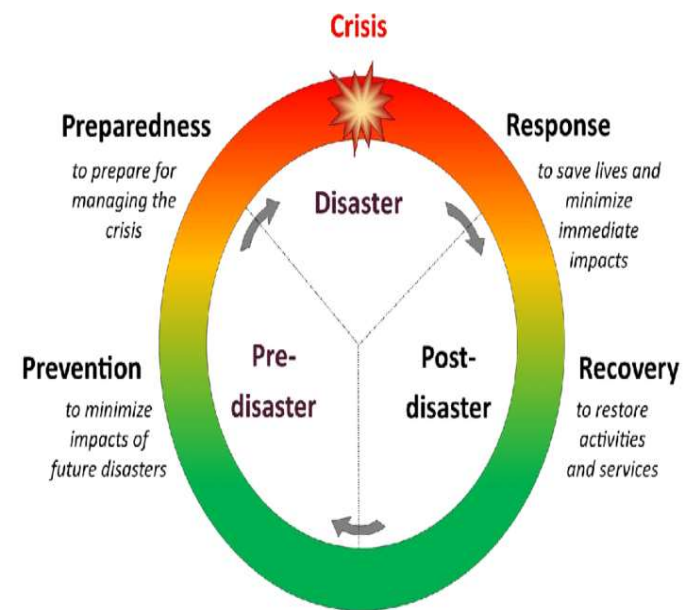


## Disaster Management

Emergency managers think of disasters as recurring events with four phases: Mitigation, Preparedness, Response, and Recovery. The following diagram illustrates the relationship of the four phases of emergency management



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## Precautions to be taken

- Take cover under a sturdy table or other pieces of furniture, and hold on until the shaking stops.
- Stay away from buildings, streetlights, and utility wires.
- Turn on your radio/TV to learn and follow the precautionary instructions during a tsunami warning, primarily when you reside near a coastal area.
- Be alert to changing weather conditions.

