

### Before you collaborate

A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

10 minutes

### Define your problem statement

What problem are you trying to solve? Frame your problem as a How Might We statement. This will be the focus of your brainstorm.

## **PROBLEM**

Eating healthy food is important. For People who are keen on fitness or have health issues , maintenance of diet becomes crucial. This app used to suggest best diet plans and analyse calories in your food.



### Brainstorm

Ideas that come to mind that address our problem statement are written.

10 minutes

### Sanjana

according

to the info

gathered.

all information

about the health

user

There will be

a dashboard

for sharing

health tips

Pooja

General analysis Recommen process dations of identifies nutrition in healthy foods. a food. Rational Diet plan information generation plans for

for exact

diet plan.

alternate healthy recipe for a food. kinds of diet

different

criteria.

data on the food behavior of the users and on the interaction with a different screens

and best diet

User progress percent in diet

# Ranjani

The Diet Tracking

Done Using a Search Interface

according to

user

analyse healthy contributes to preventing diet

recipes

the diet plan

motivational quotes to the

ingredients in the food

Notifying harmful

utritional analysis if he wants

Recommendations Features Shows a List Of Recommended Recipes Split By Meal Type To The User.

### Varsha

Plan meals to include your plans possible for foods. health criteria recording the accuracy and variety of

Health nutrition prevents and controls diet related diseases.

Group ideas

(1) 20 minutes

six sticky notes, broken into smaller sub groups.

There will be a dashboard for sharing health tips

Sharing ideas while clustering similar or related notes as we go. Once allsticky notes

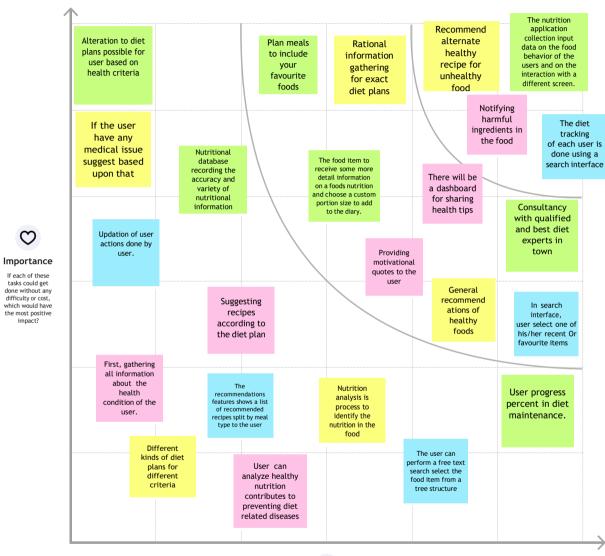
have been grouped, each cluster given a sentence-like label. If a cluster is bigger than

Diet plans generated based on information gathered by user.

The food item to receive some more detail information on a foods nutrition and choose a custom portion size to add to the diary.

### Prioritize

Ideas on this grid to determine which ideas are important and which are feasible.



### Feasibility

Regardless of their importance, which tasks are more feasible than others? (Cost, time, effort, complexity, etc.)





