

**AI-POWERED NUTRITION ANALYZER FOR FITNESS
ENTHUSIASTS**

PROJECT REPORT
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Source Code

GitHub & Project Demo Link

ABSTRACT

Nowadays, standard intake of healthy food is necessary for keeping a balanced diet to avoid obesity in the human body. In this paper, we present a novel system based on machine learning that automatically performs accurate classification of food images and estimates food attributes. This paper proposes a deep learning model consisting of a convolution neural network that classifies food into specific categories in the training part of the prototype system. The main purpose of the proposed method is to improve the accuracy of the pre-training model. The paper designs a prototype system based on the client server model. The client sends an image detection request and processes it on the server side. We implemented three classifiers SVM, ANN, CNN to compare the improved accuracy of the system. Including a pre-trained CNN model training module for classification purposes, a text data training module for attribute estimation models, and a server-side module. We experimented with a variety of food categories, each containing thousands of images, and through machine learning training to achieve higher classification accuracy.

1.INTRODUCTION

1.1Project Overview

Technology Assisted Dietary Assessment (TADA) has been one of Purdue EPICS' most valuable insights for mounting nutrition intervention programs. With the growing concern about obesity, the need to accurately measure food intake has become imperative. For example, dietary assessment among adolescents is problematic as this group has irregular eating patterns and less enthusiasm for recording food intake. Preliminary studies among adolescents suggest that the innovative use of technology may improve the accuracy of dietary information from young people. Recognition of emerging advancements in technology, e.g., higher resolution pictures, improved memory capacity, faster processors, allow these devices to process information not previously possible.

Our goal is to develop, implement, and evaluate a mobile device food record (MDFR) that will translate to an accurate account of daily food and nutrient intake among adolescents and adults. Our first steps include further development of our pilot mobile computing device to include digital images, a nutrient database, and image processing for identification and quantification of food consumption. Mobile computing devices provide a unique vehicle for collecting dietary information that reduces burden on record keepers. Images of food can be marked with a variety of input methods that link the item for image processing and analysis to estimate the amount of food. Images before and after foods are eaten can estimate the amount of food consumed

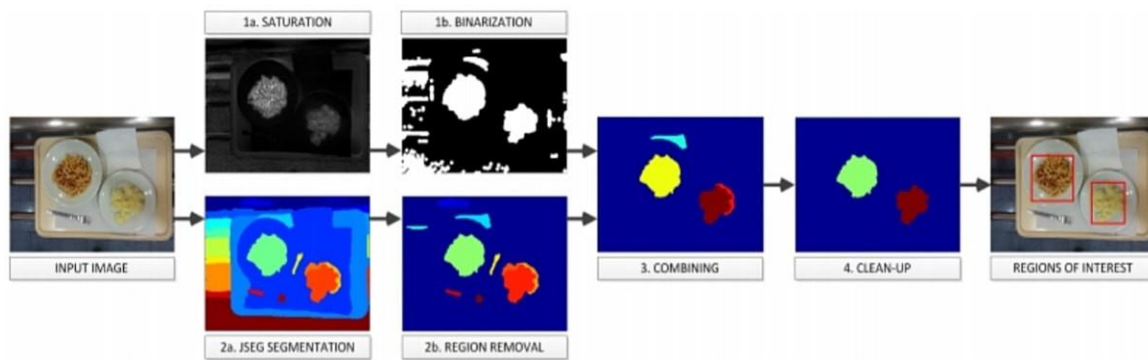


Figure 1: food recognition recognition

Our goal is to develop, implement, and evaluate a mobile device food record (mdFR) that will translate to an accurate account of daily food and nutrient intake among adolescents and adults. Our first steps include further development of our pilot mobile computing device to include digital images, a nutrient database, and image processing for identification and quantification of food consumption. Mobile computing devices provide a unique vehicle for collecting dietary information that reduces burden on recordkeepers. Images of food can be marked with a variety of input methods that link the item for image processing and analysis to estimate the amount of food. Images before and after foods are eaten can estimate the amount of food consumed

1.2 Purpose

The main aim of the project is to building a model which is used for classifying the fruit depends on the different characteristics like colour, shape, texture etc. Here the user can capture the images of different fruits and then the image will be sent the trained model. The model analyses the image and detect the nutrition based on the fruits like (Sugar, Fibre, Protein, Calories, etc.).

2. LITERATURE SURVEY

2.1 Existing problem

In the short term, poor nutrition can contribute to stress, tiredness and our capacity to work, and over time, it can contribute to the risk of developing some illnesses and other health problems such as: being overweight or obese. Tooth decay, high blood pressure. There are now strong links between low intakes of particular nutrients and the risk of developing chronic disease including some cancers, heart disease, diabetes, osteoporosis and depression. During pregnancy, insufficient nutrient intake can have long-term health implications for the health of the child.

2.2 References

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2.3 Problem Statement Definition

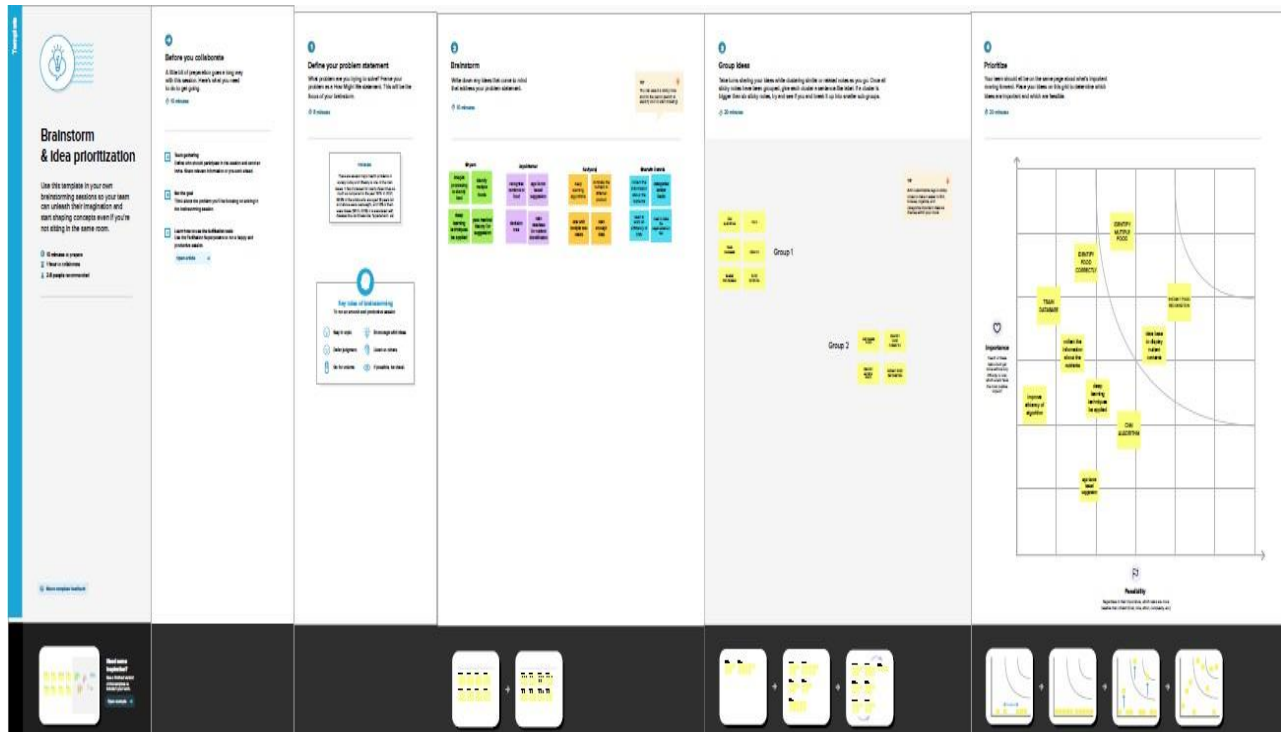
The amount of physical activity you need depends on your individual fitness goals and your current fitness level. It's important to start within your abilities and listen to your body's cues in terms of pain and injury. Obesity is a common health issue that is defined by having a high percentage of body fat. Being overweight or obese increases your chances of dying from hypertension, coronary heart disease, sleep apnea, and endometrial, breast, prostate, and colon cancers. Junk foods are high in calorie but low in nutrition value and lead to an excess metabolic weight leading to obesity. An obese individual is prone to life-threatening diseases which are not only limited to cholesterol or diabetes but also can cause stroke and NCDs. Overtraining may wear down the immune system. It Increases cardiovascular stress.

3. IDEATION & PROPOSED SOLUTION

3.1 Empathy Map Canvas



3.2 Ideation & Brainstorming



3.3 Proposed Solution


Project team shall fill the following information in the proposed solution template.


S.NO.	Parameter	Description
1.	Problem Statement (Problem to be solved)	The inability of most apps to correctly calculate the nutritional value of the MD is a main reason for consumers ultimately rejecting calorie intake and meal-tracking apps.
2.	Idea / Solution description	Milestones are important for losing weight, so allow users to set and beat goals to make their achievements visible to them.
3.	Novelty / Uniqueness	Giving an individual food and health scheduling. According to their health, body conditions.
4.	Social Impact / Customer Satisfaction	To lose extra weight, To take control over eating habits & lose weight, To get professional advice, To discover food ingredients fast.
5.	Business Model (Revenue	It is available for customers for free and it is easy

	Model)	to use anywhere , anytime in any country.
6.	Scalability of the Solution	This analyzing tool uses artificial intelligence to measure food products' quantitative and qualitative properties without harming them.

3.4 Problem Solution Fit

Define CS, fit into CC	1. CUSTOMER SEGMENT(S) Who is your customer? i.e. working parents of 3-5 yrs. kids	6. CUSTOMER CONSTRAINTS What constraints prevent your customers from taking action or limit their choices of solutions? i.e. spending power, budget, no cash, network connectivity, available devices	5. AVAILABLE SOLUTIONS Which solutions are available to the customers when they face the problem or need to get the job done? What have they tried in the past? What pros & cons do these solutions have? i.e. past and present is an alternative to digital notabook	Explore AS, differentiate
	<ul style="list-style-type: none"> People who want to fit their body and maintain proper or balanced diet in a proper way 	<ul style="list-style-type: none"> constraints may contribute to the unhealthy food choices observed among low socioeconomic groups in industrialized countries. 	<ul style="list-style-type: none"> Try to eat more protein and fat, and less simple sugars. Ask your doctor or dietitian about nutritional supplements. Avoid non-nutritious beverages 	
Focus on J&P, tap into BE, understand RC	2. JOBS-TO-BE-DONE / PROBLEMS Which jobs-to-be-done (or problems) do you address for your customers? There could be more than one, explore different sides	9. PROBLEM ROOT CAUSE What is the real reason that this problem exists? What is the back story behind the need to do this job? i.e. customer's have to do it because of the change in regulations.	7. BEHAVIOUR What does your customer do to address the problem and get the job done? i.e. directly related, find the right actor (parent, mother, calculate weight and benefits, indirectly associated, customer's haven't been on online shopping work (i.e. Greenpeace)	Focus on J&P, tap into BE, understand RC
	<ul style="list-style-type: none"> Being a holistic wellness coach, registered dietitian, nutritionist, food scientist, nutrition educator are the job can successfully done in this field 	<ul style="list-style-type: none"> Lack of appetite, or decreased hunger A sore mouth or throat can make eating difficult Under plan in online eating 	<ul style="list-style-type: none"> the sort of all planned, spontaneous, or individual actions of individuals or social groups to procure, prepare, and consume food as well as those actions related to storage and clearance. 	
Identify a strong TR & EM	3. TRIGGERS What triggers customers to act? i.e. seeing their neighbour including solar panels, hearing about a more efficient solution in the news.	10. YOUR SOLUTION If you are working on an existing business, write down your current solution first, fill in the canvas, and check how much it fits reality. If you are working on a new business proposition, then keep it blank until you fill in the canvas and come up with a solution that fits within customer limitations, solves a problem and matches customer behaviour	8. CHANNELS of BEHAVIOUR 8.1 ONLINE What kind of actions do customers take online? Extract online channels from #7.	Extract online & offline CH of BE
	4. EMOTIONS: BEFORE / AFTER How do customers feel when they face a problem or a job and afterwards? i.e. lost, insecure + confident, in control - lose it in your communication strategy & design. <i>Before</i> - I didn't feel intensely motivated by how much food I had more negative thoughts about overeating. I was not healthy. <i>After</i> - After the workout session they had a great confidence among themselves and active lives. Healthy diet	<ul style="list-style-type: none"> In our platform we provide a individual healthy chart for subscribers Normally Common health diet plan was allocated Seek your way on organic side and stay healthy 	8.2 OFFLINE What kind of actions do customers take offline? Extract offline channels from #7 and use them for customer development.	

 Problem-Solution Fit canvas is licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 license
 Created by Datta Hegdekar & Amaltama.com



4. REQUIREMENT ANALYSIS

4.1 Functional requirement

1. It will generate the diet plan as well as monitor the user's health to classify the category of the disease and to create the diet plan. It will also reduce the cost of consulting the person nutritionist.

The task of food detection/classification is not easy as it seems. All possible options related to the given Image.

- * Image classification, object detection, segmentation, face recognition. Classification of crystal structure using a convolutional neural network.

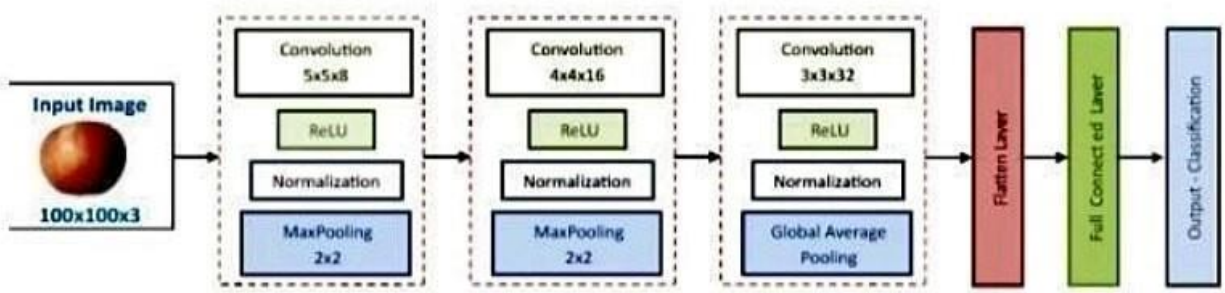
- * Computer-Assisted Nutritional Recognize Food Images – In order to solve this issue, a brand-new Convolutional Neural Network (CNN)- based food picture identification system was created, as described in this study. We utilized our suggested strategy on two sets of actual food picture data.

2. Here the user can capture the images of different fruits and then the image will be sent to the trained model. The model analyzes the image and detects the nutrition based on the fruits like (Sugar, Fiber, Protein, Calories, etc.)

3. The Ultimate Workout at Home Solution This fitness AI software is designed with personalized training regimens for each individual. It began as "gym only software," but has now improved its system to satisfy "at home fitness" expectations.

4. You take a picture, dial in data such as whether you are eating breakfast or lunch and add a quick text label, and the app estimates the calorie content. This software collaborated with IBM's natural language capability to provide 24-hour assistance and dietary recommendations.

For Example:



5.The comparison of the proposed model with the conventional

models shows that the results of this model are exceptionally good and promising to use in real-world applications. This sort of higher accuracy and precision will work to boost the machine’s general efficiency in fruit recognition more appropriately.

6.A generic model for the dietary protein requirement (as with any nutrient) defines the requirement in terms of the needs of the organism.

7.Metabolic demands, and the dietary amount which will satisfy those needs, i.e. efficiency of utilization, thus: dietary requirement = metabolic demand/efficiency of utilization.

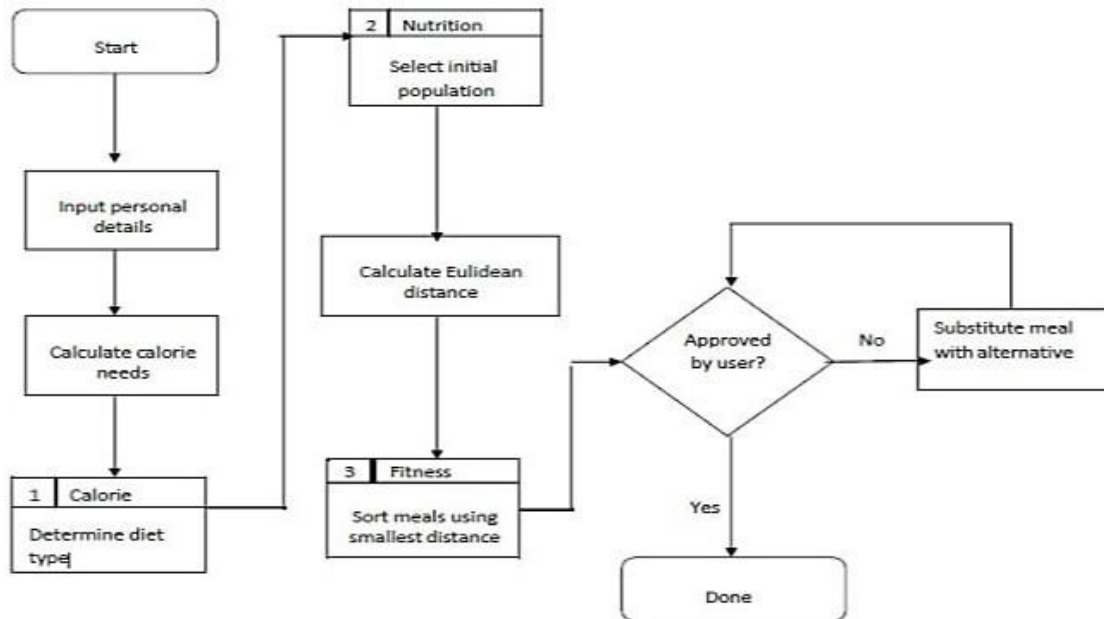
4.2 Non-functional Requirements:

Following are the non-functional requirements of the proposed solution

FR.NO	Non-Functional Requirement	Description
NFR-1	Usability	Easy to use with interactive User Interface
NFR-2	Security	User can access only their personal information
NFR-3	Reliability	The average time of failure shall be 7 days or 1month
NFR-4	Performance	The result has to be shown within 5 sec
NFR-5	Availability	The dietician shall be available to users 24 hours a day or 7 days of a week
NFR-6	Scalability	Supports various food items

5. PROJECT DESIGN

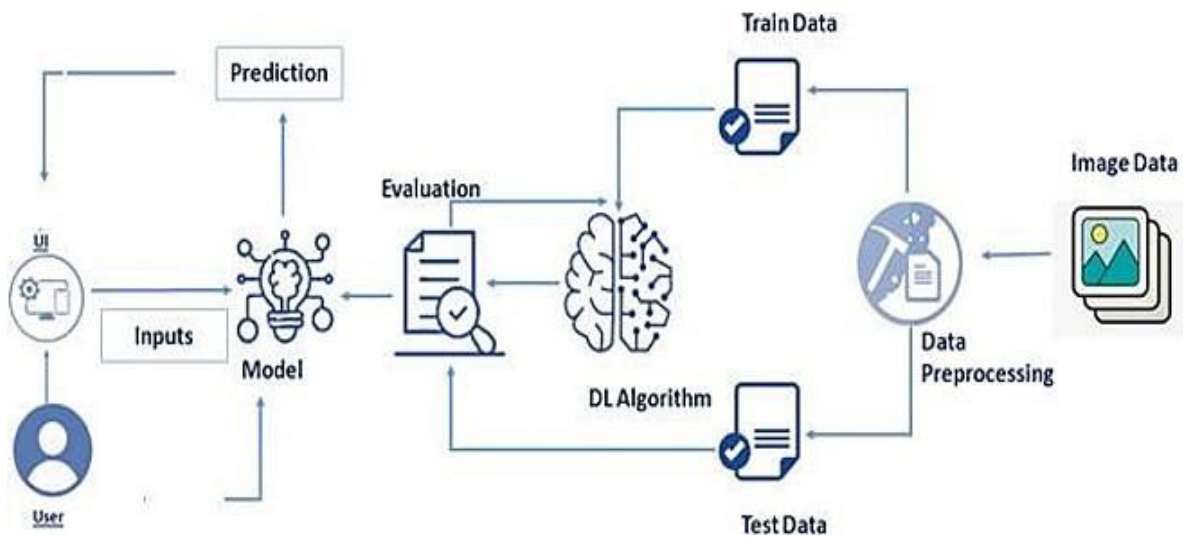
5.1 Data Flow Diagrams



5.2 Solution & Technical Architecture

- Nowadays new dietary assessment and nutrition analysis tools enable more opportunities to help people understand their daily eating habits, exploring nutrition patterns and maintain a healthy diet.
- Nutritional analysis is the process of determining the nutritional content of food.
- The main aim of the project is to building a model which is used for classifying the fruit depends on the different characteristics like colour, shape, texture etc.
- Food is essential for human life and has been the concern of many healthcare conventions.

It is a vital part of analytical chemistry that provides information about the chemical composition, processing, quality control and contamination of food.



5.3 User Stories :

User Type	Functional Requirement (Epic)	User Story Number	User Story / Task	Acceptance criteria	Priority	Release
Customer (Mobile user)	Registration	USN-1	As a user, I can register for the application by entering my email, password, and confirming my password.	I can access my account / dashboard	High	Sprint-1
		USN-2	As a user, I will receive confirmation email once I have registered for the application	I can receive confirmation email & click confirm	High	Sprint-1
		USN-3	As a user, I can register for the application through Facebook	I can register & access the dashboard with Facebook Login	Low	Sprint-2
		USN-4	As a user, I can register for the application through Gmail	I can register and access the dashboard with gmail	Medium	Sprint-1

	Login	USN-5	As a user, I can log into the application by entering email & password	I can login using my email and password	High	Sprint-1
	Dashboard	USN-6	As a user I can upload food image as input	I can use my camera or my files to upload image	Medium	Sprint-1
		USN-7	As a user I can give my diet details and with that app provides nutrients recommendation	I can enter my information and allow app to access details	High	Sprint-2
Customer (Web user)	Registration	USN-1	As a user, I can register for the application by entering my email, password, and confirming my password.	I can access my account / dashboard	High	Sprint-1
		USN-2	As a user, I will receive confirmation email once I have registered for the application	I can receive confirmation email & click confirm	High	Sprint-1
		USN-3	As a user, I can register for the application through Facebook	I can register & access the dashboard with Facebook Login	Low	Sprint-2
		USN-4	As a user, I can register for the application through Gmail	I can register and access the dashboard	Medium	Sprint-1

				with gmail		
	Login	USN-5	As a user, I can log into the application by entering email & password	I can login using my email and password	High	Sprint-1
	Dashboard	USN-6	As a user I can upload food image as input	I can use my camera or my files to upload image	High	Sprint-1

6. PROJECT PLANNING & SCHEDULING

6.1 Sprint Planning & Estimation

Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points	Priority	Team Members
Sprint-1	Data Collection	USN-1	Download Food Nutrition Dataset	4	High	Nandhini .E Selvanayaki.S
Sprint-1	Image Preprocessing	USN-2	Importing The Dataset into Workspace	1	Low	Saranya.p Nandhini.E
Sprint-1		USN-3	Handling Missing Data	3	Medium	Kamali.R
Sprint-1		USN-4	Feature Scaling	3	Low	Saranya.P
Sprint-1		USN-5	Data Visualization	4	High	Kurin Firathos.S
Sprint-1		USN-6	Spitting the Data into the Train and Test	4	Medium	Kamali.R
Sprint-1		USN-7	Creating A Dataset with Sliding Windows	4	Medium	Kurin Firathos.S
Sprint-2	Model Building	USN-8	Importing The Model Building Libraries	1	Medium	Nandhini.E
Sprint-2		USN-9	Initializing The Model	3	High	Kamali.R Kurin Firathos.S
Sprint-2		USN-10	Adding LSTM Layers	2	Medium	Saranya.P Selvanayaki.S
Sprint-2		USN-11	Adding Output Layers	3	High	Saranya.P Nandhini.E
Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Story Points	Priority	Team Members

Sprint-2		USN-12	Configure The Learning Process	2	Low	Kamali.R Kurin Firathos.S
Sprint-2		USN-13	Train The Model	2	Medium	Kamali.R Nandhini.E
Sprint-2		USN-14	Model Evaluation	1	Medium	Selvanayaki.S
Sprint-2		USN-15	Save The Model	2	Medium	Kamali.R Saranya.P
Sprint-2		USN-16	Test The Model	3	High	Kamali.R Kurin Firathos.S

Sprint-3	Application Building	USN-17	Create An HTML File	4	Medium	Nandhini.E Selvanayaki.S
Sprint-3		USN-18	Build Python Code	4	High	Kamali.R Kurin Firathos.S
Sprint-3		USN-19	Creating our Flask application and loading our model by using load_model method	4	Medium	Saranya.p Nandhini.E
Sprint-3		USN-20	Routing to HTML page	4	High	Selvanayaki.S
Sprint-3		USN-21	Run the application	2	Medium	Kamali.R Kurin Firathos.S
Sprint-4	Train The Model On IBM	USN-21	Register For IBM Cloud	4	Medium	Nandhini.E Selvanayaki.S
Sprint-4		USN-22	Train The ML Model On IBM	8	High	Kamali.R Kurin Firathos.S
Sprint-4		USN-23	Integrate Flask with Scoring End Point	8	High	Kamali.R Kurin Firathos.S

6.2 Sprint Delivery Schedule

Sprint	Total Story Points	Duration	Sprint Start Date	Sprint End Date (Planned)	Story Points Completed (as on Planned End Date)	Sprint Release Date (Actual)
Sprint-1	20	6 Days	2 Nov 2022	2 Nov 2022	20	06 Nov 2022
Sprint-2	20	6 Days	08 Nov 2022	09 Nov 2022	20	10 Nov 2022
Sprint-3	20	6 Days	11 Nov 2022	12 Nov 2022	20	13 Nov 2022
Sprint-4	20	6 Days	14 Nov 2022	19 Nov 2022	20	17 Nov 2022

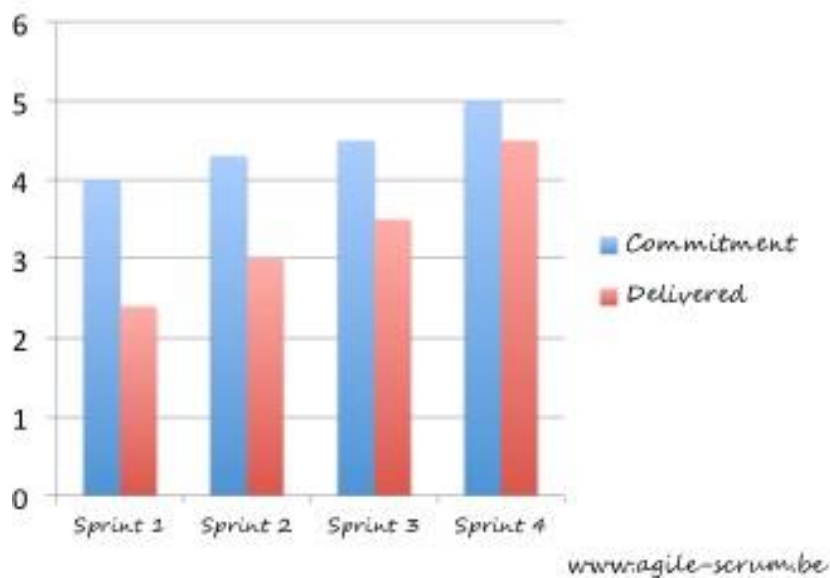
6.3 Reports from JIRA

Velocity:

Imagine we have a 10-day sprint duration, and the velocity of the team is 20 (points per sprint). Let's calculate the team's average velocity (AV) per iteration unit (story points per day)

$$AV = \frac{\text{sprint duration}}{\text{velocity}} = \frac{20}{10} = 2$$

VELOCITY CHART



7. CODING & SOLUTIONING (Explain the features added in the project along with code)

a. Feature 1

Data Collection

Download the dataset [here](#)

```
[ ] from google.colab import drive
    drive.mount('/content/drive')

Mounted at /content/drive

[ ] cd/content/drive/MyDrive/Colab Notebooks

/content/drive/MyDrive/Colab Notebooks

[ ] # Unzipping the dataset
    !unzip 'Dataset.zip'
```

Image Preprocessing

```
[ ] from keras.preprocessing.image import ImageDataGenerator
```

Image Data Augmentation

```
[ ] train_datagen = ImageDataGenerator(rescale=1./255, shear_range=0.2, zoom_range=0.2, horizontal_flip=True)
    test_datagen = ImageDataGenerator(rescale=1./255)
```

Applying Image DataGenerator Functionality To Trainset And Testset

```
▶ x_train = train_datagen.flow_from_directory(
    r'/content/drive/MyDrive/Colab Notebooks/Dataset/TRAIN_SET',
    target_size=(64, 64), batch_size=5, color_mode='rgb', class_mode='sparse')
x_test = test_datagen.flow_from_directory(
    r'/content/drive/MyDrive/Colab Notebooks/Dataset/TEST_SET',
    target_size=(64, 64), batch_size=5, color_mode='rgb', class_mode='sparse')
```

3. Adding CNN Layers

```
[ ] classifier = Sequential()  
classifier.add(Conv2D(32, (3, 3), input_shape=(64, 64, 3), activation='relu'))  
classifier.add(MaxPooling2D(pool_size=(2, 2)))  
classifier.add(Conv2D(32, (3, 3), activation='relu'))  
classifier.add(MaxPooling2D(pool_size=(2, 2)))  
classifier.add(Flatten())
```

4. Adding Dense Layers

```
[ ] classifier.add(Dense(units=128, activation='relu'))  
classifier.add(Dense(units=5, activation='softmax'))
```

```
[ ] classifier.summary()
```

Model: "sequential_1"

Layer (type)	Output Shape	Param #
conv2d (Conv2D)	(None, 62, 62, 32)	896

5. Configure The Learning Process

```
[ ] classifier.compile(optimizer='adam', loss='sparse_categorical_crossentropy', metrics=['accuracy'])
```

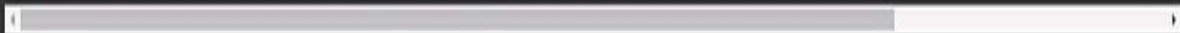
6. Train The Model

```
[ ] classifier.fit_generator(generator=x_train, steps_per_epoch = len(x_train), epochs=20, validation_data=x_test, validation_steps = len(x_test))
```

/usr/local/lib/python3.7/dist-packages/ipykernel_launcher.py:2: UserWarning: 'Model.fit_generator' is deprecated and will be removed in a future version. P]

Epoch 1/20

494/824 [=====] - ETA: 0:52 - loss: 0.7194 - accuracy: 0.7174



7. Saving The Model

```
[ ] classifier.save('nutrition.h5')
```

8. Testing The Model

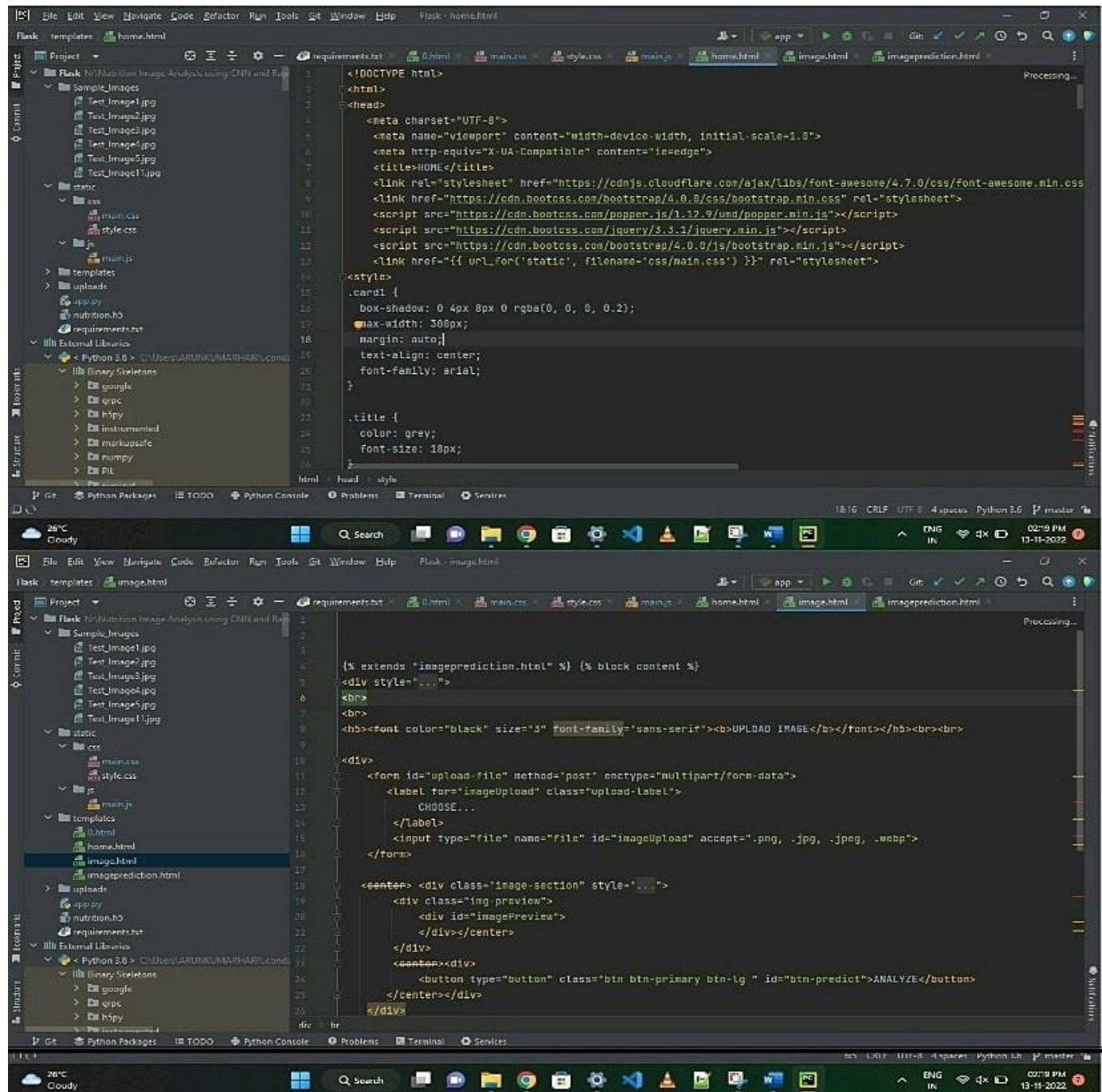
```
[ ] from tensorflow.keras.models import load_model
    from keras.preprocessing import image
    model = load_model("nutrition.h5")
```

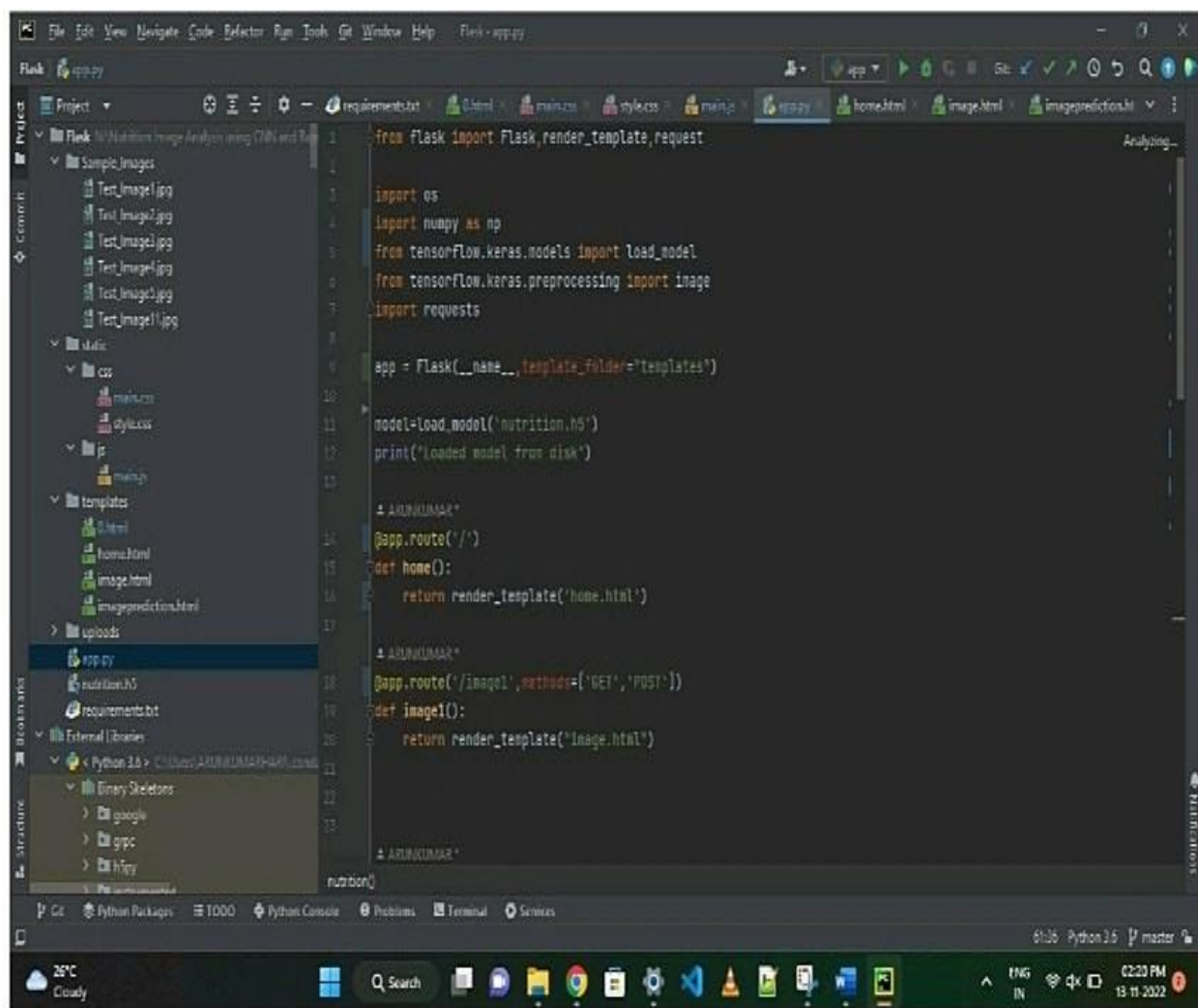
```
from tensorflow.keras.models import load_model
from tensorflow.keras.preprocessing import image
model = load_model("nutrition.h5")
img = image.load_img(r'/content/drive/MyDrive/Colab Notebooks/Sample Images/Test_Image1.jpg', grayscale=False, target_size= (64,64))
x = img_to_array(img)
x = np.expand_dims(x, axis = 0)
predict_x=model.predict(x)
classes_x=np.argmax(predict_x,axis=-1)
classes_x
```

```
1/1 [=====] - 0s 62ms/step
array([0])
```

```
[ ] index=['APPLES', 'BANANA', 'ORANGE', 'PINEAPPLE', 'WATERMELON']
    result=str(index[classes_x[0]])
    result
```

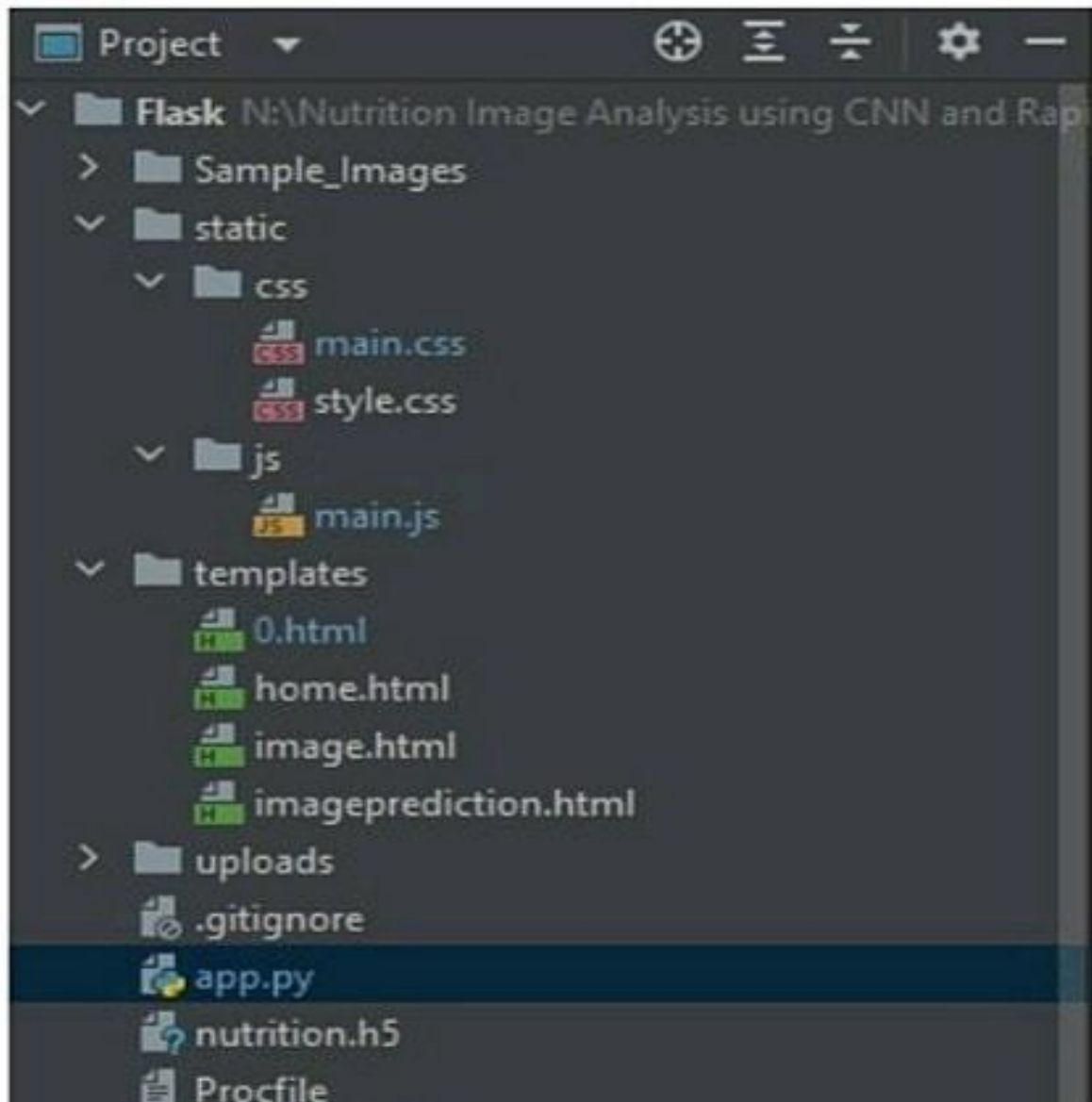

b. Feature 2





8. TESTING

a. Test Cases



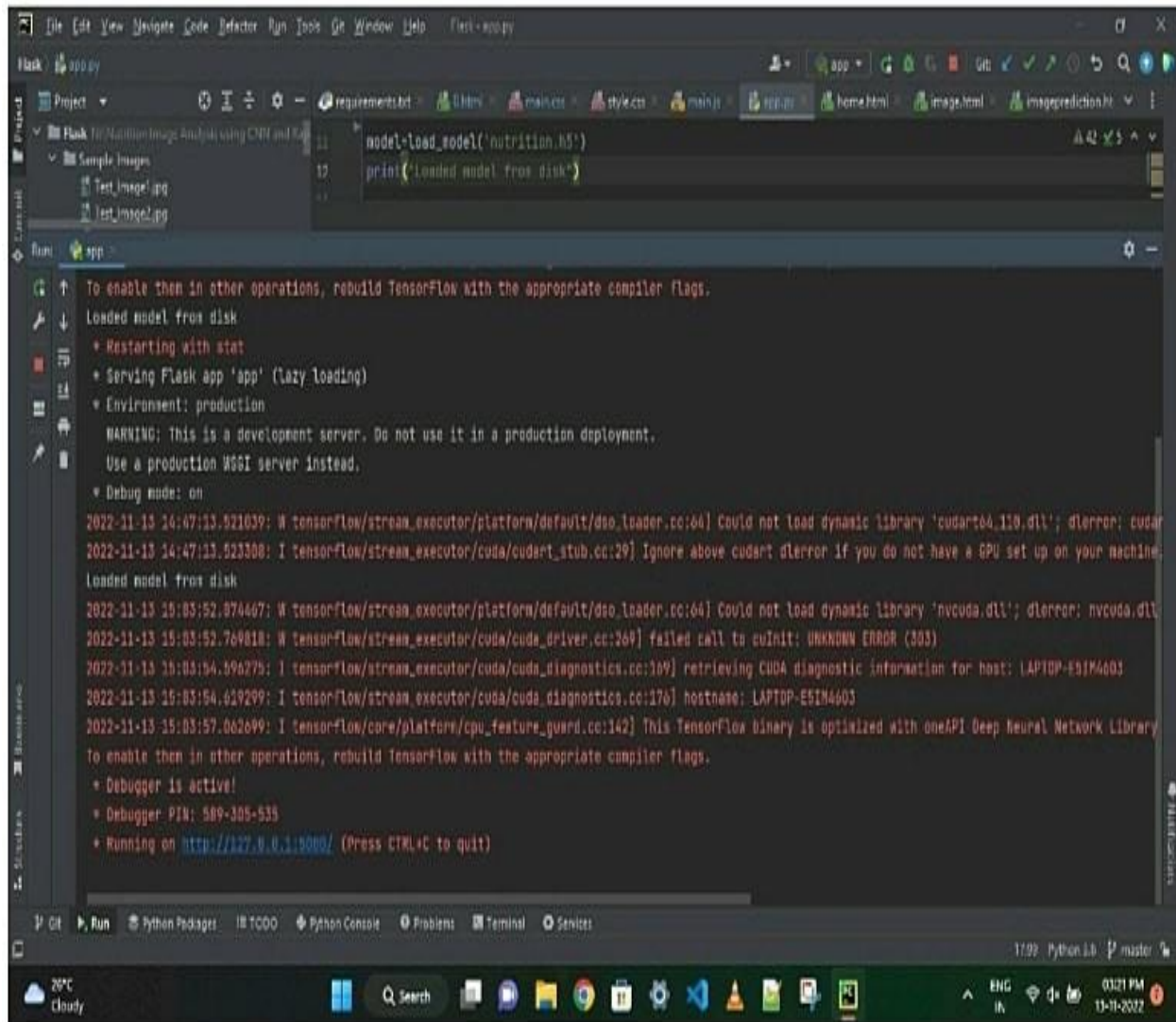


b. user Acceptance Testing



9. RESULTS

a. Performance Metrics



```
File Edit View Navigate Code Refactor Run Tools Git Window Help flask-app.py
flask flask
Project requirements.txt .gitignore main.py style.css main.js app.py home.html image.html imageprediction.py
Sample Images
Test_image.jpg
Test_image.jpg
model-load_model('nutrition.h5')
print('Loaded model from disk')

To enable then in other operations, rebuild TensorFlow with the appropriate compiler flags.
Loaded model from disk
  * Restarting with stat
  * Serving Flask app 'app' (lazy loading)
  * Environment: production
    WARNING: This is a development server. Do not use it in a production deployment.
    Use a production WSGI server instead.
  * Debug mode: on
2022-11-13 14:47:13.521039: W tensorflow/stream_executor/platform/default/dso_loader.cc:64] Could not load dynamic library 'cudart64_118.dll'; dlerror: cudart64_118.dll not found
2022-11-13 14:47:13.523308: I tensorflow/stream_executor/cuda/cudart_stub.cc:29] Ignore above cudart dlerror if you do not have a GPU set up on your machine.
Loaded model from disk
2022-11-13 15:03:52.074467: W tensorflow/stream_executor/platform/default/dso_loader.cc:64] Could not load dynamic library 'nvcuda.dll'; dlerror: nvcuda.dll not found
2022-11-13 15:03:52.764818: W tensorflow/stream_executor/cuda/cuda_driver.cc:369] failed call to cuInit: UNKNOWN ERROR (303)
2022-11-13 15:03:54.096275: I tensorflow/stream_executor/cuda/cuda_diagnostics.cc:109] retrieving CUDA diagnostic information for host: LAPTOP-E5IM4603
2022-11-13 15:03:54.619299: I tensorflow/stream_executor/cuda/cuda_diagnostics.cc:176] hostname: LAPTOP-E5IM4603
2022-11-13 15:03:57.062699: I tensorflow/core/platform/cpu_feature_guard.cc:142] This TensorFlow binary is optimized with oneAPI Deep Neural Network Library
To enable then in other operations, rebuild TensorFlow with the appropriate compiler flags.
  * Debugger is active!
  * Debugger PIN: 589-305-535
  * Running on http://127.0.0.1:5000/ (Press CTRL+C to quit)
```

10. **ADVANTAGES & DISADVANTAGES**

Advantages:

- Nowadays new dietary assessment and nutrition analysis tools enable more opportunities to help people understand their daily eating habits, exploring nutrition patterns and maintain a healthy diet.
- Nutritional analysis is the process of determining the nutritional content of food.
- No need of doctor consultation.
- Increase user satisfaction – more accurate training and diet recommendations help users to achieve their fitness goals faster.
- With the help of artificial intelligence, it easily helps to track user's health behaviours and repetitive exercise patterns.

Disadvantages:

- being overweight or obese.
- tooth decay.
- high blood pressure.
- high cholesterol.
- heart disease and stroke.
- type-2 diabetes.
- osteoporosis.
- some cancers.

10.CONCLUSION

Thus powered nutrition analyzer for fitness enthusiasts good nutrition promotes not only better physical healthy and reduced susceptibility to disease, but has also been demonstrated to contribute to cognitive development and academic success. Left to their own devices, children will not automatically select healthy food. A balance diet and appropriate meal timings are important for healthy body and mind. Most countries nowadays implement health education program in schools which include feeding to students, vitamin and mineral supplementation.

11.FUTURE SCOPE

AI is revolutionizing the health industry. It is majorly used in improving marketing and sales decisions, AI is now also being used to reshape individual habits. In future we don't want to go to gym and do any diets. By using this nutrition fitness analyzer we can maintain our diet plans without any help from others and we can lead a happy and healthy life with good wealth. AI can easily track health behaviors and repetitive exercise patterns and use the data to guide you towards your fitness journey and diet plans.

12.APPENDIX

Source Code

```
import os
import numpy as np
import pandas as pd
import seaborn as sns
import matplotlib.pyplot as plt
%matplotlib inline
import cv2
from tqdm import tqdm
from PIL import Image
import io

import tensorflow as tf
from tensorflow.keras.preprocessing.image import ImageDataGenerator
from sklearn.utils import shuffle

from sklearn.model_selection import train_test_split
from tensorflow.keras.applications import EfficientNetB2
from keras.layers import GlobalAveragePooling2D, Dropout, Dense
from keras.models import Model
from tensorflow.keras.callbacks import EarlyStopping, ReduceLROnPlateau,
TensorBoard, ModelCheckpoint
from sklearn.metrics import classification_report, confusion_matrix
from IPython.display import display, clear_output
import ipywidgets as widgets
```

```
from google.colab import drive
drive.mount('/content/drive')
```

%Directory setting

```
fpath = '/content/drive/My Drive/nutrition analysis/new dataset'
random_seed = 42
```

```
categories = os.listdir(fpath)
categories = categories[:20]
print("List of categories = ", categories, "\n\nNo. of categories = ", len(categories))
```

% image loading and labeling

```
def load_images_and_labels(categories):
    img_lst=[]
    labels=[]
    for index, category in enumerate(categories):
        for image_name in os.listdir(fpath+"/"+category):
            img = cv2.imread(fpath+"/"+category+"/"+image_name)
            img = cv2.cvtColor(img, cv2.COLOR_BGR2RGB)

            img_array = Image.fromarray(img, 'RGB')
```



```
#resize image to 227 x 227 because the input image resolution for AlexNet is 227  
x 227
```

```
resized_img = img_array.resize((227, 227))
```

```
img_lst.append(np.array(resized_img))
```

```
labels.append(index)
```

```
return img_lst, labels
```

```
images, labels = load_images_and_labels(categories)
```

```
print("No. of images loaded = ",len(images),"\\nNo. of labels loaded = ",len(labels))
```

```
print(type(images),type(labels))
```

%model summary

```
model=Sequential()
```

#1 conv layer

```
model.add(Conv2D(filters=96,kernel_size=(11,11),strides=(4,4),padding="valid",activation="relu",input_shape=(227,227,3)))
```

#1 max pool layer

```
model.add(MaxPooling2D(pool_size=(3,3),strides=(2,2)))
```

```
model.add(BatchNormalization())
```

#2 conv layer

```
model.add(Conv2D(filters=256,kernel_size=(5,5),strides=(1,1),padding="valid",activation="relu"))
```

#2 max pool layer

```
model.add(MaxPooling2D(pool_size=(3,3),strides=(2,2)))
```

```
model.add(BatchNormalization())
```

#3 conv layer

```
model.add(Conv2D(filters=384,kernel_size=(3,3),strides=(1,1),padding="valid",activation="relu"))
```

#4 conv layer

```
model.add(Conv2D(filters=384,kernel_size=(3,3),strides=(1,1),padding="valid",activation="relu"))
```

#5 conv layer

```
model.add(Conv2D(filters=256,kernel_size=(3,3),strides=(1,1),padding="valid",activation="relu"))
```

#3 max pool layer

```
model.add(MaxPooling2D(pool_size=(3,3),strides=(2,2)))
```

```
model.add(BatchNormalization())
```

```
model.add(Flatten())
```

#1 dense layer

```
model.add(Dense(4096,input_shape=(227,227,3),activation="relu"))
```

```
model.add(Dropout(0.4))
```

```
model.add(BatchNormalization())
```

#2 dense layer

```
model.add(Dense(4096,activation="relu"))
```

```
model.add(Dropout(0.4))
```

```
model.add(BatchNormalization())
```

```
#3 dense layer
```

```
model.add(Dense(1000,activation="relu"))
```

```
model.add(Dropout(0.4))
```

```
model.add(BatchNormalization())
```

```
#output layer
```

```
model.add(Dense(20,activation="softmax"))
```

```
model.summary()
```

```
% compile CNN model and accuracy
```

```
model.compile(optimizer="adam", loss="sparse_categorical_crossentropy",  
metrics=["accuracy"])
```

```
%train the model
```

```
model.fit(x_train, y_train, epochs=100)
```

```
%model save
```

```
model_name = 'trained_model.h5'
```

```
model.save(model_name, save_format='h5')
```

```
%loss accuracy
```

```
loss, accuracy = model.evaluate(x_test, y_test)
```

```
print(loss,accuracy)
```

GitHub Link

<https://github.com/IBM-EPBL/IBM-Project-14919-1659591999>

Project Demo Link

<https://drive.google.com/file/d/1OD74Fe3Lh0M4aKIDiv9kjg--HzmNyr7F/view?usp=drivesdk>

or

<https://youtu.be/CLaOS8BLCPA>

