

WHO DOES THE PROBLEM AFFECT ?

Fitness enthusiasts who are not taking enough nutrients

WHAT IS THE ISSUE ?

The issue related to this problem is fitness freaks workout more but do not get proper nutrients which leads to bad metabolism and causing health related issues.

And many health related issues.

WHAT WOULD HAPPEN IF WE DIDN'T SOLVE THE PROBLEM ?

The world nowadays is busy with their work and running behind money and are not taking care of their health except few people who are interested to keep their body and mind healthy by involving themselves into fitness ,but when they do not get enough nutrients and calories ,though being into fitness they are affected by different health issues.

WHAT WOULD HAPPEN WHEN IT IS FIXED?

To solve this we create an application with which the person can take a photo of a food that maybe fruits ,vegetables etc. and the application tells the details of the food like its calories, proteins, minerals etc,So the person can know the exact nutrients of the food and eat right which helps them get proper nutrients and stay in shape.

WHY IS THAT IMPORTANT THAT WE FIX THE PROBLEM?

It is very essential to fix this problem because our body requires enough calories (nutrients and minerals) as much as it has burned during workout ,so when the person fail to take that much nutrients their metabolism will not be proper which may lead to many health issues ,so it is important to fix this problem