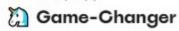
This is the Journey of a



Game changers are people who introduce new practices to their organizations. They want inspire others to co-create and innovate together.

What are their key goals and needs?

To give a food suggestioms

Helps to follow diet plans

To get a healthy life

What do they struggle with most?

Not following correct plans

Confusions to take decitions

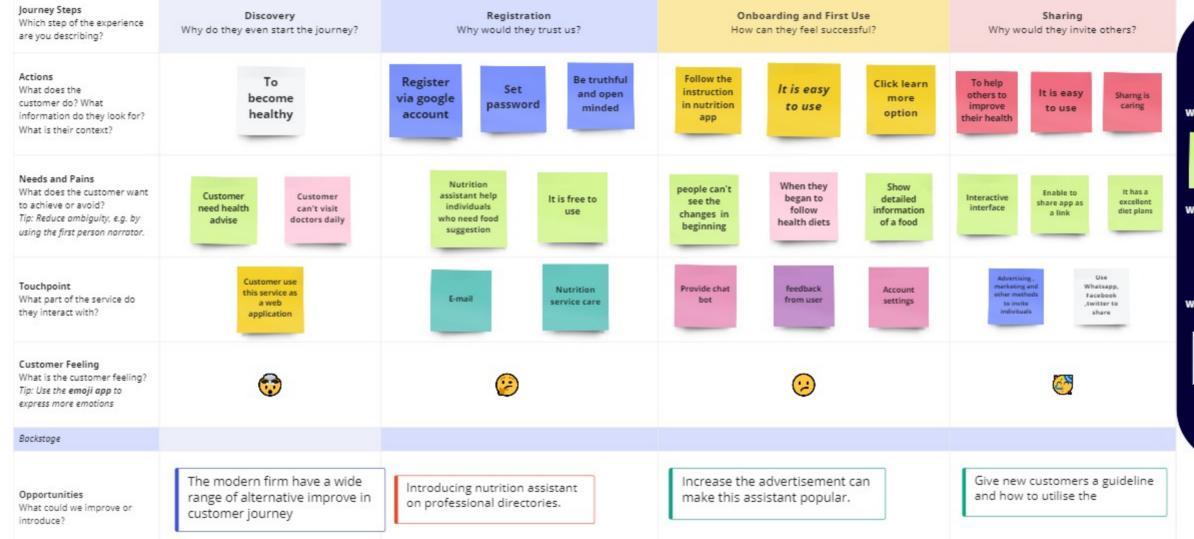
challenges are hard to follow by people

long term

What tasks do they have?

Follow diet plans

Select healthy foods instead of unhealthy foods Follow the nutrition assistant's advice



What changes for them?

Outcome

Describe how the life and environment of the customer changes once they used the product or service.

What are they able to do now?

Follow the every instruction of nutrition assistant

Break all the inhibition of being obese

difference between healthy and unhealthy foods

What can they finally avoid doing?

Avoid eating junk foods

Uncertain food routine

What changed in my environment?

Got used the healthy lifestyle

Gives positive mindset

Helps to live longer

miro