

Use this template in your own brainstorming sessions so your team can unleash their imagination and start shaping concepts even if you're not sitting in the same room.

- 🕒 10 minutes to prepare
- 🕒 1 hour to collaborate
- 👤 2-8 people recommended

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Need some inspiration?
See a finished version of this template to kickstart your work.

[Open example](#)

- A Team gathering**
Define who should participate in the session and send an invite. Share relevant information or pre-work ahead.
- B Set the goal**
Think about the problem you'll be focusing on solving in the brainstorming session.
- C Learn how to use the facilitation tools**
Use the Facilitation Superpowers to run a happy and productive session.

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PROBLEM

How might we [your problem statement]?

Key rules of brainstorming

To run a smooth and productive session

- Stay in topic.
- Encourage wild ideas.
- Defer judgment.
- Listen to others.
- Go for volume.
- If possible, be visual.


MURARI REDDY SUMARSON		ADHAYKRIS HNAN S		SHRESHARANYA A R		MONISH V M	
<p>To enter the weight and height to calculate BMI</p> <p>Calculate the body mass index in their food by splitting images</p> <p>Answer the question why is this balanced nutrition food or not</p> <p>Health benefits</p>	<p>Tracking Food Consumption</p> <p>Calories estimation</p>	<p>Nutrition Facts</p> <p>FAQs</p>	<p>Measuring the physical and chemical composition in the food</p> <p>Ingredient color list content of daily taken food</p>	<p>Check the quantity of food</p> <p>Remember the diet plan, diet and diet of the body</p>	<p>Estimate the nutrition level</p> <p>Remember the daily food habits and health manual</p>	<p>Tracking health-care plan of an individual</p> <p>Suggests food based on their condition</p>	<p>Tracking calories in the food by splitting images</p> <p>Suggests regular physical activities for good health</p>
Person 5		Person 6		Person 7		Person 8	

TIP
You can select a sticky note and hit the pencil [switch to sketch] icon to start drawing!

3

Group ideas


Take turns sharing your ideas while clustering similar or related notes as you go. In the last 10 minutes, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you can break it up into smaller sub-groups.

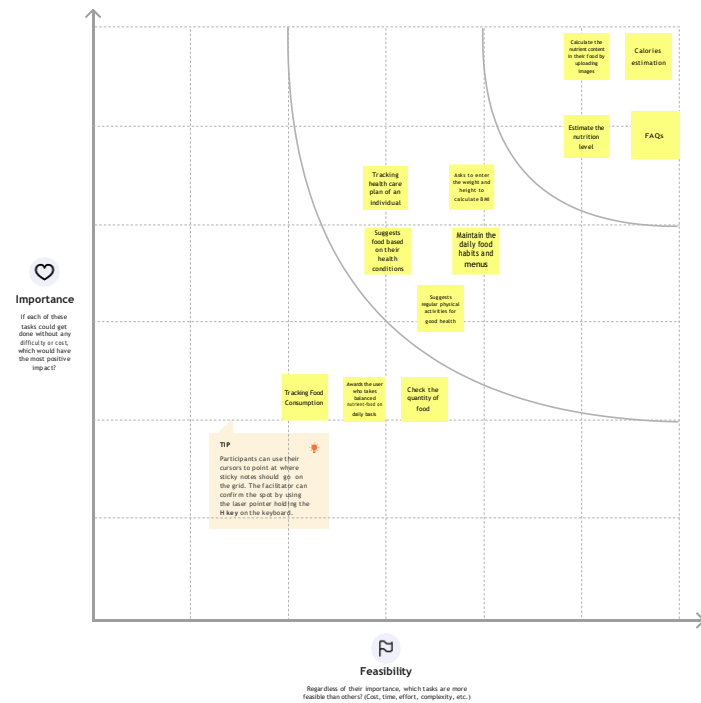
 20 minutes


TIP
Add customizable tags to sticky notes to make it easier to find, browse, organize, and categorize important ideas as themes within your mural.

4 Prioritize

Your team should all be on the same page about what's important moving forward. Place your ideas on this grid to determine which ideas are important and which are feasible.

 20 minutes





 **After you collaborate**
You can export the mural as an image or pdf to share with members of your company who might find it helpful.


Quick add-ons

- A** **Share the mural**
Share a view link to the mural with stakeholders to keep them in the loop about the outcomes of the session.
- B** **Export the mural**
Export a copy of the mural as a PNG or PDF to attach to emails, include in slides, or save in your drive.

Keep moving forward

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Strategy blueprint
Define the components of a new idea or strategy.
[Open the template →](#)
- 

Customer experience journey map
Understand customer needs, motivators, and obstacles for an experience.
[Open the template →](#)
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Strengths, weaknesses, opportunities & threats
Identify strengths, weaknesses, opportunities, and threats (SWOT) to develop a plan.
[Open the template →](#)

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The diagram illustrates the transformation of a single 10x10 grid into a 5x5 grid of 5x5 subgrids. On the left, a single 10x10 grid is shown. An arrow points to the right, where a 5x5 grid of 5x5 subgrids is shown. Each subgrid is a 5x5 grid of cells, and the entire structure is a 5x5 grid of these subgrids.

The diagram illustrates the steps of the greedy algorithm for the knapsack problem. It shows four stages of the process:

- Initial State:** A knapsack with capacity 10 and a set of items with values and weights. The items are represented by yellow squares of varying sizes.
- Sorting:** The items are sorted by their value/weight ratio. The knapsack capacity is still 10.
- Selection:** Items are added to the knapsack until the next item would exceed the capacity. The knapsack is now partially filled.
- Final State:** The knapsack is filled with the selected items, and the total value is calculated as 10.