

SAYS

- 1.It should has a chart or image detail about nutrition
- 2.The nutrition value data's should be upload with help of nutrition tracker
- 3.It should be an user friendly app.

THINKS

- 1.Can it provides a premium dietician?
- 2.Is that given details of nutrition about the food is true?
- 3.Is there any alert or reminder message would you provide



DOES

- 1.Help to maintain health and good with physic
- 2.To do taken the exact nutrition value food to avoid obesity
- 3.In spite of using this app it improves your knowledge about nutritions.

FEELS

- 1.Feels so joyful over whole day.
- 2.Felt like more active and strong person.
- 3.Makes you feel better with physic after using it.
- 4.Feels like how important the nutrition for our body health.

PAIN

- 1.Following improper diet.
- 2.More health issues.
- 3.Poor at physic look or looking tierd.

GAIN

- 1.Read food labels
- 2.Being more active
- 3.Maintain proper diet plan