

```
function validateform(){
var email=document.forms["forgetpwd"]["email"].value;

if (email==null || email==""){
    alert("Email can't be empty");
    return false;
}

else if(!(/^w+([\.-]?\w+)*@w+([\.-]?\w+)*(\.\w{2,3})+$/).test(email)){

    alert("You have entered an invalid email address!");
    return false
}
}
```