NUTRITION ASSISTANT APPLICATION

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PROBLEM DESCRIPTION :

- Due to the ignorance of healthy food habits, obesity rates are increasing at an alarming speed, and this is reflective of the risks to people's health.

- People need to control their daily calorie intake by eating healthier foods, which is the most basic method to avoid obesity.

- Because of people's scheduled work, they can't able to focus on thier health.It leads to stress, diabetes , and obesity. However although food packaging comes with nutrition and calorie labels, but it is still inconvenient for people to refer the package details.

PROBLEM STATEMENT :

- App-based nutrient dashboard systems which can analyze real-time images of a meal and analyze it for nutritional content which can be very handy and improves the dietary habits, and therefore, helps in maintaining a healthy lifestyle.

- This project aims at building a web App that automatically estimates food attributes such as ingredients and nutritional value by classifying the input image of food. Our method employs Clarifai's AI-Driven Food Detection Model for accurate food identification and Food API's to give the nutritional value of the identified food.

How does the problem affect ?	Because of not taking enough nutritions in thier daily meals.
What is the issue ?	Health issues like obesity, blood pressure, cholestesrol and sugar level.
How to solve this issues ?	Using nutrition assistant application will helps us to monitor our health activities .
Why it is so important to use nutrition app ?	To develop healthy eating habits and to monitor calorie intakes.
What does the nutrition app do ?	Helps the user to lose weight , track our diet ,and suggests good calorie foods.

Features In Your Food And Nutrition App

CRONJ

App Ideas

Meal planning app

Betting app

Calorie counter app

Special diet app

Healthy recipes app

THANK YOU