NUTRITION-ASSISTANT EMPATHY MAP

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Personal Nutritionist as the name, the system can act as your personal nutritionist while this system can be used also by nutritionist gaining a lot of information and help in many ways. Fat Secret API helps the System to get the information in many ways. The user can get details about a number of nutrients, vitamins etc of a fruit or vegetable. The user can add his recipes or get recipes using the API.

The System basically helps the user in what to eat and which is good, what will help him and etc, the system will help him filter things easily. The System also allows the user to make a diet plan and remind him his food timings.

What does he/she think and feel?

They could know about what they eat.

What does he/she hear?

The Nutrition level of each and every food and items they eat.

What does he/she see?

Which food has high amount of good nutrition.

What does he/she say and do?

They could balance their diet and lead a healthy life.

Pains

• Need network
• Data might be inaccurate

Gains

• To make a diet plan
• Accessible for everyone