Focus on J&P, tap into BE, understand RC

Define CS, fit into CC

Identify strong TR Çο

1. CUSTOMER SEGMENT(S)

- People of all ages who want to monitor their calories intake.
- People who want to lose weight in a healthy way
- People who is passionate about fitness

6.CUSTOMER CONSTRAINTS CC

- Shortage of time due to work pressure.
- Doesn't properly know the fat content in the food.
- Not able to control cravings and eat up eating unhealthy food.

5. AVAILABLE SOLUTIO AS

- Helps to Analyze real time images of meals and knowing about the nutritional content present in it can be easy.
- Recommend Diet based on user's BMI
- Suggest Exercise to lose weight and reduce the unwanted fat calorie added because of unhealthy food.

2. JOBS-TO-BE-DONE/PROBLEMS

J&P

- To calculate calories and nutrients present in food.
- Frustrated of being obese.
- Health issues.

9. PROBLEM ROOT CAUSE

RC

- Eating unhealthy food at late night.
- More addiction towards fast food
- People not knowledgeable about calorie intake and their maintenance calories.

7. BEHAVIOUR

BE

- Provide healthy supplements diet plan.
- Easy to lose weight.
- Knowing about the calories present in the food before intake.

3. TRIGGERS

TM

- Instantly displays the nutritional content present in the food
- Suggest some exercises if users take more amounts of calorie and fat added food.
- BMI based food/diet plans will be provided for users

4. EMOTIONS: BEFORE / AFTER

Users feels happy while taking fast foods and more fat added foods but When they think about their fitness/body weight they feels de-motivated so we provide healthy foods for them.

10. YOUR SOLUTION

SL

- The solution is the user can know the nutritional content of the food they intake, by taking picture of the food and uploading it in the web app.
- Claire's Al Driven Food **Detection Model is used for** getting accurate food identification and API's to give the nutritional value of the identified food.

8. CHANNELS of BEHAVIOUR

СН

8.1

Users can scan the food and get the nutrition value of the food they eat every day.

8.2

Users will be able to see past history of food they ate and graphs which provide information about nutrition intake.

ш TR & Identify strong