PROBLEM STATEMENT

Nutrition Assistant Application

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1.The person who want to maintain a healthy and fit body but have no idea and guide for dieting.

2.The user wants to develop a deep learning model that basically help athlete, body builders or other game players to keep up with their health and fitness by suggesting them with proper nutrition plan and make them notify ever minute.

3.Without any physician consultation one can get their planning through our application.

4.People who are obese and overweight are more likely to have high-risk factors for heart disease, diabetes, hypertension. The goal of the application is to create a healthy lifestyle for its user.

5.User has obesity who needs to follow diet to improve his health without the feeling that he's following diet.