Project Design Phase-I - Solution Fit Template

Team ID: PNT2022TMID04276

Explore 1. CUSTOMER SEGMENT(S) CC AS 6. CUSTOMER CONSTRAINTS 5. AVAILABLE SOLUTIONS CS efine CS People who wish to stay fit and live a healthy lifestyle. Our customer are unable to access our solution due to network issues and network faults, since there are no other Exercise is an existing solution. Aerobics and yoga Pros: The aim is to develop fitness habits that lead AS, limits because our solution is an application. to long-term lifestyle changes and long-term improvements in health and there are no adequate fit into instructions based on the user's health situation. differentiate 2. JOBS-TO-BE-DONE / PROBLEMS J&P 9. PROBLEM ROOT CAUSE RC 7. BEHAVIOUR BE The main cause of this problem is a lack of Customers that have health care, dietary or fitness nutrition.Improper nutrition and a lack of diseases. Making it difficult to live a healthy concerns will be listed in the chatbox. We provide nutritional information about the foods When you first login, Customers contribute they eat on daily basis Thereby providing fitness to information about their health state. the masses and assisting them in staying healthy. A solution will be provided after an analysis of the customer's situation. SL TR СН 3. TRIGGERS 10. YOUR SOLUTION **8.**CHANNELS of BEHAVIOUR The customers will be driven to utilize our The program is accessed by scanning the fruit and providing application after continual advertising our Calories tracking is a key component in all fitness nutritional information. application and hearing feedback from their friends programmes that aid illness prevention, so regular people and neighbors. can utilize it . The instructor displays the specific fruits 8.2 OFFLINE The user will perform physical activities based on the calories and offers guided guidance so that the users may nutritional information. execute them correctly. 4. EMOTIONS: BEFORE / AFTER Customers would experience insecurity and poor health prior to using our application. Customers that use our application report improved health and increased self-motivation