



Brainstorm & idea prioritization

Use this template in your own brainstorming sessions so your teamcan unleash their imagination and start shaping concepts even if you'renot sitting in the same room.

- 10 minutes to prepare
- 1 hour to collaborate
- 2-8 people recommended

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Need some inspiration?
See a finished version of this template to kickstart your work.
Open example

Before you collaborate

A little bit of preparation goes a long way with this session. Here's what you need to do to get going.

10 minutes

- A Team gathering**
Define who should participate in the session and send an invite. Share relevant information or pre-work ahead.
 - B Set the goal**
Think about the problem you'll be focusing on solving in the brainstorming session.
 - C Learn how to use the facilitation tools**
Use the Facilitation Superpowers to run a happy and productive session.
- Open article

Define your problem statement

What problem are you trying to solve? Frame your problem as a How Might We statement. This will be the focus of your brainstorm.

5 minutes

PROBLEM

This Nutrition assistant app is based on nutrients and calories of the food will help people with providing proper nutrition and helps in maintaining a healthy lifestyle. Instead of using many different apps to keep touch with people, this one software handle everything, such as meal planning, diet analysis, communication between client and nutritionists, workout plans, questionnaires and nutrition coaching for clients further this will help you to track their progress, keep a food journal, track their calorie intake and calorie burn daily track their water intake.

Key rules of brainstorming

To run a smooth and productive session

- Stay in topic.
- Encourage wild ideas.
- Defer judgment.
- Listen to others.
- Go for volume.
- If possible, be visual.

Brainstorm

Write down any ideas that come to mind that address your problem statement.

10 minutes

Sundhar

Is the process of determining the Nutritional content of food

This will help you to track their progress, keep a food journal, track their water intake

It helps people with providing proper nutrition and helps in maintaining a healthy lifestyle

Nutritized system is a content-based approach for both health and

Choose quality and high protein foods

Healthy nutrition contributes to preventing non communicable diseases

Siyabudeen

This application tracks your calories burning

This application will provide the right diet plan and food habits

We can trackour body condition and fitness level of our body

Nutritized system is a content-based approach for both health and

The calories of the food were accurately predicted in this application

Nutritional analysisis the process of determining the nutritional content of food

Sivaraman

we can add and analyze our tasty recipes and save the nutrition labels

Nutritized generates new recommendation each day for all weeks

We can compare to the recommended dietary allowance

we can see charts with macros, fats, carbs, energy, and protein distribution, micronutrient totals

we can check any meal plan or food journalwith our tool

It leverages great resultsby analyzingthe diets your create

Prasanth

The diet trackingof each user is done using a search interface

This one software can handlemeal planning, diet analysis, communication between client and nutritionists

In search interface user selects one of his/her recent or favorite items

The user can either perform a free text search select the food item from a tree structure

It is based on the nutrients and the calories of thefood

Try eating the high-calorie foods in your meal first.

TIP
You can select a sticky note and hit the pencil. [Switch to sketch] icon to start drawing!

Group ideas

Take turns sharing your ideas while clustering similar or related notes as you go. Once all sticky notes have been grouped, give each cluster a sentence-like label. If a cluster is bigger than six sticky notes, try and see if you and break it up into smaller sub-groups.

20 minutes

Nutritional analysis is the process of determining the nutritional content of food

This application will provide the right diet plan and food habits

we can add and analyze our tasty recipes and save the nutrition labels

The diet tracking of each user is done using a search interface

The calories of the food were accurately predicted in this application

we can see charts with macros, fats, carbs, energy, and protein distribution, micronutrient totals

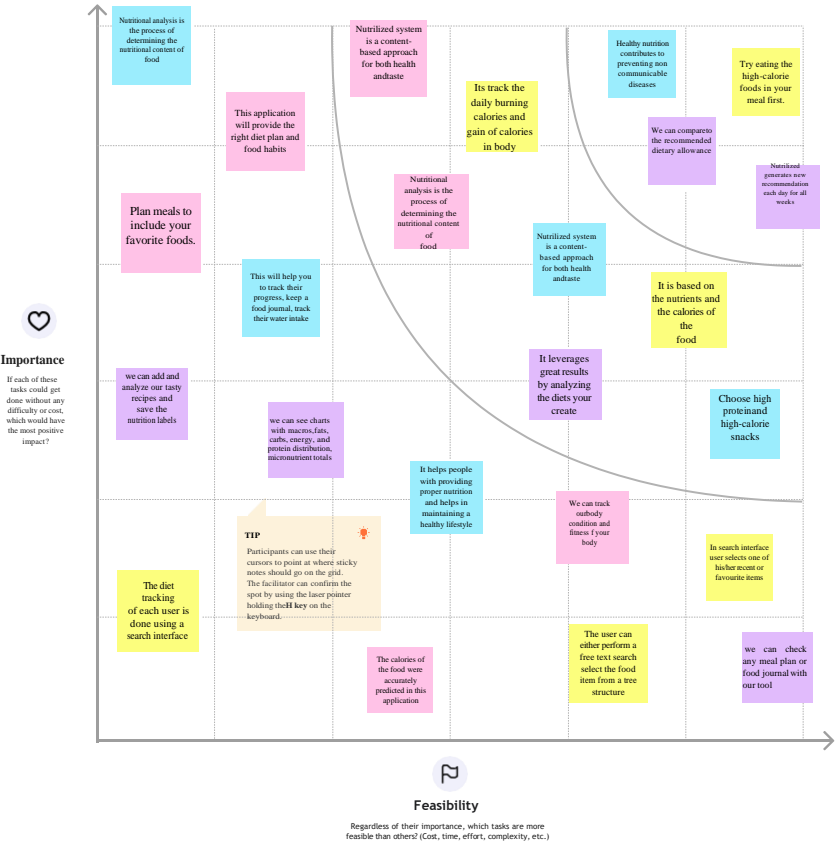
TIP

Add customizable tags to sticky notes to make it easier to find, browse, organize, and categorize important ideas as themes within your mural.

Prioritize

Your team should all be on the same page about what's important moving forward. Place your ideas on this grid to determine which ideas are important and which are feasible.

20 minutes



After you collaborate

You can export the mural as an image or pdf to share with members of your company who might find it helpful.

Quick add-ons

- Share the mural**
Share a view link to the mural with stakeholders to keep them in the loop about the outcomes of the session.
- Export the mural**
Export a copy of the mural as a PNG or PDF to attach to emails, include in slides, or save in your drive.

Keep moving forward

- Strategy Mapprint**
Define the components of a new idea orstrategy.
Open the template
- Customer experience journey map**
Understand customer needs, motivations, and obstacles for an experience.
Open the template
- Strengths, weaknesses, opportunities & threats**
Identify strengths, weaknesses, opportunities, and threats (SWOT) to develop a plan.
Open the template

Share template feedback

