

Project Objective

Abstract: The electrocardiogram (ECG) is one of the most extensively employed signals used in the diagnosis and prediction of cardiovascular diseases (CVDs). The ECG signals can capture the heart's rhythmic irregularities, commonly known as arrhythmias. A careful study of ECG signals is crucial for precise diagnoses of patients' acute and chronic heart conditions. In this study, we propose a two-dimensional (2-D) convolutional neural network (CNN) model for the classification of ECG signals into eight classes; namely, normal beat, premature ventricular contraction beat, paced beat, right bundle branch block beat, left bundle branch block beat, atrial premature contraction beat, ventricular flutter wave beat, and ventricular escape beat. The one-dimensional ECG time series signals are transformed into 2-D spectrograms through short-time Fourier transform. The 2-D CNN model consisting of four convolutional layers and four pooling layers is designed for extracting robust features from the input spectrograms. Our proposed methodology is evaluated on a publicly available MIT-BIH arrhythmia dataset. We achieved a state-of-the-art average classification accuracy of 99.11%, which is better than those of recently reported results in classifying similar types of arrhythmias. The performance is significant in other indices as well, including sensitivity and specificity, which indicates the success of the proposed method. **Keywords:** ECG signal; classification; arrhythmia; convolution neural network; deep learning.

1. Introduction Cardiovascular diseases (CVDs) are the leading cause of human death, with over 17 million people known to lose their lives annually due to CVDs [1]. According to the World Heart Federation, three-fourths of the total CVD deaths are among the middle and low-income segments of the society [2]. A classification model to identify CVDs at their early stage could effectively reduce the mortality rate by providing a timely treatment [3]. One of the common sources of CVDs is cardiac arrhythmia, where heartbeats are known to deviate from their regular beating pattern. A normal heart beat varies with age, body size, activity, and emotions. In cases where the heart beat feels too fast or slow, the condition is known as palpitations. An arrhythmia does not necessarily mean that the heart is beating too fast or slow, it indicates that the heart is following an irregular beating pattern. It could mean that the heart is beating too fast—tachycardia (more than 100 beats per minute (bpm)), Remote Sens. 2020,12, 1685; doi:10.3390/rs12101685 www.mdpi.com/journal/remotesensing

Remote Sens. 2020,12, 1685 2 of 14 or slow—bradycardia (less than 60 bpm), skipping a beat, or in extreme cases, cardiac arrest. Some other common types of abnormal heart rhythms include atrial fibrillation, atrial flutter, and ventricular fibrillation. These deviations could be classified into various subclasses and represent different types of cardiac arrhythmia. An accurate classification of these types could help in diagnosing and treatment of heart disease patients. Arrhythmia could either mean a slow or fast beating of heart, or patterns that are not attributed to a normal heart beat. An automated detection of such patterns is of great significance in clinical practice. There are certain known characteristics of cardiac arrhythmia, where the detection requires expert clinical knowledge. The electrocardiogram (ECG) recordings are widely used for diagnosing and predicting cardiac arrhythmia for diagnosing heart diseases. Towards this end, clinical experts might need to look at ECG recordings over a longer period of time for detecting cardiac arrhythmia. The ECG is a one-dimensional (1-D) signal representing a time series, which can be analyzed using machine learning techniques for automated

detection of certain abnormalities. Recently, deep learning techniques have been developed, which provide significant performance in radiological image analysis [4,5]. Convolutional neural networks (CNNs) have recently been shown to work for multi-dimensional (1-D, 2-D, and in certain cases, 3-D) inputs but were initially developed for problems dealing with images represented as two-dimensional inputs [6]. For time series data, 1-D CNNs are proposed but are less versatile when compared to 2-D CNNs. Hence, representing the time series data in a 2-D format could benefit certain machine learning tasks [7,8]. Hence, for ECG signals, a 2-D transformation has to be applied to make the time series suitable for deep learning methods that require 2-D images as input. The short-time Fourier transform (STFT) can convert a 1-D signal into a 2-D spectrogram and encapsulate the time and frequency information within a single matrix. The 2-D spectrogram is similar to hyper-spectral and multi-spectral images (MSI), which have diverse applications in remote sensing and clinical diagnosis, including spectral un-mixing, ground cover classification and matching, mineral exploration, medical image classification, change detection, synthetic material identification, target detection, activity recognition, and surveillance [9–15]. The 2-D matrix of spectrogram coefficients could be useful for extracting robust features for representation of a cardiac ECG signal [16]. This representation could allow the application of CNN architectures (designed to operate on 2-D inputs) for development of automated systems related to CVDs.