AI-Powered Nutrition Analyzer For Fitness Enthusiasts

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PROBLEM-SOLUTION FIT

1. CUSTOMER SEGMENT(S) `CS`	**6. CUSTOMER LIMITATIONS** EG. BUDGET, DEVICES `CL`	**5. AVAILABLE SOLUTIONS** PLUSES & MINUSES `AS`
Who is your customer?	What limits your customers to act when problem occurs?	Which solutions are available to the customer when he/she is facing the problem? What had he/she tried in the past? Pluses & minuses
customers who need to keep track of their diet and exercise regime, take expert advice and connect to other fitness enthusiasts	1.This application will be supported by all devices 2.this app is able to map its users nutritional patterns and needs. 3.it will monitor the progress	1.The system plans offer its customer and fitness enthusiasts many beauty tips options that can help them reach their goals. 2.Users will be able to order food as per their diet plan

Define CS, fit into CL · *Explore AS, differentiate*

2. PROBLEMS / PAINS + ITS FREQUENCY `PR`	**9. PROBLEM ROOT / CAUSE** `RC`	**7. BEHAVIOR** + ITS INTENSITY `BE`
Which problem do you solve for your customer? There could be more than one, explore different sides.	What is the root of every problem from the list?	What does your customer do about / around / directly or indirectly related to the problem?
1.It wants to help millions of customers achieve their goals by Engaging with nutritionists and other health experts empowered with artificial intelligence. 2.it solves health problems such as fitness problem, inappropriate diet, mental problems etc. 3.The main objective of this work to recommend a diet to different individual for their health problems	1.customer don't know where to start for the balanced diet. 2.they lack the information about health problems 3.Not following the guidence properly	1.Make sure customers takes the balanced diet that gives your body the nutrients it needs to function correctly. 2.it will Build Activity into customer daily routine for health balance

Focus on PR, tap into BE, understand RC · *Focus on PR, tap into BE, understand RC*

3. TRIGGERS TO ACT `TR`	**10. YOUR SOLUTION** `SL`	**8. CHANNELS of BEHAVIOR** `CH`
What triggers customer to act?		ONLINE
customer should know their process for their fitness goal	1. To Consider your Fitness Goal 2.To Create a balanced routine 3. To Build Activity into your daily routine 4. Start slowly and build up gradually and Listen to your body 5. Will monitor your progress	Extract channels from Behavior block The model analyses the image and detect the nutrition based on the fruits like (Sugar, Fibre, Protein, Calories, etc.).
4. EMOTIONS BEFORE / AFTER `EM`		OFFLINE
Which emotions do people feel before/after this problem is solved? customer will be motivated and beome confident after following fitness guidance to maintain their health issues		Extract channels from Behavior block and use for customer development The customer can capture the images of different fruits and then the image will be sent the trained model which will analyse nutrition

Identify strong TR & EM · *Extract online & offline CH of BE*