PROFESSIONAL READINESS FOR INNOVATION, EMPLOYABILITY AND ENTREPRENEURSHIP

SUBJECT CODE: 18ITE047L

TITLE : NUTRITION ASSISTANT APPLICATION

DOMAIN :CLOUD COMPUTING

INDUSTRY MENTOR :SAI PRIYA

FACULTY MENTOR :MR.K.KALAIARASAN Assistant professor/IT

PROJECT MEMBERS:

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CHAPTER 1

INTRODUCTION

The importance of food for human survival has been discussed in several medical conferences. Consumers now have more opportunities to learn about nutrition patterns, understand their daily eating habits, and maintain a balanced diet owing to modern dietary evaluation and nutrition analysis tools. Due to the ignorance of healthy food habits, obesity rates are increasing at an alarming speed, and this is reflective of the risks to people's health. People need to control their daily calorie intake by eating healthier foods, which is the most basic method to avoid obesity. However, although food packaging comes with nutrition (and calorie) labels, it's still not very convenient for people to refer to App-based nutrient dashboard systems which can analyze real-time images of a meal and analyze it for nutritional content which can be very handy and improves the dietary habits, and therefore, helps in maintaining a healthy lifestyle. This project aims at building application that automatically estimates food attributes such as ingredients and nutritional value by classifying the input image of food. This method employs deep learning model (CNN) for accurate food identification and Food API's to give the nutritional value of the identified food.

1.1 PROJECT OVERVIEW

The style of life in the modern world is evolving daily, and with it, the requirements of the human body's composition, which includes a variety of consumables or prepared foods, are changing as well. Obesity, or being overweight, is one issue brought on by an abundance of food in our daily life. The body's excessive calorie consumption is the root cause of this issue. In today's world, obesity is becoming a major problem. Therefore, we need a system that can influence people's eating habits and give them guidance leading to healthy lifestyle maintenance. If a system alerts users to the nutritional information of a food item and categorises it as healthy or unhealthy as well as the nutrition content to the user,

they can establish their daily intake of calories from their diet. First, we must determine the type of food, and then, after predicting the type of food (fruit or vegetable), our system must determine the type of that image (if the image is in the category of food or vegetable). A combination of deep learning techniques is used to recognise the image and determine the category based on it. Our approach incorporates a wide range of segmentation and picture features.

1.2 PURPOSE

The type of food must be determined first, and then our system must determine the type of that image after predicting the type of food (fruit or vegetable) (if the image is in the category of food or vegetable). The image is recognised, and a category is derived from it using a combination of deep learning algorithms. Our method includes a variety of segmentation and image properties.

CHAPTER 2

LITERATURE SURVEY

2.1 EXISTING PROBLEMS

2.1.1 TITILE : Study for Food Recognition System Using Deep Learning

AUHTOR: Nareen O. M. Salim

The evaluation of weight reduction therapy has been shown in the literature to greatly benefit from accurate dietary assessment. The majority of contemporary nutritional evaluation techniques, however, rely on memory. Current computer-based food identification system development for accurate food evaluation is now possible via rich Cloud services and complete mobile devices. Addressing the issue of food detection and identification in images of various foods. The issue is worsened by the wide range of food products with low interand large intra-class differences and the scant information in a single image. By outlining the general application of numerous fusion-trained classifiers, it is possible to improve the identification and recognition of traits gleaned from different deep models. This essay investigated numerous methods for identifying foods. The Food identification is a challenging challenge since food products are presented; Sometimes, they are different within the same group. A sort of issue with categorizing fine-grained pictures as the identification of food pairwise local characteristics that take advantage of eight specific food ingredients' positional relationships. The proposed multi-food image recognition system that detects first food recognizes color, texture, gradient, and SIFT extracted by several detectors using multiple kernels learning regions. The food is divided into 300 blocks, and five classes are further classified, such as staple, main dish, side dish, fruit, and non-food from each block's extract color and DCT coefficients. Food identification and quantity estimation are part of the TADA dietary evaluation system.

2.1.2 TITILE : The Use of Different Image Recognition Techniques in

Food Safety

AUHTOR: Rijwan Khan, Santosh Kumar

In order to prevent foodborne illness and harm, food must be properly prepared, transported, and stored. Food products may encounter a variety of health risks from farm to factory and factory to fork. Food safety is therefore essential from a financial and moral standpoint. The consequences of not complying with food safety regulations are diverse.)e demand for precise, rapid, and neutral quality assessments of these qualities in food products is increasing as dietary requirements and high-quality standards are demanded more frequently. To accomplish these goals, computer vision offers an automated, non-destructive, and costeffective method. Its usefulness for fruit and vegetable assessment and classification has been proven by a significant body of research. It highlights the key elements of image processing technology and provides an overview of the most recent developments in the food industry. Public health is consistently and significantly burdened by foodborne illnesses. After more than a century Large-scale changes in food production, distribution, and regulations were pushed and fed into macrosocial pressures like population growth, urbanisation, and globalisation. Compared to other economic sectors, the food industry and distribution network, in particular, have created huge amounts of data in recent years. To increase the safety of the food supply, several types of data were imaginatively examined at various points along the agricultural value chain. For instance, toxic contaminations on farmlands were forecasted in preharvest, field, and weather forecasts; in the retail setting, contactless audits and record-keeping were carried out for 1.4 million months; and observations of Hindawi Journal of Food Quality Volume

2.1.3 TITILE: Efficient extraction of deep image features using convolutional neural network (CNN) for applications in detecting and analysing complex food matrices AUHTOR: Yao Liu, Hongbin Pu, Da-Wen Sun b

For the food sector, it is important to establish tools and processes for quickly and accurately identifying and analysing food quality and safety goods. traditional methods for machine learning Based on handcrafted traits, they typically perform poorly since they have a limited capacity to describe complex culinary properties. The convolutional neural network (CNN), which is the most widely used architecture of deep learning and has been increasingly used for the detection and analysis of complex food matrices, has recently emerged as an efficient and viable method for feature extraction. Goals and strategy: The current review introduces multi-feature aggregation techniques, 1-D, 2-D, and 3-D CNN models for feature extraction, and the structure of CNN. CNN's uses as a depth feature. With the improvement of the quality of life, people are increasingly conscious of high quality and safe food products in daily life, therefore the development of methods for reliably detecting and analysing food quality and safety is important for the industry. With the unique advantages of strong feature learning and good generalization ability, CNN is potential and attractive for effective and efficient analysis of complex food matrices. CNN can not only automatically locate important features, but can also obtain unparalleled performance under challenging conditions such as complex background, and different resolutions and orientations of the images. Despite the advantages of CNN in the provision of better performance, there still remain numerous challenges to its applications in the food domain

2.1.4 TITILE : Barriers to and Facilitators for Using Nutrition Apps AUHTOR : Laura Maria König, Christiane Attig.

Diet-related health risk factors and eating habits can both be modified with the help of nutrition apps. Although they might slow the rising rates of overweight and obesity, they haven't yet been widely adopted. Therefore,

comprehensive understanding of the development of design recommendations targeted at promoting adoption and sustained use of nutrition apps requires an understanding of the factors encouraging and discouraging (longterm) app use. The literature on obstacles to and enablers of the use of nutrition apps across disciplines, as well as empirical qualitative and quantitative studies with current, former, and non-users of nutrition apps, has been synthesised in this systematic review. PsychINFO, PSYNDEX, PsycArticles, PubMed, Web of Science, and SPORTDiscus were among the six databases used in a comprehensive literature search that also included backward and forward citation searches. The anticipated data extraction procedure, the inclusion and exclusion criteria, and the search strategy were all registered in advance. All empirical qualitative and quantitative publications in German or English that focused on adolescents (aged 13-18) or adults who were either present, former, or non-users of nutrition apps were eligible for inclusion. Individual barriers and facilitators were extracted and put into categories based on a qualitative content analysis. Multiple factors influencing participation with mobile weight reduction and weight maintenance therapies have been discovered by two systematic evaluations. These elements include social support, customisation, ease of use, entertainment, and the availability of tools like self-monitoring, prompts, and feedback.

2.1.5 TITILE : Identification of malnutrition and prediction of BMI from facial images using real-time image processing and machine learning

AUHTOR: Dhanamjayulu C, Nizhal U N

The usable information on human faces can be used to determine an individual's age, gender, weight, etc. Body mass index (BMI) and weight are two of these biometrics that are reliable predictors of health. Based on recent health science studies, this work proposes a regression approach based on the 50-layer Residual network architecture to investigate ways to identify malnourished individuals and obese individuals by evaluating body weight and BMI from facial photos. Multi-task Cascaded Convolutional Neural Networks have been used for face detection. A method is developed to assess BMI, age, and gender using real-

time photographs of human faces. Obesity and malnutrition are frequently identified with the aid of BMI. The estimation of height, weight, and BMI using automated methods was done in earlier publications. Today's social networks, like Facebook, Instagram, and Snapchat, contain a variety of functions, including the trading of images, looking for a job, dating, and blogging. More and more people around the world are capturing their lives with digital cameras and publishing the records as images or videos on social media networks. The proposed method is useful in establishing the relation between the characteristics of the human face and the body, such as body height and weight. The proposed method to identify Malnutrition and obese children from human faces. The proposed system does not require the full body real image of a person. Face detection is done with the Multi-task Cascaded Convolution Neural Networks on pictures with single/multiple faces. BMI, age, and gender are estimated from a person's face using residual neural networks. The problems of BMI, age, and gender estimation are posed as three separate regression pattern classification problems. The dataset of facial images taken from the internet along with their metadata containing information like gender, age, and BMI.

2.2 REFERENCES

- **1.**Nareen O. M. Salim, Study for Food Recognition System Using Deep Learning, 2021
- **2**. Yao Liu , Hongbin Pu, Efficient extraction of deep image features using convolutional neural network (CNN) for applications in detecting and analysing
- complex food matrices, 2021
- **3.**Rijwan Khan, Santosh Kumar, The Use of Different Image Recognition Techniques in Food Safety: A Study, 2021
- **4**.Laura Maria König, Barriers to and Facilitators for Using Nutrition Apps: Systematic Review and Conceptual Framework, 2021
- **5.**Dhanamjayulu C, Identification of malnutrition and prediction of BMI from facial images using real-time image processing and machine learning, 2021

2.3 PROBLEM STATEMENT DEFINITION

In existing system, the way food data is analysed is evolving as a result of recent developments in computer vision and machine learning. Food-related photos, however, are frequently challenging to recognise and slow to detect due to the high quantity of food items and the ineffectiveness of the detection method. A diet plan is also fully manual to obtain. People may occasionally have to wait for many hours before learning about the suggested diet plan after contacting their dietician. For users, this makes getting their diet plan challenging. From the perspective of the customer, this is ineffective.

IDEATION AND PROPOSED SOLUTION

3.1 EMPATHY MAP CANVAS

Empathy Map Canvas

Gain insight and understanding on solving customer problems.

1

Build empathy and keep your focus on the user by putting yourself in their shoes.

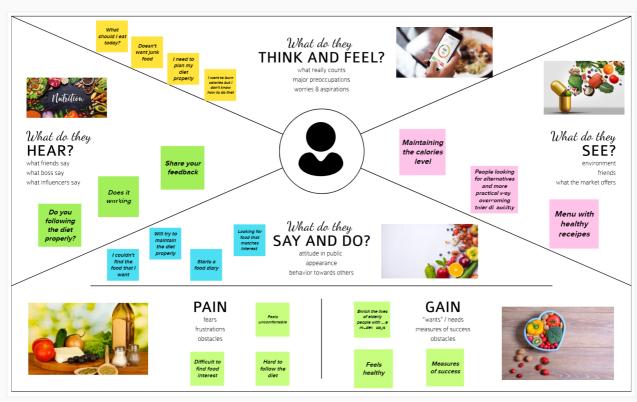


FIGURE 3.1.1 EMPATHY MAP

An **empathy map** is a collaborative visualization used to articulate what we know about to particular type of user it externalizes knowledge about users in order to create a shared understanding of user needs and aid in decision making

Share your feedback

3.2 IDEATION AND BRAINSTORMING

STEP 1: TEAM GATHERING ,COLLABORATION AND SELECT THE PROBLEM STATEMENT

A Principal difference between ideation and brainstorming is that ideation is commonly more thought of as being an individual pursuit while brainstorming is almost always a group activity

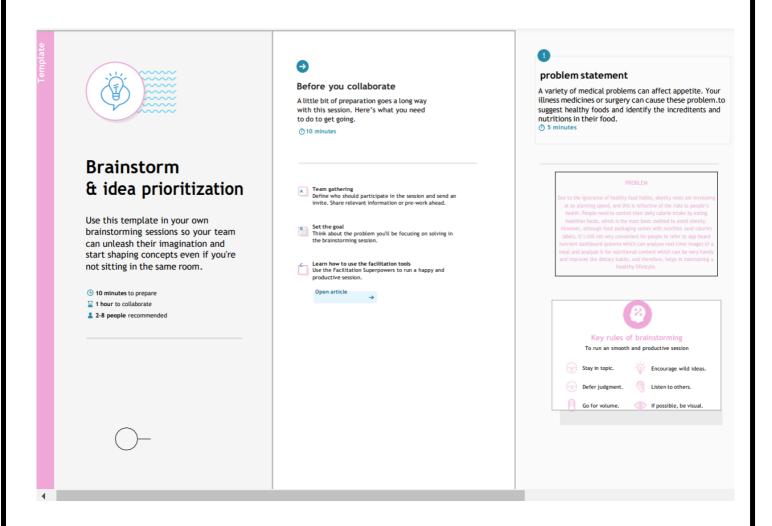


FIGURE 3.2.1 IDEATION AND BRAINSTORMING

STEP 2: BRAINSTORM, IDEA LISTING AND GROUPING

The idea listing and grouping is used to organize and analyse large numbers of ideas by categorising them.By organising and reorganising ideas, students gain a better appreciation of , and dialogue about their ideas. As students create idea clusters, new contexts and connections among themes emerge

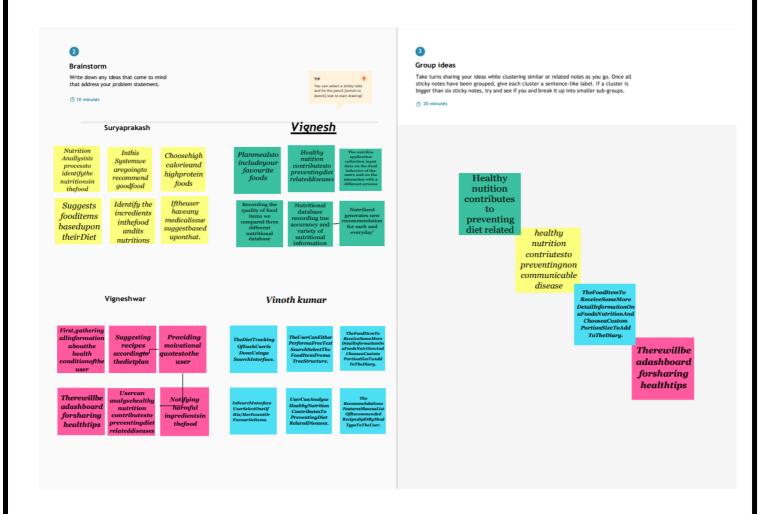


FIGURE 3.2.2 IDEATION AND BRAINSTORMING

STEP 3:IDEA PRIORITIZATION

Idea prioritization is just a part of the idea management process.

Having a structured idea management process and a systematic way of gathering evaluating and prirotizing new ideas takes time. To make it work ,the entire idea management process should be integrated to the evryday ways of working

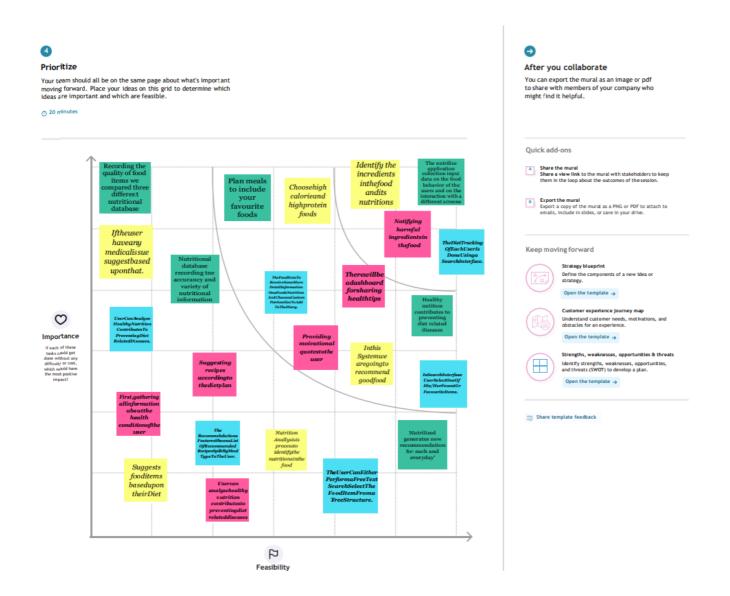


FIGURE 3.2.3 IDEATION AND BRAINSTORMING

3.3 PROPOSED SOLUTION

Sufficient nutrition and energy consumption, which can only be obtained through proper eating habits, are essential for maintaining a healthy existence. In addition to maintaining a good standard of living, a healthy diet helps people prevent

chronic conditions including diabetes, high blood pressure, mental illness, asthma, and others. Obesity is one of the conditions brought on by over eating that is most common. When a person is obese, excess body fat accumulates to the point where it endangers their health. For the suggested system to recognise and locate food items from the input images, develop an automated nutrition analysis system. By locating possible locations and classifying them with deep neural networks, develop a three-step procedure specifically for detecting various foods in photographs. In the first stage, the automated system generates numerous regions of proposals using the provided photos. Then, it collects each region of thoughts by locating them in the original pictures, putting them on feature maps, and classifying them according to different food groups. Finally, by analysing the nutritional elements in the images, determine the food's calories, fat, carbs, and protein contents as well as its ingredients to generate a dietary evaluation report. The system's effectiveness and accuracy will also be increased by expanding the dataset to cover a larger variety of food types.

3.4 PROBLEM SOLUTION FIT

There is no organised way to quickly collect dietary data. Waiting times for diet appointments might be hours long. Calculate the calories, fat, carbohydrates, and protein content after examining the nutritional components in the images to produce a report on the dietary quality. The system's effectiveness and accuracy will be increased by broadening the information to include a wider variety of food types.

CHAPTER 4

REQUIREMENT ANALYSIS

4.1 FUNCTIONAL REQUIREMENT

Upload Image

In this module, the nutrition datasets should be uploaded as CSV files. Additionally, the information is kept in a database for later use. The dataset includes information on the calories, protein, fat, and food ingredient values of fruits and vegetables. These numbers are preserved as integer values and acquired from the Kaggle website.

Filtering Noise

Ability to determine the nutritional content of diverse fruits and vegetables is made possible by the use of filter techniques that reduce noise in photos. The filter's goal is to get rid of noise, which makes photographs look bad. Statistics back up this statement. A filter's typical frequency response is constructed. Filtering is a nonlinear technique widely used in image processing to get rid of "salt and pepper" noise. When edge preservation and noise reduction are top concerns, a median filter is preferable to convolution. Practice photo binarization in a similar way. In the preprocessing stage of document analysis, document picture binarization is used to separate the text in the foreground from the backdrop of the document. The succeeding document image processing tasks require a quick and precise binarization approach

Classification

Classification is the process of dividing data into various categories. The method starts by determining the class of the given data points. Classification is achievable for both structured and unstructured data. The terms target, label, and

classes are occasionally used to describe the classes. The user-uploaded food image will be compared to the food items in the system database for the features obtained in the feature extraction stage in the classification process. The specific food item will be recognised once the ideal match is discovered based on the qualities matched. The detected food item's name with ingredients will be displayed over the food. Here, a convolution neural network approach is employed to classify data.

Nutrition Detection

The food nutrition API receives the image after the model has identified the food category or food type and extracts the food's nutritional data before sending it to the system. The system contrasts the nutritional information with the suggested dietary allowances. If the amount of a specific nutrient, let's say calories, exceeds the recommended dietary allowance, the user will receive a warning message to reduce nutrition intake. In that case, the user will see the food's nutritional value.

4.2 NON FUNCTIONAL REQUIREMENTS

USABILITY

The system shall allow the users to access the system with pc using web application. The system uses a web application as an interface. The system is user friendly which makes the system easy

AVAILABILITY

The system is available 100% for the user and is used 24 hrs a day and 365 days a year. The system shall be operational 24 hours a day and 7 days a week.

SCALABILITY

Scalability is the measure of a system's ability to increase or decrease in performance and cost in response to changes in application and system processing demands.

SECURITY

A security requirement is a statement of needed security functionality that ensures one of many different security properties of software is being satisfied

PERFORMANCE

The information is refreshed depending upon whether some updates have occurred or not in the application. The system shall respond to the member in not less than two seconds from the time of the request submittal. The system shall be allowed to take more time when doing large processing jobs. Responses to view information shall take no longer than 5 seconds appear on the screen

RELIABILITY

The system has to be 100% reliable due to the importance of data and the damages that can be caused by incorrect or incomplete data. The system will run 7 days a week. 24 hours a day.

CHAPTER 5

PROJECT DESIGN

5.1 DATA FLOW DIAGRAMS

A two-dimensional diagram explains how data is processed and transferred in a system. The graphical depiction identifies each source of data and how it interacts with other data sources to reach a common output. Individuals seeking to draft a data flow diagram must identify external inputs and outputs, determine how the inputs and outputs relate to each other, and explain with graphics how these connections relate and what they result in. This type of diagram helps business development and design teams visualize how data is processed and identify or improve certain aspects.

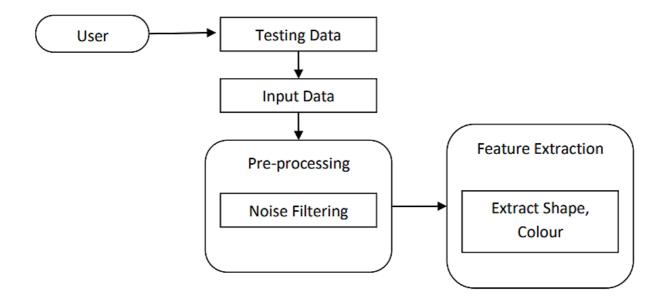
LEVEL 0

The Level 0 DFD shows how the system is divided into 'sub-systems' (processes), each of which deals with one or more of the data flows to or from an external agent, and which together provide all of the functionality of the system as a whole. It also identifies internal data stores that must be present in order for the system to do its job, and shows the flow of data between the various parts of the system.



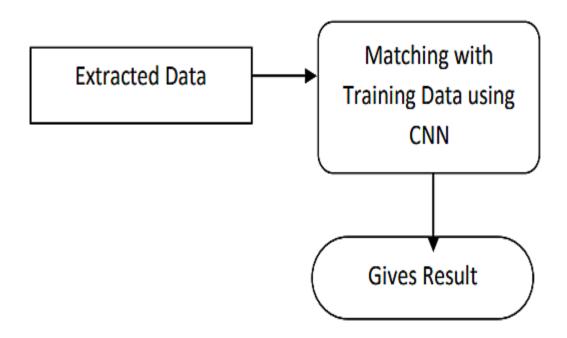
LEVEL 1

The next stage is to create the Level 1 Data Flow Diagram. This highlights the main functions carried out by the system. As a rule, to describe the system was using between two and seven functions - two being a simple system and seven being a complicated system. This enables us to keep the model manageable on screen or paper.



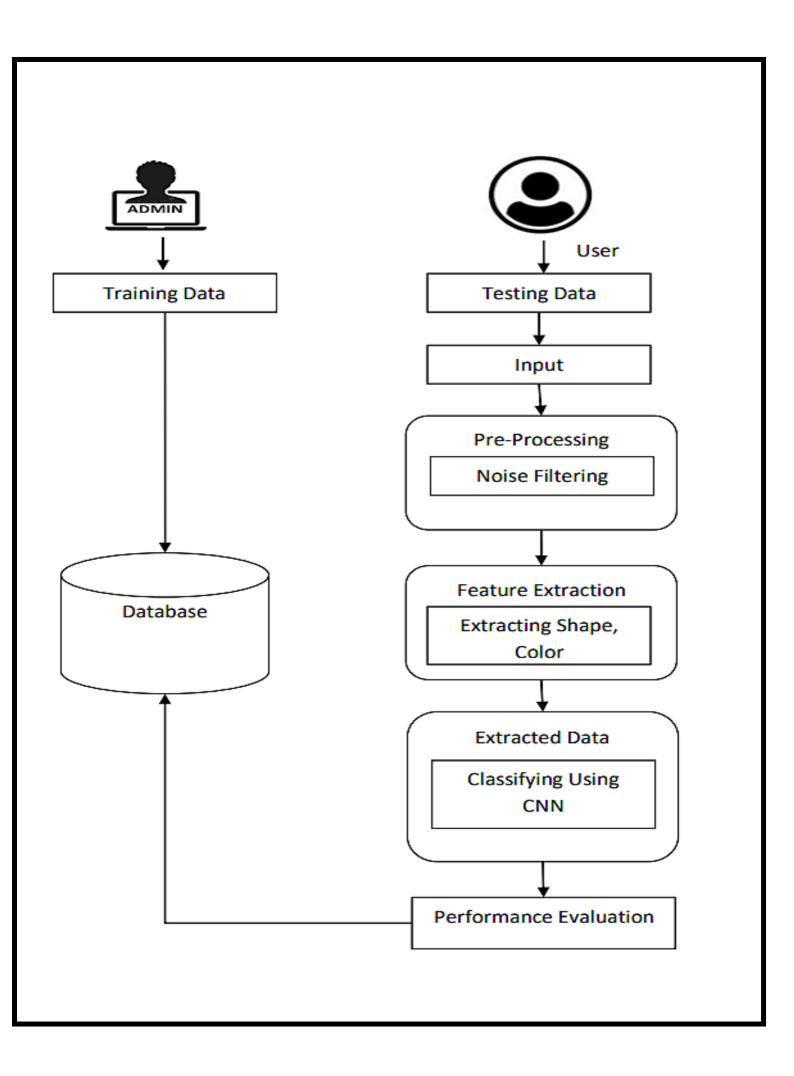
LEVEL 2

A Data Flow Diagram (DFD) tracks processes and their data paths within the business or system boundary under investigation. A DFD defines each domain boundary and illustrates the logical movement and transformation of data within the defined boundary. The diagram shows 'what' input data enters the domain, 'what' logical processes the domain applies to that data, and 'what' output data leaves the domain. Essentially, a DFD is a tool for process modelling and one of the oldest.



5.2 SOLUTION & TECHNICAL ARCHITECTURE

A system architecture or systems architecture is the conceptual model that defines the structure, behavior, and more views of a system. An architecture description is a formal description and representation of a system, organized in a way that supports reasoning about the structures and behaviors of the system. System architecture can comprise system components, the externally visible properties of those components, the relationships (e.g. the behavior) between them. It can provide a plan from which products can be procured, and systems developed, that will work together to implement the overall system. There have been efforts to formalize languages to describe system architecture, collectively these are called architecture description languages (ADLs)



5.3 USER STORY

Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points	Priority	Team Members
Sprint-1	Registration	USN-1	As a user, I can register for the application by entering my email, password, and confirming my password.	2	High	Vigneshwar R Suryaprakash M Vinoth Kumar A Vignesh P
Sprint-1		USN-2	As a user, I will receive confirmation email once I have registered for the application.	1	High	Vigneshwar R Suryaprakash M Vinoth Kumar A Vignesh P
Sprint-1	Login	USN-3	As a user, I can log into the application by entering email & password.	1	High	Vigneshwar R Suryaprakash M Vinoth Kumar A Vignesh P
Sprint-2	User Details	USN-4	As a user, I can enter my details.	2	High	Vigneshwar R Suryaprakash M Vinoth Kumar A Vignesh P
Sprint-3	Scanning And Searching Food	USN-5	As a user, I can search the food items.	2	Medium	Vigneshwar R Suryaprakash M Vinoth Kumar A Vignesh P

CHAPTER 6

PROJECT PLANNING AND SCHEDULING

6.1 SPRINT PLANNING AND ESTIMATION

Functional	User	User Story /	Story Points	Priority	Team
Requireme nt (Epic)	Story Number	Task			Members
Registration	USN-1	As a user, I can	2	High	Vigneshwar R
		-			
		· ·			
	USN-2	· ·	1	High	Suryaprakash M
		_			
	USN-2		1	High	Vinoth Kumar A
		_			
Lawin	LICNIO		1	l limb	\/iamaak D
Login	USIN-3		1	High	Vignesh P
		~			
		entering			
		email&			
		password.			
User Details	USN-4	As a user, I	2	High	Suryaprakash
		can entermy			
		details.			
	Requireme nt (Epic) Registration Login	Requireme nt (Epic) Registration USN-1 USN-2 USN-2 Login USN-3	Requireme nt (Epic) Registration USN-1 As a user, I can register for the application by entering my email, password, and confirming my password. USN-2 As a user, I will receive confirmation email oncel have registered for the application. USN-2 As a user, I will receive confirmation email oncel have registered for the application. USN-2 As a user, I will receive confirmation email oncel have registered for the application on the application. USN-3 As a user, I can log into the application by entering email& password. User Details USN-4 As a user, I can entermy	Requireme nt (Epic) Number Task 2 2 2	Requirement (Epic) Story Number Task

Sprint-3	Scanning	USN-5	As a user, I	2	Medium	vignesh p
	And		can			
	Searching		searchthe			
	Food		food items.			
Sprint-4	Show	UNS-6	As a user, I	1	High	Vinoth Kumar
Sprint-4	Nutritional	UNS-6	can scanthe	1	High	Vinoth Kumar A
Sprint-4		UNS-6	can scanthe food and get	1	High	
Sprint-4	Nutritional	UNS-6	can scanthe	1	High	

Table 6.1 Sprint Planning and Estimation

6.1.1 Project Tracker, Velocity & Burndown Chart

Sprint	Total Story Points	Duration	Sprint Start Date	Sprint End Date (Planned)	Story Points Completed (as on Planned End Date)	Sprint Release Date (Actual)
Sprint-1	20	6 Days	23 Oct 2022	28 Oct 2022	20	28 Oct 2022
Sprint-2	20	6 Days	30 Oct 2022	04 Nov 2022	20	04 Nov 2022
Sprint-3	20	6 Days	05 Nov 2022	10 Nov 2022	20	10 Nov 2022
Sprint-4	20	6 Days	12 Nov 2022	18 Nov 2022	20	18 Nov 2022

Table 6.1.1 Project Tracker, Velocity & Burndown Chart

VELOCITY

Imagine we have 6 – days sprintduration, and the velocity of the team is 10 (points persprint). Let's calculate the team's average(AV) per iteration unit (Story points perday).

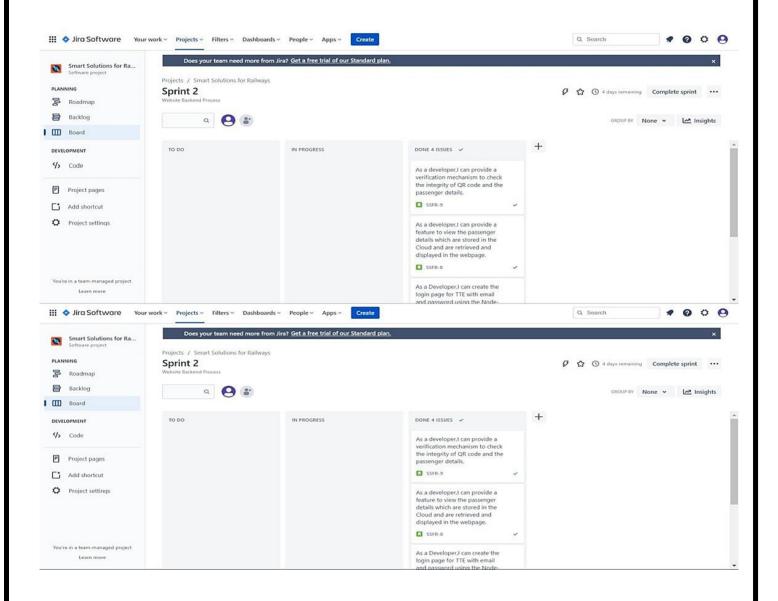
AV = SprintDuration/Velocity

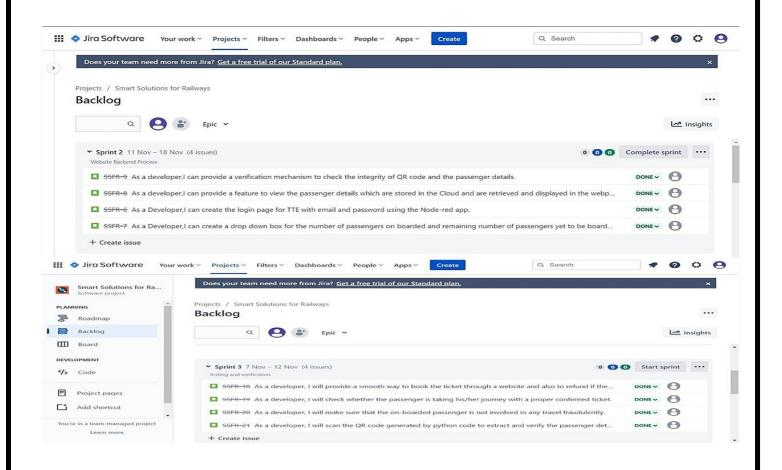
= 0.6 **6.2 PROJECTDELIVERY SCHEDULE**

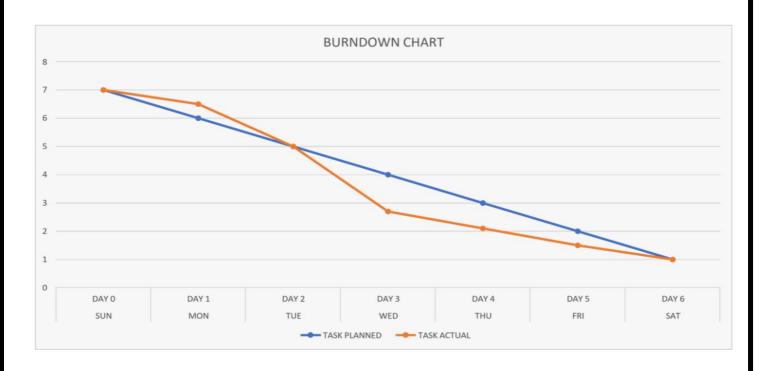
TITLE	DESCRIPTION	DATE 10 SEPTEMBER 2022	
Literature Survey & Information Gathering	Literature survey on the selectedproject & gathering informationby referring to technical papers, research publications etc.		
Prepare Empathy Map	Prepare Empathy Map Canvas tocapture the user Pains & Gains,Prepare list of problem statements	15 SEPTEMBER 2022	
Prepare Empathy Map	Prepare Empathy Map Canvas to capture the user Pains & Gains, Prepare list of problem statements	15 SEPTEMBER 2022	
Proposed Solution	Prepare the proposed solution document, which includes thenovelty, feasibility of idea, business model, social impact, scalability of solution, etc.	25 SEPTEMBER 2022	
	Prepare problem - solution fit document.	29 SEPTEMBER 2022	
Problem Solution Fit			
Solution Architecture	Prepare a solution architecture document.	02 OCTOBER 2022	
Customer Journey		09 OCTOBER 2022	
	Prepare the customer journey maps to understand the user interactions & experiences with theapplication (entry to exit).		
	Prepare the functional requirement document.	13 OCTOBER 2022	
Functional Requirement			
Data Flow Diagrams	Draw the data flow diagrams and submit for review.	15 OCTOBER 2022	
Technology Architecture	Prepare the technology architecture diagram.	29 OCTOBER 2022	
	Prepare the milestones & activity listof the project.	04 NOVEMBER 2022	
Prepare Milestone & Activity List			

	Develop & submit the developed code	WORK IN PROGRESS
Project Development - Delivery of Sprint-	by testing it.	
	, ,	
1, 2, 3& 4		
, ,		

6.3 Reports from JIRA







CHAPTER 7

CODING AND SOLUTION

7.1 FEATURE 1

We incorporated an email service. This service sends email messaages with nutritions-related information directly to customers inbox.

```
def custom_send_mail(email, data):

sg = sendgrid.SendGridAPIClient(SENDGRID_API_KEY)from_email =

Email("nutritioninyourlife.foryoy@gmail.com") to_email= To(email) # Change to your recipient

subject = "Nutrition is a basichuman need and a prerequisite for healthy life" content = Content("text/plain",

f"'{data}"')

mail = Mail(from_email, to_email,subject, content)

# Get a JSON-ready representation of the Mail object mail_json = mail.get()

sg.client.mail.send.post(request_body=mail_json)
```

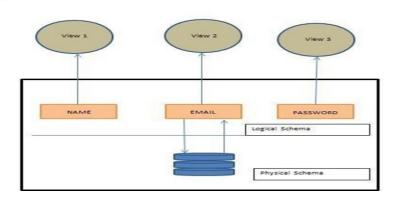
7.2 FEATURE 2

We store the nutrition related information on the database, so users can access the data when they need it. Adding result into database,

```
insert_sql = "INSERT INTO PERSON VALUES (?,?,?,?)"
prep_stmt = ibm_db.prepare(conn, insert_sql)
ibm_db.bind_param(prep_stmt,1, session['name'])
ibm_db.bind_param(prep_stmt, 2, session['email'])
ibm_db.bind_param(prep_stmt, 3, complete_value)
ibm_db.bind_param(prep_stmt, 4, current_time)
ibm_db.execute(prep_stmt)
```

Getting information from the database:

7.3 DATABASE SCHEMA OF APPLICABLE



8.TESTING

8.1 TESTCASES

A test case has components that describe input, action and an expected response, in order to determine if a feature of an application is working correctly. A test case is a set of instructions on "HOW" to validate a particular test objective/target, which when followed will tell us if the expected behavior of the system is satisfied or not.

Characteristics of a good test case:

• Accurate: Exacts the purpose.

• Economical: No unnecessary steps or words.

• Traceable: Capable of being traced to requirements.

• Repeatable: Can be used to perform the test over and over.

Reusable: Can be reused if necessary.

S.NO	Scenario	Input	Excepted output
1	User login	User name and password	Login
2	Upload Image	Upload input image (fruits and vegetables)	Predicting calorie, fat and ingredients of given food image

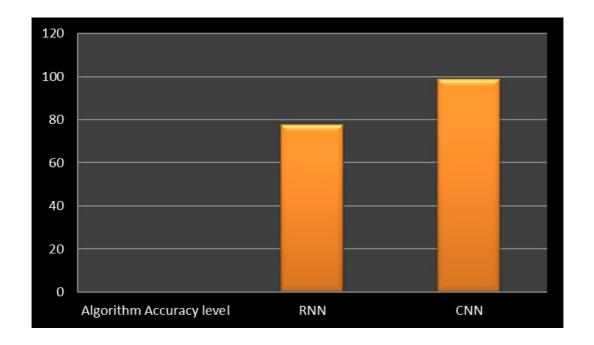
8.2 USER ACCEPTANCE TESTING

This sort of testing is carried out by users, clients, or other authorised bodies to identify the requirements and operational procedures of an application or piece of software. The most crucial stage of testing is acceptance testing since it determines whether or not the customer will accept the application or programme. It could entail the application's U.I., performance, usability, and usefulness. It is also referred to

as end-user testing, operational acceptance testing, and user acceptance testing (UAT).

9. RESULTS

9.1 PERFORMANCE METRICS



10. ADVANTAGES AND DISADVANTAGES

ADVANTAGES

- Provide the nutrition content and ingredients of Multifoods
- Helps for fitness people to maintain and know the proteins and calories of the food
- Gives accurate results in real-time application

DISADAVANATGES

- Hard to know the details of nutrition and calories of food
- Doesn't ask to provide the users health condition
- Required more time to know the Multifoods

11.CONCLUSION

This project study suggests a technique for an automated food nutrition detection system that can estimate the quantity of nutrients in food. As of now, the machine can classify the meal into one of the numerous categories provided in the dataset. The categorization made use of the popular food dataset. Using a deep learning approach, the food photographs were categorised into the proper categories. It may be possible to improve the classification process by removing noise from the dataset. The same study can be conducted using a larger dataset, more classes, and more images in each class because doing so improves accuracy by teaching the algorithm new features and reduces loss rates. The weights of the model can be stored and used to develop designs for calorie extraction, food categorization, and image classification.

12.PROJECT SCOPE

Using a deep learning approach, the research study's food images are categorised into the relevant groupings. The classification task might be improved in the future by removing noise from the dataset. The same study may be conducted using a larger dataset, more classes, and more images in each class because doing so improves accuracy by teaching the algorithm new characteristics and reduces loss rates. A web or mobile application that categorises images and also extracts the calories from the food that has been identified may be created using the model's weights, which can be saved and used later.

13. APPENDIX

13.1 SOURCE CODE

```
import Flask, render_template, request, redirect, url_for, session
import requests, json, os
import ibm_db
import re
import cv2
app = Flask(__name__)
app.secret_key = 'a'
conn = ibm_db.connect("DATABASE=bludb;HOSTNAME=6667d8e9-9d4d-4ccb-ba32-
21da3bb5aafc.c1ogj3sd0tgtu0lqde00.databases.appdomain.cloud;PORT=30376;SECURITY=SSL;SSLServer
Certificate=DigiCertGlobalRootCA.crt;UID=jqr24896;PWD=XEJTmHY5JprWZngW",",")
@app.route('/')
def home():
  return render_template('home.html')
@app.route('/pythonlogin/', methods=['GET', 'POST'])
def login():
  global userid
  msg="
  if request.method =='POST':
    username = request.form['username']
    password =request.form['password']
```

```
sql ="SELECT * FROM users WHERE username =? AND password=?"
    stmt = ibm_db.prepare(conn, sql)
    ibm_db.bind_param(stmt,1,username)
    ibm_db.bind_param(stmt,2,password)
    ibm_db.execute(stmt)
    account = ibm_db.fetch_assoc(stmt)
    print (account)
    if account:
      session['loggedin']=True
      session['id'] = account ['USERNAME']
      userid = account['USERNAME']
      session['username'] = account['USERNAME']
      msg = 'logged in successfully!'
      return render_template('submission.html',msg = msg)
    else:
      msg ='Incorrect username / password !'
  return render_template('login.html',msg=msg)
@app.route('/pythonlogin/register', methods=['GET', 'POST'])
def register():
  msg = "
  if request.method == 'POST':
    username = request.form['username']
    email = request.form['email']
    password = request.form['password']
    sql = "SELECT * FROM users WHERE username = ?"
    stmt = ibm_db.prepare(conn,sql)
    ibm_db.bind_param(stmt,1,username)
    ibm_db.execute(stmt)
    account = ibm_db.fetch_assoc(stmt)
    print(account)
    if account:
      msg ='Account already exists!'
    elif not re.match(r'[^@]+@[^@]+\.[^@]+',email):
      msg ='Invaild email address!'
    elif not re.match(r'[A-Za-z0-9]+',username):
      msg = 'Name must contain only characters and numbers!'
    else:
      insert_sql = "INSERT INTO users VALUES (?,?,?)"
      prep_stmt= ibm_db.prepare(conn, insert_sql)
      ibm_db.bind_param(prep_stmt, 1 , username)
      ibm_db.bind_param(prep_stmt, 2, email)
```

```
ibm_db.bind_param(prep_stmt, 3, password)
      ibm_db.execute(prep_stmt)
      sendmsg(email, you have successfully registered !')
      msg = 'you have successfully registered!'
  elif request.method == 'POST':
    # Form is empty... (no POST data)
    msg = 'Please fill out the form!'
  # Show registration form with message (if any)
  return render_template('register.html', msg=msg)
@app.route('/submission')
def submission():
  return render_template('submission.html')
@app.route('/pythonlogin/submission/display', methods = ["POST", "GET"])
def display():
  if request.method == "POST":
    image = request.files["food"]
    image.save('static/Out/Test.jpg')
    import tensorflow as tf
    classifierLoad = tf.keras.models.load_model('model.h5')
    import numpy as np
    from keras.preprocessing import image
    test_image = image.load_img('static/Out/Test.jpg', target_size=(200, 200))
    img1 = cv2.imread('static/Out/Test.jpg')
    # test_image = image.img_to_array(test_image)
    test_image = np.expand_dims(test_image, axis=0)
    result = classifierLoad.predict(test_image)
    print(result)
    out = "
    fer = "
    if result[0][0] == 1:
      out = "APPLES"
    elif result[0][1] == 1:
      out = "Badam"
```

```
elif result[0][2] == 1:
  out = "Badam Drink"
elif result[0][3] == 1:
  out = "Banana"
elif result[0][4] == 1:
  out = "Beef Steak"
elif result[0][5] == 1:
  out = "BeetrootFry"
elif result[0][6] == 1:
  out = "Biriyani"
elif result[0][7] == 1:
  out = "Biscuits"
elif result[0][8] == 1:
  out = "BitterGuardFry"
elif result[0][9] == 1:
  out = "Boiledegg"
elif result[0][10] == 1:
  out = "Bread with Peanutbutter"
elif result[0][11] == 1:
  out = "BreadandJam"
elif result[0][12] == 1:
  out = "Badam"
elif result[0][13] == 1:
  out = "Burger"
elif result[0][14] == 1:
  out = "CapsicumCurry"
elif result[0][15] == 1:
  out = "Cashew"
elif result[0][16] == 1:
  out = "Chappathi"
elif result[0][17] == 1:
  out = "Cheeseballs"
elif result[0][18] == 1:
  out = "ChilliBeef"
elif result[0][19] == 1:
  out = "Chocolate"
elif result[0][20] == 1:
  out = "ChocolateIcecream"
elif result[0][21] == 1:
  out = "ChoolapooriwithChanna"
elif result[0][22] == 1:
```

```
out = "CoffeeorLatte"
    elif result[0][23] == 1:
      out = "CrabMasala"
    elif result[0][24] == 1:
      out = "Cucumber"
    elif result[0][25] == 1:
      out = "Curdrice"
    elif result[0][26] == 1:
      out = "Dosa"
    foodName= out
    session["out"]=foodName
    return render_template('Result.html', data=session["out"])
  else:
    return render_template('submission.html')
@app.route("/pythonlogin/submission/out", methods=['GET', 'POST'])
def out():
  if request.method == "POST":
    nutrients = {}
    USDAapiKey = 'flYmBbhNL4RXqkJ7M80adL5dNKvn3THtM0eQ48Er'
    foodName = session["out"]
    response = requests.get(
'https://api.nal.usda.gov/fdc/v1/foods/search?api_key={}&query={}&requireAllWords={}'.format(USDAapiKe
y,
                                                            foodName,
                                                            True))
    data = json.loads(response.text)
    concepts = data['foods'][0]['foodNutrients']
    arr = ["Sugars", "Energy", "Vitamin A", "Vitamin D", "Vitamin B", "Vitamin C", "Protein", "Fiber", "Iron",
        "Magnesium",
        "Phosphorus", "Cholestrol", "Carbohydrate", "Total lipid (fat)", "Sodium", "Calcium", ]
    for x in concepts:
      if x['nutrientName'].split(',')[0] in arr:
         if (x['nutrientName'].split(',')[0] == "Total lipid (fat)"):
           nutrients['Fat'] = str(x['value']) + " " + x['unitName']
```

```
nutrients[x['nutrientName'].split(',')[0]] = str(x['value']) + " " + x['unitName']
    return render_template('display.html', x=foodName, data=nutrients, account=session['username'])
def sendmsg(Mailid,message):
  import smtplib
  from email.mime.multipart import MIMEMultipart
  from email.mime.text import MIMEText
  from email.mime.base import MIMEBase
  from email import encoders
  fromaddr = "sampletest685@gmail.com"
  toaddr = Mailid
  # instance of MIMEMultipart
  msg = MIMEMultipart()
  # storing the senders email address
  msg['From'] = fromaddr
  # storing the receivers email address
  msg['To'] = toaddr
  # storing the subject
  msg['Subject'] = "Alert"
  # string to store the body of the mail
  body = message
  # attach the body with the msg instance
  msg.attach(MIMEText(body, 'plain'))
  # creates SMTP session
  s = smtplib.SMTP('smtp.gmail.com', 587)
  # start TLS for security
  s.starttls()
  # Authentication
  s.login(fromaddr, "hneucvnontsuwgpj")
```

Converts the Multipart msg into a string

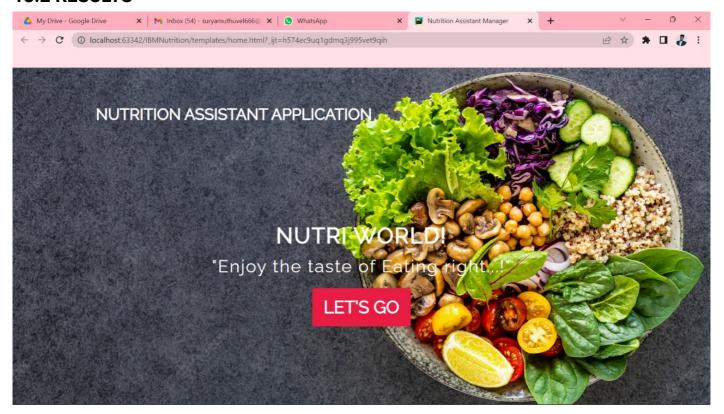
else:

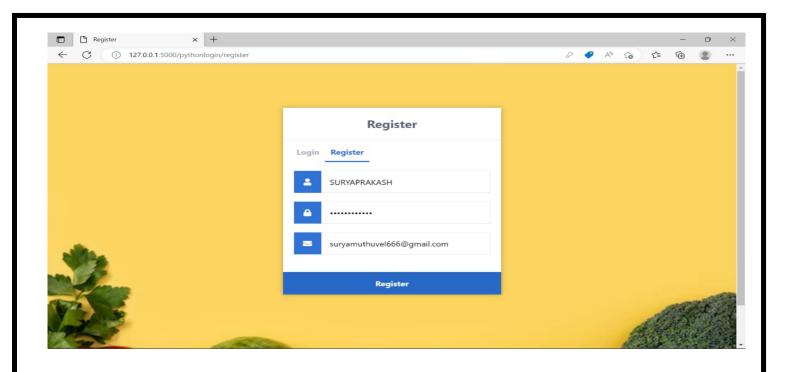
text = msg.as_string()

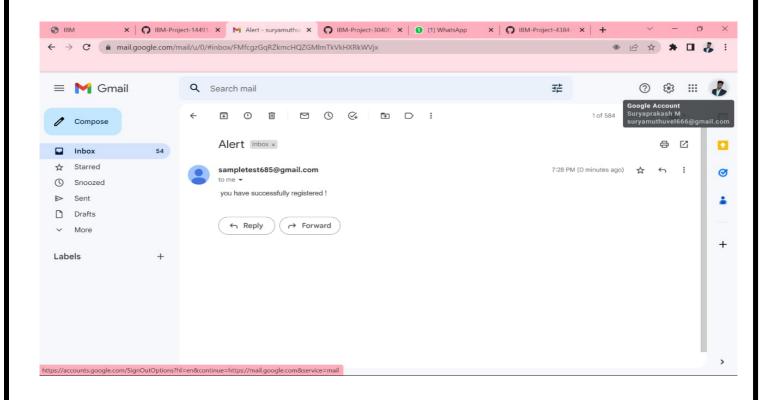
sending the mail
s.sendmail(fromaddr, toaddr, text)

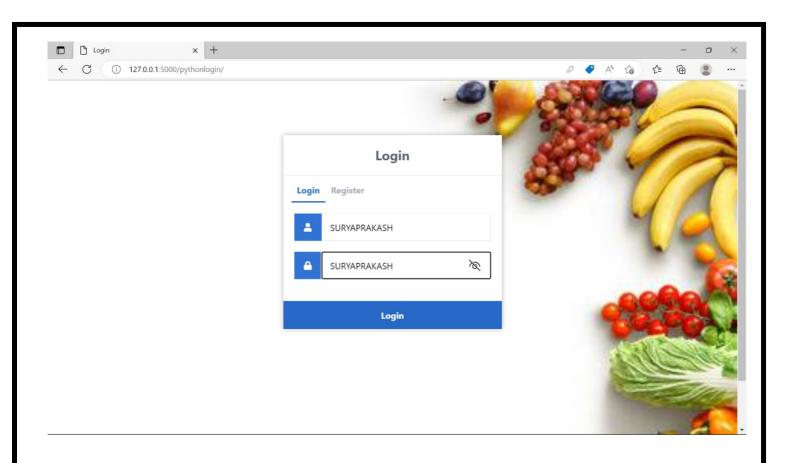
terminating the session

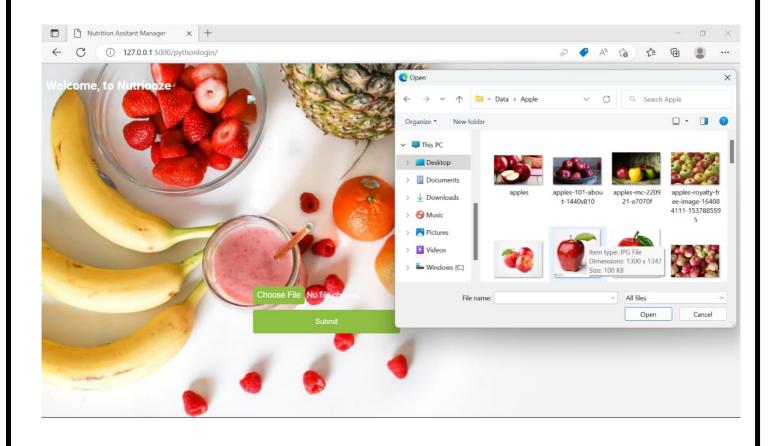
13.2 RESULTS

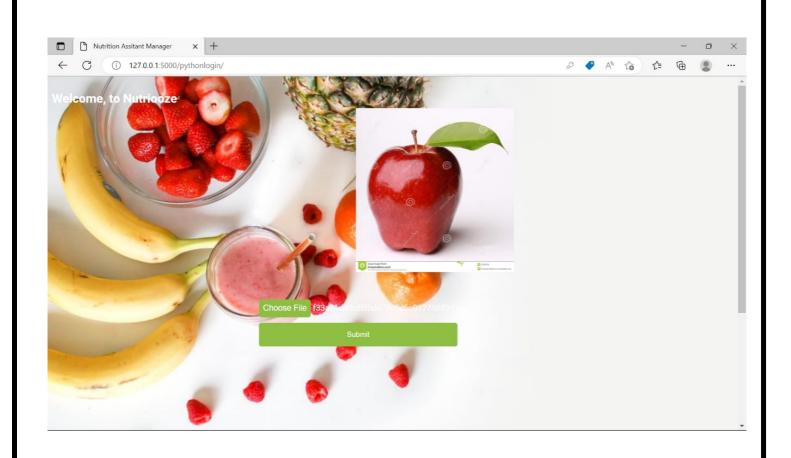


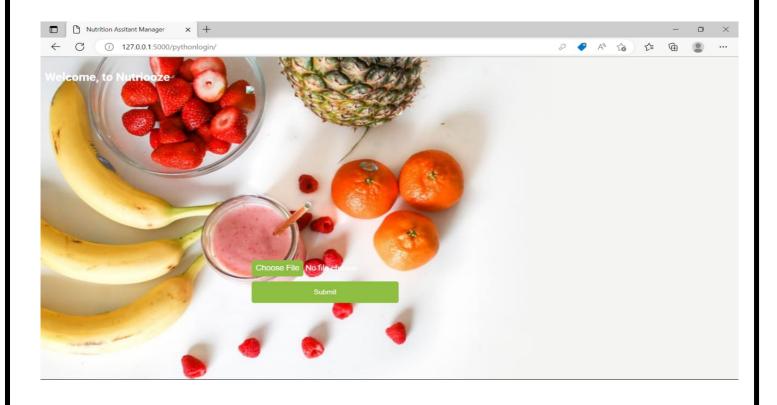


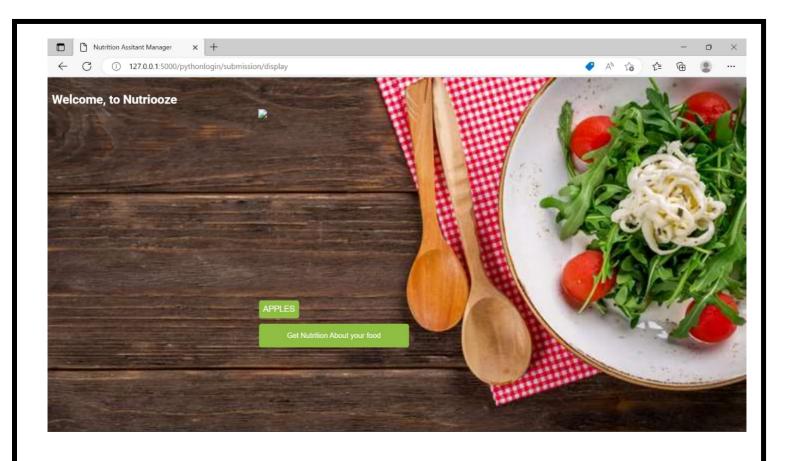


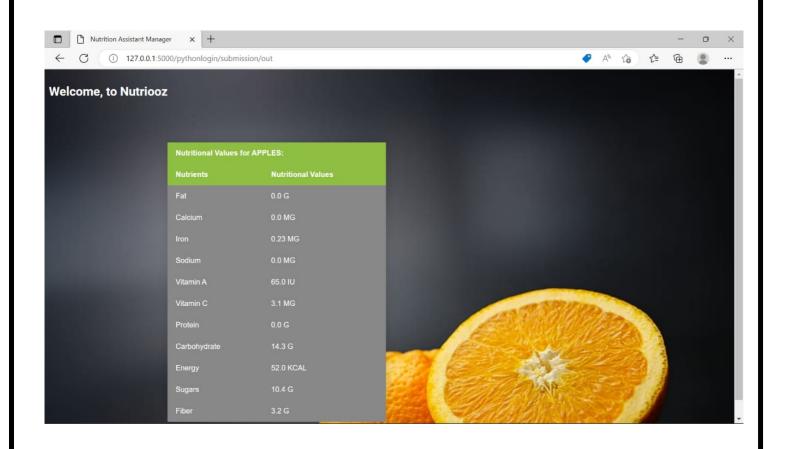












GITHUB & PROJECT DEMO LINK
DEMO VIDEO LINK: https://drive.google.com/file/d/1kBRooBIIC0iNunocQ-LS3lWazppFW-E4/view?usp=share_link
GITHUB LINK:https://github.com/IBM-EPBL/IBM-Project-14491-1659586288