

NUTRITION ASSISTANT APPLICATION

A PROJECT REPORT

Submitted by

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1. INTRODUCTION

Project Overview

- This project aims at building a web App that automatically estimates food attributes such as ingredients and nutritional value by classifying the input image of food.
- Due to the ignorance of healthy food habits, obesity rates are increasing at an alarming speed, and this is reflective of the risks to people's health
- People need to control their daily calorie intake by eating healthier foods, which is the most basic method to avoid obesity
- However, although food packaging comes with nutrition (and calorie) labels, it's still not very convenient for people to refer to App-based nutrient dashboard systems which can analyze real-time images of a meal and analyze it for nutritional content which can be very handy and improves the dietary habits, and therefore, helps in maintaining a healthy lifestyle.

Purpose

The Purpose of our Project is

It helps dieticians with providing proper nutrition at healthcare facilities.

They determine patients nutritional needs.

It assess factors and plans, meals and menus.

They also ensure proper sterilization of plates and utensils.

Nutritionists work to help people establish good connections between healthy weights and overall health.

1. LITERATURE SURVEY

Existing Problem :

- Patients who have to maintain diet have to give their body health details.
- They have check their BMI value to predict the food for them.
- Then the image or url of a food have to upload to know the further details of food.
- Finally,the patients have to follow the predicted food and maintain diet with respect to the nutrition details of a doof which is obtained.

References :

https://www.researchgate.net/publication/346411010_DEVELOPMENT_OF_A_CLOUD_BASED_SOLUTION_FOR_EFFECTIVE_NUTRITION_INTERVENTION_IN_THE_MANAGEMENT_OF_LIFESTYLE_DISEASES

https://www.academia.edu/43016077/A_DIET_CONTROL_AND_FITNESS_ASSISTANT_APPLICATION_USING_DEEP_LEARNING_BASED_IMAGE_CLASSIFICATION

S. Fang, Z. Shao, R. Mao, C. Fu, E. J. Delp, F. Zhu, D. A. Kerr, and C. J. Boushey, "Single-view food portion estimation: Learning Image-to-Energymappings using generative adversarial networks," in Proc. 25th IEEE Int. Conf. Image Process. (ICIP), Oct. 2018, pp. 251–255.

Z. Ge, C. McCool, C. Sanderson, and P. Corke, "Modelling local deepconvolutional neural network features to improve fine-grained image classification," in Proc. IEEE Int. Conf. Image Process. (ICIP), Sep. 2015, pp. 4112–4116.

<https://www.emizentech.com/blog/diet-nutrition-tracking-app-development.html>

c. Problem statement definition:

Due to the ignorance of healthy food habits, obesity rates are increasing at an alarming speed, and this is reflective of the risks to people's health.

People need to control their daily calorie intake by eating healthier foods, which is the most basic method to avoid obesity. However, although food packaging comes with nutrition (and calorie) labels, it's still not very convenient for people to refer to App-based nutrient dashboard systems which can analyze real-time images of a meal and analyze it for nutritional content which can be very handy and improves the dietary habits, and therefore, helps in maintaining a healthy lifestyle.

The main objective of this project is to building a web App that automatically estimates food attributes such as ingredients and nutritional value by classifying the input image of food.

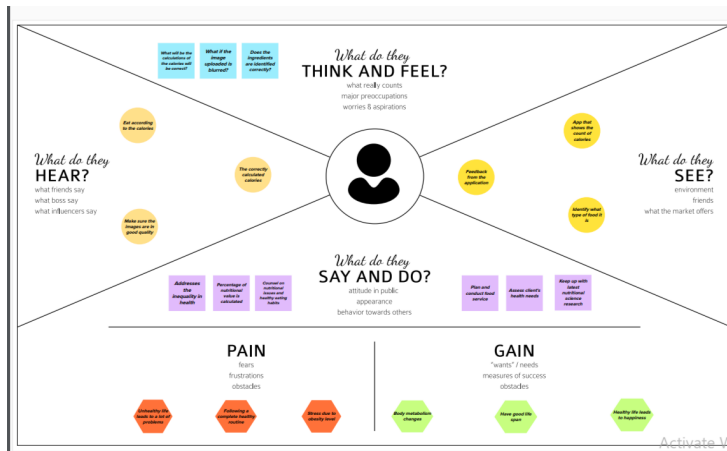
1. Who are all affected by this issue?

- People from all age group who are all careless about their health due to their busy schedule and high calorie diet.
- This leads to an unhealthy lifestyle because of their eating habits.
- Thus leads to many health issues like obesity, heart attack, diabetics and rise in cholesterol level.

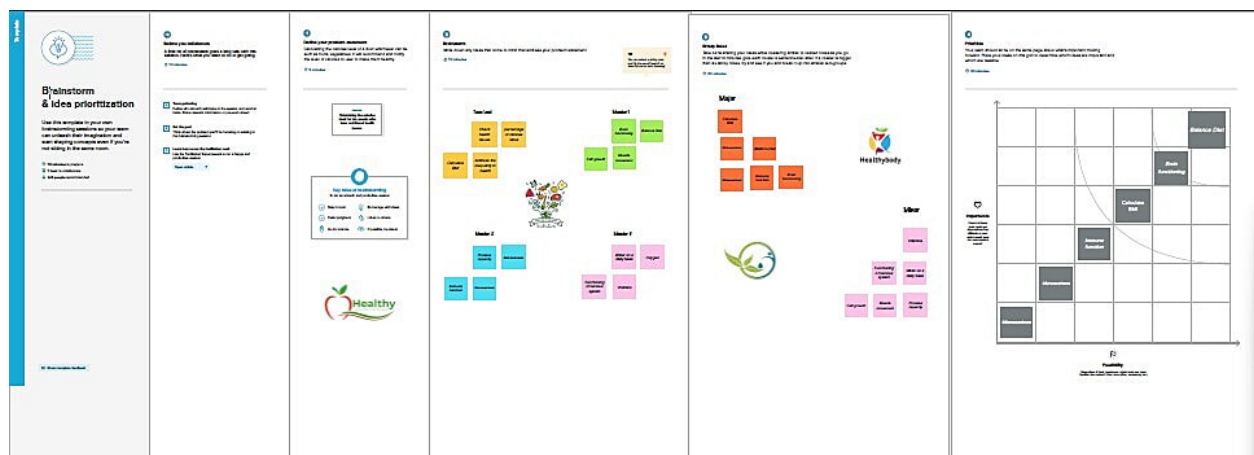
2. What are the boundaries of the problem?

- Based on the information collected from the user, if the user is diagnosed with diabetes/Heart attack/obesity then the application provides information about diet.
- ems with digestion so they will be provided with that information

3.1 Empathy map canvas:



3.2 Ideation & Brainstorming



3.3 Proposed Solution

S.No .	Parameter	Description
<u>1</u>	Problem Statement (Problem to be solved)	People need to control their daily calorie intake by eating healthier foods, which is the most basic method to avoid obesity. it's still not very convenient for people to refer to App-based nutrient dashboard systems which can analyze real-time images of a meal and analyze it for nutritional content which can be very handy and improves the dietary habits, and therefore, helps in maintaining a healthy lifestyle
<u>2</u>	Idea / Solution description	Web App that automatically estimates food attributes such as ingredients and nutritional value by classifying the input image of food. Food Detection Model for accurate food identification and Food API's to give the nutritional value of the identified food to handy and improves the dietary habits, and therefore, helps in maintaining a healthy lifestyle.A
<u>3</u>	Novelty / Uniqueness	It helps user to get nutrition facts with the suggestion of the scanned food is suitable for user or not. The suggestion is based on user's data and BMI value.
<u>4</u>	Social Impact / Customer Satisfaction	The relationship between an individual's social, psychological, and cultural environment and his/her nutritional status is one of both cause and effect. Cultural patterns, economic stability, and attitudes toward health and disease all affect an individual's eating behaviour . The application which gives awareness among the people about the obesity and various health problems
<u>5</u>	Business Model (Revenue Model)	In market, this application gives a benefit across the people by health wise and economical wise. List your nutrition business on professional directories....

6	Scalability of the Solution	★Its plays a vital role in users life because it shows and give a suggestions to user so they can control their food habits and maintain their health.
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3.4 Problem Solution fit

The Problem solution aims at building a web App that automaticallemimates food attributes such as ingredients and nutritional value by classifyingthe input image of food. Our method employs Clarifai's AI-DrivenFoodDetection Model for accurate food identification and Food API's togivethenutritional value of the identified food..

PURPOSE:

- ☐ Solve complex problems in a way that fits the state of your customers.
- ☐ Succeed faster and increase your solution adoption by tapping intoexistingmediums and channels of behavior.
- ☐ Sharpen your communication and marketing strategy with the right triggersand messaging.
- ☐ Increase touch-points with your company by finding the right problem-behavior fit and building trust by solving frequent annoyances, or urgent or costly problems.

Define CS, fit into CC	1. CUSTOMER SEGMENT(S) CS People at all ages who neglect their health because of their hectic schedules and consumption of high-calorie foods.	6. CUSTOMER CONSTRAINTS CC For the purpose of understanding the nutrient content of the meal, the consumer must provide a clear visual. If the image isn't clear, the program can't produce an accurate result. The recipes could occasionally cause health allergies in people.	5. AVAILABLE SOLUTIONS AS Although nutrition (and calorie) are labels are included on food packaging, it's still not particularly convenient for individuals to use App-based nutrient dashboard systems.	Explore AS, differentiate
	2. JOBS-TO-BE-DONE / PROBLEMS J&P Obesity and the user's anxiety about developing health-related problems are his or her problems. They will become angry since they don't see results right away and find it challenging to complete tiresome tasks, due to their appearance, they lack confidence.	9. PROBLEM ROOT CAUSE RC It is simple to get sucked into the trap of consuming calorie-dense, unhealthy foods. Users must limit their daily calorie consumption in order to lead a healthy lifestyle since when foods with low nutritional value are replaced by those high in sugar, unhealthy fats, and salt, numerous health problems result..	7. BEHAVIOUR BE Nutritional behaviour is the sum of all planned, spontaneous, or habitual actions of individuals or social groups to procure, prepare, and consume food as well as those actions related to storage and clearance.	
Identify strong TR & EM	3. TRIGGERS TR To want to lead a healthy life, Being aware of success stories of others who succeeded in their endeavors, By observing those who are in good health and shape.	10. YOUR SOLUTION SL By taking a picture of the food and uploading it to the app, users may learn the nutritional value of the food they are consuming. For precise food recognition and APIs that provide the discovered item's nutritional value, Clarifai uses its AI-Driven food detection model.	8. CHANNELS of BEHAVIOUR CH Online : The application offers a friendly user interface that enables users to communicate with chatbots to clarify their questions, and a dashboard is displayed to show activity. Offline : Establishing connections between all users through offline gatherings and the distribution of free goods, nutritionist conducting offline session.	Identify strong TR & EM
	4. EMOTIONS: BEFORE / AFTER EM BEFORE: People cannot know how to maintain their health. AFTER: They consult their nutritionist easily.			

4. REQUIREMENT ANALYSIS

4.1 Functional requirement :

Following are the functional requirements of the proposed solution.

FR NO	Functional Requirement (Epic)	Sub Requirement (Story / Sub-Task)
FR-1	User Registration	Registration through Gmail Registration through mobile number
FR-2	User Confirmation	Confirmation via Email Confirmation via OTP
FR-3	User profile completion	Get all the required details about user such as weight, height, health issues, Etc FR-4 Gather food image User take live photo of a food
FR-4	Display calorie information	Calculate the calorie level Display that details to user

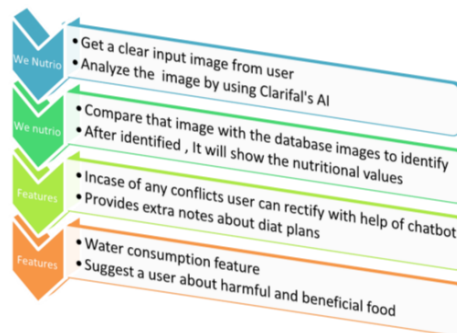
FR-5	Diet plans	Create various diet plans for user
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4.2 Non-Functional requirement :

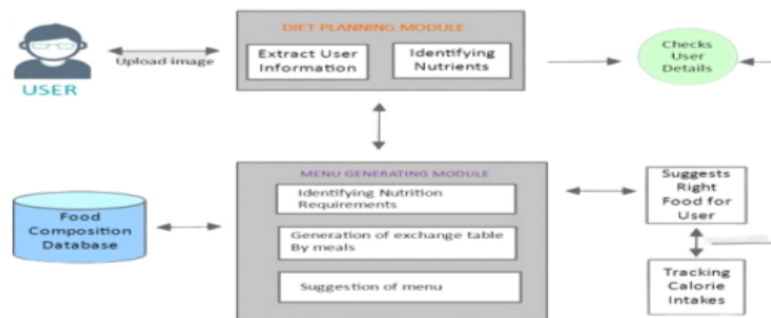
Following are the non-functional requirements of the proposed solution.

FR NO	Non-Functional Requirement	Description
NFR-1	Usability	This application helps us to maintain our physical and health goal according to the diet plan that we select. It also gives the client about the information of a food ingredient. It manages them to keep a diet with the plan that they prefer.
NFR-2	Security	This application prefers the best security systems, protect information and it manages the availability and modification.
NFR-3	Reliability	This application operates without failure while in a specified environment.
NFR-4	Performance	Entering the every food and ingredients that you take daily. Then the calories are calculated with that uploaded information.
NFR-5	Availability	Fitness apps are nothing but where you can monitor all your lifestyle parameters like step count, diet, water intake, blood parameters and workout routine. This application has a huge

classifying the input image of food. Our method employs Clarifai's AI-Driven FoodDetectionModel for accurate food identification and Food API's to give the nutritional value of the identified food.



Technical Architecture:



SOLUTION:

- User interacts with the Web App to Load an image.
- The image is passed to the server application, which uses Clarifai's AI-Driven Food Detection.
- Model Service to analyze the images and Nutrition API to provide nutritional information about the analyzed Image

- Nutritional information of the analyzed image is returned to the app for display.

PROCEDURE:

1. IMPLEMENTING WEB APPLICATION

- Registration (Push the registration data into the database)
- Login (Fetch the data upon login)
- Upload the food image and get the prediction
- Get Calories from the food items
- Add food data to the database

2. CREATE UI TO INTERACT WITH THE APPLICATION

- Registration Page
- Login Page
- Upload Image page
- Prediction results page for food items
- View history of items

3. CREATE IBM DB2 AND CONNECT WITH PYTHON

- Create the IBM Db2 service in the IBM cloud and connect the python code with DB.

4. INTEGRATE NUTRITION API

- Integrate the Nutrition API to the flask with API call.

APPROACH:

KUBERNETES CLUSTERS - Kubernetes clusters allow containers to run across multiple machines and cloud based application. IBM DB2- Used for Backup & recovery. Comprehensive data resilience for physical and virtual servers. Cloud hosting. Dedicated, virtual private, and bare metal server options

CONTAINER REGISTRY - Container Registry is a single place for your team to manage Docker images, perform vulnerability analysis, and decide who can access what with fine-grained access control

NUTRITION API - A nutrition API acts as a container for information from thousands of products. When an application sends a GET request to the API, it returns the nutrition

information about a given product.

RESULT:

Despite processing, we do not believe that our outcomes are flawless. There is always opportunity for improvement in your procedure because cloud computing is a topic that is constantly developing. Additionally, there will always be new approaches that offer better results for the same problems. It has been done, the application. Clarifai's AI-Driven Food Detection Model Service, Nutrition API.

5.3 User Stories

User Stories :

User Type	Functional Requirement (Epic)	User Story Number	User Story / Task	Acceptance criteria	Priority	Release
Customer (Client user)	Registration	USN-1	As a user, I can register for the application by entering my email, password, and confirming my password.	I can access my account / dashboard.	High	Sprint-1
	Verification	USN-2	As a user, I will receive	I can receive confirmation email &	Medium	Sprint-1

			confirmation email once I have registered for the application	click confirm		
	Registration	USN-3	As a user, I can register for the application through mobile number	I can access my account / dashboard	Medium	Sprint-2
	Login	USN-4	As a user, I can log into the application by entering email & password	I can access the dashboard	High	Sprint-1
	Dashboard	USN-5	As a user, I can easily track my calories and i can identify the nutritional information about the food.	I get appropriate information about the food	High	Sprint 2
	Chat bot	USN-6	As a user, It is very convenient to use with the help of a chatbot.	I get clear details with the help of a chatbot.	Medium	Sprint 2
Customer Care Executive	Help	USN-7	As a user I can go to help page to rectify my queries	I can easily clear my queries	Medium	Sprint 3
Administrator	Send confirmation	USN-8	As an admin, Confirmation mail is sent from the respected company	Confirmation received by user	High	Sprint 1

6. PROJECT PLANNING & SCHEDULING

6.1 Sprint Planning and Estimation :

Product Backlog, Sprint Schedule, and Estimation (4 Marks)

Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points	Priority	Team Members
Sprint-1	Registration	USN-1	As a user, I can register for the application by entering my email, password, and confirming my password.	5	High	Jayakumar KK , Vaishnavi S
		USN-2	As a user, I will receive confirmation email once I have registered for the application	3	Medium	Jayakumar KK , Hariharan N
Sprint-2		USN-3	As a user, I can register for the application through Facebook	3	Low	Jayakumar KK , Kowsik G
		USN-4	As a user, I can register for the application through Gmail	3	Low	Vaishnavi S, Kowsik G
Sprint-1	Login	USN-5	As a user, I can log into the application by entering email & password	5	High	Jayakumar KK
	Dashboard (Home)	USN-6	As a user, I can check body details and BMI by adding body details.	3	High	Vaishnavi S
Sprint-2		USN-7	As a user, Chatbot can route where they want to go and gives tips for health.	2	Medium	Hariharan N
	Dashboard (Health)	USN-8	As a user, System shows the prediction and Body health detail.	5	Medium	Jayakumar KK , Kowsik G
Sprint-3	Dashboard (Accessory)	USN-9	As a user, I can take photos and identify the nutritional information about the food.	5	High	Jayakumar KK , Vaishnavi S
		USN-10	As a user, I can track Sleep and menstruation	3	Medium	Jayakumar KK , Hariharan N
	Dashboard (Health)	USN-11	As a user, I can easily track my calories	5	High	Jayakumar KK , Kowsik G

Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points	Priority	Team Members
Sprint-4	About	USN-12	As a user, I can view the Frequently Asked Questions (FAQ).	2	Low	Jayakumar KK
	Dashboard	USN-13	As a user, I get customer support and extra features from accessory.	3	Medium	Jayakumar KK , Vaishnavi S, Hariharan N , Kowsik G
	User control	USN-14	As a admin, I can control user create, update and delete.	5	High	Vaishnavi S , Hariharan N
	Review	USN-15	As an admin, I must make the reviews appear on the company's profile	2	Medium	Jayakumar KK , Hariharan N

6.2 Sprint Delivery Schedule :

Project Tracker, Velocity & Burndown Chart: (4 Marks)

Sprint	Total Story Points	Duration	Sprint Start Date	Sprint End Date (Planned)	Story Points Completed (as on Planned End Date)	Sprint Release Date (Actual)
Sprint-1	16	6 Days	24 Oct 2022	29 Oct 2022		29 Oct 2022
Sprint-2	13	6 Days	31 Oct 2022	05 Nov 2022		05 Nov 2022
Sprint-3	13	6 Days	07 Nov 2022	12 Nov 2022		12 Nov 2022
Sprint-4	12	6 Days	14 Nov 2022	19 Nov 2022		19 Nov 2022

VELOCITY:

Imagine we have a 10-day sprint duration, and the velocity of the team 20 (points per sprint). Let's calculate the team's average velocity (AV) per iteration unit.

$$AV = \frac{\text{sprint duration}}{\text{velocity}} = \frac{16}{6} = 2.67$$

Sprint-2 and Sprint-3

$$AV = \frac{\textit{sprint duration}}{\textit{velocity}} = \frac{13}{6} = 2.17$$

Sprint-4

$$AV = \frac{\textit{sprint duration}}{\textit{velocity}} = \frac{12}{6} = 2$$

Total Average Velocity

$$\frac{9.01}{4} = 2.25$$

6.3 Reports from JIRA

Browser tabs: (no subject) - jayakumar, Nutrition Assistant - A, IBM-Project-14470-1, IBM, Post Attendee - Zoom, Sign in - Google Acco

Address bar: jayakumar2002.atlassian.net/jira/software/projects/NA/boards/2/backlog

Jira Software navigation: Your work, Projects, Filters, Dashboards, People, Apps, Create

Search: Search

Left sidebar: Nutrition Assistant Software project, PLANNING (Roadmap, Backlog, Board), DEVELOPMENT (Code), Project pages, Add shortcut, Project settings

Right sidebar: Does your team need more from Jira? Get a free trial of our Standard plan.

Projects / Nutrition Assistant

Backlog

Search, Filters (V, H, K), Epic

NA Sprint 1 24 Oct – 29 Oct (4 issues) 0 14 0 Complete sprint

- NA-1 As a user, I can register for the application by entering my email, password, and confirming ... REGISTRATION 5 IN PROGRESS
- NA-2 As a user, I will receive confirmation email once I have registered for the application REGISTRATION
- NA-3 As a user, I can log into the application by entering email & password LOGIN
- NA-9 As a user, I can check body details and BMI by adding body details. DASHBOARD (HOME)

+ Create issue

NA Sprint 2 31 Oct – 5 Nov (2 issues)

- NA-11 As a user, Chatbot can route where they want to go and gives tips for health. DASHBOARD (HOME)

Assignee dropdown: vaishnavi.ss, unassigned, Automatic, 19_jayakumar, K. K (Assign to me) jayakumarcse2002@gmail.com, haran5965, kowsik2432002

Windows taskbar: Type here to search, 32°C, 14:59 28-10-2022

Browser tabs: (no subject) - jayakumar, Nutrition Assistant - A, IBM-Project-14470-1, IBM, Post Attendee - Zoom, Sign in - Google Acco

Address bar: jayakumar2002.atlassian.net/jira/software/projects/NA/boards/2/backlog

Jira Software navigation: Your work, Projects, Filters, Dashboards, People, Apps, Create

Search: Search

Left sidebar: Nutrition Assistant Software project, PLANNING (Roadmap, Backlog, Board), DEVELOPMENT (Code), Project pages, Add shortcut, Project settings

Right sidebar: Does your team need more from Jira? Get a free trial of our Standard plan.

Projects / Nutrition Assistant

Backlog

Search, Filters (V, H, K), Epic

NA Sprint 1 24 Oct – 29 Oct (4 issues) 0 14 0 Complete sprint

NA Sprint 2 31 Oct – 5 Nov (2 issues) 7 0 0 Start sprint

NA Sprint 3 7 Nov – 12 Nov (3 issues) 13 0 0 Start sprint

NA Sprint 4 14 Nov – 19 Nov (4 issues) 12 0 0 Start sprint

Backlog (0 issues) 0 0 0 Create sprint

Your backlog is empty.

+ Create issue

Quickstart

Windows taskbar: Type here to search, 32°C, 14:59 28-10-2022

		OCT							NOV							NOV													
		24	25	26	27	28	29	30	31	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	
Sprints		NA Sprint 1							NA Sprint 2							NA Sprint 3							NA Sprint 4						
> NA-4 REGISTRATION																													
> NA-5 LOGIN																													
> NA-10 DASHBOARD (HOME)																													
> NA-13 DASHBOARD(HEALTH)																													
> NA-17 DASHBOARD(ACCESSORY)																													
> NA-18 DASHBOARD(HEALTH)																													
> NA-23 ABOUT																													
> NA-24 DASHBOARD																													
> NA-25 USER CONTROL																													
> NA-26 REVIEW																													

7. CODING & SOLUTIONING

7.1 Feature 1

Nutrition Assistant Application:

Description:

In this feature I have designed a webpage to analyse the nutritional food and health. The user has to register, if they haven't the Id. The user has to login the webpage using username and password. After successful login, the user will be redirected **to the home page. In this form, users are asked to fill the body health details and the food details. After entering the appropriate details the nutritional result will be displayed.**

Algorithm :

1. Enter the credentials and hit enter (email and password).
2. If already logged in user is taken to home page
3. Else, check for validity of credentials entered using query to cloudant db.
4. If wrong credentials entered, notification displayed to user and user stays in login page.
5. On correct credentials, user is taken to home page.

HOME PAGE :

```
<!DOCTYPE html>
<html lang="en">
<head>
<title>Nutri Pulse</title>
<meta charset="UTF-8">
<meta name="viewport" content="width=device-width, initial-scale=1">
<!--
=====
=====-->
<link rel="icon" type="image/png" href="../static/images/icons/logo.ico"/>
<!--
=====
=====-->
```

```

<link rel="stylesheet" type="text/css"
href="../static/vendor/bootstrap/css/bootstrap.min.css">
<!--
=====
=====-->
<link rel="stylesheet" type="text/css" href="../static/fonts/font-awesome-
4.7.0/css/font-awesome.min.css">
<!--
=====
=====-->
<link rel="stylesheet" type="text/css" href="../static/vendor/animate/animate.css">
<!--
=====
=====-->
<link rel="stylesheet" type="text/css" href="../static/vendor/css-
hamburgers/hamburgers.min.css">
<!--
=====
=====-->
<link rel="stylesheet" type="text/css"
href="../static/vendor/select2/select2.min.css">
<!--
=====
=====-->
<link rel="stylesheet" type="text/css" href="../static/css/util.css">
<link rel="stylesheet" type="text/css" href="../static/css/main.css">
<!--
=====
=====-->
</head>
<body>
<script>
  window.watsonAssistantChatOptions = {
    integrationID: "a09d8a78-e1f6-41b8-b072-5d26fe0b8f01", // The ID of this
integration.
    region: "au-syd", // The region your integration is hosted in.
    serviceInstanceID: "37c122b5-72e1-44df-a5fb-463376d0c8a1", // The ID of your
service instance.
    onLoad: function(instance) { instance.render(); }
  };
  setTimeout(function(){
    const t=document.createElement('script');
    t.src="https://web-chat.global.assistant.watson.appdomain.cloud/versions/" +
(window.watsonAssistantChatOptions.clientVersion || 'latest') +
"/WatsonAssistantChatEntry.js";

```

```

    document.head.appendChild(t);
  });
</script>
<div class="limiter">
  <div class="container-login100">
    <div class="wrap-login100">
      <div class="login100-pic js-tilt" data-tilt>
        
      </div>

      <form class="login100-form validate-form" action="{{
url_for('login') }}" method="POST">
        <span class="login100-form-title2">
          Hi Nutrio 
        </span>
        <span class="login100-form-title">
          Login here !!!
        </span>

        <div class="wrap-input100 validate-input" data-validate =
"Valid email is required: ex@abc.xyz">
          <input id="usermail" class="input100" type="text"
name="usermail" placeholder="Email">
          <span class="focus-input100"></span>
          <span class="symbol-input100">
            <i class="fa fa-envelope" aria-
hidden="true"></i>
          </span>
        </div>

        <div class="wrap-input100 validate-input" data-validate =
"Password is required">
          <input id="password" class="input100"
type="password" name="password" placeholder="Password">
          <span class="focus-input100"></span>
          <span class="symbol-input100">
            <i class="fa fa-lock" aria-hidden="true"></i>
          </span>
        </div>

        <div class="container-login100-form-btn">
          <button class="login100-form-btn">
            Login
          </button>
          <p>{{ msg }}</p>

```

```

        <p>{{ error }}</p>
    </div>

    <!-- <div class="text-center p-t-12">
        <span class="txt1">
            Forgot
        </span>
        <a class="txt2" href="#">
            Username / Password?
        </a>
    </div> -->

    <div class="text-center p-t-136">
        <a class="txt2" href="{{ url_for('register') }}">
            Create your Account
            <i class="fa fa-long-arrow-right m-l-5" aria-
hidden="true"></i>
        </a>
    </div>
</form>
</div>
</div>
</div>
<!--
=====
=====-->
<script src="../../static/vendor/jquery/jquery-3.2.1.min.js"></script>
<!--
=====
=====-->
<script src="../../static/vendor/bootstrap/js/popper.js"></script>
<script src="../../static/vendor/bootstrap/js/bootstrap.min.js"></script>
<!--
=====
=====-->
<script src="../../static/vendor/select2/select2.min.js"></script>
<!--
=====
=====-->
<script src="../../static/vendor/tilt/tilt.jquery.min.js"></script>
<script >
    $('js-tilt').tilt({
        scale: 1.1
    })
</script>

```



```
<!--
```

```
=====
```

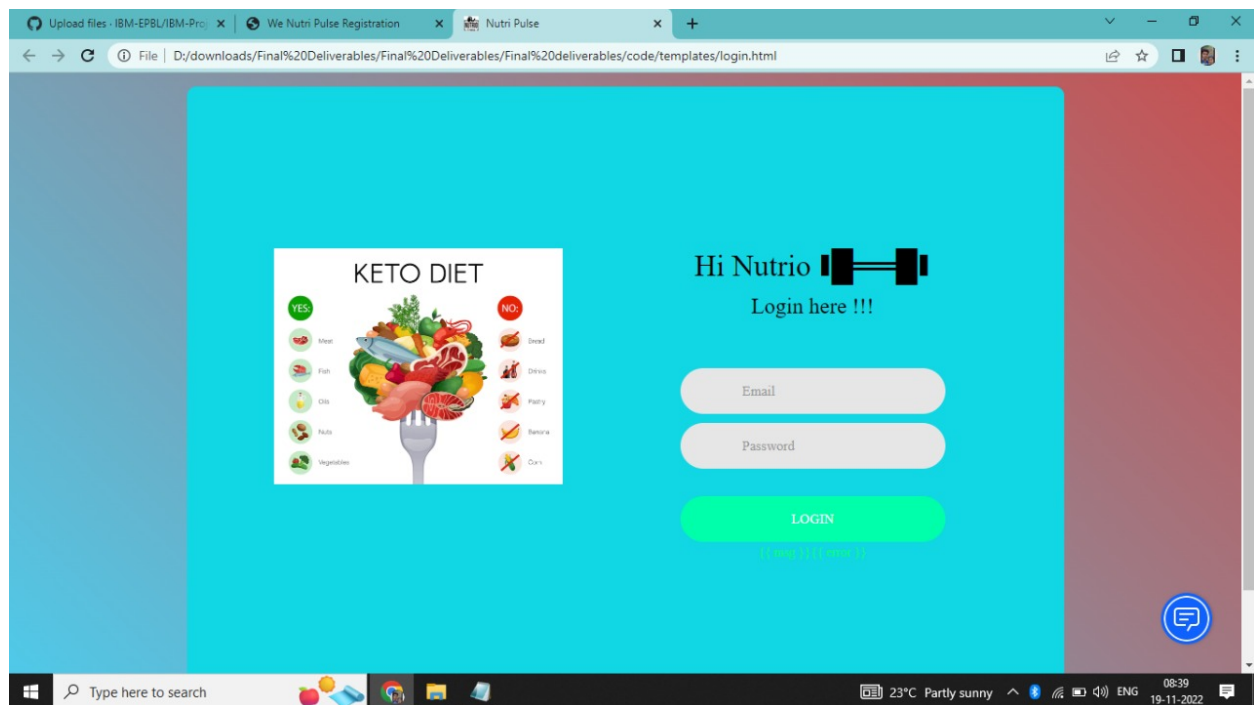
```
=====-->
```

```
<script src="../../static/js/main.js"></script>
```

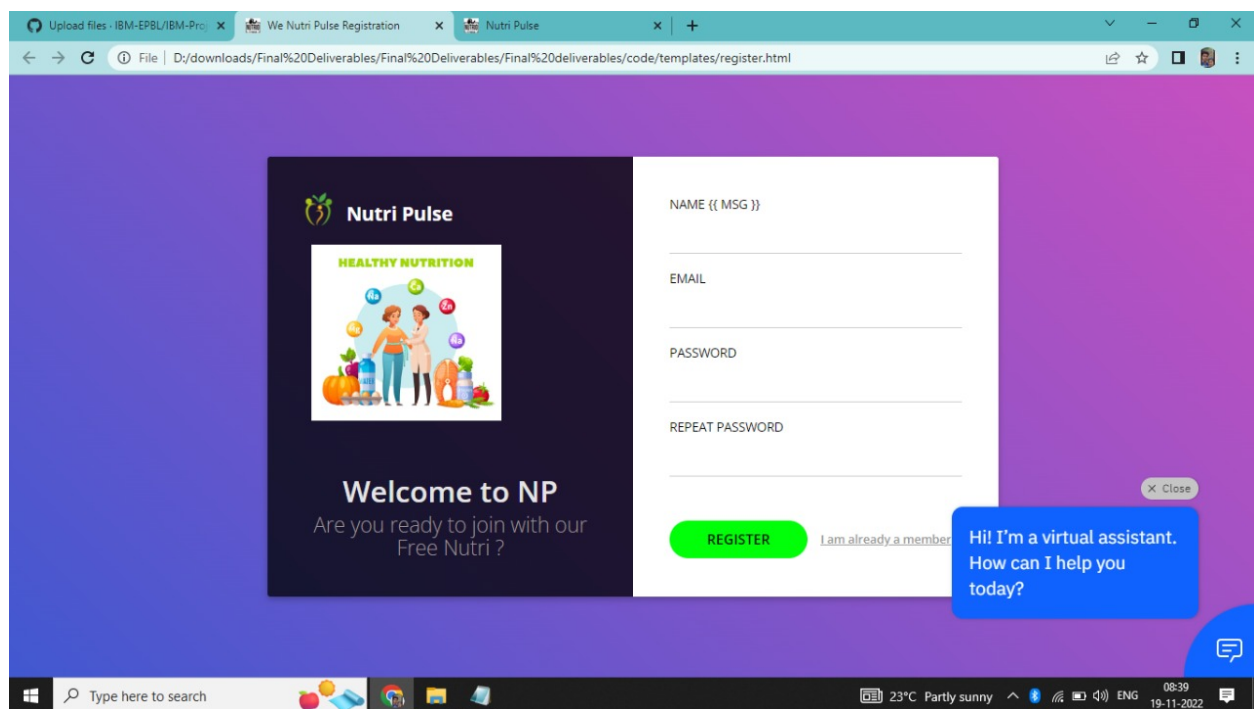
```
</body>
```

```
</html>
```

Login Page



Sign Up Page



The screenshot shows a web browser window with three tabs: 'Upload files - IBM-EPBL/IBM-Pro...', 'We Nutri Pulse Registration', and 'Nutri Pulse'. The address bar shows the file path: 'D:/downloads/Final%20Deliverables/Final%20Deliverables/Final%20deliverables/code/templates/register.html'. The page has a purple gradient background. On the left, a dark purple box contains the 'Nutri Pulse' logo, a 'HEALTHY NUTRITION' graphic with two people and various food items, and the text 'Welcome to NP' and 'Are you ready to join with our Free Nutri?'. On the right, a white registration form has fields for 'NAME {{ MSG }}', 'EMAIL', 'PASSWORD', and 'REPEAT PASSWORD', followed by a green 'REGISTER' button and a link 'I am already a member'. A blue chat bubble in the bottom right corner says 'Hi! I'm a virtual assistant. How can I help you today?' with a 'Close' button. The Windows taskbar at the bottom shows the search bar, taskbar icons, and system tray with weather '23°C Partly sunny' and time '08:39 19-11-2022'.

Upload files - IBM-EPBL/IBM-Pro... x We Nutri Pulse Registration x Nutri Pulse x +

File | D:/downloads/Final%20Deliverables/Final%20Deliverables/Final%20deliverables/code/templates/register.html

Nutri Pulse

HEALTHY NUTRITION

Welcome to NP

Are you ready to join with our Free Nutri?

NAME {{ MSG }}

EMAIL

PASSWORD

REPEAT PASSWORD

REGISTER I am already a member

Close

Hi! I'm a virtual assistant. How can I help you today?

Type here to search

23°C Partly sunny 08:39 19-11-2022

7.2 Feature 2 : Sign up

Algorithm :

1. Enter the signup form fields (name , email , password , re-enter password , date of birth) and hit enter.
2. All credentials are validated at client side.
3. Email is checked if already registered or not in the database.
4. If already registered , notification displayed. Or else, the user is taken to the successful signup page

Query to check if email is registered or not :

```
<!DOCTYPE html>
<html lang="en" >
<head>
  <meta charset="UTF-8">
  <title>We Nutri0 Registration</title>
  <link rel="icon" type="image/png" href="../static/images/icons/logo.ico"/>
  <meta name="viewport" content="width=device-width, initial-scale=1"><link
rel="stylesheet"
href="https://cdnjs.cloudflare.com/ajax/libs/normalize/5.0.0/normalize.min.css">
<link rel='stylesheet' href='https://cdnjs.cloudflare.com/ajax/libs/twitter-bootstrap/4.0.0-
alpha/css/bootstrap.min.css'>
<link rel='stylesheet'
href='https://fonts.googleapis.com/css?family=Open+Sans:400,600,700,300'>
<link rel='stylesheet' href='https://fonts.googleapis.com/css?family=Roboto:400,700,300'>
<link rel='stylesheet' href='https://maxcdn.bootstrapcdn.com/font-awesome/4.4.0/css/font-
awesome.min.css'>
<link rel="stylesheet" href="../static/css/style.css">
```

```

</head>
<body>
  <script>
    window.watsonAssistantChatOptions = {
      integrationID: "2d723f1c-6a3b-41bb-86a8-86eba26b492e", // The ID of this integration.
      region: "au-syd", // The region your integration is hosted in.
      serviceInstanceID: "80fba3ec-33ea-44ac-9c4b-60bc5c51988c", // The ID of your service
instance.
      onLoad: function(instance) { instance.render(); }
    };
    setTimeout(function(){
      const t=document.createElement('script');
      t.src="https://web-chat.global.assistant.watson.appdomain.cloud/versions/" +
(window.watsonAssistantChatOptions.clientVersion || 'latest') +
"/WatsonAssistantChatEntry.js";
      document.head.appendChild(t);
    });
  </script>
<!-- partial:index.partial.html -->
<div class="signup__container">
  <div class="container_child signup_thumbnail">
    <div class="thumbnail__logo">
      
      <h1 class="logo__text">We Nutrio</h1>
    </div>
    <div class="thumbnail__content text-center">
      <h1 class="heading--primary">Welcome to We Nutrio</h1>
      <h2 class="heading--secondary">Are you ready to join this nutrio journey <!DOCTYPE
html></h2>
    </div>
    <div class="signup__overlay">
      
    </div>
  </div>
  <div class="container_child signup_form">
    <form action="{{ url_for('register') }}" method="POST">
      <div class="form-group">
        <label for="username">Name {{ msg }} </label>
        <input class="form-control" type="text" name="username" id="username" required />
      </div>
    </form>
  </div>
</div>

```

```

<div class="form-group">
  <label for="email">Email</label>
  <input class="form-control" type="text" name="email" id="email" required />
</div>
<div class="form-group">
  <label for="password">Password</label>
  <input class="form-control" type="password" name="password" id="password"
required />
</div>
<div class="form-group">
  <label for="passwordRepeat">Repeat Password</label>
  <input class="form-control" type="password" name="passwordRepeat"
id="passwordRepeat"required />
</div>
<div class="m-t-lg">
  <ul class="list-inline">
    <li>
      <input class="btn btn--form" type="submit" value="Register" />
    </li>
    <li>
      <a class="signup__link" href="{{ url_for('login') }}">I am already a member</a>
    </li>
  </ul>
</div>
</form>
</div>
</div>
<!-- partial -->
</body>
</html>

```

FEATURE 3 : HOME

Algorithm :

1. If the user is logged out , he/she is taken to the login page.
2. Home page buttons are displayed (Live tracker , Recent emergency notifications , Location history , Change password , Logout)

3. If buttons are clicked , the user is taken to the requested page

TESTING

TEST CASES :

1. Login button click with wrong credentials entered.
2. Signup with already registered mail ID.
3. Signup with wrong form data entered.
4. Entering home page with logged out session.
5. Clicking home page buttons with logged out session.
6. Invalid data entered in change password page and requested for change in password.

8.2 USER ACCEPTANCE TESTING

S.NO	TEST CASE	REQUIRED OUTPUT	RESULT OUTPUT	STATUS
1	Login button click with wrong credentials	Wrong credentials entered notification	Wrong credentials entered notification	ACCEPTED
2	Signup with already registered mail ID.	Email already registered notification	Email already registered notification	ACCEPTED
3	Signup with wrong form data entered.	Wrong credentials entered notification	Wrong credentials entered notification	ACCEPTED
4	Entering home page with logged out session.	Take user to login page	Take user to login page	ACCEPTED
5	Clicking home page buttons with logged out session.	Take user to login page	Take user to login page	ACCEPTED
6	Invalid data entered in change password page and requested for change in password.	Wrong form data entered notification	Wrong form data entered notification	ACCEPTED

RESULTS

PERFORMANCE METRICS:

1. Planned value : Rs.4000
2. Actual value : Rs.1300
3. Hours worked : 50 hours
4. Stick to Timelines : 100%
5. Stay within budget : 100%
6. Consistency of the product : 75%
7. Efficiency of the product : 80%
8. Quality of the product : 80%

ADVANTAGES AND DISADVANTAGES

ADVANTAGES :

1. Low cost.
2. Simple UI
3. Faster response due to single page web page.
4. Capability of adding many features with ease and less cost.

DISADVANTAGES :

1. Lack of efficiency .
2. Efficiency of the product needs to be improved.
3. Consistency of the product is not 100%.
4. Not a compact sized product. Size needs

CONCLUSION :

Dietary tracking is an essential task in chronic disease management and intervention. Food photo taking and image recognition significantly reduce the burden of food entering on personal mobile devices. In this work, we have developed a dietary tracking system that applies the deep-based image recognition to accurately and efficiently log food and nutrition intake. Through real user food photo testing and user study, we found that laboratory models form the foundation of the solution but miss out some of the key challenges. The diversity of real food photos is higher than the lab trained model. An ingredient based recognition is a promising way of tracking the free style and homemade food recognition problems in which training data is sparse and not representative. Moreover, the proposed photo based portion selection method is shown to be more

accurate and engages the users better than the existing methods.

FUTURE SCOPE:

In future we'll be adding more features which will benefit the users. The ui/ux of the web application will be improved. Scaling the project for more use cases and customers. Implementing distributed computing for efficient processing. Making encryption standard for cloud storage.

SOURCE CODE LINK :

<https://github.com/IBM-EPBL/IBM-Project-14470-1659586017>

DEMO VIDEO LINK:

https://drive.google.com/file/d/1n70dy6Cf4LL0zzzeirng8NSrsh1_824e/view?usp=drivesdk