

Says

Thinks

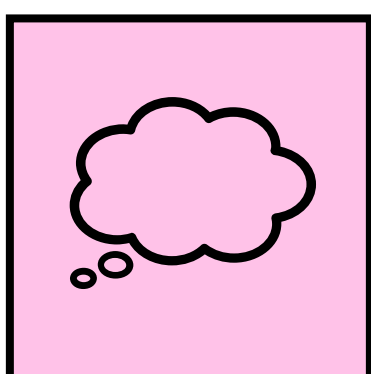
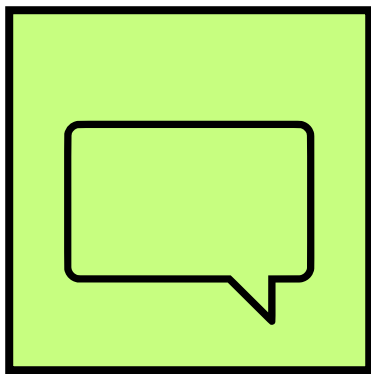
*I should maintain healthy routine*

*I have take regular medication and healthy diet*

*Insecure*

*Dizzines*

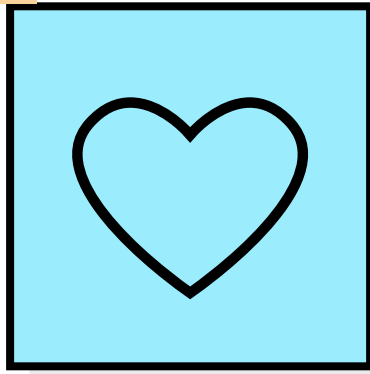
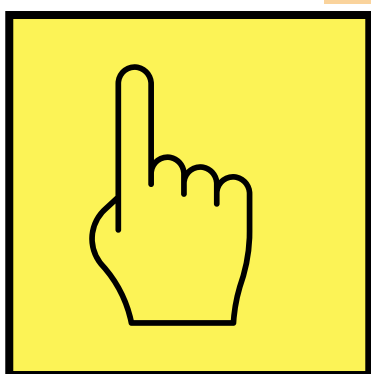
*I should manage my stress*



*Depression and Stress*



*Follow treatment plan and exercise regularly*



*Extreme fatigue*

*Manage stress and health conditions*

*Chest Discomfort*

*Eat a healthy diet and avoid alcohol and*

*Exhausted and Anxious*

Does

Feels