

Ideation Phase

Define the Problem Statements

Date	19 September 2022
Team ID	PNT2022TMID39956
Project Name	Nutrition Assistant Application
Maximum Marks	2 Marks

Nutrition Assistant Application

Customer Problem Statement Template:

Problem Statement (PS)	I am (Customer)	Im trying to	But	Because	Which makes me feel
PS-1	Fitness freak	Finding a pefect preworkout plan for maintaining fitness	I can't choose a correct plan	It is Confusing	A perfect daily preworkout plan suggestion
PS-2	student	Find a blanced nutrition diet to loss weight	There is no balnced diet avaliable without workout	I have no time to do workout	A best nutritional based diet plan with less workout
Ps-3	Body Builder	Choose a best plan for whole body workout	It is hard to select a best workout plan	A wrong workout plan will lead to a change in the shape of my body	Perfect diet and workout plan for bodybuilding
Ps-4	Athlete	Choose a best nutrition paln and workoutworkout technique to increase my sprinting speed	Confused with many techniques	I want to increse my sprinting speed very much before than ever	Perfect suggestions
Ps-5	pregnant woman	Choose a yoga and healthy nutrition diet for the normal pregnancy delivery	I am not familiar with yoga and diet	I dont have idea about the yoga and exercise	User friendly application to choose the beginner based type of yoga ,exercises and nutrition base diet plan

