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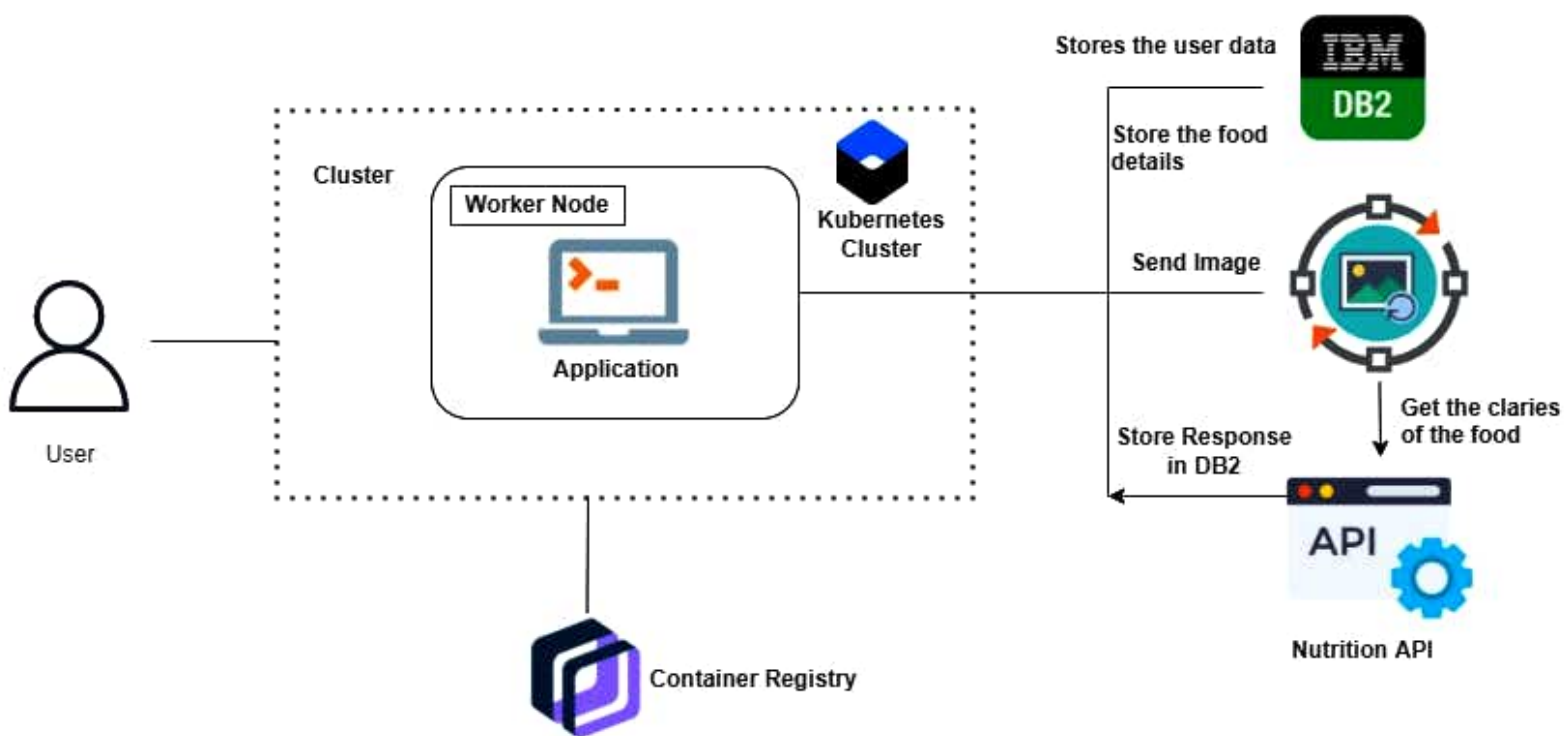
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Nutritional support is the provision of adequate nutrients to maintain a healthy body weight and avoid malnutrition. The continuous delivery of high-quality and cost-effective nutritional care to patients has been shown to be an increasingly difficult task. It is observed that dieticians are requested to carry out the nutritional assessment, to manually calculate the nutritional needs and to design the everyday meal plan for each patient. In most cases, these time-consuming tasks are not completed due to lack of time or inadequate number of personnel. Development of a web-based tool for calculating nutrition in food, which will help patients and clients maintain their healthier lifestyles. The nutrient content calculation was planned to undertake with commonly consumed traditional as well as junk foods



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Nutrition Facts

Calories	355.63cal
Total Fat	23.29g
Saturated Fat	10.44g
Polyunsaturated Fat	3.85g
Monounsaturated Fat	9.0g
Cholesterol	111.36mg
Sodium	272.14mg
Potassium	228.13mg
Sugar	0.1g
Protein	27.17g
Carbohydrates	0.73g
Vitamin A	452.47IU
Vitamin C	1.74mg
Vitamin D	0.4µg
Vitamin B5	1.11mg
Calcium	224.03mg

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