

```
function validateform(){  
var email=document.forms["forgetpwd"]["email"].value;  
  
if (email==null || email==""){  
    alert("Email can't be empty");  
    return false;  
}  
  
else if(!(/^w+([\.-]?\w+)*@w+([\.-]?\w+)*(\.\w{2,3})+$/).test(email)){  
  
    alert("You have entered an invalid email address!");  
    return false  
}  
}
```