

SETTING UP THE ENVIRONMENT

Team ID	PNT2022TMID17984
Project Name	Nutrition Assistant Application

CREATING FLASK PROJECT

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Command Prompt
Microsoft Windows [Version 10.0.19044.2006]
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C:\Users\ADMIN>python --version
Python 3.10.7

C:\Users\ADMIN>pip --version
pip 22.2.2 from C:\Program Files\WindowsApps\PythonSoftwareFoundation.Python.3.10_3.10.2032.0_x64__qbz5n2kfra0p0\lib\site-packages\pip (python 3.10)

C:\Users\ADMIN>python -m pip --version
pip 22.0.4 from C:\Users\ADMIN\AppData\Local\Programs\Python\Python310\lib\site-packages\pip (python 3.10)

C:\Users\ADMIN>python -m pip install flask
Collecting flask
  Downloading Flask-2.2.2-py3-none-any.whl (101 kB)
    ----- 101.5/101.5 KB 837.0 KB/s eta 0:00:00
Collecting Jinja2>=3.0
  Downloading Jinja2-3.1.2-py3-none-any.whl (133 kB)
    ----- 133.1/133.1 KB 7.6 MB/s eta 0:00:00
Collecting itsdangerous>=2.0
  Downloading itsdangerous-2.1.2-py3-none-any.whl (15 kB)
Collecting Werkzeug>=2.2.2
  Downloading Werkzeug-2.2.2-py3-none-any.whl (232 kB)
    ----- 232.7/232.7 KB 2.0 MB/s eta 0:00:00
Collecting click>=8.0
  Downloading click-8.1.3-py3-none-any.whl (96 kB)
    ----- 96.4/96.4 KB 2.8 MB/s eta 0:00:00
Collecting colorama
  Downloading colorama-0.4.5-py2.py3-none-any.whl (16 kB)
Collecting MarkupSafe>=2.0
  Downloading MarkupSafe-2.1.1-cp310-cp310-win_amd64.whl (17 kB)
Installing collected packages: MarkupSafe, itsdangerous, colorama, Werkzeug, Jinja2, click, flask
WARNING: The script flask.exe is installed in 'C:\Users\ADMIN\AppData\Local\Programs\Python\Python310\Scripts' which is not on PATH.
Consider adding this directory to PATH or, if you prefer to suppress this warning, use --no-warn-script-location.
Successfully installed Jinja2-3.1.2 MarkupSafe-2.1.1 Werkzeug-2.2.2 click-8.1.3 colorama-0.4.5 flask-2.2.2 itsdangerous-2.1.2
WARNING: You are using pip version 22.0.4; however, version 22.2.2 is available.
You should consider upgrading via the 'C:\Users\ADMIN\AppData\Local\Programs\Python\Python310\python.exe -m pip install --upgrade pip' command.

C:\Users\ADMIN>python -m flask --version
Python 3.10.5
Flask 2.2.2
Werkzeug 2.2.2

C:\Users\ADMIN>
```

Activate Windows
Go to Settings to activate Windows.