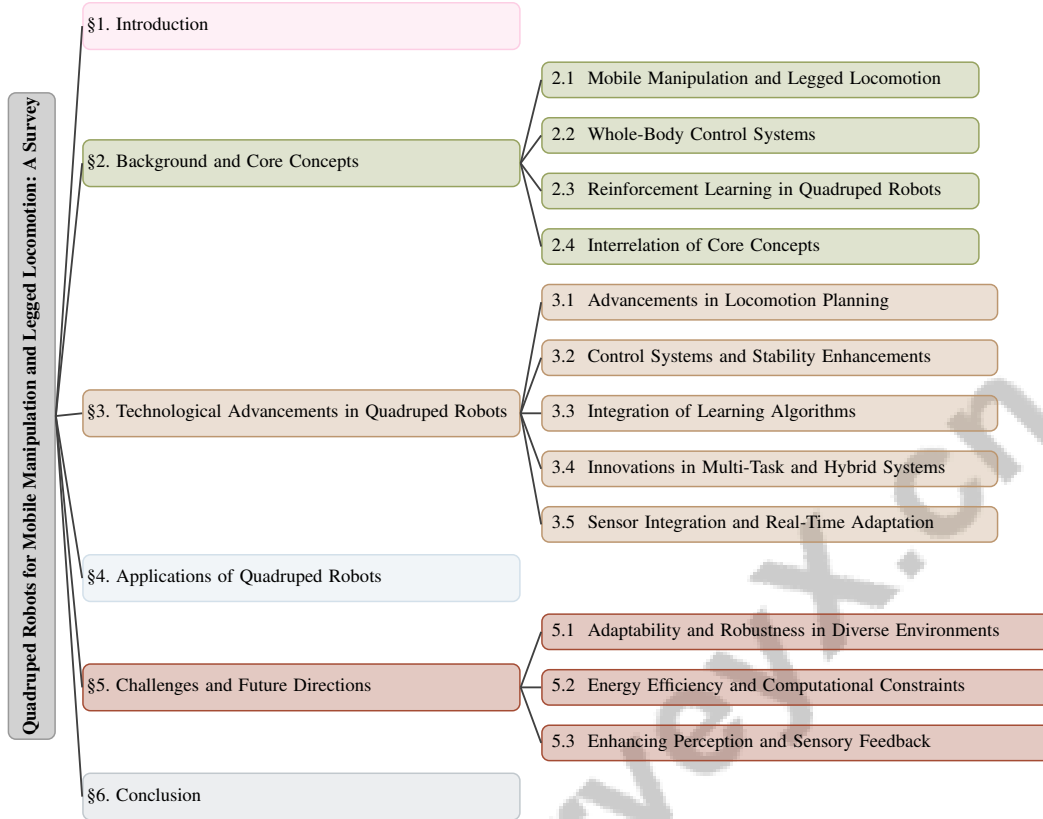


Figure 1: chapter structure

As quadruped robots evolve, their impact spans industrial, public, and extraterrestrial domains. Advancements in design and control systems significantly enhance functionalities, including adaptive control strategies that address actuator degradation through innovative reinforcement learning frameworks. These developments optimize operational efficiency in challenging environments and set the stage for future innovations, expanding their applications in solving intricate real-world problems [9, 10].

## 1.2 Key Technologies in Quadruped Robotics

The evolution of quadruped robotics is propelled by key technologies such as whole-body control systems and reinforcement learning, which enhance adaptability and operational efficiency. Whole-body control (WBC) systems are vital for synchronizing locomotion and manipulation tasks, enabling quadruped robots to execute complex maneuvers across diverse environments. The integration of a 6-DoF manipulator as a tail, as proposed by Yang et al., exemplifies improvements in agility and stability while also serving manipulation functions [7]. Whole-body Model Predictive Control (MPC), which incorporates low-level joint impedance controllers, further enhances quadruped capabilities [8].

Reinforcement learning (RL) serves as a cornerstone in quadruped robotics, optimizing control strategies for locomotion and manipulation. The combination of RL with whole-body optimization, exemplified by the HYPERmotion framework, facilitates the creation of a motion library for behavior selection and planning across various tasks [5]. This approach is complemented by unified policies for whole-body control, enabling concurrent manipulation and locomotion [4]. Additionally, integrating disturbance predictive control frameworks with RL improves the adaptability and performance of legged mobile manipulation systems [2].

Innovative mechanical designs also play a critical role in the advancement of quadruped robotics. The direct integration of manipulators onto the legs, utilizing existing actuators for both locomotion and manipulation, represents a significant technological leap [11]. Collectively, these technologies

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enhance the performance and versatility of quadruped robots, establishing them as essential tools for addressing complex real-world challenges while improving adaptability, control, and decision-making capabilities.

### 1.3 Structure of the Survey

This survey systematically examines quadruped robots, emphasizing their significance, technological foundations, and applications. The paper is organized into several key sections, each addressing a distinct aspect of quadruped robotics. It begins with an introduction that outlines the importance of quadruped robots in mobile manipulation and legged locomotion, highlighting core technologies such as whole-body control and reinforcement learning that drive advancements in this field.

Following the introduction, Section 2 delves into background and core concepts, providing a thorough explanation of mobile manipulation, legged locomotion, whole-body control systems, and reinforcement learning. This section elucidates the foundational principles underpinning the development and operation of quadruped robots.

Section 3 explores the latest technological advancements in quadruped robotics, focusing on improvements in locomotion planning, control systems, and the integration of learning algorithms. Innovations in multi-task and hybrid systems, along with sensor integration and real-time adaptation techniques, are highlighted for their role in enhancing quadruped capabilities.

In Section 4, the diverse applications of quadruped robots are discussed, showcasing their deployment in real-world scenarios such as search and rescue operations, industrial tasks, agriculture, exploration missions, and urban environments. This section emphasizes their impact across various domains and their potential to address complex challenges.

Section 5 addresses significant challenges faced by quadruped robots, including adaptability to extreme environments, robustness amid actuator degradation, energy efficiency optimization, and perception enhancement for effective navigation in unstructured settings. Specific issues, such as actuator faults from aging or unexpected events, necessitate intricate fault-tolerant designs that are challenging to generalize in real-world scenarios. Additionally, the integration of real-time perception systems is complicated by the need for agile locomotion, requiring sophisticated planning and control strategies to navigate hazards effectively [9, 12]. Future research directions are also discussed to overcome these challenges and enhance quadruped capabilities further.

The paper concludes with a summary of key points, emphasizing the critical role of quadruped robots in improving mobile manipulation and legged locomotion. It highlights advancements in training these robots for complex tasks like climbing and object interaction, narrowing the performance gap with biological counterparts such as dogs. Furthermore, innovative approaches, including disturbance predictive control frameworks, pave the way for future developments in this rapidly evolving field, showcasing the potential for quadruped robots to adapt to various terrains and perform diverse manipulation tasks effectively [13, 2]. The following sections are organized as shown in Figure 1.

## 2 Background and Core Concepts

### 2.1 Mobile Manipulation and Legged Locomotion

Quadruped robots excel in mobile manipulation and legged locomotion, crucial for navigating and interacting within complex environments by integrating locomotion and manipulation. These capabilities are essential for efficient operation across diverse settings, where stability and agility are key [14]. Achieving robust locomotion with agile manipulation is challenging, especially when dealing with unknown object properties and varying terrains [15].

A significant feature of mobile manipulation is the multifunctionality of legs, serving both locomotion and manipulation roles without additional hardware, enhancing adaptability and efficiency [11]. The dynamics of the robot's spine contribute to stability and flexibility, supporting effective locomanipulation [16].

Quadruped robots traverse complex 3D environments using proprioceptive sensors for internal feedback, reducing reliance on external sensors [17]. This proprioceptive approach, combined with exteroceptive methods, underpins Terrain-Aware Locomotion (TAL), enabling adaptation to varying

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terrains [18]. Integrating sensory information is vital for maintaining stability across challenging surfaces [19].

Recent advances focus on locomotion adaptability through learning and executing multiple gaits, allowing adjustment to diverse terrains and speeds [20]. Frameworks for real-time agile movements, like jumping, enable efficient natural terrain traversal [21]. The Stoch robot exemplifies various locomotion behaviors, such as trotting and bounding, essential for mobile manipulation and legged locomotion [1].

The principles of mobile manipulation and legged locomotion emphasize balancing stability, adaptability, and control, ensuring effective performance in diverse scenarios. Ongoing research aims to enhance quadruped capabilities, fostering innovation and expanding real-world applications [22]. Developing locomotion frameworks that allow legged robots to traverse complex terrains while maintaining natural gaits is a significant research focus [23]. The effectiveness of COTS legged robots in unstructured terrains is crucial, with performance often compared to other platforms in challenging environments [6].

## 2.2 Whole-Body Control Systems

Whole-body control systems are essential for quadruped robots, harmonizing locomotion and manipulation to perform complex tasks across varied terrains. The Dactylus-Equipped Quadruped Robot (DEQR) exemplifies leveraging existing leg actuators for manipulation, enhancing versatility without extra hardware [11]. This approach highlights maximizing existing mechanical structures to expand functional capabilities.

Advanced control strategies, such as the Omnidirectional Jumping Framework (OJF), emphasize whole-body control in executing complex maneuvers, integrating trajectory generation, tracking, and landing control to maintain stability during dynamic tasks [21]. The EQLP locomotion strategy, incorporating prismatic joints between the knee and foot, illustrates innovative control mechanisms improving locomotion efficiency [20].

Nonlinear Model Predictive Control (NMPC) techniques enable real-time re-planning, allowing quadruped robots to adapt to changing conditions and perform specialized and routine motions effectively [24]. This adaptability is crucial for continuous operation in dynamic settings.

Integrating Central Pattern Generators (CPGs) with chaotic dynamics enhances flexibility by synchronizing or desynchronizing leg functionality [25]. This method allows dynamic adjustments in locomotion patterns, facilitating effective navigation across varied terrains.

Innovative frameworks like HYPERmotion, combining reinforcement learning with language models, enhance adaptability and decision-making [5]. Simulated and real-world data through adversarial learning techniques improve locomotion control robustness, ensuring reliable performance in complex environments [23].

The Centroidal Neural Network for Whole Body Motion Planning (CNN-WBMP) method enables real-time movement plan generation by predicting centroidal dynamics based on the robot's state and desired contact plan [26]. This capability is essential for maintaining balance during dynamic tasks.

Moreover, integrating reinforcement learning with forward models in the Disturbance Predictive Control (DPC) framework allows quadruped robots to predict disturbances from robotic arms, maintaining balance and performing manipulation tasks effectively [2]. The H8 Locomotion Control method uses adversarial learning to optimize locomotion policies, adapting to real-time performance [27].

Deploying GPU-accelerated Sample-Based Stochastic control strategies enhances adaptability and robustness, particularly in optimizing gait frequency [28]. Real-time Trajectory Optimization and Control (RTTOC) employs a two-dimensional single rigid body model to optimize trajectories for accurate task execution [29].

## 2.3 Reinforcement Learning in Quadruped Robots

Reinforcement learning (RL) is crucial for enhancing quadruped robots' adaptability, efficiency, and robustness in dynamic environments. Integrating RL with advanced control strategies enables

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effective navigation of complex terrains and execution of sophisticated maneuvers. Wu et al. propose an end-to-end training framework utilizing a gait encoder and generator to facilitate adaptive gait behaviors, enhancing locomotion adaptability [3].

The effectiveness of RL is further illustrated by Yao et al., who employ Deep Reinforcement Learning (DRL) to adapt to dynamic environments, allowing stable manipulation despite disturbances from the robotic arm [2]. This underscores RL's role in maintaining stability during complex tasks. Additionally, integrating whole-body Model Predictive Control (MPC) with joint impedance controllers enhances control strategies for quadruped robots [8].

Innovative approaches like the Centroidal Neural Network (CNN) for motion planning leverage machine learning to predict centroidal dynamics, enabling real-time motion plan generation at 100 Hz, significantly faster than traditional methods [26]. This capability is vital for maintaining balance during dynamic tasks. The H8 Locomotion Control method improves robustness in quadruped locomotion by enabling adaptive training against disturbances, demonstrating superior performance in simulated and real-world environments [27].

The use of Augmented Random Search (ARS), a model-free and gradient-free learning algorithm, allows learning optimal policies for walking gaits, providing a sample-efficient alternative to traditional deep reinforcement learning methods [30]. This enhances the efficiency of learning locomotion strategies.

Furthermore, implementing density functions for safe motion planning utilizes RL to generate feedback-based motion plans that ensure safety during locomotion [31]. This integration of safety measures is critical in real-world applications where unpredictable environmental changes are common.

Sample-Based Stochastic (SBS) control methods optimize decision variables in quadrupedal locomotion through distribution-based generation and evaluation of potential solutions sampled from a multivariate Gaussian distribution [28]. This exemplifies RL's role in optimizing locomotion strategies under uncertainty.

## 2.4 Interrelation of Core Concepts

The advancement of quadruped robots is fundamentally rooted in the seamless integration of core concepts such as whole-body control systems, reinforcement learning, mobile manipulation, and legged locomotion. These elements collectively form a comprehensive framework that enhances adaptability and functionality in complex environments. Whole-body control systems synchronize locomotion and manipulation, enabling stability and intricate maneuvers. The Hybrid Kinodynamic Model Predictive Control (HKD-MPC) method effectively adapts to both regular and specialized motions, showcasing the integration of dynamic control and real-time adaptability [24].

Reinforcement learning (RL) is pivotal in optimizing control strategies, particularly in dynamic environments where safety and adaptability are critical. The challenges of generating adaptive locomotion due to sensor data variability underscore the complexity of applying RL in real-world scenarios [32]. Hierarchical control methods address these challenges by decoupling manipulation and locomotion tasks, allowing for real-time optimization and improved environmental interaction. The benchmark proposed by Zhang et al. facilitates learning effective locomotion policies for tasks such as walking, uphill movement, and turning [33].

The adaptability of quadruped robots is further enhanced by innovative mechanical designs, such as manipulator tails that counteract disturbances and promote dynamic stability [34]. This design approach draws inspiration from biological systems, highlighting the interrelation between mechanical design and legged locomotion. Additionally, trajectory optimization techniques that generalize feasible regions to account for external wrenches bolster the robustness of trajectory planning strategies [35].

The agility and adaptability of quadruped robots are leveraged to address challenges such as fall recovery and high-speed turning in complex environments [36]. The synthesis of core concepts—whole-body control systems, reinforcement learning, mechanical design, and trajectory optimization—forms the foundation of quadruped robotics. By integrating these interconnected elements, researchers can develop robots capable of performing complex tasks and adapting to a wide range of real-world

scenarios, thereby advancing the field and expanding the potential applications of these versatile machines.

In recent years, the field of robotics has witnessed significant advancements, particularly in the development of quadruped robots. These innovations are not merely incremental; they represent a paradigm shift in how robotic systems can navigate complex environments. As illustrated in Figure 2, the hierarchical structure of technological advancements in quadruped robots is prominently displayed. This figure highlights critical areas such as locomotion planning, control systems, learning algorithm integration, multi-task and hybrid systems, and sensor integration. Each category is meticulously broken down into specific innovations and techniques that enhance the robots' capabilities across various terrains and tasks, thereby underscoring the multifaceted nature of these advancements. Such a comprehensive overview not only elucidates the current state of the field but also sets the stage for future research directions aimed at further improving the performance and adaptability of quadruped robots.

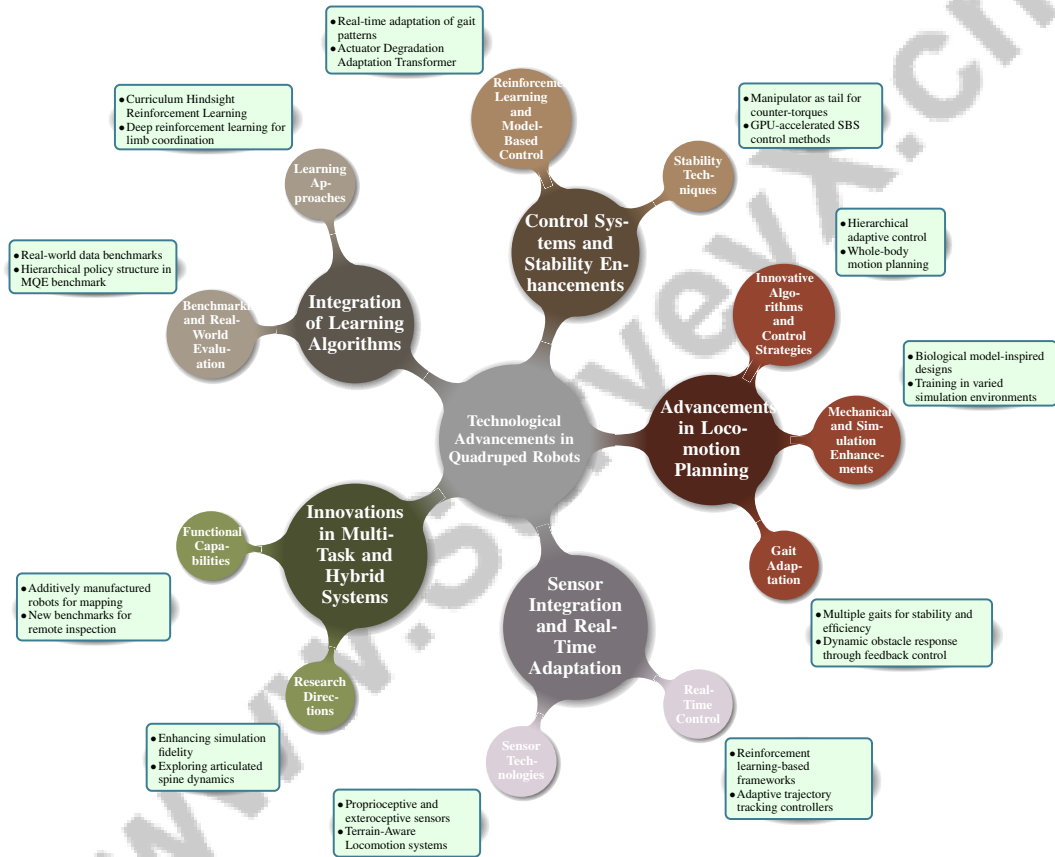


Figure 2: This figure illustrates the hierarchical structure of technological advancements in quadruped robots, highlighting key areas such as locomotion planning, control systems, learning algorithm integration, multi-task and hybrid systems, and sensor integration. Each category is further broken down into specific innovations and techniques that enhance the robots' capabilities across various terrains and tasks.

### 3 Technological Advancements in Quadruped Robots

#### 3.1 Advancements in Locomotion Planning

Recent advancements in locomotion planning have significantly enhanced quadruped robots' ability to navigate complex and dynamic environments. This is visually represented in Figure 3, which illustrates key advancements in locomotion planning for quadruped robots, focusing on gait adaptation, trajectory optimization, and mechanical design. The figure highlights significant contributions from

recent research, including the development of multiple gaits, real-time trajectory optimization, and innovative mechanical designs inspired by biological models. Frameworks that adapt multiple gaits, such as walking and trotting, are essential for maintaining stability and efficiency across varied terrains [3]. Techniques utilizing feedback control from density function gradients improve safe navigation by enabling dynamic obstacle response [31]. The Aliengo quadruped’s motion planning framework, implemented in C++, showcases real-time trajectory optimization in diverse tasks, including ball bumping [29]. Biological model-inspired mechanical designs enhance leg actuator use, improving adaptability and efficiency [11]. Training in varied simulation environments is crucial for bolstering locomotion capabilities [20]. Novel jumping planes for omnidirectional motion improve traversal over uneven terrains [21]. These advancements, driven by innovative algorithms, mechanical designs, and control strategies, enable quadruped robots to traverse challenging terrains with agility akin to biological counterparts while performing complex tasks. Hierarchical adaptive control and whole-body motion planning further enhance adaptability and operational robustness [13, 37, 38, 39], positioning quadruped robots as versatile solutions for real-world challenges.

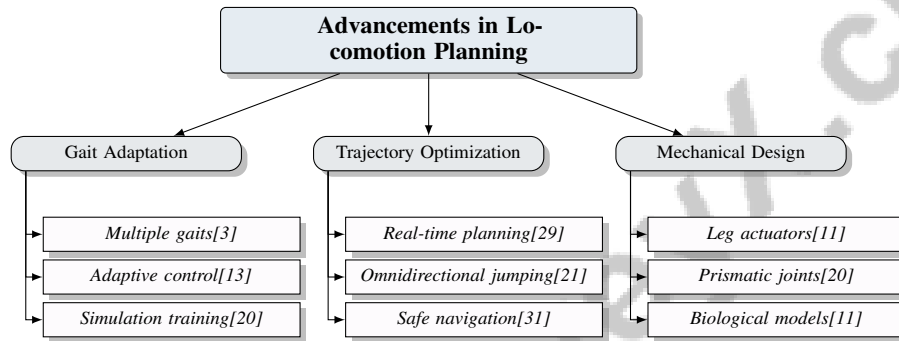


Figure 3: This figure illustrates key advancements in locomotion planning for quadruped robots, focusing on gait adaptation, trajectory optimization, and mechanical design. It highlights significant contributions from recent research, including the development of multiple gaits, real-time trajectory optimization, and innovative mechanical designs inspired by biological models.

### 3.2 Control Systems and Stability Enhancements

Advancements in control systems are pivotal for enhancing quadruped robots’ stability and performance in dynamic environments. Using a manipulator as a tail generates counter-torques, improving stability and agility during rapid maneuvers [7]. GPU-accelerated Sample-Based Stochastic (SBS) control methods on the Unitree Aliengo robot show superior adaptability under disturbances compared to conventional Model Predictive Control (MPC) systems [28]. Reinforcement Learning (RL) combined with Model-Based Optimal Control (MBOC) allows real-time adaptation of gait patterns and velocities, enhancing stability in changing conditions [30]. The Centroidal Neural Network for Whole Body Motion Planning (CNN-WBMP) improves full-body control by predicting centroidal dynamics swiftly and accurately [26]. The Actuator Degradation Adaptation Transformer (Adapt) framework employs RL to maintain locomotion despite actuator faults, enhancing adaptability and safety [9, 40]. These innovations solidify quadruped robots’ practical applicability in diverse challenges.

### 3.3 Integration of Learning Algorithms

Integrating advanced learning algorithms enhances quadruped robots’ autonomy and adaptability. Curriculum Hindsight Reinforcement Learning (CHRL) facilitates agile and adaptive locomotion in dynamic environments [36]. The Stoch robot exemplifies real-time trajectory generation, improving navigation and adaptability across diverse terrains [1]. Real-world data benchmarks offer novel evaluation approaches compared to traditional simulations [33]. Deep reinforcement learning (DRL) enhances limb coordination and adaptability while reducing engineering efforts [4]. The hierarchical policy structure in the MQE benchmark improves interaction capabilities with dynamic environments [41]. The SOLO-12 robot demonstrates the synergy between neural networks and control strategies for precise control [42]. Continual reinforcement learning using proximal policy optimization (PPO) enables adaptation to new tasks while retaining learned behaviors, enhancing long-term efficiency [43].

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### 3.4 Innovations in Multi-Task and Hybrid Systems

Innovations in multi-task and hybrid systems significantly enhance quadruped robots' functional capabilities for diverse tasks across various environments. Additively manufactured, open-source quadruped robots demonstrate potential in mapping scenarios and varied operational contexts [44]. New benchmarks for remote inspection highlight quadruped robots' versatility beyond traditional systems, showcasing adaptability in complex tasks [45]. Future research emphasizes enhancing simulation fidelity and exploring articulated spine dynamics, crucial for locomotion and manipulation [16]. These advancements enable quadruped robots to efficiently address a wide range of challenges, underscoring their importance in sectors like pharmaceuticals and livestock farming [46, 45].

### 3.5 Sensor Integration and Real-Time Adaptation

Integrating advanced sensor technologies with real-time adaptive control algorithms, such as the Actuator Degradation Adaptation Transformer (Adapt) and Model Predictive Control (MPC), enhances quadruped robots' operational effectiveness in dynamic environments. These systems enable robots to maintain locomotion and adapt to unexpected challenges like actuator faults and varied terrains, improving reliability in practical applications such as livestock farming and search-and-rescue missions [9, 47, 48, 46]. Sensor integration provides critical feedback for navigation and adaptation to varying terrains. Proprioceptive sensors deliver internal state feedback, while exteroceptive sensors offer external environmental data, forming the basis of advanced Terrain-Aware Locomotion (TAL) systems [18]. Real-time adaptation is further enhanced by advanced learning algorithms optimizing gait patterns based on sensory input. Tirumala et al.'s approach exemplifies computationally efficient methods requiring less power, enabling fast deployment of learned gaits on low-cost hardware [30]. Combining real-time adaptation with sensor data significantly enhances quadruped robots' capabilities, enabling complex maneuvers and stability in unpredictable environments. Advanced control strategies, including reinforcement learning-based frameworks and model predictive control, allow dynamic adjustments to actuator degradation and challenging terrains, ensuring robust performance even under adverse conditions. The development of adaptive trajectory tracking controllers further optimizes navigation across slippery and unstructured environments, solidifying quadruped robots' practical applicability in critical tasks [48, 49, 50, 9, 47].

## 4 Applications of Quadruped Robots

The diverse applications of quadruped robots highlight their adaptability and efficacy across multiple sectors. This section examines their significant contributions, starting with search and rescue operations, where their unique capabilities enhance efficiency and safety in life-saving missions.

### 4.1 Search and Rescue Operations

Quadruped robots are crucial in search and rescue due to their ability to navigate complex environments. Advanced perception systems enhance their efficacy, enabling critical tasks in real-world scenarios [12]. Equipped with proprioceptive and exteroceptive sensors, these robots efficiently traverse uneven terrains, rubble, and confined spaces typical in disaster zones. Innovative control strategies and learning algorithms further improve adaptability, decision-making, and maneuverability. Recent advancements include a traversability estimator for terrain assessment and a learning-based RGBD navigation framework for challenging terrains. Loco-manipulation strategies, incorporating force control, enhance stability on deformable surfaces [51, 52]. Such capabilities are vital for timely actions in rescue missions. Efficient locomotion paradigms enable agile maneuvers under challenging conditions [35]. Their versatility allows locating survivors in collapsed structures and delivering supplies to inaccessible areas. Techniques like Vision-Based Terrain-Aware Locomotion (ViTAL) optimize foothold selection and obstacle navigation [53, 54].

### 4.2 Industrial and Inspection Tasks

Quadruped robots are increasingly employed in industrial and inspection tasks due to their mobility and adaptability. Their ability to navigate uneven terrains makes them ideal for inspecting infrastructure like pipelines and power plants, reducing human intervention in hazardous areas and



enhancing safety and efficiency through continuous monitoring [55]. As illustrated in Figure 4, these robots are utilized not only for infrastructure inspection but also for remote operations and pharmaceutical automation. Beyond inspections, they perform intervention tasks such as maintenance and repair, with precise control systems enabling dexterous operations in restricted environments like chemical plants and nuclear facilities. Robots like Boston Dynamics' Spot exemplify these capabilities, facilitating remote inspections and operations [10, 45]. Furthermore, future innovations, such as the MEVIUS quadruped robot and the SELF-AIR project, showcase advancements in herd management and agricultural efficiency. Deploying quadruped robots leads to higher operational efficiency, reduced downtime, and compliance with safety standards. As technology advances, they are expected to revolutionize sectors like pharmaceuticals through remote inspections and automation [46, 56, 13, 45].

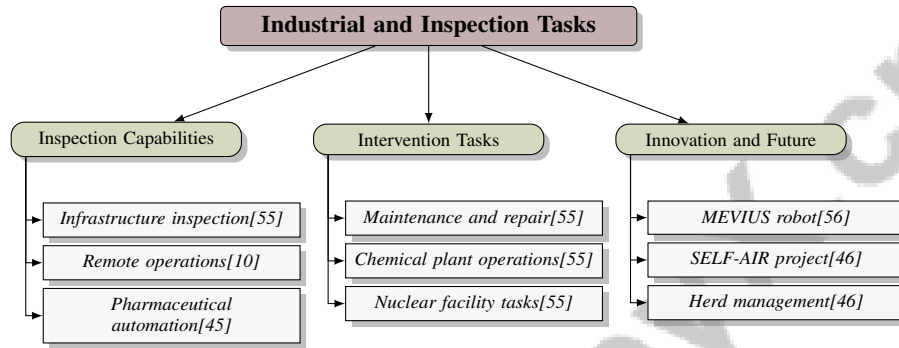


Figure 4: This figure illustrates the application of quadruped robots in industrial and inspection tasks, highlighting their inspection capabilities, intervention tasks, and future innovations. Quadruped robots are employed for infrastructure inspection, remote operations, and pharmaceutical automation. They also perform maintenance and repair tasks in chemical plants and nuclear facilities. Future innovations include the MEVIUS robot and the SELF-AIR project, showcasing advancements in herd management and agricultural efficiency.

### 4.3 Agriculture and Livestock Management

Quadruped robots are transforming agriculture and livestock management by enhancing efficiency and productivity. Their ability to navigate uneven terrains offers advantages over traditional machinery and human labor. In livestock farming, they monitor herds and assist with various tasks [46]. In agriculture, they facilitate crop monitoring, soil analysis, and precision farming. Advanced sensors and imaging technologies allow data collection on crop health and environmental factors, empowering farmers to optimize resources [45, 46]. Their access to remote areas ensures comprehensive agricultural field monitoring. In livestock management, they address labor intensity and predator threats. Projects like SELF-AIR leverage sensors and AI for effective herd monitoring and terrain navigation. Customizable robots like MEVIUS provide real-time data on animal health and behavior, improving efficiency and welfare [56, 46]. As technology advances, their role in agriculture is expected to expand, offering new innovation opportunities.

### 4.4 Exploration and Space Missions

Quadruped robots are increasingly recognized for their potential in exploration and space missions, where their navigation capabilities are invaluable. They excel in extraterrestrial environments, where traditional vehicles struggle with diverse terrains. Their advanced locomotion, including running and jumping, enables adaptation to dynamic challenges, making them effective for mobility and manipulation tasks in hazardous conditions [57, 6, 53, 12, 52]. Advanced sensory systems and whole-body control mechanisms enhance their ability to execute exploration tasks, allowing autonomous navigation, unknown terrain mapping, and crucial data collection [58, 13, 59, 53]. Their design facilitates scientific instrument integration for tasks from geological sampling to equipment deployment. Their ability to operate in extreme extraterrestrial conditions enhances their space exploration potential. Their agility and stability on uneven terrains allow complex tasks like climbing and object manipulation, vital for inspections and operations in hazardous locations [13, 60, 6, 52, 61].

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As quadruped robotics research advances, these robots are expected to play a crucial role in enhancing our understanding of the solar system and beyond, facilitating current research and paving the way for future exploration [53, 13, 45].

#### **4.5 Urban and Domestic Environments**

Quadruped robots are increasingly integrated into urban and domestic environments, providing innovative solutions for various applications. In urban settings, they perform infrastructure inspections, security, and public safety tasks. Their ability to navigate complex environments enables them to inspect buildings and critical infrastructure, ensuring maintenance efficiency and safety [45]. Equipped with advanced sensors, they autonomously assess urban landscapes, providing valuable data for city management. In domestic environments, quadruped robots serve as versatile assistants, capable of household chores and providing companionship. Their mobility allows them to navigate spaces, perform cleaning tasks, and interact with residents, enhancing quality of life [4]. Advanced learning algorithms enable these robots to adapt to users' needs, ensuring efficient assistance. The deployment of quadruped robots in urban and domestic settings is driven by the need for automation and efficiency. Their capabilities allow for autonomous operation and adaptability to dynamic tasks, making them essential tools for enhancing productivity and convenience. These robots can operate in fully automated, semi-autonomous, or teleoperated modes, reducing operational costs and enhancing versatility across various fields, including pharmaceutical research and emergency response [11, 10, 53, 45, 55]. As technology advances, their role in urban and domestic environments is expected to expand, offering new opportunities for innovation and improving residents' quality of life.

### **5 Challenges and Future Directions**

Quadruped robots encounter numerous challenges that impact their adaptability and robustness across various environments. Addressing these challenges involves understanding current limitations and exploring innovative strategies to enhance operational capabilities. This section delves into the complexities of achieving adaptability and robustness, highlighting obstacles and potential research pathways.

#### **5.1 Adaptability and Robustness in Diverse Environments**

Quadruped robots' adaptability and robustness are impeded by the unpredictable nature of real-world conditions. A major challenge is generating disturbances that are both challenging for training and manageable for recovery, limiting existing robustness methods [27]. Current gradient-based techniques struggle with real-time gait frequency optimization under sustained disturbances [28]. Furthermore, reliance on specific models that inadequately account for variations in dynamics and disturbances restricts real-time trajectory optimization [29].

The binary environmental representation and holonomic system assumptions further limit current approaches, reducing adaptability in complex terrains [31]. Effective integration of visual information is crucial for navigation, yet remains challenging for real-time decision-making [19]. Existing methods using tails for stability do not sufficiently address dynamic environment challenges, leading to inefficiencies [7], while non-linear dynamics complicate real-time control, affecting adaptability [8].

Research is advancing towards versatile co-design approaches that integrate design constraints into motion planning, enhancing adaptability in varied environments. Efforts focus on traversability-aware learning techniques and robust solutions that enable quadrupeds to navigate complex terrains, such as ladder climbing and uneven surfaces common in industrial settings. By employing novel reinforcement learning and traversability estimators, quadrupeds can optimize locomotion strategies, maintain performance despite actuator degradation, and generalize navigation skills to new scenarios. These advancements enhance operational capabilities across diverse applications, ensuring reliability and safety in challenging environments, thus reducing risks to human operators and increasing productivity during industrial inspections [51, 13, 60, 62, 9]. Addressing these challenges will enable quadruped robots to become versatile tools for navigating and interacting with complex environments, thereby expanding their utility across various fields.

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## 5.2 Energy Efficiency and Computational Constraints

Energy efficiency and computational constraints significantly challenge quadruped robots, affecting their effectiveness in dynamic environments. High energy consumption linked to deep reinforcement learning methods poses obstacles to performance in energy-limited scenarios [63]. This issue is exacerbated by the computational demands of optimal control methods, limiting real-time applicability and constraint incorporation [64].

Approaches often rely on specific hardware, as shown by the Adaptive Parallel Processing Algorithm (APPA), which can hinder performance in less optimized environments, highlighting the need for hardware-agnostic solutions [65]. The complexity of incorporating terrain cost-maps increases computation time, slowing the robot's response to environmental changes [38]. The computational burden of nonlinear formulations presents challenges related to energy efficiency and real-time applications [66]. Accurate real-time data analysis in rapidly changing environments also poses difficulties, leading to inefficiencies [67].

To address these challenges, researchers are developing versatile co-design approaches that optimize energy costs through motion plan execution for both optimized and baseline designs, demonstrating significant improvements in energy efficiency [68]. However, the computational complexity associated with real-time implementation, especially in dynamic environments with multiple contacts, remains a major hurdle [35].

Structured policy approaches have shown potential in enhancing energy efficiency, focusing on optimizing algorithmic and hardware components to overcome current limitations and improve the effectiveness and sustainability of quadruped robots across diverse applications [69].

## 5.3 Enhancing Perception and Sensory Feedback

Enhancing perception and sensory feedback is crucial for advancing quadruped robots' adaptability and functionality in complex environments. Current methods primarily relying on proprioceptive sensors may limit navigation in intricate settings [3]. Future research should integrate advanced sensor modalities, such as LiDAR and vision systems, to improve terrain-aware locomotion and enable robust navigation across diverse terrains [19].

Integrating trajectory optimizers represents a promising research avenue, aiming to enhance trajectory quality and extend frameworks to non-holonomic systems and off-road navigation [31]. Optimizing computational efficiency and exploring auto-tuning of Model Predictive Control (MPC) parameters can further enhance adaptability in varied operational scenarios [24]. Developing adaptive force-based control methods is essential for maintaining stability on rough terrains, crucial for practical applications in dynamic environments [70].

Future research should also refine disturbance models and investigate additional types of disturbances to apply these frameworks to other robotic systems beyond quadrupeds [27]. Integrating full dynamics for direct torque control and enhancing operational capabilities through visual feedback are key areas for exploration [28]. Improving the warm-start interface for nonlinear optimization and developing onboard vision systems for better interaction with moving objects are critical steps forward [29].

Robustness in unknown environments can be further improved by exploring joint torque sensing to enhance control performance, addressing the need for improved perception and sensory feedback [8]. By integrating advanced vision algorithms and navigation modules, quadruped robots can significantly enhance adaptability and performance in diverse operational contexts [22]. Additionally, refining re-localization techniques for improved navigation stability underscores the importance of enhanced perception and sensory feedback [21].

## 6 Conclusion

Quadruped robots have achieved significant advancements in both mobile manipulation and legged locomotion, demonstrating their capability to perform intricate tasks across diverse environments. The implementation of deep reinforcement learning has been instrumental, particularly in enabling the Stoch quadrupedal robot to execute various locomotion gaits through effective linear control policies, even on cost-efficient hardware. Research continues to focus on enhancing these capabilities,

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with frameworks such as H8 playing a crucial role in strengthening the robustness of locomotion control by incorporating adaptive training to withstand disturbances.

Whole-body control systems are essential in ensuring reliable locomotion and manipulation, with the whole-body Model Predictive Control (MPC) framework proving effective for real-time task management. The addition of manipulators, like tails, further extends the functionality of quadruped robots, underscoring their adaptability in dynamic settings. The deployment of commercial-off-the-shelf (COTS) legged robots within mixed robotic teams offers unique advantages in certain contexts, despite some limitations in reliability compared to tracked platforms. Looking ahead, the field of quadruped robotics is poised for continued growth, with ongoing research aimed at enhancing adaptability, control precision, and decision-making processes.

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