



What do they THINK AND FEEL?

what really counts
major preoccupations
worries & aspirations



I need to
plan my
diet
properly

Sleek and
convenient
UI

What do they SEE?

environment
friends
what the market offers



User
friendly
Application

What do they SAY AND DO?

attitude in public
appearance
behavior towards others



Contacting
with
Nutritionalist

Will
maintain the
diet
properly

Maintaining
calories
level

PAIN

fears
frustrations
obstacles

Unable to
find familiar
foods

GAIN

"wants" / needs
measures of success
obstacles

Enrich the lives
of elderly
people with the
modern ways



Enhanced
customer
experience

Security of
customer
information

What should
I eat Today?

Guided by
nutritionalist



Easy to
keep track
of diet plan

What do they HEAR?

what friends say
what boss say
what influencers say

Do you
following
the diet
properly?

Free of Cost

Difficult to
find the
food
interest



Hard to
follow the
diet