Before you collaborate

A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

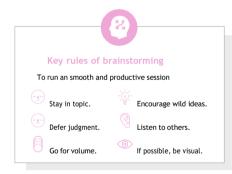🕐 10 minutes

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Define your problem statement
What problem are you trying to solve? Frame your problem as a How Might We statement. This will be the focus of your brainstorm.

PROBLEM
A variety of medical problems can affect appetite. Your illness medicines or surgery can cause these problem.to suggest healthy foods and identify the increditents and nutritions in their food.

Key rules of brainstorming
To run an smooth and productive session

- Stay in topic.
- Defer judgment.
- Go for volume.
- Encourage wild ideas.
- Listen to others.
- If possible, be visual.

Brainstorm

Write down any ideas that come to mind that address your problem statement.

🕐 10 minutes

Vishal
- Nutrition analysis is process to identify the nutrition in the food.
- In this system we are going to recommend good food
- Choose high calorie and high protein foods
- Suggests food items based upon their diet.
- Identify the ingredients in the food and its nutrition.
- If the user have any medical issue suggest based upon that

Josephine cynthia
- Plan meals to include your favourite foods
- Healthy nutrition contributes to preventing diet related diseases
- The nutrilized application collection input data on the food behavior of the users and on the interaction with a different screens
- Nutritional database recording the accurancy and variety of nutritional information
- Recording the quality of food items we compared three different nutritional database
- Nutrilized generates new recommendation for each and everyday

Archana
- First, gathering all information about the health condition of the user
- Suggesting recipes according to the diet plan
- Providing motivational quotes to the user
- There will be a dashboard for sharing health tips
- User can analyse healthy nutrition contributes to preventing diet related diseases
- Notifying harmful ingredients in the food

Abarna
- The Diet Tracking Of Each User Is Done Using a Search Interface
- The User Can Either Perform a Free Text Search Select The Food Item From a Tree Structure
- The Food Item To Receive Some More Detail Information On a Foods Nutrition And Choose a Custom Portion Size To Add To The Diary
- In Search Interface User Select One Of His/Her Fecent Or Favourite Items
- User Can Analyse Healthy Nutrition Contributes To Preventing Diet Related Diseases.
- The Recommendations Features Shows a List Of Recommended Recipes Split By Meal Type To The User.

Group ideas

Take turns sharing your ideas while clustering similar or related notes as you go. Once all sticky notes have been grouped, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you and break it up into smaller sub-groups.

🕐 20 minutes

- Healthy nutrition contributes to preventing diet related diseases
- Healthy nutrition contributes to preventing non-communicable diseases.
- There will be a dashboard for sharing health tips
- The food item to receive some more detail information on a foods nutrition and choose a custom portion size to add to the diary.

Prioritize

Your team should all be on the same page about what's important moving forward. Place your ideas on this grid to determine which ideas are important and which are feasible.

🕐 20 minutes

Importance
If each of these tasks could get done without any difficulty or cost, which would have the most positive impact?

Feasibility
Regardless of their importance, which tasks are more feasible than others? (Cost, time, effort, complexity, etc.)

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- User Can Analyse Healthy Nutrition Contributes To Preventing Diet Related Diseases.
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- Plan meals to include your favourite foods
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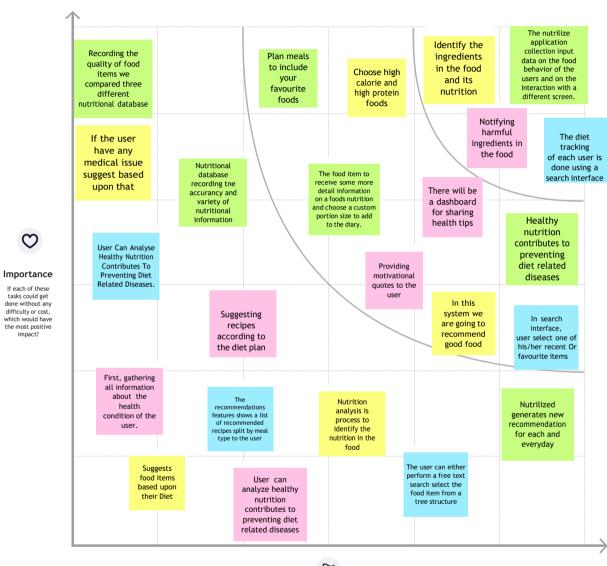- There will be a dashboard for sharing health tips
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- Suggests food items based upon their Diet
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- The user can either perform a free text search select the food item from a tree structure