

What changes for them? **Outcome** Describe how the life and environment of the customer changes once they used the product or service. What are they able to do now? Breaking all distinguish the inhibition of being were hard to healthy and unhealthy food. obese. do before. What can they finally avoid doing? Avoid Eating Got rid of unhealthy unhealthy food. habits. What changed in my environment? Got used to Gave shape Positive healthy mindset. lifestyle.