

AI-powered Nutrition Analyzer for Fitness Enthusiasts

TEAM ID: PNT2022TMID05625

TEAM LEADER: JASWANTH SOLAI V.N (1901058)

TEAM MEMBER: AMRIT S (1901009)

ARJUN T (1901017)

DHANANJAY SIVAJI (1901032)

Problem Solution Fit

Problem-Solution Fit canvas

Purpose / Vision

Project Title: AI-powered Nutrition
Analyzer for Fitness Enthusiasts

Version:

Define CS, fit into CL	1. CUSTOMER SEGMENT(S) CS People who want to fit their body should maintain proper balanced diet	6. CUSTOMER LIMITATIONS CL <small>EG. BUDGET, DEVICES</small> constraints may contribute to the unhealthy food choices observed among low socioeconomic groups in industrialized countries.	5. AVAILABLE SOLUTIONS AS <small>PLUSES & MINUSES</small> Try to eat more protein and fat, and less simple sugars. Ask your doctor or dietitian about nutritional supplements. Avoid non-nutritious beverages	Explore AS, differentiate
	2. PROBLEMS / PAINS PR <small>+ ITS FREQUENCY</small> Being a holistic wellness coach, Food scientist, Nutrition educator are the jobs can successfully be done in this field	9. PROBLEM ROOT / CAUSE RC Lack of appetite, or decreased hunger A sore mouth or throat can make eating difficult Undieted plan	7. BEHAVIOR BE <small>+ ITS INTENSITY</small> The sum of all planned, spontaneous or habitual actions of individuals or social groups to procure, prepare, and consume food as well as those actions related to storage and clearance.	
Identify strong TR & EM	3. TRIGGERS TO ACT TR Antigens are substances that the body labels as foreign and harmful, which triggers immune cell activity.	10. YOUR SOLUTION SL In our platform we provide a individual healthy chart for subscribers Normally Common health diet plan was allocated Seek your way on organic side and stay healthy	8. CHANNELS of BEHAVIOR CH ONLINE Refer journal through online applications	Extract online & offline CH of BE
	4. EMOTIONS EM <small>BEFORE / AFTER</small> Before: Initially they felt inferiority complex by their own. And felt more negative thoughts and underestimate themselves. After: After the correct session they had a great confidence among themself. And achieve their Heathy diet		OFFLINE Taking proteins, visit gym, doing aerobic exercise, consume huge water.	



Problem-Solution fit canvas is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International License.
Designed by Daria Nepriakhina / [IdeaHackers.nl](https://www.ideahackers.nl) - we tailor ideas to customer behaviour and increase solution adoption probability.

