

PROBLEM STATEMENT

Nutrition Assistant Application

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The user who want to maintain a healthy and fit body but have no one to guide them on their dieting

Develope a deap learning model that badically help athlets,bodybuilders or other game players to keep up with their health and fitness by suggesting them with proper nutrition plan

The user wants a AI software to maintain helathy diet rather than having a physical consultant

People who are obese and overweight are more likely to have high-risk factors for heart disease, diabetes, hypertension. The goal of the application is to create a healthy lifestyle for its user.

User has obesity who needs to follow diet to improve his health without the feeling that he's following diet