Template

Brainstorm & idea prioritization

Use this template in your own brainstorming sessions so your team can unleash their imagination and start shaping concepts even if you're not sitting in the same room.

- **10 minutes** to prepare
- **1 hour** to collaborate
- **2-8 people** recommended

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Before you collaborate

A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

10 minutes

Team gathering
Define who should participate in the session and send an invite. Share relevant information or pre-work ahead.

Set the goal
Think about the problem you'll be focusing on solving in the brainstorming session.

Learn how to use the facilitation tools
Use the Facilitation Superpowers to run a happy and productive session.

Open article

1 problem statement

A variety of medical problems can affect appetite. Your illness medicines or surgery can cause these problem.to suggest healthy foods and identify the increditents and nutritions in their food.

5 minutes

PROBLEM

Due to the ignorance of healthy food habits, obesity rates are increasing at an alarming speed, and this is reflective of the risks to people's health. People need to control their daily calorie intake by eating healthier foods, which is the most basic method to avoid obesity. However, although food packaging comes with nutrition (and calories) labels, it's still not very convenient for people to refer to App-based nutrient dashboard systems which can analyze real-time images of a meal and analyze it for nutritional content which can be very handy and improves the dietary habits, and therefore, helps in maintaining a healthy lifestyle.

Key rules of brainstorming

To run an smooth and productive session

- Stay in topic.
- Encourage wild ideas.
- Defer judgment.
- Listen to others.
- Go for volume.
- If possible, be visual.

2 Brainstorm

Write down any ideas that come to mind that address your problem statement.

10 minutes

TIP
You can select a sticky note and hit the pencil [switch to sketch] icon to start drawing!

Pranav Raja

- Nutrition Anallysisis processto identifythe nutritionsin thefood
- Inthis Systemwe aregoingto recommend goodfood
- Choosehigh calorieand highprotein foods
- Suggests fooditems basedupon theirDiet
- Identify the incredients inthefood andits nutritions
- Iftheuser haveany medicalissue suggestbased uponthat.

Ravindran

- Plannmealsto includeyour favourite foods
- Healthy nutition contributesto preventingdiet relateddiseases
- The nutrition application collection input data on the food behavior of the users and on the interaction with a different screens
- Recording the quality of food items we compared three different nutritional database
- Nutritional database recording tne accurancy and variety of nutritional information
- Nutrilized generates new recommendation for each and everyday'

Sanjai

- First,gathering allinformation aboutthe health conditionofthe user
- Suggesting recipes accordingto thedietplan
- Providing moivational quotestothe user
- Therewillbe adashboard forsharing healthtips
- Usercan analysehealthy nutrition contributesto preventingdiet relateddiseases
- Notifying harmful ingredientsin thefood

Vijaya Manikandan

- TheDietTracking OfEachUserIs DoneUsinga SearchInterface.
- TheUserCanEither PerformaTreeText SearchSelectThe FoodItemFroma TreeStructure.
- TheFoodItemTo ReceiveSomeMore DetailInformationOn aFoodsNutrition And ChooseaCustom PortionSizeToAdd ToTheDiary.
- InSearchInterface UserSelectOneOf His/HerFocusOr FavouriteItems.
- UserCanAnalyse HealthyNutrition ContributesTo PreventingDiet RelatedDiseases.
- The RecommendationsFeaturesShownIn OfRecommended RecipesSplitByMeal TypeToTheUser.

3 Group ideas

Take turns sharing your ideas while clustering similar or related notes as you go. Once all sticky notes have been grouped, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you and break it up into smaller sub-groups.

20 minutes

- Healthy nutition contributes to preventing diet related
- healthy nutrition contriutesto preventingnon communicable disease
- TheFoodItemTo ReceiveSomeMore DetailInformationOn aFoodsNutrition And ChooseaCustom PortionSizeToAdd ToTheDiary.
- Therewillbe adashboard forsharing healthtips

4 Prioritize

Your team should all be on the same page about what's important moving forward. Place your ideas on this grid to determine which ideas are important and which are feasible.

20 minutes

After you collaborate

You can export the mural as an image or pdf to share with members of your company who might find it helpful.

Quick add-ons

- **Share the mural**
  Share a view link to the mural with stakeholders to keep them in the loop about the outcomes of the session.
- **Export the mural**
  Export a copy of the mural as a PNG or PDF to attach to emails, include in slides, or save in your drive.

Keep moving forward

- **Strategy blueprint**
  Define the components of a new idea or strategy.
  Open the template
- **Customer experience journey map**
  Understand customer needs, motivations, and obstacles for an experience.
  Open the template
- **Strengths, weaknesses, opportunities & threats**
  Identify strengths, weaknesses, opportunities, and threats (SWOT) to develop a plan.
  Open the template

Share template feedback

Need some inspiration?
See a finished version of this template to kickstart your work.
Open example