SPRINT-2

Team ID	PNT2022TMID49640
Project Name	NUTRITION ASSISTANT APPLICATION

```
1.mail.py
# importing libraries
from flask import Flask
from flask mail import Mail, Message
app = Flask(__name__)
mail = Mail(app) # instantiate the mail class
# configuration of mail
app.config['MAIL SERVER']='smtp.gmail.com'
app.config['MAIL_PORT'] = 465
app.config['MAIL_USERNAME'] = 'derinjose886@gmail.com'
app.config['MAIL PASSWORD'] = 'lhmjtfrjwblfbgeq'
app.config['MAIL_USE_TLS'] = False
app.config['MAIL USE SSL'] = True
mail = Mail(app)
# message object mapped to a particular URL '/'
@app.route("/")
def index():
 msg = Message(
        'you have registered sucessfully',
        sender ='derinjose886@gmail.com',
        recipients = ['jeyabalamurugan0@gmail.com']
        )
```

```
msg.body = 'welcome !! to Nutri Lite'
 mail.send(msg)
 return'Sent'
if __name__ == '__main__':
  app.run(debug = True)
```

output:







