## AI-POWERED NUTRITION ANALYZER FOR FITNESS ENTHUSIASTS

#### A PROJECT REPORT

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# CHAPTER 1 INTRODUCTION

#### 1.1 PROJECT OVERVIEW

Food is a necessity for human life and has been addressed in numerous medical conventions. Modern dietary evaluation and nutrition analysis technologies give consumers more possibilities to explore nutrition patterns, comprehend their daily eating habits, and keep up a balanced diet. A crucial component of analytical chemistry that gives knowledge about the chemical makeup and quality of food is nutritional analysis, which is the process of determining the nutritional content of food.

Building a model that can be used to categorise food items is the project's major goal. Here, users can take pictures of various components and send them to a trained model. The model examines the image and determines the ingredient's nutrition.

#### 1.2 PURPOSE

People should pay attention to their dietary intake to ensure that they follow a balanced diet and lead a healthy lifestyle. Paying attention to the food one consumes can help keep a check on health and related health issues. The presence of an application that helps analyze the calorie content of the items one consumes as well as keep track of the total calories consumed per day is of great benefit as it helps follow a rigorous diet. Thus, a nutrition analyzer application is required.

## CHAPTER 2 LITERATURE SURVEY

#### 2.1 EXISTING PROBLEM

Several applications exist for fitness enthusiasts. This helps them keep track of the amount of calories they burn and how much workout they clock in per day. There also exist applications that intimate the users about the calorie value of the food they consumer. However, they do not maintain the history of the calories consumed.

#### 2.2 REFERENCES

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#### 2.3 PROBLEM STATEMENT DEFINITION

Humans should give equal importance to their health as they do towards other things. But in today's fast moving lifestyle, people aren't conscious about their health and follow questionable eating habits. When followed on a regular basis, they can have detrimental effects on the human body and may even be fatal.

Thus it is imperative to maintain good health. A person needs to follow a balanced diet, i.e. consume food containing proteins, vitamins and other vital nutrients that are needed by the human body in suggested proportions on a daily basis.

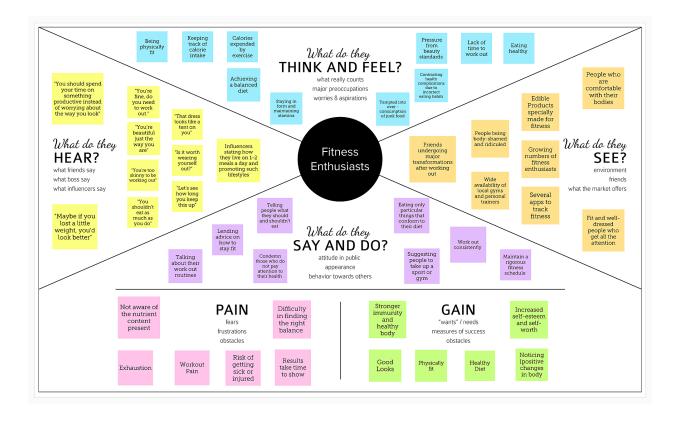
In this project, a system is developed to identify edible products and discern their nutritional information. The users of this system can capture images of the ingredients that go into their food and be informed of their nutritional composition. This way, fitness enthusiasts will be able to keep track of their calorie intake and people will be able to follow a healthy lifestyle of eating.

The work proposed is a simple application that can recognize the raw food items based on the input image and provide information regarding their nutritional value to the user.

# CHAPTER 3 IDEATION AND PROPOSED SOLUTION

#### 3.1 EMPATHY MAP CANVAS

An empathy map is a collaborative tool that teams can use to gain a deeper insight into their customers. Much like a user persona, an empathy map can represent a group of users, such as a customer segment. Empathy maps should be used throughout any UX process to establish common ground among team members and to understand and prioritize user needs. In user-centered design, empathy maps are best used from the very beginning of the design process.



#### 3.2 IDEATION AND BRAINSTORMING

Ideation essentially refers to the whole creative process of coming up with and communicating new ideas. Ideation is innovative thinking, typically aimed at solving a problem or providing a more efficient means of doing or accomplishing something. Ideation is often closely related to the practice of brainstorming, a specific technique that is utilized to generate new ideas. A principal difference between ideation and brainstorming is that ideation is commonly more thought of as being an individual pursuit, while brainstorming is almost always a group activity.

Deepshik	a R	Thrishya I	R	Surya S		Vishnu A		Monisha	V
Calculating nutrients by web scrapping	Unlimited custom nutrition facts pop-ups	Using a feature similar to google lens for capturing the image	Providing alternatives for each fruit based on its nutrient composition	Database for storing daily nutrient consumption	Personalized nutrient calendar	Local storage of data of frequently consumed food items	Assigning labels for combination of raw food items	Suggesting nutrient rich foods based on current intake	Deducing ripeness of fruits
Nutrition-rich food chart for fitness enthusiasts	Display average calories required for a day	Creating a diet list for fitness enthusiasts	Classification of food based on diet chart	High calorie burning workouts suggestions	Warning for excess calorie consumption	Suggesting protein rich foods	Reminders for calorie intake	Identification of spoilt food- items	Suggesting recipes according to dietary needs

#### 3.3 PROPOSED SOLUTION

S. NO.	PARAMETER	DESCRIPTION		
1.	Problem Statement	To develop a system that identifies edible		
	(Problem to be solved)	products and discerns their nutritional		
		information for the benefit of fitness		
		enthusiasts		
2.	Idea / Solution	The system developed is an application that		
	description	scans the surroundings to capture images. The		
		image is analyzed to identify the fruits present		
		in the image using machine learning models.		
		Once the raw food items have been identified,		

3.	Novelty / Uniqueness	their corresponding nutritional values are fetched from a database where the relevant details are stored.  The application allows for a user to keep track of the amount of calories they consume in a day versus the total recommended amount for their dietary needs.  The data of frequently consumed fruits is stored locally in the database.  The proposed system maintains a personal
3.	Novelty / Oniqueness	nutrition calendar for the user and notifies them when they do not meet the requirements of their diet. Further, the app is inbuilt with features that suggest alternative foods, construct a food chart, develop a workout schedule, and recommend recipes that suit the caloric needs of the user.  The system also integrates capabilities of identifying spoilt food items and whether fruits have ripened.
4.	Social Impact / Customer Satisfaction	The proposed application is useful for fitness enthusiasts to keep track of their calorie intake and thus maintain their physical state. Even those who are not conscious about their physique may use this application to lead a healthier lifestyle as it helps to keep track of what they eat, suggests healthy alternatives and recipes, as well as workout plans.
5.	Business Model (Revenue Model)	The application can be deployed for access by the general public. The application would draw the attention of several users who are

		determined to lead a healthy lifestyle and wish			
		to undergo a physical transformation. The			
		application could be built in such a way that			
		features are progressively unlocked based on			
		the subscription amount paid by the user			
		starting from the generic nutrition analyzer			
		feature to charting out personal plans for			
		users.			
6.	Scalability of the	The proposed application has several features.			
	Solution	It can be further enhanced to integrate more			
		features based on feedback from users and			
		ratings.			

#### 3.4 PROBLEM SOLUTION FIT

The Problem-Solution Fit simply means that you have found a problem with your customer and that the solution you have realized for it solves the customer's problem. It helps entrepreneurs, marketers and corporate innovators identify behavioral patterns and recognize what would work and why.

# Purpose: Solve complex problems in a way that fits the state of your customer Succeed faster and increase your solution adoption by tapping into existing mediums and channels of behavior Sharpen your communication and marketing strategy with the right triggers and messaging Increase touchpoints with your company by finding the right problem-behavior fit and building trust by solving frequent annoyances, or urgent or costly problems Understand the existing situation in order to improve it for your target group

#### **Problem-Solution fit**

Purpose / Vision: For developing an AI-Powered Nutrition Analyzer for Fitness Enthusiasts

1. CUSTOMER SEGMENT(S)  Who is word customer?  Customers include fitness enthusiasts and those who are conscious of their health. The application's target audience include those who need a means to keep track of their nutritional intake like athletes and sportspersons, people working in the entertainment industry, as well as people who generally wish to live a healthy life.	6. CUSTOMER CONSTRAINTS  What constraint prevent your customers from taking action or limit their choices of actionates its appending power, budget a core has drevok councetion, available derices.  • Lack of time to fully understand and dedicate towards fitness  • Hesitation towards altering one's diet and lifestyle  • Lack of reliable sources for guidance regarding dietary and fitness planning	AVAILABLE SOLUTIONS     Which solutions are evaluable to the customers when they face the problem or need to get they do draft. What have dry tried in the past? What price if coin detailed solutions have? i.e. pen undepast is an identative to digital insteading.     Applications that keep track of workout and calories burnt     These do not track calorie consumption and thus there is no control of intake which is equally important     Personal trainers and nutritionists that are expensive
2. JOBS-TO-BE-DONE / FROBLEMS  Which jobs-to-be-done (or professed do you address for your customers? There could be more than coar, explore different aides.  • Monitoring calorie-count of consumed food  • Restricting consumption to recommended level such that a balanced diet is followed  • Maintaining consumption records of user to analyse overall health and diet  • Ensuring that people do not follow misinformation from the internet and end up with severe health issues  • Providing necessary personalised guidance	9. PROBLEM ROOT CAUSE What is the real reason that this problem entire? What is the back terry behind the need took this pile?  i.e. customers have to do it become of the clumps in regulations.  • Lack of time to prepare healthy home-cooked meals due to the fast pace of life which leads to increased consumption of unhealthy fast-food  • Increase in cases of obesity and overall lack of healthiness among the general population  • The application is required to provide a means by which people can attempt to live a healthy lifestyle	7. BEHAVIOUR  What dees your cutomized to address the problem and set the job dense?  What dees your cutomized to be address the problem and set the job dense?  Le directly reside that the right solar punel installer, calculate usage and benefits; indirectly associated, customers spend free time on voluntering work (i.e. Creenpeace)  Become members of physical fitness institutions/gyms or take up a sport  Cutting down on consumption of carbs, fats, and sugars  Avoiding junk food and eating outside  Cooking simple yet nutritional meals at home
3. TRIGGERS  What taggers customers to act't is - seeing their net ghbour introlling solar punchi, red ling about a more difficient politicism in the news.  • Peer-pressure, beauty standards and society • Health issues and illness  4. EMOTIONS: BEFORE / AFTER  Here do customers feel when they fixe a problem or a job and afterwards?  i.e. low, insceres "conditional icontrol- entil myour communications trategy & design.  Before: Insecure, low self-esteem, and unfit After: Self-confident, happy, and content	In Your solution  If you are working on an easing business, write down your current solution frontfill in the causes, and check how much if fin reality.  If you are working on an easing business, write down your current solution frontfill in the cause, and check how much if fin reality.  If you are working on a new to humans synoption, then he pe a busine must you fill inthe cause and the period of the cause of the period of the cause of the period of the cause of the period of the perio	8. CHANNELS of BEHAVIOUR 8.1 ONLINE What hand of actions do customers take online? Extract online clasmeds from #7  • Search about ways to become fit & lead a healthy lifestyle • Comment on other's fitness on social media  8.3 OFLINE What hand of actions do customers take offine? Extract offine clasmeds from #7 and use than for customer development.  • Observe people around them and analyze their level of fitness • Try to follow fit people's lifestyle • Comment on other's way of living

# CHAPTER 4 REQUIREMENT ANALYSIS

## **4.1 FUNCTIONAL REQUIREMENTS**

Following are the functional requirements of the proposed solution:

FR No.	Functional Requirement (Epic)	Sub Requirement (Story/Sub Task)		
FR-1	User Registration	Users can create an account to use the		
		application. This can be done by		
		creating a persona on the application		
		with a username and password or by		
		making use of an existing email ID		
FR-2	User Confirmation	Once a user registers onto the		
		application, they receive a confirmation		
		to their email id which they provide for		
		registration. OTP authentication is		
		integrated to ensure identity theft does		
		not occur		
FR-3	Calorie Calendar Creation	On creation of a user profile, a calendar		
		is generated in association with the		
		account. This calendar is private to the		
		user and keeps track of the calories		
		consumed in a day and related statistics		
FR-4	Image Capturing and Processing	The application allows users to capture		
		images of the ingredients they consume.		
		These are given to the model for		
		predicting their labels, i.e. identify the		
		fruits. Further, the quantity of the fruits		
		should be discerned. The application		
		should be able to work with images of		

		low quality and low resolution as well
FR-5	Calorie Value Computation	Once the labels of the ingredients and
		their quantity have been found, the net
		calorie value of the meal is calculated by
		summing up the calories of each
		ingredient in their respective amounts.
		The calorie values are fetched from the
		internet while that of frequently used
		items are fetched from a database
FR-6	Storage of Data	Data about the user and their log in
		details are stored in a backend database.
		Apart from these, calorific information
		of frequently consumed ingredients are
		also stored to minimize overhead and
		complexity
FR-7	Calorie Over-Consumption	When a user exceeds their permissible
	Notification	calorie consumption amount for the day,
		the application issues a notification for
		the same. The application then suggests
		low-calorie diets to ensure minimum
		over-consumption
FR-8	Diet-Plan Specification	Users can select the kind of diet plan
		they want to follow with a target in mind
		such as weight loss, muscle building,
		etc. The application sources diet plans
		and food items that supplement their
		goals from the internet to help them
		achieve their goal

## **4.2 NON-FUNCTIONAL REQUIREMENTS**

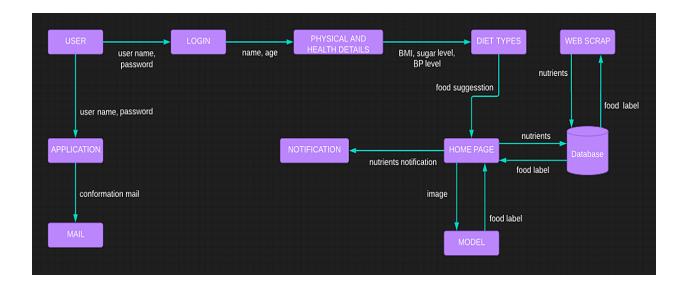
Following are the non-functional requirements of the proposed solution:

FR No.	Non-Functional	Description		
	Requirement			
NFR-1	Usability	The users should be able to use the application		
		without any difficulties. The interface should be		
		easy to use and understand. The image capture		
		process should be smooth and not tedious		
NFR-2	Security	Details of the users and their personal calories		
		calendar should not be disclosed or shared to		
		other users. Privacy of data should be ensured		
NFR-3	Reliability	The application should correctly identify the		
		fruits from the captured image and fetch its		
		nutritional value. The count and calculation of		
		the calories should be done accurately		
NFR-4	Performance	The application should be built on a highly		
		efficient prediction model such that the results		
		are accurate. It should keep in mind time and		
		space complexity		
NFR-5	Availability	The application should be available to its users		
		at all times and should work efficiently. It		
		should not suffer from issues such as application		
		crashes		
NFR-6	Scalability	The application should be able to support		
		updates in terms of features and functionality.		
		The system should be built such that it can		
		upgrade using the existing underlying		
		architecture		

# CHAPTER 5 PROJECT DESIGN

#### **5.1 DATA FLOW DIAGRAM**

A Data Flow Diagram (DFD) is a traditional visual representation of the information flows within a system. A neat and clear DFD can depict the right amount of the system requirement graphically. It shows how data enters and leaves the system, what changes the information, and where data is stored.



#### 5.2 SOLUTION AND TECHNICAL ARCHITECTURE

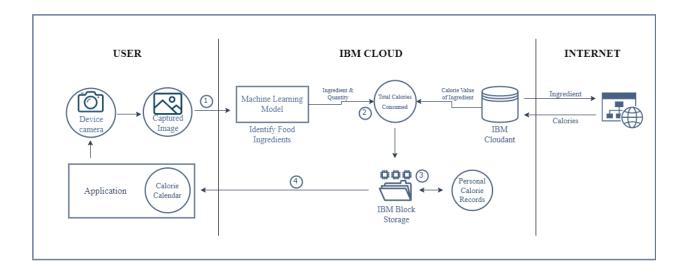
#### **SOLUTION:**

Our solution is to build an efficient and intelligent system to analyze the calories in food items by applying a machine learning algorithm which implements classification algorithms to identify the item based on which the calorie is informed.

#### TECHNICAL ARCHITECTURE:

Technical architecture which is also often referred to as application architecture includes the major components of the system, their relationships, and the contracts that define the interactions between the components. The goal of technical architects is to achieve all the business needs with an application that is optimized for both performance and security.

The Deliverable shall include the architectural diagram as below:



## **5.3 USER STORIES**

User Type	Functional	User Story	User Story/	Acceptance
	Requirement	Number	Task	Criteria
User - Fitness	Sign up	USN - 1	As a user, I	Account is
Enthusiast			can create an	created
			account	
	Login	USN - 2	As a user, I	Login is
			can login to	validated
			my account	
	Upload Image	USN - 3	As a user, I	Image is
			can upload an	uploaded
			image of what	
			I consume	
	Calorie	USN - 4	As a user, I am	Calorie
	Analysis		informed of	content of
			the calorie	food is
			value	analyzed
	Calorie	USN - 5	As a user, I	Calendar is
	Calendar		can view my	generated with
			calorie	past details
			consumption	
			history	

# CHAPTER 6 PROJECT PLANNING AND SCHEDULING

## **6.1 SPRINT PLANNING AND ESTIMATION**

Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Priority	Team Members
Sprint 1	Registration	USN - 1	As a user, I can register for the application by entering my email, password, and confirming my password.	High	Team Lead, Team Member 4
		USN - 2	As a user, I will receive confirmation email once I have registered for the application	High	Team Member 2, Team Member 3
		USN - 3	As a user, I can register for the application through Facebook	Low	Team Member 1, Team Lead
		USN - 4	As a user, I can register for the application through Gmail	Medium	Team Member 3, Team Member 2
Sprint 2	Login	USN - 5	As a user, I can log into the application by entering email & password	High	Team Member 1, Team Lead
	Dashboard	USN - 6	As a user, I can view my profile and update my details	Medium	Team Member 4, Team Lead

Sprint	Functional Requirement (Epic)	User Story Number	User Story / Task	Priority	Team Members	
		USN - 7	As a user, I can view my personal calorie calendar	High	Team Member 1, Team Member 2	
		USN - 8	As a user, I can change my password	High	Team Member 3, Team Member 2	
Sprint 3	Image Capturing	USN - 9	As a user, I can capture images of the ingredients I consume	High	Team Member 1, Team Member 4	
	Image Processing	USN - 10	In the application, the captured images are processed to label constituent ingredients	High	Team Member 2, Team Member 3	
	Data Storage	USN - 11	In the application, the calorie value of different food items are stored using a database	High	Team Leader, Team Member 3	
	Calorie Value Computation	USN - 12	As a user, I am informed of the calorie value of the ingredients used	High	Team Leader, Team member 1	
Sprint 4	Data Storage	USN - 13	As a user, the details of the calories I've consumed over the course of a day are stored.	High	Team Member 1, Team Lead	
	Calorie-Over Consumption Notification	USN - 14	As a user, I am notified if I cross the daily recommended value of calories for a day	High	Team Member 3, Team Member 2	
	Diet Plan Specification	USN - 15	As a user, I can specify my target based on which I receive personalized diet plans	High	Team Member 2, Team Member 4	

## **6.2 SPRINT DELIVERY SCHEDULE**

Sprint	Total Story Points	Duration	Sprint Start Date	Sprint End Date (Planned)	Story Points Completed (as on Planned End Date)	Sprint Release Date (Actual)
Sprint-1	20	6 Days	24 Oct 2022	29 Oct 2022	20	29 Oct 2022
Sprint-2	20	6 Days	31 Oct 2022	05 Nov 2022	20	05 Nov 2022
Sprint-3	20	6 Days	07 Nov 2022	12 Nov 2022	20	12 Nov 2022
Sprint-4	20	6 Days	14 Nov 2022	19 Nov 2022	20	19 Nov 2022

# CHAPTER 7 CODING AND SOLUTIONING

# 7.1 FEATURE 1 - INGREDIENT IDENTIFICATION AND CALORIE VALUE ANALYZER

The primary feature of this project is to classify the ingredient present in the images uploaded by the user. Based on the ingredient identified and the quantity of the product, the total calories consumed is calculated.

#### 7.1.1 METHODOLOGY

The dataset used is a collection of images of various food items. The following are the items whose images are present in the dataset:

- 'turnip'
- 'pumpkin'
- 'sweetcorn'
- 'raddish'
- 'ginger'
- 'lemon'
- 'pineapple'
- 'onion'
- 'potato'
- 'spinach'
- 'bean'
- 'jalepeno'
- 'orange'
- 'capsicum'
- 'banana'

- 'peas'
- 'mutton'
- 'carrot'
- 'papaya'
- 'beetroot'
- 'tomato'
- 'mango'
- 'sweetpotato'
- 'garlic'
- 'fish'
- 'eggplant'
- 'cucumber'
- 'chicken'
- 'bitter gourd'
- 'kiwi'
- 'paprika'
- 'bottlegourd'
- 'corn'
- 'grapes'
- 'watermelon'
- 'pomegranate'
- 'broccoli'
- 'pear'
- 'bellpepper'
- 'chillipepper'
- 'egg'
- 'cabbage'
- 'lettuce'
- 'cauliflower'
- 'soy beans'
- 'apple'



The image classification model is built with the MobileNet-V2 algorithm. This is a convolution neural network that is 53 layers deep. This model gave a precision score of 97% on the test set. The constructed machine learning model was used to build the nutrition analyzer application.

The calorie value of each of the above ingredients was stored in a JSON file. Based on the predicted value, the application fetches the appropriate calorie value from the file to display to the user and store in the history of calorie consumption.

```
'bean" : 25.8,
"turnip" : 27.8,
                                        "jalapeno" : 28,
                                        "orange" : 47.3,
"pumpkin" : 27,
                                        "capsicum" : 26.6,
"sweetcorn": 400,
                                        "banana" : 88.8,
"raddish" : 22.2,
                                        "peas": 80.6,
"ginger" : 80.0,
                                        "mutton" : 294,
"lemon" : 29.3,
                                        "carrot" : 40.9,
"pineapple" : 50.0,
                                        "papaya" : 43.0,
"onion" : 40.0,
                                        "beetroot" : 42.6,
"potato" : 76.9,
                                        "tomato" : 18.0,
"spinach" : 22.9,
                                        "mango" : 60.1.
```

#### 7.2 FEATURE 2 - PERSONAL CALORIE CALENDAR

The application allows the user to upload images of the food ingredients they consume based on which the calorie value is predicted. These values are stored in the backend to make up the history of calorie consumption. The calories consumed in a particular day are added up and stored. This is fetched and displayed in a personal calorie calendar. This also helps users track overconsumption of calories in a day.

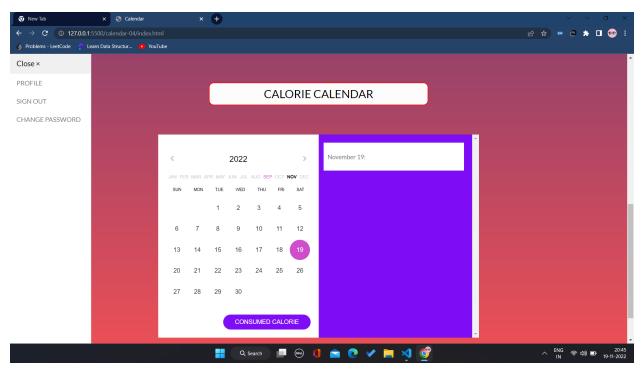


Fig. 7.1 Personal Calorie Calendar

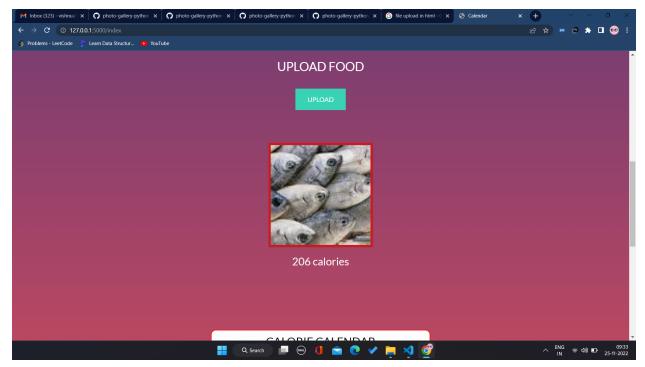


Fig. 7.2 Calorie Analysis for Uploaded Image

# CHAPTER 8 TESTING

## **8.1 TEST CASES**

Test	Feature	Compone	Test Scenario	Steps to	Test	Expect	Actual	Status
Case	Type	nt		Execute	Data	ed	Result	
ID						Result		
SignU	Functio	Sign Up	User can	1. User gives	Name:	Account	Work as	Pass
p_TC	nal	Page	create an	details	Surya	is	expect	
_01			account		Age: 20	created	ed	
SignU	Functio	Sign Up	User create	1. User uses	test@e	Account	Work as	Pass
p_TC	nal	Page	account with	google	mail	is	expect	
_02			gmail	account		created	ed	
Login	Functio	Login	Returning	1. User gives	Name:	Login	Work as	Pass
_TC_	nal	Page	user can login	login details	Surya	Success	expect	
01							ed	
Regise	Functio	Register	User enters	1. User gives	DOB:	Registra	Work as	Pass
r_TC_	nal	Page	personal	personal	01/01/	tion	expect	
01			details	details	01	Success	ed	
Dashb	UI	Home	User logs into	1. Fetch user's	usernam	Details	Work as	Pass
oard_		Page	account to	details	e:	fetched	expect	
TC_			view profile		uname		ed	
01								
Dashb	UI	Home	User selects to	1. Display	Select	Calend	Work as	Pass
oard_		Page	view personal	calorie	calorie	ar	expect	
TC_			calorie	calendar	calendar	display	ed	
02			calendar		tab	ed		
Calori	Functio	Prediction	User uploads	1. Upload	image of	image	Work as	Pass
eAnal	nal	Page	an image of a	image	a food	uploads	expect	
ysis_T			food item		item		ed	
C_01								
CalAn	Functio	Prediction	Predict the	1. Classify the	image of	identifi	Work as	Pass
alysis	nal	Page	food item	image using	food	es food	expect	

_TC_			from image	trained model		item	ed	
02								
CalAn	Functio	Prediction	Inform calorie	1. Classified	Name of	Calorie	Work as	Pass
alysis	nal	Page	value for item	value of food	food	value of	expect	
_TC_			identified	item	item	food	ed	
03						item		

## **8.2 USER ACCEPTANCE TESTING**

## **DEFECT ANALYSIS**

This report shows the number of test cases that have passed, failed, and untested

Section	Total Cases	Not Tested	Fail	Pass
Food Item	10	0	0	10
Prediction				
Calorie Value	10	0	0	10

CHAPTER 9

**RESULTS** 

9.1 PERFORMANCE METRICS

The median efficiency is used to assess each categorization model's

effectiveness. The final item will appear in the way it was envisioned. Graphical

representations are used to depict information during classification. The percentage

of predictions made using the testing dataset is used to gauge accuracy. By dividing

the entire number of forecasts even by properly predicted estimates, it is simple to

calculate. The difference between actual and anticipated output is used to calculate

accuracy.

Accuracy = (TP + TN) / (TP + TN + FP + FN)

Where TP = True Positives, TN = True Negatives, FN = False Negatives and FP =

False Positives.

The accuracy for the prediction model built on MobileNet-V2 was 97%.

PRECISION SCORE: 0.9704819987838856

RECALL SCORE: 0.9643605870020965

F1 SCORE: 0.9648662669443673

CHAPTER 10

28

#### ADVANTAGES AND DISADVANTAGES

#### **ADVANTAGES**

- The developed application can correctly identify the food ingredient that the user has consumed from the image they upload
- The calories consumed can be determined for the food item that is identified
- The calories consumed in a day are stored in the backend to maintain the consumption history of the user
- Users can keep track of the calories they consume and thus watch over their health

#### **DISADVANTAGES**

• The application requires huge dataset for a variety of food items

**CHAPTER 11** 

#### **CONCLUSION**

A nutrition-analyzer application based on AI has been developed for the benefit of fitness enthusiasts as well as health-conscious people. Users can create an account and maintain a profile for themselves within the application. Users can simply upload images of the food they consume and specify the quantity to the application. The app then identifies the ingredient using a machine learning model. Once the food item has been identifies, the calories of the ingredient are sourced from a database that contains the calorie values of ingredients per 100 g.

Thus, a user will be informed of the amount of calories they have consumed. The application keeps track of the calories consumed within a day by storing and accumulating the details over the period of a day. These data are stored and history of consumption is tracked. The application developed helps people track their dietary intake and pay attention to what they consume. It helps them cut down on food that are causing them harm and also gives a comprehensive outlook to their eating habits that lead to an unhealthy lifestyle.

#### CHAPTER 12

#### **FUTURE SCOPE**

The application has been developed and deployed in the cloud. It has the capability to identify food items and inform their calorie value. This information is displayed to the user as well as stored for future use and to keep track. The application can be improved in many ways. It can include features to analyze the consumption history of the user and generate visual graphs to show progress. It can also suggest diet plans based on the user's goals and tastes. The users can specify their goals based on which a curated set of recipes will be suggested to the user.

# CHAPTER 13 APPENDIX

#### 13.1 SOURCE CODE

#### Registration & Login Form, 'reg\_form.html'

```
<!DOCTYPE html>
<html>
  <head>
      <meta charset="ISO-8859-1">
    <title>HOME</title>
    <!-- sign up and login page -->
    <style>
       @charset "ISO-8859-1";
*{
  margin: 0;
  padding: 0;
}
.container,h1
  width: 100%;
  height: 100vh;
  font-family: 'Malgun Gothic';
  background: rgb(208, 208, 247);
  /* background-image: url('D:\\IBM\\image.jpg'); */
  background-repeat: no-repeat;
  background-size:1600px 1000px;
  color: #fff;
  display: flex;
  align-items: center;
```

```
justify-content: center;
}
.card
  width: 350px;
  height: 500px;
  box-shadow: 0 0 40px 20px rgba(0, 0, 0, 0.26);
  perspective: 1000px;
}
.inner-box
  position:relative;
  width: 100%;
  height: 100%;
  transform-style: preserve-3d;
  transition: transform 1s;
}
.card-front, .card-back
  position: absolute;
  width: 100%;
  height: 100%;
  background-position: center;
  background-size: cover;
      background-image: linear-gradient(rgba(0, 0, 100, 0.8),rgba(248, 40, 40,
0.8)),url("E:\Programs\Java Program for Web Developers\Project\workin.jpg");
  padding: 55px;
  box-sizing: border-box;
  backface-visibility: hidden;
```

```
}
.card-back
  transform:rotateY(180deg);
}
.card h2
  font-weight: normal;
  font-size: 24px;
  text-align: center;
  margin-bottom: 20px;
}
.input-box
  width: 100%;
  background: transparent;
  border: 1px solid #fff;
  margin: 6px 0;
  height: 32px;
  border-radius: 20px;
  padding: 0 10px;
  box-sizing: border-box;
  outline: none;
  text-align: center;
  color: #fff;
}
::placeholder
```

```
color: #fff;
  font-size: 12px;
}
button
  width: 100%;
  background: transparent;
  border: 1px solid #fff;
  margin: 10px 0;
  height: 32px;
  font-size: 12px;
  border-radius: 20px;
  padding: 0 10px;
  box-sizing: border-box;
  outline: none;
  color: #fff;
  cursor: pointer;
}
.submit-btn
  position: relative;
}
.submit-btn::after
{
  content: '\27a4';
  color: #333;
  line-height: 32px;
  font-size: 17px;
  height: 32px;
```

```
width: 32px;
  border-radius: 50%;
  background: #fff;
  position: absolute;
  right: -1px;
  top: -1px;
}
span
  font-size: 14px;
  margin-left: 10px;
}
card .btn
  margin-top: 70px;
}
.card a
  color: #fff;
  text-decoration: none;
  display: block;
  text-align: center;
  font-size: 13px;
  margin-top: 8px;
}
     </style>
  </head>
```

```
<body>
    <div class="container">
       <div class="card">
         <div class="inner-box" id="card">
           <div class="card-front">
              <h2>LOGIN</h2>
              <form action="index.html" method="post">
                 <input type="email" class="input-box" placeholder="Your Email</pre>
ID" name="email" required>
                                    <input type="password" class="input-box"
placeholder="Password" name="password" required>
                                    <button type="submit" class="submit-btn"
name="login">Login</button>
                 <button type="submit" class="submit-btn" name="login">Login
with Google</button>
                 <button type="submit" class="submit-btn" name="login">Login
with Facebook</button>
                <input type="checkbox"><span>Remember Me</span>
              </form>
                <button type="button" class="btn" onclick="openRegister()">I'm
New Here</button>
           </div>
           <div class="card-back">
              <h2>SIGN IN</h2>
              <form action="Register" method="post">
                 <input type="text" class="input-box" placeholder="Your Name"
name="username" required>
                 <input type="email" class="input-box" placeholder="Your Email</pre>
ID" name="email" required>
                                    <input type="password" class="input-box"
placeholder="Password" name="password" required>
```

```
<input type="number" class="input-box" placeholder="Your
Number" name="number" required>
                        <button type="submit" class="submit-btn" name="sign-
in">SIGN IN</button>
                <input type="checkbox"><span>Remember Me</span>
              </form>
               <button type="button" class="btn" onclick="openLogin()">I've an
account</button>
           </div>
         </div>
       </div>
    </div>
    <script>
      var card=document.getElementById("card");
      function openRegister()
       {
         card.style.transform="rotateY(-180deg)";
       }
      function openLogin()
       {
         card.style.transform="rotateY(0deg)";
       }
    </script>
  </body></html>
```

Google Sign Up, 'Google Sign Up.js'

```
import React, { useState, useRef } from "react";
import { useScript } from "./hooks/useScript";
import jwt decode from "jwt-decode";
const App = () => {
 const googlebuttonref = useRef();
 const [user, setuser] = useState(false);
 const onGoogleSignIn = (user) => {
  let userCred = user.credential;
  let payload = jwt_decode(userCred);
  console.log(payload);
  setuser(payload);
 };
 useScript("https://accounts.google.com/gsi/client", () => {
  window.google.accounts.id.initialize({
   client_id: "1005153530632-
ad4qhfn0oieuchej56k0s4cida2ol92e.apps.googleusercontent.com", // here's your
Google ID
   callback: onGoogleSignIn,
   auto_select: false,
  });
  window.google.accounts.id.renderButton(googlebuttonref.current, {
   size: "medium",
  });
 });
 return (
  <div
   style={{
    display: "flex",
    justifyContent: "center",
     alignItems: "center",
    height: "100vh",
```

```
}}
  >
   {!user && <div ref={googlebuttonref}></div>}
   {user && (
    <div>
      <h1>{user.name}</h1>
      <img src={user.picture} alt="profile" />
      {user.email}
      <button
       onClick={() => {
        setuser(false);
       }}
      >
       Logout
      </button>
    </div>
   )} </div>
);
};
export default App;
Google Sign Up, 'Google Sign Up Test.js'
import { render, screen } from '@testing-library/react';
import App from './App';
test('renders learn react link', () => {
 render(<App />);
 const linkElement = screen.getByText(/learn react/i);
 expect(linkElement).toBeInTheDocument();
});
```

## **Profile Display,** 'profile.html'

```
<!DOCTYPE html>
<html>
<head>
<link rel="stylesheet" href="https://cdnjs.cloudflare.com/ajax/libs/font-</pre>
awesome/4.7.0/css/font-awesome.min.css">
<style>
body{
  background-image: linear-gradient(rgba(224, 224, 235, 0.8),rgba(69, 69, 74,
0.8));
}
.card {
 box-shadow: 0 4px 8px 0 rgba(0, 0, 0, 0.2);
 max-width: 300px;
 margin: auto;
 text-align: center;
 font-family: arial;
}
.title {
 color: grey;
 font-size: 18px;
}
button,button.red {
 border: none;
 outline: 0;
 display: inline-block;
```

```
padding: 8px;
color: white;
 background-color: #000;
 text-align: center;
cursor: pointer;
 width: 100%;
 font-size: 18px;
}
button.red{
  background-color: darkred;
}
a {
 text-decoration: none;
 font-size: 22px;
color: black;
}
button:hover, a:hover, button.red {
 opacity: 0.7;
}
</style>
</head>
<body>
<h2 style="text-align:center">PROFILE</h2>
<div class="card">
 <img src="prof.jpg" alt="John" style="width:100%">
 <h1>NAME</h1>
```

```
<h3>AGE</h3>
<div style="margin: 24px 0;">
    <a href="#"><i class="fa fa-whatsapp"></i><a href="#"><i class="fa fa-instagram"></i><a href="#"><i class="fa fa-facebook"></i><a href="#"><i class="fa fa-facebook"></i></di><a href="image: class="fa fa-facebook"></i></div><a href="index.html"><button><
a href="index.html"><button class="red">Exit</button></a></div>
</body>
</but
```

## Personal Calorie Calendar, 'index.html'

```
<!doctype html>
<html lang="en">
<head>
<title>Calendar</title>

<meta charset="utf-8">
<meta name="viewport" content="width=device-width, initial-scale=1, shrink-to-fit=no">
link rel="stylesheet" href="https://cdnjs.cloudflare.com/ajax/libs/font-awesome/4.7.0/css/font-awesome.min.css">
link rel="stylesheet" href="https://www.w3schools.com/w3css/4/w3.css">
link rel="stylesheet" href="https://www.w3schools.com/w3css/4/w3.css">
<link href="https://fonts.googleapis.com/css?family=Lato:300,400,700&display=swap" rel="stylesheet">
link rel="stylesheet" href="https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/font-"https://stackpath.bootstrapcdn.com/f
```

```
awesome/4.7.0/css/font-awesome.min.css">
<link rel="stylesheet" href="css/style.css">
<style>
.text-{
 border: 2px solid rgb(119, 255, 0);
 border-radius: 12px;
 width: fit-content;
 padding: 10px;
 /* background-color: rgb(224, 227, 227); */
 background-image: linear-gradient(rgba(165, 165, 224, 0.8),rgba(209, 88, 88,
0.8));
}
body{
/* background-color: #accde0; */
 background-image: linear-gradient(rgba(0, 0, 100, 0.8),rgba(248, 40, 40, 0.8));
}
.w3-container{
 background-color: aliceblue;
}
h1 {
 /* border: 2px solid red;
 border-radius: 12px; */
 padding: 5px;
 width: fit-content;
 font-family:fantasy;
 font-size:50px;
 /* background-color: rgb(253, 253, 252); */
```

```
}
h2.heading-section{
 text-align: center;
 border: 2px solid red;
 border-radius: 12px;
 padding: 5px;
 /* width: fit-content; */
 background-color: rgb(252, 252, 252);
}
/* h3{
 border: 2px solid red;
 border-radius: 12px;
 padding: 5px;
 width: fit-content;
 background-color: rgb(247, 243, 247);
} */
.mySlides {
  display: none;
img {
   vertical-align: middle;
  }
.slideshow-container {
 max-width: 1000px;
 position: relative;
 margin: auto;
}
.prev, .next {
```

```
cursor: pointer;
 position: absolute;
 top: 50%;
 width: auto;
 padding: 16px;
 margin-top: -22px;
 color: rgb(2, 1, 1);
 font-weight: bold;
 font-size: 18px;
 transition: 0.6s ease;
 border-radius: 0 3px 3px 0;
 user-select: none;
}
/* Position the "next button" to the right */
.next {
 right: 0;
 border-radius: 3px 0 0 3px;
}
/* On hover, add a black background color with a little bit see-through */
.prev:hover, .next:hover {
 background-color: rgba(0,0,0,0.8);
}
/* Caption text */
.text {
 color: #f2f2f2;
 font-size: 20px;
 padding: 8px 12px;
 position: absolute;
 bottom: 8px;
```

```
width: 100%;
 text-align: center;
/* Number text (1/3 etc) */
.numbertext {
 color: #f2f2f2;
 font-size: 12px;
 padding: 8px 12px;
 position: absolute;
 top: 0;
}
/* The dots/bullets/indicators */
.dot {
 cursor: pointer;
 height: 15px;
 width: 15px;
 margin: 0 2px;
 background-color: #bbb;
 border-radius: 50%;
 display: inline-block;
 transition: background-color 0.6s ease;
}
.active, .dot:hover {
 background-color: #717171;
}
@media only screen and (max-width: 300px) {
 .prev, .next,.text {font-size: 11px}
}
      </style>
```

```
</head>
      <body>
 <div class="w3-sidebar w3-bar-block w3-border-right" style="display:none"</pre>
id="mySidebar">
   <button onclick="w3_close()" class="w3-bar-item w3-large">Close
&times:</button>
   <a href="profile.html" class="w3-bar-item w3-button">PROFILE</a>
   <a href="#" class="w3-bar-item w3-button">SIGN OUT</a>
   <a href="#" class="w3-bar-item w3-button">CHANGE PASSWORD</a>
 </div>
 <div class="w3-teal">
  <button class="w3-button w3-teal w3-xlarge"</pre>
onclick="w3 open()">\equiv</button>
  <div class="w3-container">
   <center><h3>USERNAME</h3></center>
  </div>
 </div>
<br>><br>
      <center><h1>CALORIE CALCULATOR</h1></center>
 <hr><hr><
  <div class="slideshow-container">
    <div class="mySlides">
     <center><img src="apple.jpg" width="450" height="450"></center><br>
    <center><div class="text-"><h4>APPLE : 52/100g</h4></div></center>
    </div>
    <div class="mySlides">
     <center><img src="beef.jpg" width="450" height="450"></center><br>
```

```
<center><div class="text-"><h4>BEEF : 250/100g</h4></div></center>
    </div>
    <div class="mySlides">
     <center><img src="papaya.jpg" width="450" height="450"></center><br>
     <center><div class="text-"><h4>PAPAYA : 32/100g</h4></div></center>
    </div>
    <div class="mySlides">
     <center><img src="kiwi.jpg" width="450" height="450"></center><br>
     <center><div class="text-"><h4>KIWI : 61/100g</h4></div></center>
    </div>
    <div class="mySlides">
     <center><img src="lemon.jpg" width="450" height="450"></center><br>
     <center><div class="text-"><h4>LEMON : 29/100g</h4></div></center>
    </div>
    <div class="mySlides">
     <center><img src="mutton.jpg" width="450" height="450"></center><br>
     <center><div class="text-"><h4>MUTTON :
294/100g</h4></div></center>
    </div>
    <a class="prev" onclick="plusSlides(-1)"> ( </a>
    <a class="next" onclick="plusSlides(1)"> \ \ \ </a>
    </div>
    <!-- <div style="text-align:center">
     <span class="dot" onclick="currentSlide(1)"></span>
     <span class="dot" onclick="currentSlide(2)"></span>
     <span class="dot" onclick="currentSlide(3)"></span>
```

```
<script>
 function w3_open() {
  document.getElementById("mySidebar").style.display = "block";
 }
 function w3_close() {
  document.getElementById("mySidebar").style.display = "none";
 }
</script>
<script>
    let slideIndex = 1;
     showSlides(slideIndex);
     function plusSlides(n) {
      showSlides(slideIndex += n);
     }
     function currentSlide(n) {
      showSlides(slideIndex = n);
     }
     function showSlides(n) {
      let i;
      let slides = document.getElementsByClassName("mySlides");
      let dots = document.getElementsByClassName("dot");
      if (n > slides.length) {slideIndex = 1}
      if (n < 1) {slideIndex = slides.length}
      for (i = 0; i < slides.length; i++) {
       slides[i].style.display = "none";
```

</div> -->

```
}
     for (i = 0; i < dots.length; i++) {
      dots[i].className = dots[i].className.replace(" active", "");
     slides[slideIndex-1].style.display = "block";
     dots[slideIndex-1].className += " active";
    }
</script>
      <section class="ftco-section">
           <div class="container">
                 <div class="row justify-content-center">
                       <div class="col-md-6 text-center mb-5">
                             <h2 class="heading-section">CALORIE
CALENDAR</h2>
                       </div>
                 </div>
                 <div class="row">
                       <div class="col-md-12">
                             <div class="content w-100">
                         <div class="calendar-container">
                          <div class="calendar">
                            <div class="year-header">
                             <span class="left-button fa fa-chevron-left"</pre>
id="prev"> </span>
                             <span class="year" id="label"></span>
                             <span class="right-button fa fa-chevron-right"</pre>
id="next"> </span>
                            </div>
```

```
Jan
 Feb
 Mar
 Apr
 May
 Jun
 Jul
 Aug
 Sep
 Oct
 Nov
 Dec
Sun
Mon
Tue
Wed
Thu
Fri
Sat
<div class="frame">
</div>
<button class="button" id="add-
```

```
button">CONSUMED CALORIE</button>
                           </div>
                          </div>
                          <div class="events-container">
                          </div>
                          <div class="dialog" id="dialog">
                             <h2 class="dialog-header">CALORIES</h2>
                             <form class="form" id="form">
                              <div class="form-container" align="center">
                               <label class="form-label"
id="valueFromMyButton" for="name">REQUIRED</label>
                               <input class="input" type="text" id="name"
maxlength="36">
                               <label class="form-label"</pre>
id="valueFromMyButton" for="count">INTAKE</label>
                               <input class="input" type="number" id="count"
min="0" max="1000000" maxlength="7">
                               <input type="button" value="Cancel"</pre>
class="button" id="cancel-button">
                               <input type="button" value="OK" class="button
button-white" id="ok-button">
                              </div>
                             </form>
                           </div>
                         </div>
                        </div>
                  </div>
            </div>
      </section>
      <script src="js/jquery.min.js"></script>
 <script src="js/popper.js"></script>
```

```
<script src="js/bootstrap.min.js"></script>
 <script src="js/main.js"></script>
      </body>
</html>
Registration Form, 'form.html'
<!DOCTYPE html>
<html>
 <head>
  <title>Registration Form</title>
  <link href="https://fonts.googleapis.com/css?family=Roboto:300,400,500,700"</pre>
rel="stylesheet">
  <link rel="stylesheet"</pre>
href="https://use.fontawesome.com/releases/v5.5.0/css/all.css" integrity="sha384-
B4dIYHKNBt8Bc12p+WXckhzcICo0wtJAoU8YZTY5qE0Id1GSseTk6S+L3BlX
eVIU" crossorigin="anonymous">
  <style>
   html, body {
   min-height: 100%;
   }
   body{
    background-image: linear-gradient(rgba(0, 0, 100, 0.8),rgba(248, 40, 40, 0.8));
   }
   body, div, form, input, select, textarea, label {
   padding: 0;
```

margin: auto;
outline: none;

font-family: Roboto, Arial, sans-serif;

```
font-size: 14px;
color: #666;
line-height: 22px;
width: 75%;
}
h1 {
position: absolute;
margin: 0;
font-size: 40px;
color: #fff;
z-index: 2;
line-height: 83px;
}
.testbox {
display: flex;
margin: auto;
height: inherit;
padding: 20px;
}
form {
width: 100%;
padding: 20px;
border-radius: 6px;
background: #fff;
box-shadow: 0 0 8px #cc7a00;
.banner {
position: relative;
height: 100px;
background-size: cover;
display: flex;
justify-content: center;
```

```
align-items: center;
   text-align: center;
   .banner::after {
   content: "";
   background-color: rgba(0, 0, 0, 0.2);
   position: absolute;
   width: 100%;
   height: 100%;
   }
   input, select, textarea {
   margin-bottom: 10px;
   border: 4px solid rgb(225, 197, 197);
   border-radius: 10px;
   }
   input {
   width: calc(100% - 10px);
   padding: 5px;
   width: 50;
   }
   input[type="date"] {
   padding: 4px 5px;
   }
   textarea {
   width: calc(100\% - 12px);
   padding: 5px;
   .item:hover p, .item:hover i, .question:hover p, .question label:hover,
input:hover::placeholder {
   color: #cc7a00;
   .item input:hover, .item select:hover, .item textarea:hover {
```

```
border: 1px solid transparent;
box-shadow: 0 0 3px 0 #cc7a00;
color: #cc7a00;
.item {
position: relative;
margin: 10px 0;
.item span {
color: red;
}
input[type="date"]::-webkit-inner-spin-button {
display: none;
}
.item i, input[type="date"]::-webkit-calendar-picker-indicator {
position: absolute;
font-size: 20px;
color: #cc7a00;
}
.item i {
right: 1%;
top: 30px;
z-index: 1;
[type="date"]::-webkit-calendar-picker-indicator {
right: 1%;
z-index: 2;
opacity: 0;
cursor: pointer;
input[type=radio], input[type=checkbox] {
display: none;
```

```
}
label.radio {
position: relative;
display: inline-block;
margin: 5px 20px 15px 0;
cursor: pointer;
.question span {
margin-left: 30px;
}
.question-answer{
 border: 4px solid rgb(225, 197, 197);
 border-radius: 12px;
}
.question-answer label {
display: block;
}
label.radio:before {
content: "";
position: absolute;
left: 0;
width: 17px;
height: 17px;
border-radius: 50%;
border: 2px solid #ccc;
input[type=radio]:checked + label:before, label.radio:hover:before {
border: 2px solid #cc7a00;
label.radio:after {
content: "";
```

```
position: absolute;
top: 6px;
left: 5px;
width: 8px;
height: 4px;
border: 3px solid #cc7a00;
border-top: none;
border-right: none;
transform: rotate(-45deg);
opacity: 0;
}
input[type=radio]:checked + label:after {
opacity: 1;
}
.btn-block {
margin-top: 10px;
text-align: center;
}
button {
width: 150px;
padding: 10px;
border: none;
border-radius: 5px;
background: #cc7a00;
font-size: 16px;
color: #fff;
cursor: pointer;
button:hover {
background: #ff9800;
@media (min-width: 568px) {
```

```
.name-item, .city-item {
  display: flex;
  flex-wrap: wrap;
  justify-content: space-between;
  .name-item input, .name-item div {
  width: calc(50% - 20px);
  }
  .name-item div input {
  width:97%;}
  .name-item div label {
  display:block;
  padding-bottom:5px;
  }
 </style>
</head>
<body>
 <center><div class="testbox">
  <form action="index.html">
   <div class="banner">
    <h1>Registration Form</h1>
   </div>
   <div class="item">
    <label for="name">Name<span>*</span></label>
    <input id="name" type="text" name="name" required/>
   </div>
   <div class="item">
    <label for="email">Email Address<span>*</span></label>
    <input id="email" type="email" name="email" required/>
   </div>
   <div class="item">
```

```
<label for="Age">Age<span>*</span></label>
 <input id="Age" type="text" name="Age" required/>
</div>
<div class="item">
 <label for="weight">Weight<span>*</span></label>
 <input id="weight" type="number" name="weight" required/>
</div>
<div class="item">
 <label for="height">Heigth<span>*</span></label>
 <input id="height" type="number" name="zip" required/>
</div>
<div class="item">
 <label for="phone">Phone<span>*</span></label>
 <input id="phone" type="number" name="phone" required/>
</div>
<div class="item">
 <label for="bdate">Date of Birth<span>*</span></label>
 <input id="bdate" type="date" name="bdate" required/>
 <i class="fas fa-calendar-alt"></i>
</div>
<div class="question">
 <label>Gender</label>
 <div class="question-answer">
  <div>
   <input type="radio" value="none" id="radio_1" name="gender"/>
   <label for="radio_1" class="radio"><span>Male</span></label>
  </div>
  <div>
   <input type="radio" value="none" id="radio_2" name="gender"/>
   <label for="radio_2" class="radio"><span>Female</span></label>
  </div>
 </div>
```

```
</div>
<br/>
<br/>
<br/>
<div class="btn-block">
<button type="submit">SUBMIT</button>
</div>
</div>
</form>
</div></center>
</body>
</html>
```

## Calories.json,

```
{
  "turnip": 27.8,
  "pumpkin": 27,
  "sweetcorn": 400,
  "raddish": 22.2,
  "ginger": 80.0,
  "lemon": 29.3,
  "pineapple": 50.0,
  "onion": 40.0,
  "potato": 76.9,
  "spinach": 22.9,
  "bean": 25.8,
  "jalapeno": 28,
  "orange": 47.3,
  "capsicum" : 26.6,
  "banana": 88.8,
  "peas": 80.6,
  "mutton": 294,
  "carrot": 40.9,
```

```
"papaya": 43.0,
"beetroot": 42.6,
"tomato": 18.0,
"mango": 60.1,
"sweetpotato": 92.1,
"garlic": 133,
"fish": 278,
"eggplant": 25.1,
"cucumber": 16,
"chicken": 218.8,
"bitter gourd": 34,
"kiwi": 61.2,
"paprika": 282,
"bottle gourd": 15.0,
"corn": 364,
"grapes": 68.8,
"watermelon": 30.0,
"pomegranate": 82.9,
"broccoli": 34.0,
"pear": 56.7,
"bellpepper": 26.6,
"chilli pepper": 26.6,
"egg": 155.0,
"cabbage" : 25.0,
"lettuce": 15.0,
"cauliflower": 23.0,
"soy beans": 173.0,
"apple" : 52
```

}

## Machine Learning Model, 'Fruit\_Veg\_Classification.ipynb'

```
import numpy as np
import pandas as pd
from pathlib import Path
import os.path
import matplotlib.pyplot as plt
import tensorflow as tf
from tensorflow.keras.preprocessing.image import load_img,img_to_array
train_dir = Path('..content/train')
train_filepaths = list(train_dir.glob(r'**/*.*'))
test dir = Path('..content/test')
test_filepaths = list(test_dir.glob(r'**/*.*'))
val dir = Path('D:/fv/fvclass/validation')
val filepaths = list(test dir.glob(r'**/*.*'))
def image_processing(filepath):
  """ Create a DataFrame with the filepath and the labels of the pictures
  *****
  labels = [str(filepath[i]).split("\\")[-2] \
         for i in range(len(filepath))]
  filepath = pd.Series(filepath, name='Filepath').astype(str)
  labels = pd.Series(labels, name='Label')
  df = pd.concat([filepath, labels], axis=1)
  df = df.sample(frac=1).reset index(drop = True)
  return df
```

```
train df = image processing(train filepaths)
test df = image processing(test filepaths)
val_df = image_processing(val_filepaths)
print('-- Training set --\n')
print(f'Number of pictures: {train_df.shape[0]}\n')
print(f'Number of different labels: {len(train_df.Label.unique())}\n')
print(f'Labels: {train_df.Label.unique()}')
df_unique = train_df.copy().drop_duplicates(subset=["Label"]).reset_index()
fig, axes = plt.subplots(nrows=5, ncols=9, figsize=(10, 12),
              subplot_kw={'xticks': [], 'yticks': []})
for i, ax in enumerate(axes.flat):
  ax.imshow(plt.imread(df_unique.Filepath[i]))
  ax.set_title(df_unique.Label[i], fontsize = 12)
plt.tight_layout(pad=0.5)
plt.show()
train_generator = tf.keras.preprocessing.image.ImageDataGenerator(
  preprocessing function=tf.keras.applications.mobilenet v2.preprocess input
)
test_generator = tf.keras.preprocessing.image.ImageDataGenerator(
  preprocessing_function=tf.keras.applications.mobilenet_v2.preprocess_input
)
train_images = train_generator.flow_from_dataframe(
  dataframe=train df,
```

```
x_col='Filepath',
  y_col='Label',
  target_size=(224, 224),
  color_mode='rgb',
  class_mode='categorical',
  batch_size=32,
  shuffle=True,
  seed=0,
  rotation_range=30,
  zoom_range=0.15,
  width_shift_range=0.2,
  height_shift_range=0.2,
  shear_range=0.15,
  horizontal_flip=True,
  fill_mode="nearest"
)
val_images = train_generator.flow_from_dataframe(
  dataframe=val_df,
  x_col='Filepath',
  y_col='Label',
  target_size=(224, 224),
  color_mode='rgb',
  class_mode='categorical',
  batch_size=32,
  shuffle=True,
  seed=0,
  rotation_range=30,
  zoom_range=0.15,
  width_shift_range=0.2,
```

```
height_shift_range=0.2,
  shear_range=0.15,
  horizontal_flip=True,
  fill_mode="nearest"
)
test_images = test_generator.flow_from_dataframe(
  dataframe=test_df,
  x_col='Filepath',
  y_col='Label',
  target_size=(224, 224),
  color_mode='rgb',
  class_mode='categorical',
  batch_size=32,
  shuffle=False
)
pretrained_model = tf.keras.applications.MobileNetV2(
  input_shape=(224, 224, 3),
  include_top=False,
  weights='imagenet',
  pooling='avg'
)
pretrained_model.trainable = False
inputs = pretrained_model.input
x = tf.keras.layers.Dense(128, activation='relu')(pretrained_model.output)
x = tf.keras.layers.Dense(128, activation='relu')(x)
outputs = tf.keras.layers.Dense(46, activation='softmax')(x)
```

```
model = tf.keras.Model(inputs=inputs, outputs=outputs)
model.compile(
  optimizer='adam',
  loss='categorical_crossentropy',
  metrics=['accuracy']
)
history = model.fit(
  train_images,
  validation_data=val_images,
  batch_size = 32,
  epochs=5,
  callbacks=[
     tf.keras.callbacks.EarlyStopping(
       monitor='val_loss',
       patience=2,
       restore_best_weights=True
  ]
pred = model.predict(test_images)
pred = np.argmax(pred,axis=1)
labels = (train_images.class_indices)
labels = dict((v,k)) for k,v in labels.items())
pred1 = [labels[k] for k in pred]
def output(location):
  img=load_img(location,target_size=(224,224,3))
  img=img_to_array(img)
```

```
img=img/255
  img=np.expand_dims(img,[0])
  answer=model.predict(img)
  y_class = answer.argmax(axis=-1)
  y = "".join(str(x) for x in y_class)
  y = int(y)
  res = labels[y]
  return res
model.save('FV.h5')
from sklearn.metrics import
confusion_matrix,precision_score,recall_score,f1_score
cm = confusion_matrix(test_images.classes, pred)
ps = precision_score(test_images.classes, pred, average='weighted')
print("PRECISION SCORE : ",ps)
rs = recall_score(test_images.classes, pred, average='weighted')
print("RECALL SCORE: ",rs)
fs = f1_score(test_images.classes, pred, average='weighted')
print("F1 SCORE : ",fs)
Confusion Matrix:
array([[ 8, 0, 0, ..., 0, 0],
       [0, 7, 0, \ldots, 0, 0,
                                    0],
       [0, 0, 10, \ldots, 0, 0,
       [0, 0, 0, \ldots, 10, 0, 0],
       [0, 0, 0, \ldots, 0, 10, 0],
       [ 0, 0, 0, ..., 0, 0, 10]], dtype=int64)
Accuracy and Evaluation:
PRECISION SCORE: 0.9704819987838856
RECALL SCORE: 0.9643605870020965
```

F1 SCORE: 0.9648662669443673

```
Flask App, 'app.py'
from flask import *
import os
from PIL import Image
from tensorflow.keras.utils import load_img,img_to_array
import numpy as np
from keras.models import load model
import requests
from bs4 import BeautifulSoup
from werkzeug.utils import secure_filename
app = Flask(__name__)
model = load model('FV.h5')
labels = {0: 'apple', 1: 'banana', 2: 'bean', 3: 'beetroot', 4: 'bell pepper', 5: 'bitter
gourd', 6: 'bottle gourd', 7: 'broccoli', 8: 'cabbage', 9: 'capsicum', 10: 'carrot', 11:
'cauliflower', 12: 'chicken', 13: 'chilli pepper', 14: 'corn', 15: 'cucumber', 16: 'egg',
17: 'eggplant', 18: 'fish', 19: 'garlic', 20: 'ginger', 21: 'grapes', 22: 'jalepeno', 23:
'kiwi', 24: 'lemon', 25: 'lettuce', 26: 'mango', 27: 'mutton', 28: 'onion', 29: 'orange',
30: 'papaya', 31: 'paprika', 32: 'pear', 33: 'peas', 34: 'pineapple', 35: 'pomegranate',
36: 'potato', 37: 'pumpkin', 38: 'raddish', 39: 'soy beans', 40: 'spinach', 41:
'sweetcorn', 42: 'sweetpotato', 43: 'tomato', 44: 'turnip', 45: 'watermelon'}
```

fruits = ['Apple','Banana','Bello Pepper','Chilli Pepper','Grapes','Jalepeno','Kiwi','Lemon','Mango','Orange','Paprika','Pear','Pineapp

```
le','Pomegranate','Watermelon','Papaya']
vegetables =
['Beetroot','Cabbage','Capsicum','Carrot','Cauliflower','Corn','Cucumber','Eggplant','
Ginger', 'Lettuce', 'Onion', 'Peas', 'Potato', 'Raddish', 'Soy
Beans', 'Spinach', 'Sweetcorn', 'Sweetpotato', 'Tomato', 'Turnip', 'Bean', 'Bitter
Gourd', 'Bottle Gourd', 'Broccoli', 'Pumpkin']
non_vegetables=['Chicken', 'Egg', 'Fish', 'Mutton']
# original =
['adidas', 'alfaRomeo', 'Amazon', 'Apple', 'audi', 'bmw', 'chevrolet', 'citroen', 'Coca-
Cola', 'dacia', 'Facebook', 'ferrari', 'fiat', 'ford', 'Google', 'honda', 'hyundai', 'jaguar', 'jeep', '
McDonald_s','NIKE','puma','starbucks']
# fake = ['fake-logo-adidas','fake-logo-apple','fake-logo-mcdonalds','fake-logo-
nike','fake-logo-puma','fake-logo-starbucks']
# classes =
['adidas', 'alfaRomeo', 'Amazon', 'Apple', 'audi', 'bmw', 'chevrolet', 'citroen', 'Coca-
Cola', 'dacia', 'Facebook', 'fake-logo-adidas', 'fake-logo-apple', 'fake-logo-
mcdonalds','fake-logo-nike','fake-logo-puma','fake-logo-
starbucks', 'ferrari', 'fiat', 'ford', 'Google', 'honda', 'hyundai', 'jaguar', 'jeep', 'McDonald_s', '
NIKE','puma','starbucks']
path = D:/IBM@2/
def fetch_calories(prediction):
  try:
     url = 'https://www.google.com/search?&q=calories in ' + prediction
```

```
req = requests.get(url).text
    scrap = BeautifulSoup(req, 'html.parser')
    calories = scrap.find("div", class_="BNeawe iBp4i AP7Wnd").text
    return calories
  except Exception as e:
    print("Can't able to fetch the Calories")
    print(e)
def image_processing(img):
  imgpath = os.path.join(path,img)
  img = Image.open(imgpath).resize((250,250))
  img=load_img(imgpath,target_size=(224,224,3))
  try:
    img=img_to_array(img)
    img=img/255
    img=np.expand_dims(img,[0])
    # log_img=cv2.resize(log_img,(50,50))
    # image = np.array(log_img).flatten()
    # # data.append(image)
  except Exception as e:
    pass
```

```
answer = model.predict(img)
  y_class = answer.argmax(axis=-1)
  print(y_class)
  y = "".join(str(x) for x in y_class)
  y = int(y)
  res = labels[y]
  print(res)
  return res.capitalize()
# def processed_img(img_path):
    img = Image.open(img_file).resize((250,250))
#
    img=load_img(img_path,target_size=(224,224,3))
#
    img=img_to_array(img)
#
    img=img/255
#
    img=np.expand_dims(img,[0])
#
    answer=model.predict(img)
#
    y_class = answer.argmax(axis=-1)
#
    print(y_class)
#
    y = "".join(str(x) for x in y_class)
#
    y = int(y)
#
    res = labels[y]
#
    print(res)
#
```

```
return res.capitalize()
#
@app.route('/')
@app.route('/reg_form')
def reg_form():
  return render_template('reg_form.html')
@app.route('/form', methods = ['GET', 'POST'])
def form():
  return render_template('form.html')
@app.route('/index', methods = ['GET', 'POST'])
def index():
  return render_template('index.html')
@app.route('/profile', methods = ['GET', 'POST'])
def profile():
  return render_template('profile.html')
@app.route('/split', methods = ['GET', 'POST'])
def split():
  return render_template('split.html')
```

```
@app.route('/predict', methods=['GET', 'POST'])
def upload():
  multimg = []
  tot = []
  if request.method == 'POST':
    # Get the file from post request
     f = request.files['file']
     file_path = secure_filename(f.filename)
     value = request.form.get("quantity")
     number = int(value)
     f.save(file_path)
     # Make prediction
    result = image_processing(file_path)
     print(result)
     if result in vegetables:
          print("Category : Vegetables")
     elif result in non_vegetables:
          print("Category : Non-Vegetables")
     else:
       print("Category : Fruit")
       print("Predicted : "+result)
```

```
spl = fetch_calories(result)
    spl = spl.split()
    val = int(spl[0])
    g1 = val/100
    sum = number * g1
    cal = "CALORIES : " + str(sum) + " per " + str(number) + " grams"
    os.remove(file_path)
    print(cal)
    return cal
  return None
if __name__ == '__main__':
  app.run(debug=True)
Diet Plans, 'split.html'
<!DOCTYPE html>
<html>
<head>
```

```
<meta name="viewport" content="width=device-width, initial-scale=1">
<style>
body {
 font-family: Georgia, serif;
 color: rgb(13, 12, 12);
 font-size: 20px;
}
.split {
 height: 96%;
 width: 33%;
 position: fixed;
 z-index: 1;
 top: 0;
 overflow-x: scroll;
 padding-top: 20px;
}
.left {
 left: 0;
 /* background-image: linear-gradient(rgba(38, 38, 222, 0.8),rgba(241, 37, 37,
```

```
0.8)); */
 background-color: #FFFFFF;
background-image: linear-gradient(180deg, #FFFFFF 0%, #6284FF 50%, #FF0000
100%);
 border: 5px solid rgb(16, 239, 42);
}
.middle{
  left: 513.5px;
  /* background-image: linear-gradient(rgba(241, 37, 37, 0.8),rgba(38, 38, 222,
0.8)); */
  background-color: #FA8BFF;
background-image: linear-gradient(45deg, #FA8BFF 0%, #2BD2FF 52%,
#2BFF88 90%);
 border: 5px solid rgb(16, 239, 42);
}
.right {
```

```
right: 0;
 /* background-image: linear-gradient(rgba(38, 38, 222, 0.8),rgba(241, 37, 37,
0.8)); */
 background-color: #52ACFF;
background-image: linear-gradient(180deg, #52ACFF 25%, #FFE32C 100%);
 border: 5px solid rgb(16, 239, 42);
}
.centered {
 position: absolute;
 top: 50%;
 left: 50%;
 transform: translate(-50%, -50%);
 text-align: center;
}
.centered img {
 width: 150px;
 border-radius: 50%;
}
```

```
</style>
</head>
<body>
<div class="split left" >
<div class="centered">
 <img src="">
 <h2>WEIGHT GAIN</h2>
 Day 1: 1514 cal
  Breakfast (387)
  A.M. Snack (190)
  Lunch (325)
  P.M. Snack (105)
  Dinner (507)
  Day 2: 1513 cal
  ul type="square">
```

- Breakfast (387)
- A.M. Snack (192)
- Lunch (344)
- P.M. Snack (95)
- Dinner (495)
- Day 3: 1502 cal
- ul type="square">
- Breakfast (387)
- A.M. Snack (95)
- Lunch (344)
- P.M. Snack (201)
- Dinner (475)
- Day 4: 1524 cal
- ul type="square">
- Breakfast (393)
- A.M. Snack (78)
- Lunch (344)
- P.M. Snack (188)

- Dinner (521)
- Day 5: 1487 cal
- ul type="square">
- Breakfast (287)
- A.M. Snack (192)
- Lunch (344)
- P.M. Snack (210)
- Dinner (454)
- Day 6: 1496 cal
- ul type="square">
- Breakfast (393)
- A.M. Snack (200)
- Lunch (360)
- P.M. Snack (78)
- Dinner (465)
- Day 7: 1501 cal
- ul type="square">

```
Breakfast (285)
 A.M. Snack (95)
 Lunch (345)
 P.M. Snack (220)
 Dinner (556)
 </div>
</div>
<div class="split middle">
<div class="centered">
 <img src="" alt=""><br>
 <h2>WEIGHT LOSS</h2>
 Day 1: 1514 cal
```

- Breakfast (387)
- A.M. Snack (190)
- Lunch (325)
- P.M. Snack (105)
- Dinner (507)
- Day 2: 1513 cal
- Breakfast (387)
- A.M. Snack (192)
- Lunch (344)
- P.M. Snack (95)
- Dinner (495)
- Day 3: 1502 cal
- ul type="square">
- Breakfast (387)
- A.M. Snack (95)
- Lunch (344)
- P.M. Snack (201)

- Dinner (475)
- Day 4: 1524 cal
- Breakfast (393)
- A.M. Snack (78)
- Lunch (344)
- P.M. Snack (188)
- Dinner (521)
- Day 5: 1487 cal
- Breakfast (287)
- A.M. Snack (192)
- Lunch (344)
- P.M. Snack (210)
- Dinner (454)
- Day 6: 1496 cal

- Breakfast (393)
- A.M. Snack (200)
- Lunch (360)
- P.M. Snack (78)
- Dinner (465)
- Day 7: 1501 cal
- ul type="square">
- Breakfast (285)
- A.M. Snack (95)
- Lunch (345)
- P.M. Snack (220)
- Dinner (556)

- </div>
- </div>

```
<div class="split right">
<div class="centered">
 <img src=""> alt="">
 <h2>DIABETICS</h2>
<l
Day 1: 1195 cal
Breakfast (281)
A.M. Snack (66)
Lunch (325)
P.M. Snack (95)
Dinner (428)
Day 2: 1203 cal
ul type="square">
Breakfast (276)
A.M. Snack (77)
Lunch (344)
P.M. Snack (95)
```

- Dinner (411)
- Day 3: 1195 cal
- Breakfast (276)
- A.M. Snack (30)
- Lunch (344)
- P.M. Snack (62)
- Dinner (483)
- Day 4: 1209 cal
- Breakfast (276)
- A.M. Snack (77)
- Lunch (344)
- P.M. Snack (62)
- Dinner (450)
- Day 5: 1110 cal

- Breakfast (276)
- A.M. Snack (30)
- Lunch (344)
- P.M. Snack (103)
- Dinner (457)
- Day 6: 1206 cal
- Breakfast (276)
- A.M. Snack (129)
- Lunch (275)
- P.M. Snack (62)
- Dinner (464)
- Day 7: 1204 cal
- ul type="square">
- Breakfast (349)
- A.M. Snack (62)
- Lunch (254)
- P.M. Snack (95)

cli>Dinner (444)
z/ul>
z/ul>
z/div>
z/body>
c/html>

## 13.2 GITHUB AND PROJECT DEMO LINK

## **GitHub Link:**

https://github.com/IBM-EPBL/IBM-Project-2492-1658472818.git

## **Project Demo Link:**

https://drive.google.com/drive/folders/1Sr7FL24jXvHoSzNzgQNIdtK\_ZouEaY\_w ?usp=share\_link